

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

**OLLI**  
AT YAVAPAI COLLEGE

**CATALOG OF CLASSES**



**SEDONA  
VERDE VALLEY  
FALL 1  
2025**



**Classes for Curious Adults!**

**August 25 -  
October 06**

Registration opens July 30

[www.yc.edu/olli](http://www.yc.edu/olli)

## Chair Corner

Members, Our Fall 1 session begins August 25th— start planning now!

*"The heat of autumn  
is different from the heat of summer.  
One ripens apples, the other turns them to cider"*  
(from The Heat of Autumn, Jane Hirshfield)

As the wall of heat subsides, we move out of our summer habits and embrace the coming seasons. Our Fall sessions offers something for everyone. As always, engage your creativity and stretch your brain cells! Explore contemporary issues, crafts, history, science, health, tech info, and more. Learn more about independent films and the Sedona Film Festival with Patrick Schweiss. If you are in Sedona, take some time to explore the classes in Prescott and the new Prescott Valley Campus! And the reverse. If you are still out of town, take a Zoom class.

Explore the emerging travel opportunities offered by OLLI. Our trips to Canada and Ireland have sold out. What a great way to tour!

**Consider teaching a class.** There is no better way to learn, and at OLLI, being a facilitator is a decision to explore and share without worrying about your resume. Charles Blum will offer an in-depth series (#97) in Sedona on the tools and skills necessary to create a syllabus and successful course sessions. We will also have an introductory class on what is involved in being a facilitator for OLLI. Help OLLI in its perpetual quest to reinvent itself.

Please consider joining our 360 Club and donating \$30 per month, as every dollar makes a difference.

[www.yc.edu/ollidonate](http://www.yc.edu/ollidonate).

We hope to see you soon at OLLI!

*Sharon Sherman*

Sharon Sherman, Chair Sedona/VV Council

## In person registration is available at the Sedona Center (M-Th) and Prescott Campus (M-F)

Sedona Center 4215 Arts Village Dr, Sedona  
Verde Valley Campus, 601 W Black Hills Dr, Clarkdale  
Prescott Campus 1100 E Sheldon St, Prescott  
Prescott Valley Center, 3800 N Glassford Hill Rd, PV

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## Stay Curious, Stay Engaged...with OLLI!

**Register: (928) 649-4275**  
or [www.yc.edu/ollisvregister](http://www.yc.edu/ollisvregister)

In-person registration is available at the Sedona Center, Mon-Thurs

## Membership Fee Options

Most Membership levels cover 5 consecutive terms (one year), access to classes offered online and all our locations, and unlimited Munch and Learns. **Osher Online** classes are \$60 each, no matter your membership level.

**Basic Membership** for \$65,  
multi-week classes are \$35, 1-day classes are \$15.

**Deluxe Membership** for \$185,  
includes 20 free multi-week and 1-day classes per year.

**Premium Unlimited Membership** for \$350, includes *unlimited* classes and workshops.

**One Session (6-week) Membership** for \$25, multi-week classes are \$35, 1-day classes are \$15.

*Memberships are not eligible for refunds or extensions. Classes are refundable through the first week, 1-day offerings are refundable up to one week prior.*

## Important Dates

Fall 1: Aug 25-Oct 6  
Fall 2: Oct 27-Dec 12

## OLLI Staff

Tricia Berlowe – Director  
Danielle Gervasio – Admin Assistant  
Solaris Walsh – Admin Assistant  
Cheri Baumgarten – Admin Assistant  
Colin Evans – Admin Assistant  
Francis Beegle – Admin Assistant

# OLLI Sedona • Verde Valley Fall 1 2025 Register: [www.yc.edu/OLLISVRegister](http://www.yc.edu/OLLISVRegister)

Monday	Time	Location	Class	Facilitator(s)
9/22	10-12	Sedona Center-34	24) Conversation with Patrick Schweiss, Director SIFF	PSchweiss,SSherman
9/8	10-12:30	Sedona Center-40	39) Medicare 101 (Sedona)	D Fanter
9/8	10-12	Sedona Center-29	44) Introduction to Healing Touch for Self-Care	D Ackerman
8/25-9/15	10-12	Sedona Center-28	54) Exploring the Treasure found at Sutton Hoo	P Berlowe
10/20-11/24	10-11:30	Online	\$ The Power of One in Steven Spielberg Films	B Epps
8/25-10/6	10:30-12	Online	55) New Ideas	B Brown
10/6-11/10	12-1:30	Online	\$ The Life and Times of Nikola Tesla	M Seifer
9/15-9/29	1-3	Sedona Center-34	93) Sensitive Chaos, Discovering the Nature of Water	L Sturgis
9/22	1-3	Sedona Center-15	H) Want to Share Your Wisdom & Passions? (Sedona)	T Berlowe, S Walsh
8/25-9/29	2-4	Sedona Center-28	66) Current Economic Issues (In Person)	C Blum
10/20-11/24	2-3:30	Online	\$ Graceful Exits: Death with Dignity	A Bayard
10/6-11/10	4-5:30	Online	\$ Bauhaus to Brutalism: Mod. & Cont. Architecture	E Schrader
<b>Tuesday</b>				
10/28-12/2	8-9:30	Online	\$ The Magic of Motown	M Agron
8/26-9/16	9:30-11	Sedona Center-29	43) Acupressure for Self-Care	D Ackerman
10/14-11/18	10-11:30	Online	\$ Inequality and Economic Policy	G Woglom
8/26-9/16	10:30-12	Sedona Center-28	88) The Bhagavad Gita: Key concepts and Teachings	R Venkateswaran
8/26-9/30	11-12:30	Sedona Center-34	75) India - An Armchair Travel	S Srikanth
10/14-11/18	12-1:30	Online	\$ Peeking Inside the Black Box	J Hendrickson
9/9	12:30-2	Online	37) Discovering Digital Wallets: New Ways to Pay	J Taylour, JB Burke
9/9	1-3	Sedona Center-29	40) Helping Tomorrow's Tax Situation Today	J Linford
8/26	1-3:30	Sedona Center-28	42) Memes, NFTs and Coins	J Koepke
9/9	1-3:30	Sedona Center-28	59) Negotiation Success	J Koepke
9/2	1-3	Sedona Center-28	89) Heuristics and Cognitive Bias	J Koepke
8/26-10/2	1-2:30	Sedona Center-39	105) Spanish for Beginners (Tues & Thurs)	A Smith
9/16	2-4	Sedona Center-28	64) The American Political Landscape	A Herschkowitz
8/26	2-3:30	Online	84) Birdwatching for Beginners	WMcDowell, Sherman
10/14-11/18	2-3:30	Online	\$ American History in Six Songs (Approximately)	M Jennings
9/16	4-5:30	Online	G) LWV: Gen Z Voters & Leaders What Matters?!	LWV
10/7-11/11	4-5:30	Online	\$ The African American Military Experience	J Langellier
<b>Wednesday</b>				
10/15-11/19	8-9:30	Online	\$ Alexander Graham Bell and the Telephone	B Carlson
9/3-10/1	10-11:30	Online	34) Get Smarter about Internet Security	S Sherman
8/27	10-12	Online	52) My Great Grandfather, Geronimo	J Martin, S Sherman
9/17	10-1	Sedona Center-40	81) Best Veggie Gardening Starts Now	R Ebeling
9/17	10-1	Sedona Center-39	87) The Karma of Forgiveness (Sedona)	M Karayan
8/27-9/17	10:30-12	Sedona Center-28	46) Living Healthy in a Toxic World	L James

\$ Osher ONLINE in partnership with Northwestern University- extra fees apply for ALL OLLI Memberships



Wednesday continued				
8/27-10/1	10:30-12	Online	74) Armchair Adventures	B Brown
8/20	11-12:30	Online	C) Member Welcome (Zoom)	Mem Engage Com
9/3	1-3	Sedona Center-40	41) Deadly Mistakes in Estate Planning	J Linford
8/27	1-4	Sedona Center-39	99) The Art and Science of Living a Creative Life <b>Cancelled</b>	G Swift
10/8-11/12	2-3:30	Online	\$ Creative Conservation	S Arne
8/27-10/1	2:30-4	Sedona Center-29	32) Intersections: Music, Art and the World Around Us	D Gervasio
9/17	3-5	Sedona Center-39	101) Empathy Circle	R Garmon
10/15-11/19	4-5:30	Online	\$ Public Health in Action: Stress, Equity, Solutions	F Ogungbe
Thursday				
10/16-11/20	8-9:30	Online	\$ In Darwin's Footsteps: A Journey to the Galapagos	E Simon
9/18	9-10:30	Online	49) National Park Origins	D Kroese
9/4	9:30-12	Verde-Bldg.G-102	38) Medicare 101 (Verde Valley Campus)	D Fanter
8/28	10-12	Verde-Bldg.G-102	73) Fire Safety with Cottonwood Fire Department	RContreras,SSherman
8/28-10/2	10-11	Online	95) Heal Yourself, Heal Your Pet:6-Week Journey	D Archer
10/16-11/20	10-11:30	Online	\$ Languages of the World	A Pereltsvaig
9/11	10:30-12:30	Verde-Bldg.G-102	45) Six Science Based Habits of Late-life Brain Health	H Hayes
8/28-10/2	10:45-12:15	Sedona Center-15	103) Writing Your Memoirs	A Crosman
8/28-9/18	11-12:15	Verde-Bldg.I-138	96) Embracing Life and Death	C Porrata
8/28-10/2	<b>2-3:30</b>	Sedona Center-28	97) BYO OLLI Course <b>new time!</b>	C Blum
10/9-11/13	12-1:30	Online	\$ Impressionism: Color Light and	L Weingarden
8/28	12:30-1:45	Verde M-137/Online	L/M) Munch & Learn: UFOs, Aliens and Other	S Srikanth
9/4	12:30-1:45	Verde M-137/Online	L/M) Munch & Learn: Northern Arizona Healthcare	S Srikanth
9/11	12:30-1:45	Verde M-137/Online	N/O) Munch & Learn: 9/11 and Today's America	S Srikanth, C Blum
9/18	12:30-1:45	Prescott 4-102/Zoom	P/Q) Munch & Learn: Using Emotional Intelligence	D Berry
9/25	12:30-1:45	Prescott 4-102/Zoom	R/S) Munch & Learn: Maestro Joe Place	R Arena
10/2	12:30-1:45	Prescott 4-102/Zoom	T/U) Munch & Learn: Natural History Institute	R Arena
9/4	12:30-2	Online	35) Microsoft Backup Solutions	J Burke, B James
10/2	12:30-2	Online	36) Touring the Web #13	J Burke
9/4	12:30-2	Sedona Center-29	98) Brain Boost	A Crosman
8/26-10/2	1-2:30	Sedona Center-39	105) Spanish for Beginners (Tues & Thurs)	A Smith
9/25	1-3	Verde-Bldg.I-138	I) Want to Share Your Wisdom and Passions? (VVC)	T Berlowe, S Walsh
8/28-9/18	2-4	Verde-Bldg.I-138	21) Slow Stitching	R Hatfield
8/28-10/2	2-3:15	Online	28) Journeys of the Heart	B Mains, E Anderson
8/28-10/2	2:15-4:15	Sedona Center-29	31) Music Masterpieces	A Crosman
10/9-11/13	4-5:30	Online	\$ Legendary Shipwrecks of the Great Lakes	A Lardinois
Friday				
10/10-11/14	8-9:30	Online	Films of John Cassavetes and Gena Rowlands	H Brown
8/29-9/26	1-3	Online	58) Current Economic Issues (Zoom)	C Blum

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**Note:** Monday 9/1 is Labor Day, OLLI is closed

**C) Member Welcome (Zoom)**

Wed, 8/20 • 11:00-12:30 • Free

1 Meeting • Online • OPZ-403-F125

**Facilitator: Membership Engagement Committee**

Did you know that OLLI is more than a classroom?

Whether brand new or a continuing member, join us to hear about all OLLI offers, how to get involved, and meet people. Also, find out important details like parking, the cafeteria, and where your classroom is! Our Member Welcome will reveal the answers to these and many more questions. We look forward to meeting you!

**G) LWV: Gen Z Voters & Leaders What Matters?!**

Tues, 9/16 • 4:00-5:30 • Free

1 Meeting • Online • OSZ-407-F125

**Facilitators: Gail Digate, Rose O'Donnell, Robyn Prud'homme-Bauer, LWV**

Curious about GEN Z? Join international GEN Z researcher, award-winning management consultant, author Hana Ben-Shabat for an insightful presentation and stimulating dialogue with voting rights advocate ASU senior Francesca Martin and recent Mingus Union High School graduate Ashley Gonzalez. Sponsored by the League of Women Voters, this 90 minute program explores the dynamics of GEN Z (born 1997-2012). Gain powerful strategies to engage, support, and empower young voters and aspiring leaders.

**H) Want to Share Your Wisdom and Passions with OLLI? (Sedona)**

Mon, 9/22 • 1:00-3:00 • Free

1 Meeting • Sedona Center 15 • OS-408-F125

**Facilitators: Tricia Berlowe, Solaris Walsh**

Do you notice when attending OLLI classes or hanging out with friends that you have a lot of wisdom, knowledge, life experiences, or passions to share? Come explore how to become an OLLI facilitator. No teaching experience needed, just passion for sharing, exploring, and learning. Many OLLI facilitators say they learn so much while teaching at OLLI. Come join the fun. We can help you brainstorm, plan out the class, and show you how easy it is to submit a proposal.

**I) Want to Share Your Wisdom and Passions with OLLI? (VVC)**

Thurs, 9/25 • 1:00-3:00 • Free

1 Meeting • Verde Campus - Bldg.I 138 • OV-409-F125

**Facilitators: Tricia Berlowe, Solaris Walsh**

Please See H) above.

**Munch & Learn: UFOs, Aliens and Other Things Extraterrestrial**

Thurs, 8/28 • 12:30-1:45 • Free

**J) Verde Campus - Bldg.M 137 • OV-410-F125**

**K) Online • OVZ-411-F125**

**Facilitators: Shri Srikanth, Rick Rokosz**

Join us for a humorous/semi-serious look at UFOs, Aliens and Other Things of Extraterrestrial Origin. The presenter is none other than Rick Rokosz, a retired aerospace executive, OLLI Facilitator, LC Chair Emeritus and a self-professed Space/UFO geek. Rick's humorous approach to this dynamic session will include interactive audience dialogue and discussion about UFOs, and a myriad of other things of an extraterrestrial nature. Come and be part of the out of this world fun experience.

**Munch & Learn: Northern Arizona Healthcare Public forum**

Thurs, 9/4 • 12:30-1:45 • Free

**L) Verde Campus - Bldg.M 137 • OV-412-F125**

**M) Online • OVZ-412-F125**

**Facilitator: Shri Srikanth**

Northern Arizona Healthcare (NAH) is the major health care provider for our area - Sedona and Verde Valley. They have expanded services and have significant plans for the near future. A senior team from NAH will review the state of health care in the Verde Valley, review what has been done and plans for the near future. They want to hear from the constituents and will answer any questions people have. Don't miss this opportunity to hear from NAH directly.

**Munch & Learn: From Tragedy to Civic Purpose: 9/11 and Today's America**

Thurs, 9/11 • 12:30-1:45 • Free

**N) Verde Campus - Bldg.M 137 • OV-413-F125**

**O) Online • OVZ-413-F125**

**Facilitators: Shri Srikanth, Charlie Blum**

National days reflect the state of a country's civic culture. American national days have tended to be hollowed out by time, trivialization and commercialization. Join Charlie Blum to explore how the tragedy of September 11, 2001 being commemorated today. What does it teach about the American spirit? Can it escape the fate of Memorial Day, Veterans Day, Pearl Harbor Day, and D-Day? What can we do to ensure that the legacy continues intact?

**Note:** Monday 9/1 is Labor Day, OLLI is closed

**Munch & Learn: Using Emotional Intelligence to Build Stronger Connections**

Thurs, 9/18 • 12:30-1:45 • Free

**P)** Prescott Bldg 4 102 • OP-416-F125

**Q)** Online • OPZ-417-F125

**Facilitator: Doug Berry**

Participants will explore how emotional intelligence (EI) can transform everyday communication into a tool for clarity, connection, and collaboration. Grounded in the four core abilities of EI—perceiving, using, understanding, and managing emotions—this presentation combines research with practical strategies to enhance listening, responding, and navigating challenging conversations.

**Munch & Learn: Maestro Joe Place**

Thurs, 9/25 • 12:30-1:45 • Free

**R)** Prescott Bldg 4 102 • OP-418-F125

**S)** Online • OPZ-419-F125

**Facilitator: Rudy Arena**

Maestro Joe Place is the name of the person who wears the tails and swings the baton. This is OLLI's opportunity to meet the Music Director/Conductor of the Prescott Pops. Have you ever wondered what it takes to become the director of a group of talented musicians? The many years of training, playing your trumpet for other orchestra's, and then when becoming the leader, studying the abilities of individual players and bringing out the best in each musician.

**Munch & Learn: Natural History Institute**

Thurs, 10/2 • 12:30-1:45 • Free

**T)** Prescott Bldg 4 102 • OP-420-F125

**U)** Online • OPZ-421-F125

**Facilitator: Rudy Arena**

Join Jennie Tutone, Program Director of the Natural History Institute, for a journey into the remarkable flora of this ecoregion. Learn how these native plants have evolved to thrive in their environment and gain practical tips for identifying them while enjoying Prescott's scenic trails and open spaces. Perfect for hikers, nature enthusiasts, and the naturally curious. This presentation promises to deepen your love and appreciation of the natural world.

**ARTS & CRAFTS**

**21) Slow Stitching**

Thurs, 8/28-9/18 • 2:00-4:00 • \$35

4 Meetings • Verde Campus - Bldg.I 138 • OV-121-F125

**Facilitator: Ronda Hatfield**

Unwind with the art of slow stitching! Learn simple embroidery stitches and create

your own charming wallet or stitch book. Whether you're a beginner or experienced, this class is about enjoying the process—perfection isn't the goal! Slow stitching is a relaxing, meditative craft rooted in folk art. We provide threads and fabrics; just bring small sharp scissors, a thimble, pins, and large-eyed needles. A \$10 supply fee is due at the first class. Come stitch, relax, and create something unique!

**ARTS-VISUAL & PERFORMING**

**24) Conversation with Patrick Schweiss, SIFF Director**

Mon, 9/22 • 10:00-12:00 • \$15

1 Meeting • Sedona Center 34 • OS-124-F125

**Facilitators: Patrick Schweiss Sharon Sherman**

Travel behind the scenes of the world-renowned Sedona International Film Festival, celebrating its 32nd anniversary of independent film exhibitions, filmmaker workshops, and events. Patrick will share his experience with screenwriters, producers, film editors, and actors. Discover the awards process, film selection, and events that SIFF brings to the industry and the movie-going public. If you love movies, don't miss this chance to meet Patrick and discuss movies, art, culture, and life!

**28) Journeys of the Heart**

Thurs, 8/28-10/2 • 2:00-3:15 • \$35

6 Meetings • Online • OPZ-128-F125

**Facilitators: Bill Mains Ellen Anderson**

Embark on cinematic journeys with us! This Zoom class explores six films about travel and transformation. From The Way's spiritual pilgrimage and Green Book's historical road trip, to Tracks' desert trek, Little Miss Sunshine's family odyssey, Smoke Signals' cultural insights, and The Miracle Club's healing quest, we'll discuss characters navigating physical and emotional landscapes. Discover what they learn and how these journeys shape their lives.

**Note:** Monday 9/1 is Labor Day, OLLI is closed

### **31) Music Masterpieces**

Thurs, 8/28-10/2 • 2:15-4:15 • \$35

6 Meetings • Sedona Center 29 • OS-131-F125

**Facilitator: Anne Crosman**

Music cleanses the mind and frees the soul. We'll listen to some of the world's greatest classical music composed by Bach, Mozart, Beethoven, Brahms, Dvorak, Franck, Mussorsky, Saint-Saens, Vaughan-Williams, Copland, Barber, and Bernstein. Thanks to YouTube, we'll watch performers close-up in their home concert halls. This is not an analytical class. We'll simply listen and briefly say how the music makes us feel.

### **32) Intersections: Music, Art and the World Around Us**

Wed, 8/27-10/1 • 2:30-4:00 • \$35

6 Meetings • Sedona Center 29 • OS-132-F125

**Facilitator: Danielle Gervasio**

Experience the arts like never before! This interactive class explores music, visual art, and literature together, showing how they inspire each other. Each session highlights a different style, movement, or region from around the world. We'll listen to music, view art, and read poetry and passages, discovering how artists express universal themes in unique ways. Come curious, leave inspired, and see, hear, and feel the arts in a whole new light.

### **33) Celebrating Edvard Grieg**

Email Only • OPZ-133-F125 • \$15

**Facilitator: Nancy Dubow**

Norwegian composer and pianist Edvard Grieg is most known for his piano concerto, and his music for Henrik Ibsen's play Peer Gynt. Our celebration honors Grieg's musical artistry through articles, performances, and videos about him. At the heart of our festival is a marvelous performance of Grieg's treasured Piano Concerto. In addition, we will visit Trolldhaugen, his home in Norway which is now a museum, and hear some recordings of Grieg, who was a marvelous concert pianist.

## **COMPUTER & TECHNOLOGY**

### **34) Get Smarter about Internet Security**

Wed, 9/3-10/1 • 10:00-11:30 • \$35

5 Meetings • Online • OSZ-134-F125

**Facilitator: Sharon Sherman**

We know that when using the Internet, danger lurks: identity theft, financial fraud, device destruction, spying, privacy intrusions, and frustration. It is a bad neighborhood! Examine how we expose ourselves to trouble and learn to travel with confidence. Learn the points of risk and their solutions, pros and cons: authentication methods, password minders, phishing prevention, email safety, browser tools, "browser hijacking" recovery, VPNs, and securing your PCS and phones. Be safer!

### **35) Microsoft Backup Solutions**

Thurs, 9/4 • 12:30-2:00 • \$15

1 Meeting • Online • OPZ-135-F125

**Facilitators: JB Burke Bill James**

Microsoft Backup Solutions: What are they, and should you use them? Backing up your documents and other files in Windows is always advisable if the originals get lost or corrupted. That's especially true for critical, sensitive, or irreplaceable files. Ideally, you want a seamless and automated way to back up your files so you don't have to keep doing it manually. You can turn to various third-party backup programs. However, a tool built into Windows, namely File History, is worth trying.

### **36) Touring the Web #13**

Thurs, 10/2 • 12:30-2:00 • \$15

1 Meeting • Online • OPZ-136-F125

**Facilitator: JB Burke**

Touring the Web #13 will be educational, inspirational, entertaining, and fun. Discover webcam windows to the world, how to save money buying computers, how to erase yourself from the internet, what the smartest smart home upgrade is and whether you should rent or buy your modem and router. Plus, why sliced bread was once outlawed in the US, how to look back in history on Google Earth, the 7 password rules you need to know, who the happiest countries on Earth are and much more. Don't miss it.

#### **OLLI-SVV Class Locations:**

**YC Sedona Center:** 4215 Arts Village Dr Sedona

**YC Verde Valley Campus:** 601 W Black Hills Dr Clarkdale

**Village of Oak Creek Library:** 25 W Saddlehorn Rd Sedona

**Online:** Zoom Links are included in registration email



**Note:** Monday 9/1 is Labor Day, OLLI is closed

### **37) Discovering Digital Wallets: New Ways to Pay**

Tues, 9/9 • 12:30-2:00 • \$15

1 Meeting • Online • OPZ-137-F125

**Facilitators:** *Judy Taylour JB Burke*

In this presentation, we'll explore the world of digital wallets and their transformative impact on how we pay. We'll explore various digital wallets, from mobile apps to online platforms, and understand their benefits, including security, convenience, and speed. Join us to learn how digital wallets are reshaping consumer behavior and paving the way for a cashless future!

### **FINANCE, ECONOMICS, & LAW**

### **38) Medicare 101 - Everything you need to know (Verde Valley Campus)**

Thurs, 9/4 • 9:30-12:00 • \$15

1 Meeting • Verde Campus - Bldg.G 102 • OV-138-F125

**Facilitator:** *Denny Fanter*

We'll discuss how Medicare Parts A and B pay for most medical bills. We'll also discuss how Medicare Part C (Advantage), Part D (Prescription drugs) and Medicare Supplemental plans (Medigap) work in conjunction with Medicare Parts A and B.

### **39) Medicare 101 - Everything you need to know (Sedona)**

Mon, 9/8 • 10:00-12:30 • \$15

1 Meeting • Sedona Center 40 • OS-139-F125

**Facilitator:** *Denny Fanter*

See #38).

### **40) Helping Tomorrow's Tax Situation Today**

Tues, 9/9 • 1:00-3:00 • \$15

1 Meeting • Sedona Center 29 • OS-140-F125

**Facilitator:** *Jon Linford*

Learn why having a current estate plan is critical in today's changing tax environment. This seminar covers the recent proposals in the federal tax legislation and how they might affect you. We will discuss how to keep your plan aligned with recent updates, and how to build in flexibility to protect against future tax law changes—helping preserve your legacy and minimize tax exposure.

### **41) Deadly Mistakes in Estate Planning**

Wed, 9/3 • 1:00-3:00 • \$15

1 Meeting • Sedona Center 40 • OS-141-F125

**Facilitator:** *Jon Linford*

Creating an estate plan that effectively addresses your needs and those of your loved ones can be challenging. If you're unsure where to begin, join attorney Jon Linford for an insightful discussion on how to avoid common

mistakes in estate planning. He will cover a range of topics, including probate, changes in the law, nursing home costs, capital gains tax, retirement plans, divorce, healthcare documents, and how to communicate your wishes to your loved ones.

### **42) Memes, NFTs and Coins**

Tues, 8/26 • 1:00-3:30 • \$15

1 Meeting • Sedona Center 28 • OS-142-F125

**Facilitator:** *Jack Koepke*

We begin our discussion with Richard Dawkins' "Selfish Gene" and his theory that memes evolve and mutate in ways analogous to genes. We consider Internet memes, meme generators, memetic engineers and the financial marketing of memecoins and non-fungible tokens (NFTs). We review some of the world's most valuable NFTs, memecoins and stablecoins, including the cryptocurrency \$TRUMP, generating tens of millions of \$\$, We conclude with a brief discussion of Blockchain upon which NFTs and memecoins depend.

### **HEALTH & NUTRITION**

### **43) Acupressure for Self-Care**

Tues, 8/26-9/16 • 9:30-11:00 • \$35

4 Meetings • Sedona Center 29 • OS-143-F125

**Facilitator:** *Donna Ackerman*

Tap into your inner wisdom and healing potential by experiencing the benefits of acupressure, a practice that reaches back further than acupuncture itself. Learn several self-care protocols of applying gentle pressure to specific points on the body. Acupressure assists in promoting holistic well-being and relaxation, and a variety of conditions.

### **44) Introduction to Healing Touch for Self-Care**

Mon, 9/8 • 10:00-12:00 • \$15

1 Meeting • Sedona Center 29 • OS-144-F125

**Facilitator:** *Donna Ackerman*

Our bodies hold ancient wisdom, untapped energy, and a deep desire to heal, if we give them a chance. Healing Touch techniques allow your body to return to what it has always known ~ when your energy is balanced, your whole system thrives; feeling calm isn't a luxury, it's a baseline and true healing happens when we work with our bodies, not against it. You will learn a self-care technique to balance your entire being - Body, Mind and Spirit!



**Note:** Monday 9/1 is Labor Day, OLLI is closed

**45) 6 Science Based Habits of Late-life Brain Health**

Thurs, 9/11 • 10:30-12:30 • \$15

1 Meeting • Verde Campus - Bldg.G 102 • OV-145-F125

**Facilitator: Helen Hayes**

In this workshop, drawing on scientific research, we'll look at six approaches to maintaining good cognitive function as you age. Make an individualized plan for incorporating brain-health activities into every day. Build a retirement plan for your late-life brain.



Interested in Facilitating? Know someone who would be a great facilitator for OLLI, or want to facilitate yourself? **Let us know at [www.yc.edu/olli](http://www.yc.edu/olli)**

**46) Living Healthy in a Toxic World**

Wed, 8/27-9/17 • 10:30-12:00 • \$35

4 Meetings • Sedona Center 28 • OS-146-F125

**Facilitator: Leslie James**

What do toxins do in the body? After learning some symptoms, we will look at the sources of toxins - some may be surprising! In order to avoid as much toxicity as possible, we'll examine product label terminology, use websites that assist in identifying the level of toxicity in products, and identify products that have few or no toxins. We will also learn to transform toxic thoughts and discuss how to maintain habits that build good health. A self-assessment is included.

**HISTORY & CURRENT AFFAIRS**

**49) National Park Origins**

Thurs, 9/18 • 9:00-10:30 • \$15

1 Meeting • Online • OSZ-149-F125

**Facilitator: David Kroese**

How did our national park system develop? What lay behind the parks' creation, preservation, and management? In Origins, remarkable and diverse tales from over fifteen parks tell of extraordinary people that fought tirelessly for their protection.

**52) My Great Grandfather, Geronimo**

Wed, 8/27 • 10:00-12:00 • \$15

1 Meeting • Online • OSZ-152-F125

**Facilitators: Jerry Martin, Sharon Sherman**

Jerry will tell the life story of his grandfather, Goyahkla (He Who Yawns), later to become Goyathlay (The Wise One), better known as the legendary Geronimo, recounting his birth, childhood, marriage, and struggles between the Mexicans and American Soldiers. This great leader and medicine man was placed on a reservation three times and eluded authorities from both sides of the Rio Grande. Stories will include battles and raids Geronimo led, his survival, and negotiations with General Crook.

**54) Exploring the Treasure found at Sutton Hoo**

Mon, 8/25-9/15 • 10:00-12:00 • \$35

3 Meetings • Sedona Center 28 • OS-154-F125

**Facilitator: Patricia Berlowe**

Sutton Hoo, near Woodbridge, Suffolk, is home to two early medieval cemeteries from the 6th and 7th centuries, famously including an untouched ship burial packed with priceless Anglo-Saxon treasures. Since 1938, archaeologists have uncovered remarkable insights here. In class, we'll watch the Netflix film The Dig, explore YouTube videos, and dive into fascinating sources to uncover how this discovery reshaped our understanding of the "Dark Ages" and its legendary link to Beowulf. Note: This 3 week class skips Sept. 1, Labor Day.

**55) New Ideas**

Mon, 8/25-10/6 • 10:30-12:00 • \$35

6 Meetings • Online • OPZ-155-F125

**Facilitator: Barbara Brown**

Embark on a weekly adventure into the world of bold ideas and fascinating discoveries! Each session dives into a fresh topic—from cutting-edge science and breakthrough technology to the wonders of space, the arts, and global culture. Come curious—leave inspired! Note: no class on 9/1, Labor Day. Note: no class on 9/1, for Labor Day.

**58) Current Economic Issues (Zoom)**

Fri, 8/29-9/26 • 1:00-3:00 • \$35

5 Meetings • Online • OSZ-158-F125

**Facilitator: Charles Blum**

By presenting relevant concepts and data, this on-going course aims to equip each participant to be an educated consumer of news on a wide range of economic topics. Discussions will be fact-driven and nontechnical; no formal economics training is required.

**Note:** Monday 9/1 is Labor Day, OLLI is closed

**59) Negotiation Success**

Tues, 9/9 • 1:00-3:30 • \$15

1 Meeting • Sedona Center 28 • OS-159-F125

**Facilitator: Jack Koepke**

Whether a negotiation concerns a contract, a family quarrel or an agreement on nations, people often engage in bargaining strategies. We begin at Yalta in 1945 before moving to winning personal negotiation techniques, overcoming roadblocks and dealing with difficult opponents. We review personal war stories and actual cases before returning to four simple rules for building trust and never bidding against one's self. We end by returning to the national stage and current tariff negotiations.

**62) The Resurrection of La Posada! (Prescott)**

Mon, 9/29 • 2:00-3:15 • \$15

1 Meeting • Prescott Bldg 3 119 • OP-162-F125

**Facilitators: Penny Wills, Ellen Harp**

Interested in learning how La Posada was saved from the wrecking ball? Allan Alfeldt, owner and conservationist, will share how he led the historical restoration of this magnificent Harvey House. Located in Winslow, this beautiful hotel was designed by Mary Colter and is one of the few remaining Harvey House in Arizona. Join us to hear Allan speak to the hotel's historical significance and the challenges inherent in saving La Posada! (If you are already registered in the Who is Fred Harvey class, this workshop is included.)

**64) The American Political Landscape**

Tues, 9/16 • 2:00-4:00 • \$15

1 Meeting • Sedona Center 28 • OS-164-F125

**Facilitator: Andy Herschkowitz**

Let's discuss the issues, arguments and expectations which are most prominent in current political debate. We'll look at the national and international contexts in which these are taking place, and try to sort out where disagreements center on ends, means, or both.

**66) Current Economic Issues (In Person)**

Mon, 8/25-9/29 • 2:00-4:00 • \$35

5 Meetings • Sedona Center 28 • OS-166-F125

**Facilitator: Charles Blum**

By presenting relevant concepts and data, this on-going course aims to equip each participant to be an educated consumer of news on a wide range of economic topics. Discussions will be fact-driven and nontechnical; no formal economics training is required.

**Note:** This 5 week class skips Sept. 1, Labor Day.

**71) Great Courses Potpourri**

Email Only • OPZ-171-F125 • \$35

**Facilitator: Patricia Berlowe**

Over the years OLLI has purchased many titles from Great Courses. We have access to over 250 titles that can be streamed from your home. If you sign up for this class, you will be given access to the Prescott OLLI account, and can stream at will for the session. Learn about music, history, mindfulness, science and travel.

**LOCAL INTEREST & TRAVEL**

**73) Fire Safety with Cottonwood Fire Department**

Thurs, 8/28 • 10:00-12:00 • \$15

1 Meeting • Verde Campus - Bldg.G 102 • OV-173-F125

**Facilitators: Rick Contreras, Sharon Sherman**

The Cottonwood Fire Department will present information on its organization, Community Risk Reduction, All-Hazards emergency response, Firewise Communities, and living with Wildfire. Please join us for this informative presentation and bring your questions.

Division Chief Rick Contreras will be presenting. He is currently responsible for the Fire Department's Community Risk Reduction / Fire Prevention Division and assists in fire operations and procedures.

**74) Armchair Adventures**

Wed, 8/27-10/1 • 10:30-12:00 • \$35

6 Meetings • Online • OPZ-174-F125

**Facilitator: Barbara Brown**

Join us to travel the world without passports, expense, long lines at airports, cathedrals or museums. We will explore cultures, history and do lots of sightseeing.

**75) India - An Armchair Travel**

Tues, 8/26-9/30 • 11:00-12:30 • \$35

6 Meetings • Sedona Center 34 • OS-175-F125

**Facilitator: Shri Srikanth**

India is a land of rich history and stunning landscapes. In this class, we'll explore iconic landmarks—from the towering Himalayas to the majestic Taj Mahal and the serene coastlines of South India. Each session will feature 3–4 sites, with background discussions, photos, and videos to deepen your appreciation of these cultural and natural wonders. Join us for a captivating journey through India's most unforgettable treasures!

**Note:** Monday 9/1 is Labor Day, OLLI is closed

## NATURE & THE OUTDOORS, ACTIVE MIND & BODY

### 81) Best Veggie Gardening Starts Now

Wed, 9/17 • 10:00-01:00 • \$15

1 Meeting • Sedona Center 40 • OS-181-F125

**Facilitator: Rae Ebeling**

Ready, set, go. Now is the time to start winter veggies as well as soil prep. This is the season you can begin to really enjoy gardening and your own fresh, healthy green veggies. Good soil and a shade system are the foundation. Some plants need to be started now. Rae has gardened here for the last 20 years and has facilitated numerous OLLI garden classes.

### 84) Birdwatching for Beginners: An Ecological Approach

Tues, 8/26 • 2:00-3:30 • \$15

1 Meeting • Online • OSZ-184-F125

**Facilitators: William McDowell, Sharon Sherman**

Novice birdwatchers will learn how to find and identify birds in the Verde Valley. Understand why certain birds live in specific habitats, and why they are so rich in birds. The ecological concepts of habitat diversity and adaptation provide a window into why Arizona is such a fabulous place to see and learn about birds. Gain practical tips on equipment, reference books, apps, and techniques for seeing more birds in your yard or the great outdoors.

## PHILOSOPHY & RELIGION & UNEXPLAINED

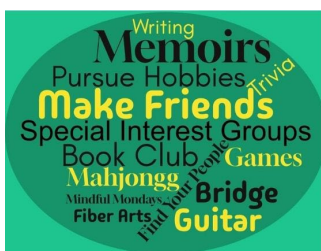
### 87) The Karma of Forgiveness (Sedona)

Wed, 9/17 • 10:00-1:00 • \$15

1 Meeting • Sedona Center 39 • OS-187-F125

**Facilitator: Mathias Karayan**

Karma is often thought of in negative ways, but it is neither good nor bad. It comes back through emotionally charged unresolved situations in our present life. These situations are opportunities to undo fixed perceptions that make you psychologically stuck and give you feelings/emotions that block your peace of mind, i.e. anger, guilt, anxiety, & depression. We will discuss how we get stuck and what part “real forgiveness” plays getting unstuck so you can continue your journey to peace of mind.



## OLLI Special Interest Groups (SIGs)

Free for OLLI members!  
Join one or start your own!

More information:  
[www.yc.edu/sig](http://www.yc.edu/sig)

### 88) The Bhagvad Gita: Key concepts & Teachings

Tues, 8/26-9/16 • 10:30-12:00 • \$35

4 Meetings • Sedona Center 28 • OS-188-F125

**Facilitator: Ramaswami Venkateswaran**

An introductory class on the Bhagvad Gita (The Song of the Lord). What the most widely consulted part of the Hindu scriptures unfolds as pointers to one's life and how one navigates the difficulties that lie on the way.

### 89) Heuristics and Cognitive Bias

Tues, 9/2 • 1:00-3:00 • \$15

1 Meeting • Sedona Center 28 • OS-189-F125

**Facilitator: Jack Koepke**

We begin with the subjective-objective puzzle, brain theater and our problem with empiricism before turning to our main target, the fascinating subject of mental shortcuts (heuristics) we use to navigate our world. We consider why fiction trumps truth before contemplating tricks of language and perception involving flowing rivers, passing clouds, wilting irises and melting snow. We run the risk of self-deception and have an innate bias against new ideas. Our minds are like cats, ever in motion.

## SCIENCE & MATH

### 93) Sensitive Chaos, Discovering Nature of Water

Mon, 9/15-9/29 • 1:00-3:00 • \$35

3 Meetings • Sedona Center 34 • OS-193-F125

**Facilitator: Linden Sturgis**

Water is the bearer of life - the mediator between the sun and the earth. But what is water's own nature? What forms does it naturally take and what characteristic movements does it make? How does water shape the earth and how are organisms shaped by the forces of flowing water? This course will lean heavily on the groundbreaking work of the Goethean scientist Theodor Schwenk to begin to answer these questions. Come quench your thirst for knowledge!

## SELF-ENRICHMENT & LIFESTYLE

### 95) Heal Yourself, Heal Your Pet: An Energy Journey

Thurs, 8/28-10/2 • 10:00-11:00 • \$35

6 Meetings • Online • OSZ-195-F125

**Facilitator: Darielle Archer**

Discover how your energy affects your pet's well-being—and how healing your own emotional blocks, anxiety, or burnout can help your pet feel more at ease, more vibrant, and more joyful. Release stress and emotional tension—for both of you. Use energy healing tools like crystals, color therapy, and hands-on touch. Build an unbreakable energetic bond with your animal companion. Activate your inner healer and intuitive guidance system.



**Note:** Monday 9/1 is Labor Day, OLLI is closed

### 96) Embracing Life and Death

Thurs, 8/28-9/18 • 11:00-12:15 • \$35

4 Meetings • Verde Campus - Bldg.I 138 • OV-196-F125

**Facilitator: Carolyn Porrata**

This class is meant to be a holistic approach to living fully and planning thoughtfully. Led by Carolyn Porrata and Northern Arizona Hospice experts, students will learn to celebrate each moment, view death as a natural transition, plan ahead, and create a legacy. Through lectures, workshops, and reflections, students gain tools for intentional living, emotional resilience, and future planning. Ideal for anyone seeking personal growth, this course fosters a deeper connection to life and legacy.

### 97) BYO OLLI Course **New Time!**

Thurs, 8/28-10/2 • **2-3:30** • \$35

6 Meetings • Sedona Center 28 • OS-197-F125

**Facilitator: Charles Blum**

Welcome to your "Build Your Own Course" journey! This course aims to empower lifelong learners to craft new learning experiences, classes, workshops and/or field trips, especially in the context of America's upcoming 250th anniversary. We'll blend AI tools, personal research, and dynamic discussions to help each of you create at least one new course proposal to facilitate, co-facilitate, or simply enjoy as a student. Just bring an idea or topic that interests you and let's start together!

### 98) Brain Boost

Thurs, 9/4 • 12:30-2:00 • \$15

1 Meeting • Sedona Center 29 • OS-198-F125 **Facilitator:**

**Anne Crosman**

Thinking a little foggy? Forget where you put your cell phone? Join our class to learn brain-power boosts. We'll solve puzzles, do memory exercises, and practice physical stretches. We'll talk about good brain-nutrition, and take quick walks outdoors to clear the brain and re-oxygenate our bodies. Share your favorite techniques for remembering, and learn from others.

### 99) The Art and Science of Living A Creative Life

Wed, 8/27 • 1:00-4:00 • \$15 **CANCELLED**

1 Meeting • Sedona Center 39 • OS-199-F125 **Facilitator:**

**Gayle Swift**

Our neuro-hormonal system creates a mind-set designed to support vitality both in times of stress and creativity. The body cannot do both at the same time. The creative system is aligned with the energy centers known as chakras, derived from the ancient Hindu texts, 1500 BCE, supporting physical-mental and spiritual health. Through lecture, dialogue and artful practices, come to experience

the creative-system, meeting the challenges of life. Come to meet the 7 forces of positive creative action.

### 101) Empathy Circle

Wed, 9/17 • 3:00-5:00 • \$15

1 Meeting • Sedona Center 39 • OS-201-F125

**Facilitator: Rachel Garmon**

An Empathy Circle is a structured dialogue process that effectively supports meaningful and constructive dialogue. It is a lifelong practice to deepen. An Empathy Circle increases mutual understanding and connection by ensuring that each person feels fully heard to their satisfaction. The practice is the most effective gateway practice for learning, practicing and deepening listening and empathy skills, as well as, nurturing an empathic way of being.

## WRITING, LITERATURE, & LANGUAGES

### 103) Writing Your Memoirs

Thurs, 8/28-10/2 • 10:45-12:15 • \$35

6 Meetings • Sedona Center 15 • OS-203-F125

**Facilitator: Anne Crosman**

Organize your thoughts, photos, artwork, letters, diaries, and emails. We will write in class and at home - yes, homework. Bring paper, pen, and/or laptop. Your first chapter will be on your grandparents, second chapter on your parents, then chapters about your life divided into 15-year segments. Writing topics will be suggested, and your work edited. You may read your work aloud to the class, if you like.

### 105) Spanish for Beginners

Tues & Thurs, 8/26-10/2 • 1:00-2:30 • \$35

12 Meetings • Sedona Center 39 • OS-205-F125

**Facilitator: Art Smith**

¡Hola! Ready to start speaking Spanish? This fun, fast-paced course is perfect for absolute beginners or those looking to refresh their basic skills. Whether you're brand new or brushing up, you'll build confidence in speaking, listening, and understanding everyday Spanish. With classes twice a week, you'll make steady progress and enjoy plenty of practice along the way. No experience needed—just bring your enthusiasm!



**Yavapai College  
Foundation**

OLLI needs your support for scholarships for our members, special projects, and preparing for our future growth, to give:

[www.yc.edu/ollidonate](http://www.yc.edu/ollidonate)

Join our 360 Club for just \$30 per month!

## Alexander Graham Bell and the Telephone, 150 Years Later

Wed, 10/15/2025-11/19/2025 • 8-9:30am • \$60

6 Meetings • Online • OZO-901-F125

**Facilitator: Walter Bernard (Bernie) Carlson**

This course explores the invention of the telephone by Alexander Graham Bell and the impact it had on communication and business. We'll cover Bell's challenges, rivalries, and the rise and fall of AT&T. The course ends with the evolution of wired networks into today's smartphones.

## American History in Six Songs (Approximately)

Tues, 10/14/2025-11/18/2025 • 2-3:30pm • \$60

6 Meetings • Online • OZO-902-F125

**Facilitator: Matt Jennings**

Explore how music reflects key moments in American history from Indigenous traditions to modern genres. We'll trace the influence of colonialism, slavery, and social change on music. Through this lens, we examine how music has shaped and expressed the American experience.

## Creative Conservation

Wed, 10/8/2025-11/12/2025 • 2-3:30pm • \$60

6 Meetings • Online • OZO-903-F125

**Facilitator: Stephanie Arne**

Learn how individuals and communities work together to protect wildlife and ecosystems. Drawing from the instructor's experiences with Wild Kingdom, this course shares real-life conservation efforts. It also offers practical steps for becoming effective environmental stewards.

## From Bauhaus to Brutalism: Modern and Contemporary Architecture

Mon, 10/6/2025-11/10/2025 • 4-5:30pm • \$60

6 Meetings • Online • OZO-904-F125

**Facilitator: Eleanor Schrader**

This course traces the shift from traditional architecture to bold modern styles after World War I. We'll explore how movements like Bauhaus, Art Deco, and Midcentury Modernism responded to social and political change. Architectural innovation is examined through both theory and design.

## Graceful Exits: Exploring the Economics, Ethics & Ethos of Death With Dignity

Mon, 10/20/2025-11/24/2025 • 2-3:30pm • \$60

6 Meetings • Online • OZO-905-F125

**Facilitator: Aleen Bayard**

Explore the controversial topic of Death with Dignity, from its history and legal aspects to moral and cultural debates. We'll examine key figures like Dr. Jack Kevorkian and how policies on physician-assisted suicide have evolved. This course fosters thoughtful discussion on end-of-life choices.

## Impressionism: Color Light and Leisure

Thu, 10/9/2025-11/13/2025 • 12-1:30pm • \$60

6 Meetings • Online • OZO-906-F125

**Facilitator: Lauren Weingarden**

Impressionists broke with tradition by focusing on light, color, and everyday life. This course examines the works and lives of Monet, Renoir, Degas, Cassatt, and Morisot. Participants will gain new insights into how these artists saw and painted the modern world.

## In Darwin's Footsteps: A Journey to the Galapagos

Thu, 10/16/2025-11/20/2025 • 8-9:30am • \$60

6 Meetings • Online • OZO-907-F125

**Facilitator: Eric Simon**

Follow Charles Darwin's five-year global journey aboard the HMS Beagle and the development of his evolutionary theories. We'll explore the historical context of his work and its lasting impact on biology. The course includes original sources and photographs from the journey.

## Inequality and Economic Policy

Tue, 10/14/2025-11/18/2025 • 10-11:30am • \$60

6 Meetings • Online • OZO-908-F125

**Facilitator: Geoffrey Woglom**

This course analyzes economic inequality in the U.S., its history, causes, and policy solutions. Experts lead each lecture, covering topics like healthcare, climate change, discrimination, and the wealth gap. Data and evidence will be central to our exploration of possible reforms.

## Languages of the World

Thu, 10/16/2025-11/20/2025 • 10-11:30am • \$60  
6 Meetings • Online • OZO-909-F125

### **Facilitator: Asya Pereltsvaig**

Explore the origins and connections among the world's 7,000+ languages. Each week, we'll visit a different region to uncover how languages evolve and reflect human history. This course offers insight into what language reveals about human thought and society.

## Legendary Shipwrecks of the Great Lakes: Tales from the Inland Seas

Thu, 10/9/2025-11/13/2025 • 4-5:30pm • \$60  
6 Meetings • Online • OZO-910-F125

### **Facilitator: Anna Lardinois**

Beneath the Great Lakes lie thousands of shipwrecks, each with a story. This course brings these wrecks to life, from the Lady Elgin to the Edmund Fitzgerald. We'll explore the human drama, mystery, and historical impact of these maritime disasters.

## Peeking Inside the Black Box

Tue, 10/14/2025-11/18/2025 • 12-1:30pm • \$60  
6 Meetings • Online • OZO-911-F125

### **Facilitator: Johnnie Hendrickson**

This course demystifies how science works and why research findings change over time. We'll explore what makes scientific research reliable and how to spot pseudoscience. Learn how to critically evaluate scientific claims instead of relying on blind trust.

## Public Health in Action: Addressing Stress, Equity, and Solutions

Wed, 10/15/2025-11/19/2025 • 4-5:30pm • \$60  
6 Meetings • Online • OZO-912-F125

### **Facilitator: Faith Ogungbe**

Learn how stress affects health and is shaped by social factors. The course examines biology, theory, and social equity in health outcomes. Discussions focus on promoting well-being across diverse populations.

## The African American Military Experience: From Revolution to Civil Rights

Tue, 10/7/2025-11/11/2025 • 4-5:30pm • \$60  
6 Meetings • Online • OZO-913-F125

### **Facilitator: John Langellier**

African Americans have fought in every U.S. war, striving for both freedom and recognition. This course follows

their military service from the Revolutionary War through World War II. We'll explore their contributions, struggles, and the impact of their service on American history.

## The Films of John Cassavetes and Gena Rowlands: Innovation in Filmmaking and Performance

Fri, 10/10/2025-11/14/2025 • 8-9:30am • \$60  
6 Meetings • Online • OZO-914-F125

### **Facilitator: Heather Brown**

Discover how John Cassavetes and Gena Rowlands reshaped independent cinema with raw, emotionally charged films. We'll analyze their groundbreaking collaboration and techniques like handheld filming and improvisation. Key films include *A Woman Under the Influence*, *Opening Night*, and *Gloria*.

## The Life and Times of Nikola Tesla

Mon, 10/6/2025-11/10/2025 • 12-1:30pm • \$60  
6 Meetings • Online • OZO-915-F125

### **Facilitator: Marc Seifer**

Trace Nikola Tesla's life from student to pioneering inventor in electricity and wireless communication. We'll explore his inventions, rivalries, and vision for global energy transmission. Topics include the 1893 World's Fair, Wardenclyffe Tower, and his mysterious final years.

## The Magic of Motown

Tue, 10/28/2025-12/2/2025 • 8-9:30am • \$60  
6 Meetings • Online • OZO-916-F125

### **Facilitator: Mike Agron**

Experience Motown's rise from Detroit roots to global fame between the 1950s and 1970s. We'll explore its innovative sound, social influence, and legendary artists. The course ends with a celebration of Motown's transformative first 25 years.

## The Power of One in Steven Spielberg Films

Mon, 10/20/2025-11/24/2025 • 10-11:30am • \$60  
6 Meetings • Online • OZO-917-F125

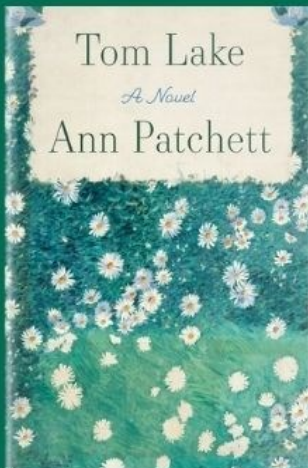
### **Facilitator: Bernard (Butch) Epps**

Explore the theme of moral choice in Spielberg's most profound films. Through scene-by-scene analysis, we'll examine how characters reveal their values. Films include *Schindler's List*, *Saving Private Ryan*, *Lincoln*, *Munich*, *Bridge of Spies*, and *Close Encounters*.



# OLLI SPECIAL INTEREST GROUP BOOK CLUB

FREE FOR OLLI MEMBERS!

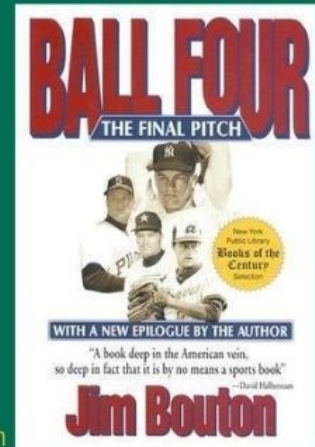


*stay curious, stay engaged!*

**COMING IN FALL 2025**

August 19<sup>th</sup>

September 16<sup>th</sup>



To participate or for questions, please email Kate at:

[sedonaollibookclub@yahoo.com](mailto:sedonaollibookclub@yahoo.com)

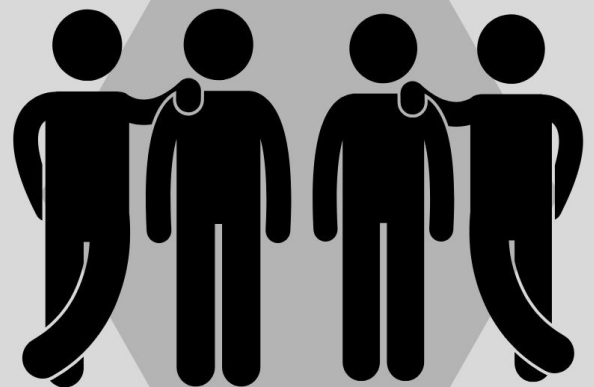
**OLLI S.I.G.S ARE FREE FOR OLLI MEMBERS!**

## Sedona-Verde Valley OLLI Special Interest Group

### MEN'S GROUP

Join a Men's Group for OLLI members who want to get together on a regular basis and share time together. This includes outdoor and inside activities. Potential activities are hiking, bowling and other sports, eating out, trainings, sharing skills, movies, games, discussions, sharing life experiences, etc.

Initially we will meet at the OLLI Sedona campus to get the group started on the first and third Thursday of the month, from 2-4pm. Then we will meet at member's homes or wherever we will be sharing an activity.



OLLI Special Interest Groups  
are **FREE** for OLLI Members!

For information, contact Ben Shor  
928-451-4370 or [benshor7@gmail.com](mailto:benshor7@gmail.com)



4215 Arts Village Dr  
Sedona, AZ 86336



**OLLI KICK OFF  
WITH OUR  
BACK TO CLASS & COUNTRY COOK-OFF!  
AUGUST 18TH 1-3 PM**



**Join the friendly flavor showdown!**

**Enjoy music, games, and a sneak peek at fall classes, plus a tasty competition featuring snack-size portions of homemade chili, salads, and sweets submitted by OLLI members.**

**Registration is required for all attendees: cooks, and guests alike!**

**Small prizes will be awarded, all our friends are invited! [www.yc.edu/OLLISVcookoff](http://www.yc.edu/OLLISVcookoff)**

**Yavapai College Sedona Center 4215 Arts Village Dr**



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