

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

**LLI**

AT YAVAPAI COLLEGE

*Classes for Curious Adults!*



**Prescott  
& Verde  
Valley**

**Summer  
2026**

**June 8 -  
July 16**

Registration opens May 13

[www.yc.edu/olli](http://www.yc.edu/olli)

928-717-7634 or

928-649-4275

# Stay Curious, Stay Engaged... OLLI!

## Message from the Director

Welcome to OLLI Summer! We're excited to share a season full of learning, connection, and a few new updates to explore. This summer, you'll find in-person classes offered on both the Prescott and Clarkdale campuses, along with a variety of online options via Zoom. As you browse the catalog, keep an eye on the section headers—they'll guide you to each class location (Prescott, Clarkdale, Online, or Osher Online). Summer is the perfect time to introduce a friend to OLLI! We're offering a special 6-week Summer Membership for just \$25, giving access to all our programs. If you'd like to invite a friend to sit in on a class, simply check with your facilitator ahead of time to be sure there's space and that guests are welcome.

Have you taken a look at our Special Interest Groups (SIGs) lately? Visit [www.yc.edu/sig](http://www.yc.edu/sig) to see the wide range of opportunities available—both in-person and online. Even better, we're always eager to grow! If you have an idea for a new SIG, all it takes is a willing coordinator to gather interested members, organize meeting details, and keep everyone connected. SIGs are self-directed, and we do ask that participants are current OLLI members.

Planning to travel this summer? You can still stay engaged with OLLI by enrolling in an Osher Online class. These enriching courses, offered through Northwestern University, connect you with fellow OLLI members from across the country—so you can keep learning wherever your summer takes you!

Patricia Berlowe, Director  
Osher Lifelong Learning Institute  
at Yavapai College



**In Person Registration is available in  
Verde Valley (M-Th) & Prescott (M-F)**

**Verde Valley Campus:** 601 Black Hills Dr, Clarkdale

**Prescott Campus:** 1100 E Sheldon St, Prescott

**[www.yc.edu/olliregister](http://www.yc.edu/olliregister)**

(928) 717-7634 or 928-649-4275

**Register:** [www.yc.edu/olliregister](http://www.yc.edu/olliregister)  
(928) 717-7634 or 928-649-4275

## Membership Fee Options

Most Membership levels cover 5 consecutive terms (one year), access to classes offered online and all our locations, and unlimited Munch and Learns. Osher Online classes are \$60 each, no matter your membership level.

**Basic Membership for \$65**, multi-week classes are \$35, 1-day classes are \$15.

**Deluxe Membership for \$185**, includes 20 free multi-week or 1-day classes.

**Premium Unlimited Membership** for \$350, includes unlimited classes and workshops.

**Summer Special (6-week) Membership** for \$25, multi-week classes are \$35, 1-day classes are \$15.

*Memberships are not eligible for refunds or extensions. Classes are refundable through the first week, 1-day offerings are refundable up to one week prior.*

## Important Dates

Summer: June 8-July 3

Fall 1: Aug 24-Oct 5

## OLLI Staff

Tricia Berlowe – Director  
Linda Chalcraft – Admin Assistant  
Danielle Gervasio – Admin Assistant  
Cheri Baumgarten – Admin Assistant  
Francis Beegle – Admin Assistant  
Colin Evans – Admin Assistant  
Solaris Sky – Admin Assistant  
Connie Varga – Admin Assistant

## Table of Contents

Grid of Classes	2-4
Free Offerings, Munch & Learns	5-6
Verde Valley - Clarkdale In-Person	7-9
Online Classes	10-11
Prescott In-Person	12-16
Osher Online	17-18

**OLLI at Yavapai College Summer 2026: Prescott • Clarkdale/Verde• Online**

Registration [www.yc.edu/olli](http://www.yc.edu/olli) 928-717-7634 or 928-649-4275

**PLEASE NOTE THE LOCATIONS CAREFULLY** – we are holding classes in Prescott, Clarkdale and Online this summer. Osher Online Classes \$ have extra fees no matter your Membership Level.

Location	Monday	Time	Class	NO Classes 7/6	Facilitator
Offsite	6/8-7/13	7:00-10:00	42) Hike The Prescott Circle Trail		J Pillman*, K Paris*
Osher Online	7/20-8/24	8:00-9:30	\$ The Digital Shift: How Computing Remade Media \$		R Davis Portela
Verde I-138/Online	6/8-6/19	9:00-10:30	56) Create, Plan, and Launch Your Own OLLI Class		C Blum*
Prescott 15-260	6/1-7/27	10:00-11:30	53) T'ai Chi Advanced (On-Going Only)		A Chan*
Osher Online	7/13-8/17	10:00-11:30	\$The Indispensable Founder: George Washington \$		D Petri
Prescott 31-101	6/8-7/20	10:00-12:00	64) Westward the Women: Women's Lives on the Frontier		S Bennett
Online	6/8-7/13	10:30-12:30	25) New Ideas		B Brown*
Osher Online	7/6-8/10	12:00-1:30	\$ Threads of History: The World of Oriental Rugs \$		S Krody
Prescott 31-101	6/8-7/20	12:30-1:45	38) Restaurant Reviews and Recommendations		J Velling*
Prescott 30-126	6/15	12:30-2:00	15) Deadly Mistakes in Estate Planning (Prescott)		J Linford
Prescott 30-126	6/22	12:30-2:00	16) Avoiding the Perilous Pitfalls of Probate		J Linford
Prescott 15-260	6/8-7/20	2:00-3:15	3) Western Line Dancing		C Reynolds
Online	6/8-7/13	2:00-3:30	48) Eastern Philosophy and Quantum Physics		D Freeman*
Prescott 3-203	6/8	2:00-4:00	H) Highlights of the "Sweet 16" Prescott Film Festival		H Stephenson
Prescott 31-101	6/8-7/20	2:30-3:45	43) Chair Yoga and More (Monday)		C Young
<b>Tuesday</b>					
Osher Online	7/7-8/11	8:00-9:30	\$ Children's Literature: The Development of a Genre\$		B Regnier
Prescott 15-260	6/9-7/14	8:30-9:30	44) Beginner Ball-Bouncing		M Ehlers
Verde I-138	6/9	8:30-10:00	G) Verde Valley Campus Walking Tour		D Gervasio
Online	6/9-7/14	9:30-10:45	10) TED Talks Online Version		C Maxwell*
Prescott 3-269	6/9-7/16	9:30-10:45	70) “¡Vamos a Costa Rica! Spanish for Travelers”		L Miquirray
Prescott 31-102	6/2	9:30-10:45	D) ABC Refresher Training: and You Thought You Knew Everything You Needed to Facilitate!		F Croft, J Watson (GC)
Prescott 15-260	6/9-7/14	10:00-11:00	45) Intermediate Ball-Bouncing		M Ehlers
Osher Online	7/7-8/11	10:00-11:30	\$ Discovering Portugal \$		A Roberts
Prescott 31-101	6/9-7/14	10:00-12:00	26) Viewpoints		J Wilson, A Lopez (GC)
Verde G-107	6/23	10:00-12:30	17) Medicare 101 - Everything you need to know		D Fanter*
Verde G-107	6/16	10:30-12:00	62) The Power of Habit		R Rokosz*
Verde G-107	6/9	10:30-12:00	19) Perfecting the Fine Art of Doing Nothing		R Rokosz*
Verde I-118	6/9-6/30	10:45-12:15	65) Writing Your Memoirs		A Crosman*
Osher Online	7/21-8/25	12:00-1:30	\$ Protecting Yourself as a Patient \$		H Singh
Online	7/7	12:30-2:00	13) Make Windows 11 Work For You!		J Burke*
Prescott 4-118	6/9-6/23	12:30-1:45	20) Recipes to Die For		B Thurber, M Schaffer*
Prescott 3-205	6/9-7/14	12:30-1:45	57) Yoga Off The Mat: Ancient Wisdom		S Price
Prescott 4-102	6/9-7/14	12:30-1:45	11) TED Talks		C Maxwell*
Verde G-111	6/16	12:30-2:00	23) Brain Boost		A Crosman*
Online	7/14	12:30-2:30	14) Keeping Passwords Safe		J Burke*, C Taylor

\*Master Facilitators (GC) Governing Council Members

\$ Osher ONLINE in partnership with Northwestern University- extra fees apply for ALL OLLI Memberships

**OLLI at Yavapai College Summer 2026: Prescott • Clarkdale/Verde• Online**

Registration [www.yc.edu/olli](http://www.yc.edu/olli) 928-717-7634 or 928-649-4275

**PLEASE NOTE THE LOCATIONS CAREFULLY** – we are holding classes in Prescott, Clarkdale and Online this summer. Osher Online Classes \$ have extra fees no matter your Membership Level.

Location	Tues Cont.	Time	Class	Facilitator
Verde G-104	6/9	1:00-2:30	F) Explore Facilitating at OLLI - Share Your Passions	P Berlowe, S Sky*
Prescott 31-101	6/9-7/14	1:00-3:00	27) Foreign Affairs: Civil Discussions	J Lowe
Verde I-118	6/9-6/30	1:00-3:00	63) Creative Memoir	R Palmenberg
Online	6/9	1:00-3:30	21) Ready, Set, Store: Food Storage Tricks & Tec	S Sherman (GC)*
Verde G-106	6/23	1:00-4:00	41) Things to Know About Costa Rica	C Blum*
Verde G-106	6/30	1:00-4:00	36) Act 1 of China – US Relations, 1776 – 1860	C Blum*
Prescott 3-270	6/23-6/25	1:30-3:30	24) Grow Your Plant Based Health, Fight Chronic Diseases and Grow Legumes	K Corum, N Lucas
Prescott 4-102	6/9-6/23	2:00-3:15	28) Greenland and the USA	J Thurber
Prescott 15-260	6/9-6/30	2:00-3:30	4) English Country Dance	S Taylor
Prescott 4-102	6/30-7/7	2:00-4:00	40) Mongolian Adventure	B Maxwell*
Prescott 4-114	6/9-7/14	2:00-4:00	2) Learn Clay Sculpture	V Oldham
Osher Online	7/21-8/25	2:00-3:30	\$ Broadway Musicals: A Fascinating History \$	E Abramovits
Verde G-111	6/9-6/30	2:15-3:45	5) Music Masterpieces	A Crosman*
Osher Online	7/7-8/11	4:00-5:30	\$ Horticulture A-Z \$	C Baker
<b>Wednesday</b>				
Offsite	6/10-7/15	7:30-10:00	46) Moderate Hiking	L Neakrans, M Troester (GC)*
Osher Online	7/8-8/12	8:00-9:30	\$ Canals and the Making of the Modern World \$	B Carlson
Prescott 31-101	6/10-7/15	9:00-11:00	6) Acting for Everyone	R Skidmore
Verde G-111	6/10	10:00-1:00	49) The Karma of Forgiveness	M Karayan
Prescott 15-260	6/3-7/29	10:00-11:30	55) T'ai Chi for Beginners	A Chan*
Osher Online	7/15-8/19	10:00-11:30	\$ Women Architects and Designers \$	E Schrader
Verde -TBA	6/10-7/1	10:30-12:00	66) 'En Plein Air' Poetry	J Pickett
Online	6/10-7/15	10:30-12:00	58) Arm Chair Adventures	B Brown*
Prescott 4-102	6/10-7/15	10:30-12:30	52) How the Earth Works Pt 3	D Hoffman*, J Kangal*
Verde G-104	6/10-7/1	10:45-12:15	7) Miles Davis - Jazz Legend	A Smith*
Prescott 31-101	6/10-7/15	12:00-2:00	59) Texas Hold'em Poker (Noon)	K Paris*, J Pillman*
Osher Online	7/15-8/19	12:00-1:30	\$ Hindu Traditions: Ritual, Knowledge, Devotion \$	E Goddard
Verde G-104	6/10-6/24	1:00-2:30	29) Historical Background of Current Events	A Herschkowitz
Verde G-104	7/1	1:00-3:30	12) Google Docs and Friends	S Sherman (GC)*
Prescott 4-114	6/10-7/15	1:00-2:15	67) Learn Spanish through Song	C Barnett
Prescott 4-102	6/10-6/24	1:00-4:00	8) Foreign Films	A Lopez(GC), D Baier*
Prescott 31-101	6/3	2:00-3:15	E) Member Welcome	MemEngagement
Prescott 3-203	6/10-7/1	2:00-4:00	30) Constitution in Motion	S Ashlock*
Prescott 3-205	6/10-7/8	2:00-4:00	68) Memoir Writing Class	J Asklock*
Verde G-106	6/17	2:00-4:00	33) LBJ: The Good, the Bad, and the Ugly	J Julien
Prescott 31-101	6/10-7/15	2:30-4:30	60) Texas Hold'em Poker (2:30pm)	K Paris*, J Pillman*
Verde G-107	6/10-7/1	3:00-4:30	9) Beethoven Piano Sonatas	M Joyce

\*Master Facilitators (GC) Governing Council Members

\$ Osher ONLINE in partnership with Northwestern University- extra fees apply for ALL OLLI Memberships

**OLLI at Yavapai College Summer 2026: Prescott • Clarkdale/Verde• Online**

Registration [www.yc.edu/olli](http://www.yc.edu/olli) 928-717-7634 or 928-649-4275

**PLEASE NOTE THE LOCATIONS CAREFULLY** – we are holding classes in Prescott, Clarkdale and Online this summer. Osher Online Classes \$ have extra fees no matter your Membership Level.

Location	Thursday	Time	No Classes 6/18	Facilitator
Osher Online	7/9-8/13	8:00-9:30	\$ Endless: Coffee's Social, Economic & Cultural Life \$	R Thurston
Online	6/11-7/16	9:30-10:45	39) Travel Destinations	BMaxwell*, DDillon*
Prescott 31-101	6/25-7/9	9:30-10:45	34) Random Acts of History	B Weiss*
Prescott 31-101	5/28	9:30-10:45	A) Thinking about Facilitating	C Maxwell*
Prescott 4-118	6/11-7/23	9:30-11:00	50) Creation, Dinosaurs & Noah's Ark	D Larsen
Osher Online	7/9-8/13	10:00-11:30	\$ Revolutionary Echoes in Washington DC \$	K Sease
Prescott 31-101	5/28	11:00-12:15	B) New Facilitator Training	C Maxwell*
Prescott 31-101	6/11	12:00-1:30	51) Stupidity Defined	R Branstrator
Prescott 4-102/Online	6/11	12:30-1:45	I/J) Munch & Learn: Burrowing Owl Conservation	R Arena*
Prescott 4-102/Online	6/25	12:30-1:45	K/L) Munch & Learn: Dementia & Alzheimer Awareness	R Arena*
Prescott 4-102/Online	7/2	12:30-1:45	M/N) Munch & Learn: Rewild Your Garden	R Arena*
Prescott 4-102/Online	7/9	12:30-1:45	O/P) Munch & Learn: Taming the Arizona Territory	R Arena*
Online Only	7/16	12:30-1:45	R) Munch & Learn: What is Gene Therapy	R Arena*
Prescott 31-101	5/28	2:00-3:15	C) Facilitator PowerPoint Training	C Maxwell*
Prescott 3-203	6/11	2:00-4:00	31) Meeting Thomas Merton	B Gunn (GC)*
Prescott 3-269	6/25	2:00-4:00	69) Haiku: The Art of Being Fully In The Moment	S Price
Prescott 3-203	6/25-7/9	2:00-4:00	35) Three Founding Fathers- Getting to Know Them	B Gunn (GC)*
Zoom	7/9-8/13	2:00-3:30	\$ Deaf Culture and History \$	M Cooper
Prescott 31-101	6/11-7/23	2:30-3:45	47) Chair Yoga and More (Thursday)	C Young
Online	6/11-7/16	6:00-7:00	22) Take Charge Health & Wellness w/ Health Literacy	R Ahmed
<b>Friday</b>				
Osher Online	7/24-8/28	8:00-9:30	\$ History of Signs: How Signs Tell America's Story \$	E Holland
Online	6/12-7/17	10:30-12:00	32) This and That	B Brown*
Online	6/12-7/3	11:00-12:30	61) Designing Patios & Gardens that Restore Energy	D Archer*
<b>Email Only</b>				
Email Only			37) Great Courses Potpourri	P Berlowe
<b>Trips</b>				
Offsite	6/13	9:00-10:00	1) Fun and Hugs with a Once Wild Burro	T Renaud



\*Master Facilitators (GC) Governing Council Members

\$ Osher ONLINE in partnership with Northwestern University- extra fees apply for ALL OLLI Memberships

**FOR OUR FACILITATORS****A) Thinking about Facilitating**

Thurs, 5/28 • 9:30-10:45 • Free

1 Meeting • Prescott Bldg 31-101 • OP-400-SU26

**Facilitator: Chris Maxwell\***

This workshop is for new facilitators who are ready to start exploring the world of facilitating for OLLI and experienced facilitators who might want to try something new.

**C) Facilitator PowerPoint Training**

Thurs, 5/28 • 2:10-3:15 • Free

1 Meeting • Prescott Bldg 31-101

**Facilitator: Chris Maxwell\***

This workshop will provide guidance to facilitators who wish to improve their presentation slides. We will include specific discussions of effective slides as well as real-time demonstrations of important functions in the PowerPoint software. Join us to get a refresher on the many uses of a PowerPoint presentation. Limit: 18

**D) ABC Refresher Training: and You Thought You Knew Everything You Needed to Facilitate!**

Tues, 6/2 • 9:30 -10:45 • Free

1 Meeting • Prescott Bldg 31-102 • OP-404-SU26

**Facilitators: Frank Croft, Julia Watson**

Calling all facilitators! We know you want to facilitate the best class possible because you love to help others learn. Many professional facilitators take a refresher course often to keep up to date and hone their skills. Let's get together to review the ABC method of facilitating and much more. Active learning has the best retention rate, so you will also get to practice your skills in this class, including exercises and simulations. Limit: 18

**F) Explore Facilitating - Share Your Passions**

Tues, 6/9 • 1:00-2:30 • Free

1 Meeting • Verde Campus Bldg.G-104 • OV-406-SU26

**Facilitators: Patricia Berlowe, Solaris Sky\***

Do you notice when attending OLLI classes or being with friends that you have a lot of wisdom, knowledge, & life experiences to share? Come explore facilitating at OLLI. No teaching experience needed, just a passion for learning and sharing. This is for new facilitators and experienced facilitators who might want to try something new. We will talk about how to plan classes, options, and how to hold effective discussions. We will show you all the tools OLLI has to offer. Limit: 15

**GET TO KNOW OLLI!****E) Member Welcome**

Wed, 6/3 • 2:00 -3:15 • Free

1 Meeting • Prescott Bldg 31-101 • OP-405-SU26

**Facilitators: Membership Engagement Committee**

Did you know that OLLI is more than a classroom? Whether brand new or a continuing member, join us to hear about all OLLI offers, how to get involved, meet people and enjoy light refreshments. Also, find out important details like parking, the cafeteria, and where your classroom is! Our Member Welcome will reveal the answers to these and many more questions. Bring a friend. We look forward to meeting you! Limit: 24

**G) Verde Valley Campus Walking Tour**

Tues, 6/9 • 8:30-10:00 • Free

1 Meeting • Verde Campus Bldg.I-138 • OV-407-SU26

**Facilitator: Danielle Gervasio**

Join us for a walking tour of Yavapai College's Verde Valley Campus. We'll explore the campus flora and landscape design as well as its architecture and public art. Along the way, you'll learn about the centers and programs, and more. This tour is free for OLLI members with an active membership; however, registration is required. Please dress for the weather and wear comfortable walking shoes. Bring water or water bottle to fill up if wanted for the tour. Please note tour will stay on pavement and sidewalks but will include some hills and steps with small breaks where ever needed.

**H) Highlights of the "Sweet 16" Prescott Film Festival**

Mon, 6/8 • 2-4 • Free

1 Meeting • Prescott Bldg 3-203 • OP-408-SU26

**Facilitator: Helen Stephenson**

Join Helen Stephenson, Founder and Executive Director of the Prescott Film Festival, as she gives you a "Sneak Peek" at this year's Prescott Film Festival!

**M & L: Burrowing Owl Conservation**

Thurs, 6/11 • 12:30-1:45 • Free

**I)** Prescott Bldg 4-102 • OP-409-SU26**J)** Online • OPZ-410-SU26**Facilitator: Rudy Arena\***

Greg Clark, a professional engineer, has had an interest in bird conservation, and since 1994, his focus has been on Burrowing Owls. It has enabled him to contribute to survey work on the breeding and recording of bird sounds. Since 2000 his main work has been creating artificial burrows for the Owls and doing translocation of owls as part of "Wild at Heart". Greg's work has recently been featured in "National Geography" and "Audubon Magazine". Limit: 60

**M & L: Dementia & Alzheimer Awareness**

Thurs, 6/25 • 12:30-1:45 • Free

**K)** Prescott Bldg 4-102 • OP-411-SU26**L)** Online • OPZ-412-SU26**Facilitator: Rudy Arena\***

Join us for the latest awareness and educational discussion given by Melina Peraza, of Northern Arizona Alzheimer Society, which will provide research backed guidance designed to empower individuals and communities and promote brain health. This session will also cover understanding the various types of dementias. Limit: 60

**M & L: Rewild Your Garden**

Thurs, 7/2 • 12:30-1:45 • Free

**M)** Prescott Bldg 4-102 • OP-413-SU26**N)** Online • OPZ-414-SU26**Facilitator: Rudy Arena\*, Kathy Dickenson**

A new type of gardening: a national and international trend that focuses on supporting native pollinators and other means to restore the earth to its original state. Kathy Dickinson, a Master Gardener and member of The National Wildlife Federation has been working since 2000 to bring wilding back to home gardens. She currently volunteers with the City of Prescott Water Resources Dept to help educate the public on conserving water through the use of native plant gardens. Limit: 60

**What is a SIG?****Special Interest Group**

SIGs are on-going groups that are initiated and run by OLLI members to focus on a particular hobby or other interest. **SIGs are FREE and open to all OLLI members (unless otherwise noted).** Don't see your special interest reflected? Consider starting your own SIG!

[www.yc.edu/SIG](http://www.yc.edu/SIG)**M & L: Taming the Arizona Territory**

Thurs, 7/9 • 12:30-1:45 • Free

**O)** Prescott Bldg 4-102 • OP-415-SU26**P)** Online • OPZ-416-SU26**Facilitator: Rudy Arena\***

By the early 1900's America's "Wild West" was a thing of the past. The states were calm and safe for their citizens.... except for ARIZONA. In 1901 the Territory was still a snake pit of rustlers, murderers, banditos, and train robbers. AZ was even too tough and lawless to be admitted as a state! Learn the story of the most unique group of men in our state's history. A small cadre of tough, hard riding and quick on the trigger lawmen who tamed the wild AZ Territory and aided it becoming a state. Limit: 60

**M & L: What is Gene Therapy (Zoom ONLY)**

Thurs, 7/16 • 12:30-1:45 • Free

**R)** Online • OPZ-418-SU26**Facilitator: Rudy Arena\***

Dr. Michael Kruer, an expert from the Phoenix Children's Hospital, explains it is a medical approach that aims to treat or even prevent disease by correcting problems at the gene level. These cutting-edge techniques may replace faulty genes, silence harmful ones or help the body make more of a missing protein. Unlike traditional treatments that manage symptoms, genetic therapy targets the root cause of illness.

**Trips****1) Fun and Hugs with a Once Wild Burro**

Sat, 6/13 • 9:00-10:00 • Free

1 Meeting • Offsite • OP-101-SU26

**Facilitator: Teri Renaud**

Meet and greet the boys (donkeys) Georgie and Billy Bob Beer Belly. Connecting with the boys is all about brushing, petting, walking, and talking with them. No riding is done with this fun visit, just Fun and Hugs! Teri will also share information about her donkeys and the history of donkeys. At the end you will have a chance to feed treats (peanuts) and take Frameable Pictures for lasting memories! Donation of \$20 requested for the food and care of the boys! Payable to the facilitator. Limit: 10

**ARTS-VISUAL & PERFORMING**

**5) Music Masterpieces**

Tues, 6/9-30 • 2:15-3:45 • \$35

4 Meetings • Verde Campus - Bldg.G-111 • OV-105-SU26

**Facilitator: Anne Crosman\***

Music cleanses the mind and frees the soul. We'll listen to some of the world's greatest classical music composed by Bach, Mozart, Beethoven, Brahms, Dvorak, Franck, Mussorsky, Saint-Saens, Vaughan-Williams, Copland, Barber, and Bernstein. Thanks to YouTube, we'll watch performers close-up in their home concert halls. This is not an analytical class. We'll simply listen and briefly say how the music makes us feel. Limit: 10

**7) Miles Davis - Jazz Legend**

Wed, 6/10-7/1 • 10:45-12:15 • \$35

4 Meetings • Verde Campus - Bldg.G-104 • OV-107-SU26

**Facilitator: Art Smith\***

Following the big band swing era in music, jazz began to diversify into several different genres: bebop, hard bop, modal, free jazz, and jazz fusion. Beginning in 1945 and until his death in 1991, Miles Davis was at the forefront of this evolution in music. We will discuss Miles' life and listen to examples of his music. Limit: 20

**9) Beethoven Piano Sonatas**

Wed, 6/10-7/1 • 3:00-4:30 • \$35

4 Meetings • Verde Campus - Bldg.G-107 • OV-109-SU26

**Facilitator: Michael Joyce**

Inspired by Hans von Bulows successful concert tours of America in the late 1800's, this series seeks to recreate the nature of his historic Beethoven "lesson" concerts. Bulow selected a sequence of Beethoven Sonatas to be performed as solo recitals over a period of (usually) 4 nights. Adjusting program length to present day tolerances, I propose the following four recitals followed by classroom analysis and discussion: 1. Op. 10; 2. Op. 31; 3. Op. 53, Op. 57; and 4. Op. 109, Op. 110, and Op.111. Limit: 24

\*Master Facilitator – offered 25 of more OLLI classes

**COMPUTER & TECHNOLOGY**

**12) Google Docs and Friends**

Wed, 7/1 • 1:00-3:30 • \$15

1 Meeting • Verde Campus - Bldg.G-104 • OV-112-SU26

**Facilitator: Sharon Sherman\***

Free yourself from Microsoft Office! We will survey free Google tools: explore Google Docs, Slides, Sheets, and Google Drive while learning core skills like creating, formatting, adding photos, organizing files, and opening Microsoft documents. See how smartphone and tablet apps let you stay portable across all your devices and move easily to new ones. We will look at a few free AI tools that can work together. Create options for yourself! Limit: 20

**FINANCE, ECONOMICS, & LAW**

**17) Medicare 101 - Everything you need to know**

Tues, 6/23 • 10:00-12:30 • \$15

1 Meeting • Verde Campus - Bldg.G-107 • OV-117-SU26

**Facilitator: Denny Fanter\***

Discussion of what Medicare Parts A and B cover, how prescription drug plans work, and how Medicare supplemental plans and Advantage plans (Part C) help to cover remaining health care costs. Paper copies of documents shown are provided. Limit: 20

**HEALTH & NUTRITION**

**19) Perfecting the Fine Art of Doing Nothing**

Tues, 6/9 • 10:30-12:00 • \$15

1 Meeting • Verde Campus - Bldg.G-107 • OV-119-SU26

**Facilitator: Rick Rokosz\***

We are a culture of overachievers. If only there were a way to slow things down just a little bit and savor life's simpler moments. Well, there is, it's called DNA, or the Do Nothing Approach. Professor Rick Rokosz, a certified, self-proclaimed, do-nothing professional (CDNP), will take you on an enlightening journey and show you ways to reach life's simpler moments by using the DNA techniques. Limit: 20

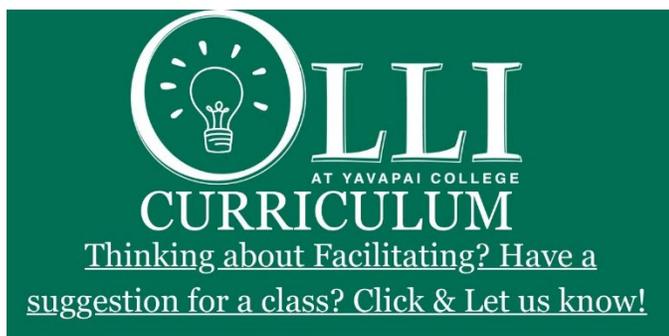
**23) Brain Boost**

Tues, 6/16 • 12:30-2:00 • \$15

1 Meeting • Verde Campus - Bldg.G-111 • OV-123-SU26

**Facilitator: Anne Crosman\***

Thinking a little foggy? Forget where you put your cell phone? Join our class to learn brain-power boosts. We'll solve puzzles, do memory exercises, and practice physical stretches. We'll talk about good brain-nutrition, and take quick walks outdoors to clear the brain and re-oxygenate our bodies. Share your favorite techniques for remembering, and learn from others. Limit: 10



**HISTORY & CURRENT AFFAIRS**

**29) Historical Background of Current Events**

Wed, 6/10-24 • 1:00-2:30 • \$35

2 Meetings • Verde Campus - Bldg.G-104 • OV-129-SU26

**Facilitator: Andy Herschkowitz**

Let's review prominent current events in their historical context, with the goal of providing a fuller understanding of their causes and possible consequences. Participation and discussion will be encouraged. Please note this class skips one week (no class 6/17). Limit: 20

**33) LBJ: The Good, the Bad, and the Ugly**

Wed, 6/17 • 2:00-4:00 • \$15

1 Meeting • Verde Campus - Bldg.G-106 • OV-133-SU26

**Facilitator: Judith Julien**

LBJ: The Good, the Bad, and the Ugly. This workshop explores the life and presidency of Lyndon B. Johnson from his Texas Hill Country roots to his years as president. We will look at the sweeping ambitions of his Great Society alongside the deepening conflict in Vietnam and consider how these forces shaped his legacy. Limit: 25

**36) Act 1 of China – US Relations, 1776 – 1860**

Tues, 6/30 • 1:00-4:00 • \$15

1 Meeting • Verde Campus - Bldg.G-106 • OV-136-SU26

**Facilitator: Charles Blum\***

Oceans apart, cultures apart—yet the U.S. and China connected soon after American independence. Join us to trace early trade, diplomatic, and cultural ties in the first of three workshops, drawing on John Pomfret's excellent narrative history "The Middle Kingdom and the Beautiful Country" and other sources. Later sessions in the Fall will cover 1860–1950 and 1950 to today. Limit: 25

**LOCAL INTEREST & TRAVEL**

**41) Things to Know About Costa Rica**

Tues, 6/23 • 1:00-4:00 • \$15

1 Meeting • Verde Campus - Bldg.G-106 • OV-141-SU26

**Facilitator: Charles Blum\***

Why does Costa Rica inspire such enthusiasm among travelers? Whether you're planning a visit or simply curious, this engaging overview explores the country's geography, climate, astonishing biodiversity, vibrant economy, unusual democratic history, and celebrated commitment to living in harmony with nature. Get ready for OLLI's trip to Costa Rica in 2027! Limit: 25

\*Master Facilitator – offered 25 of more OLLI classes

**PHILOSOPHY & RELIGION & UNEXPLAINED**

**49) The Karma of Forgiveness**

Wed, 6/10 • 10:00-1:00 • \$15

1 Meeting • Verde Campus - Bldg.G-111 • OV-149-SU26

**Facilitator: Mathias Karayan**

Karma is often thought of in negative ways, but karma is neither good nor bad. It shows up as emotionally charged unresolved situations in our present life. Symptoms of unresolved situations will show itself as anger, guilt, grieving, anxiety, depression and fear. We will talk about the ways we all get stuck and what part "real forgiveness" plays in getting unstuck. Should you choose, you will have an opportunity to share your forgiveness challenges. Limit: 12

**SELF-ENRICHMENT & LIFESTYLE**

**56) Create, Plan, Launch Your Own OLLI Class**

Mon, Wed, & Fri, 6/8-19 • 9:00-10:30 • \$35

6 Meetings • Verde Campus- Bldg.I-138/Zoom •

OV-156-SU26 **Facilitator: Charles Blum\***

Ever dreamed of leading an OLLI course? This practicum helps you turn ideas into classes, regardless of experience or topic. Starting with the elements of a course proposal, we work step by step, using AI and the group as sounding boards. By the end, you'll have a course design and a plan to attract participants. Note: First class meets in person at VVC-I-138. Remaining meetings will be on zoom. Class Meets Mon, Wed, & Fri for two consecutive weeks. Limit: 6

**62) The Power of Habit**

Tues, 6/16 • 10:30-12:00 • \$15

1 Meeting • Verde Campus - Bldg.G-107 • OV-162-SU26

**Facilitator: Rick Rokosz\***

We are creatures of habit. We do things on autopilot, and usually without thinking. Sometimes this works in our favor, and sometimes, not. But what if you could better understand your habits, and change the ones you don't like? Well, you can. Join Professor Rick Rokosz, self-proclaimed habit guru, for an enlightening, eye-opening, engaging, practical journey into how habits really work, how to break the ones that hold you back, and how to build new ones that move you ahead, and make them stick. Limit: 20



**Yavapai College Foundation**

OLLI needs your support for scholarships for our members, special projects, and preparing for our future growth, to give: [www.yc.edu/ollidonate](http://www.yc.edu/ollidonate)

## OLLI Summer 2026: Verde Campus – Clarkdale In-Person

### WRITING, LITERATURE, & LANGUAGES

#### 63) Creative Memoir

Tues, 6/9-30 • 1:00-3:00 • \$35

4 Meetings • Verde Campus - Bldg.I-118 • OV-163-SU26

**Facilitator: Roger Palmenberg**

We will practice 5-10 minute in-class writing and critique from prompts, and also stand alone essay based memoir topics, essays in progress readings and critiques. Participants will produce three 1,000 word essays to be compiled into one document. Sample prompts: Influencers, A Childhood Friend, A Favorite Place, A Memorable Journey, others as chosen by participants or the facilitator. Limit: 10

#### 65) Writing Your Memoirs

Tues, 6/9-30 • 10:45-12:15 • \$35

4 Meetings • Verde Campus - Bldg.I-118 • OV-165-SU26

**Facilitator: Anne Crosman\***

Organize your thoughts, photos, artwork, letters, diaries, and emails. We will write in class and at home - yes, homework. Bring paper, pen, and/or laptop. Your first

chapter will be on your grandparents, second chapter on your parents, then chapters about your life divided into 15-year segments. Writing topics will be suggested, and your work edited. You may read your work aloud to the class, if you like. Limit: 8

#### 66) 'En Plein Air' Poetry

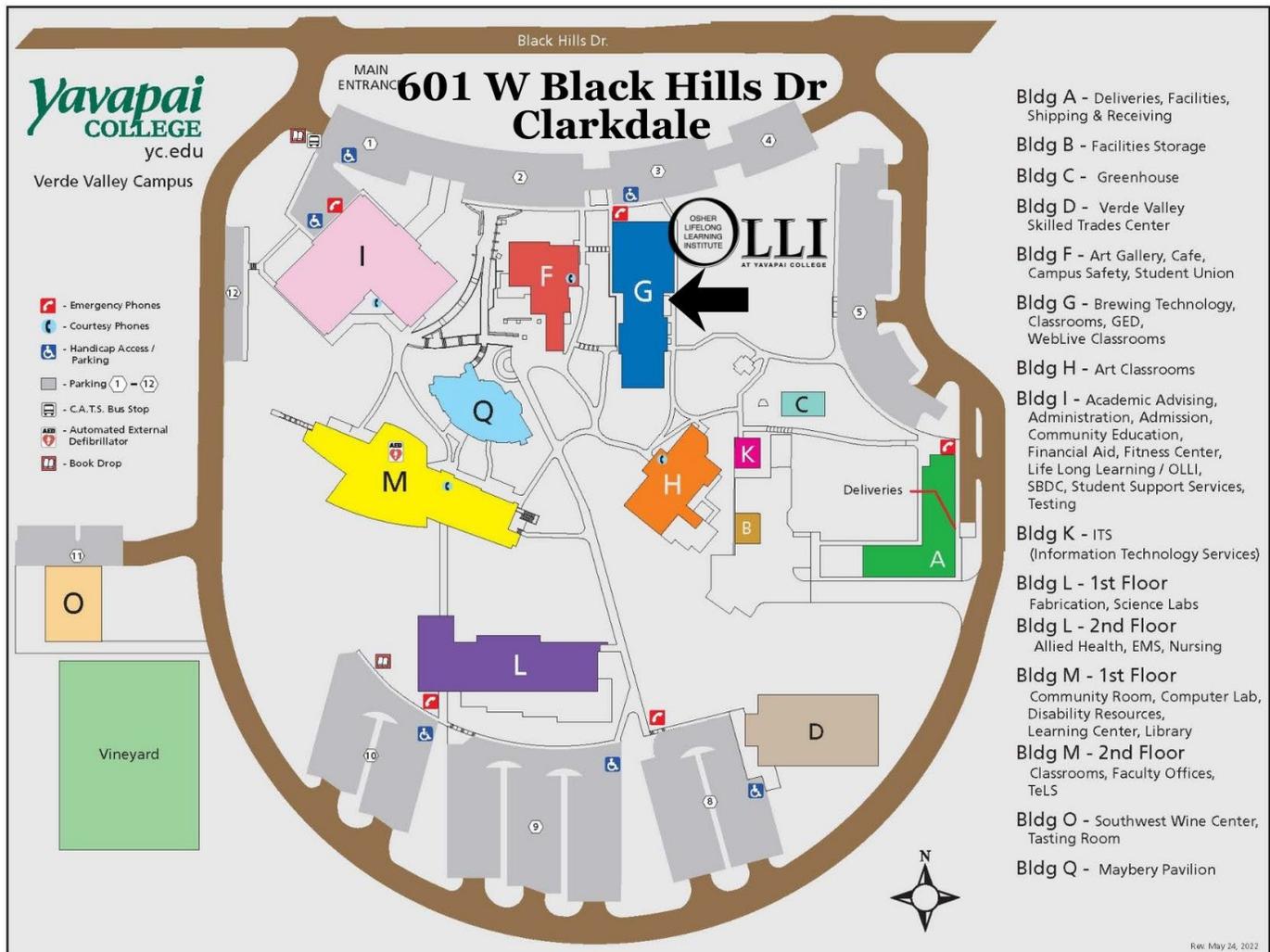
Wed, 6/10-7/1 • 10:30-12:00 • \$35

4 Meetings • Verde Valley Campus-TBA • OV-166-SU26

**Facilitator: Jahnay Pickett**

We take to the out-of-doors (en plein air) to create our summer poetry. No history or counting of syllables, just fun as we take the class to favorite Yavapai Clarkdale Campus locales, creating our poetry together--giving new meaning to Free Form Verse! Meeting "early" mornings (10:30am) for 4 weeks only. Facilitator will send email with the first week meet-up location on campus and then explore from there. Bring your notebooks! Let's have Fun! Limit: 8

**\*Master Facilitator** – offered 25 of more OLLI classes



*\*Master Facilitators*

**COMPUTER & TECHNOLOGY**

**10) TED Talks Online Version**

Tues, 6/9-7/14 • 9:30-10:45 • \$35  
6 Meeting(s) • Online • OPZ-110-SU26

**Facilitator: Chris Maxwell\***

TED is devoted to spreading ideas via short powerful talks on a variety of topics. You'll receive an email with links to the 3-5 TED talks you need to watch BEFORE our scheduled discussion, background information, and questions to keep in mind while viewing the talks ON YOUR OWN. Then we'll meet over Zoom to discuss the thought provoking, innovative, and inspiring talks.

**13) Make Windows 11 Work For You!**

Tues, 7/7 • 12:30-2:00 • \$15  
1 Meeting • Online • OPZ-113-SU26

**Facilitator: JB Burke\***

Unlock the hidden potential of Windows 11! Join us for a hands-on guide to making your PC easier to see and use. We'll reveal "Power User" shortcuts, how to customize your mouse and text for better visibility, and "magic" keyboard tricks like voice typing. Plus, discover essential free tools like PowerToys and PC Manager to keep your computer fast and clean. Whether you want to reduce eye strain or simplify daily tasks, come learn how to make Windows 11 work for you! Limit: 40

**14) Keeping Passwords Safe**

Tues, 7/14 • 12:30-2:30 • \$15  
1 Meeting • Online • OPZ-114-SU26

**Facilitators: JB Burke\*, Chris Taylor**

We are advised not to write down passwords, reuse passwords, and create passwords that are long and complex. Chris Taylor, President of the Ottawa PC Users' Group, will demonstrate how to utilize free software that stores all your usernames and passwords, along with related information, and protects them with a single, very strong password. Protect your online accounts from compromise. It's easy and free. Limit: 40

**HEALTH & NUTRITION**

**21) Ready, Set, Store: Food Storage Tricks and Techniques**

Tues, 6/9 • 1:00-3:30 • \$15  
1 Meeting • Online • OSZ-121-SU26

**Facilitator: Sharon Sherman(GC)\***

Help your fruits, vegetables, meats, dry goods, and other food items stay fresher longer and taste better. Food is an oversized budget item, so proper preservation means better-tasting, longer-lasting food, saving both dollars and trips to the store. Getting involved in how you store and care for food, even if you shop frequently, is important to your meals and overall health. Learn some science and get ideas. Share experiences! Elevate your food experience! Limit: 20

**22) Take Charge of YOUR Health & Wellness with Health Literacy**

Thurs, 6/11-7/16 • 6:00-7:00 • \$35  
6 Meeting(s) • Online • OPZ-122-SU26

**Facilitator: Reshma Ahmed**

This class will equip and empower participants to take charge of their health and successfully navigate any healthcare system. Health literacy includes personal health literacy and organizational health literacy. An interactive-discussion-based class will explore: personal health literacy, why it matters, communication skills, Social Determinants of Health (SDOH), patient advocacy, and taking charge of your life and health. Limit: 20

**HISTORY & CURRENT AFFAIRS**

**25) New Ideas**

Mon, 6/8-7/13 • 10:30-12:30 • \$35  
6 Meeting(s) • Online • OPZ-125-SU26

**Facilitator: Barbara Brown\***

Embark on a weekly adventure into the world of bold ideas and fascinating discoveries. Each session dives into a fresh topic—from cutting-edge science and breakthrough technology to the wonders of space, the arts and global culture. Come curious—leave inspired!

**32) This and That**

Fri, 6/12-7/17 • 10:30-12:00 • \$35  
6 Meeting(s) • Online • OPZ-132-SU26

**Facilitator: Barbara Brown\***

A weekly adventure into subjects from art to zoology and everything in between. Come curious—leave inspired!

**\*Master Facilitator** – offered 25 of more OLLI classes

**GC** – Governing Council Member

*\*Master Facilitators*

**37) Great Courses Potpourri**

Email Only • \$35 • OPZ-137-SU26

**Facilitator: Patricia Berlowe**

Over the years OLLI has purchased many titles from Great Courses that can be streamed from your home. You will be given access to the Prescott OLLI account, and can stream at will for the session. Learn about music, history, mindfulness, science and travel.

**LOCAL INTEREST & TRAVEL**

**39) Travel Destinations**

Thurs, 6/11-7/16 • 9:30-10:45 • \$35

6 Meeting(s) • Online • OPZ-139-SU26

**Facilitators: Bill Maxwell\*, Deb Dillon\***

Whether you are an armchair traveler or someone who never unpacks, come and join Deb and Bill to travel to destinations around the world. We will spend the 6 weeks exploring exotic locations. Expect to experience: nature (Africa), adventure (Mongolia), culture (Italy, France), and exotic locations (Papua New Guinea). We will try to provide information as well as fun stories about our experiences traveling the world. Maybe you will find some new destinations to add to your bucket list! Limit: 30

**PHILOSOPHY & RELIGION & UNEXPLAINED**

**48) Eastern Philosophy and Quantum Physics- Are They Related?**

Mon, 6/8-7/13 • 2:00-3:30 • \$35

6 Meeting(s) • Online • OPZ-148-SU26

**Facilitator: DeeDee Freeman\***

Eastern Philosophy and Quantum Physics are complementary methods for exploring the nature of reality. Early quantum pioneers like Niels Bohr and Werner Heisenberg found that their discoveries matched ancient Indian philosophical insights. Both perspectives share many concepts including: 1. An observer-created universe, 2. Interconnectedness, and that 3. Solid matter is actually energy in motion, existing in multiple states until observed. Each week we'll watch and discuss videos related to the topic. Limit: 16

**SELF-ENRICHMENT & LIFESTYLE**

**58) Arm Chair Adventures**

Wed, 6/10-7/15 • 10:30-12:00 • \$35

6 Meeting(s) • Online • OPZ-158-SU26

**Facilitator: Barbara Brown\***

Join us to travel the world without passports, expense, long lines at airports, cathedrals and museums. We will explore cultures, history and do lots of sight seeing.

**61) Designing Patios & Gardens that Restore Energy and Elevate Life**

Fri, 6/12-7/3 • 11:00-12:30 • \$35

4 Meeting(s) • Online • OSZ-161-SU26

**Facilitator: Darielle Archer**

Creating an Outdoor Sanctuary of Energy, Beauty, and Balance. In Feng Shui, the garden and patio represent how life energy (Chi) approaches and nourishes your home. A welcoming, balanced outdoor space allows energy to circulate gently and support your health, opportunities, relationships, and creativity. When designed with intention, your patio and garden can become a place that restores your spirit and recharges your life. Limit: 20

**OLLI Special Interest Groups (SIGs)  
Online Options - Open to Current Members**



**Social Bridge**

For more information contact Doug Adams at [ret2az@gmail.com](mailto:ret2az@gmail.com).



**Tuesday Trivia**

For more information, contact Bev Thurber at [thurberbw@gmail.com](mailto:thurberbw@gmail.com)

**Good Morning Email Group**



For more information contact Barbara Brown at [vacbrown@yahoo.com](mailto:vacbrown@yahoo.com)

**Write What You Want**



For more information contact Jim Veney at: [jimeveney@gmail.com](mailto:jimeveney@gmail.com)



For more information, visit: <https://pcs4me.com>



For more information, email: [pmugaccount@icloud.com](mailto:pmugaccount@icloud.com)



**Guitar**

For more information contact Michael Gunn at [michaeljohngunn@gmail.com](mailto:michaeljohngunn@gmail.com)

*\*Master Facilitators*

**ARTS & CRAFTS**

**2) Learn Clay Sculpture**

Tues, 6/9-7/14 • 2:00-4:00 • \$35

6 Meeting(s) • Prescott Bldg 4-114 • OP-102-SU26

**Facilitator: Vicky Oldham**

Learn the art of clay sculpture and discover the creative possibilities of polymer clay in this hands-on, beginner-friendly course. Step-by-step instruction makes sculpting approachable as you learn how simple forms develop into finished, durable works of art. No prior experience is needed—just curiosity and a willingness to try something new. \$50 supply fee payable to the facilitator. Limit: 10

**ARTS-VISUAL & PERFORMING**

**3) Western Line Dancing**

Mon, 6/8-7/20 • 2:00-3:15 • \$35

6 Meeting(s) • Prescott Bldg 15-260 • OP-103-SU26

**Facilitator: Cindy Reynolds**

Come join the fun and exercise of line dancing to some of the best country western music. As so many people leave town during the summer, this session will be focused on having fun, laughs and exercise to dances we have already learned, most to different songs. I will leave the "new" dances until Fall session. If you haven't line danced before, I will quickly get you "up to speed" with the simple dance steps which make up line dancing. Come join the fun! Yee Haw! **Note: This class skips July 6th in observance of July 4th Holiday.** Limit: 20

**4) English Country Dance**

Tues, 6/9-6/30 • 2:00-3:30 • \$35

4 Meeting(s) • Prescott Bldg 15-260 • OP-104-SU26

**Facilitator: Susan Taylor**

English Country Dance (ECD, for short) is dancing like you've seen in Jane Austen movies. It's fun, not too strenuous, and doesn't require dance experience. You will learn figures like back-to-back, two-hand turn, set and turn single, and others. With a combination of the few figures learned, you can dance many dances— some are elegant and some comical, some are historical and some quite recent. You will enjoy moving to music in this "on your feet" and social class. No partner is required.

**6) Acting for Everyone**

Wed, 6/10-7/15 • 9:00-11:00 • \$35

6 Meeting(s) • Prescott Bldg 31-101 • OP-106-SU26

**Facilitator: Randy Skidmore**

Lights, camera, action—let's get started! Taught by a local actor, this class is your all-access pass to acting. Explore different performance styles, work on scenes solo and with classmates, and bring characters to life. No pressure to memorize. Designed for your comfort and creativity, you'll build confidence, new skills, and maybe discover hidden talents. Come ready to play, explore, and have fun—you might just find your spotlight! Limit: 12

**8) Foreign Films**

Wed, 6/10-6/24 • 1:00-4:00 • \$35

3 Meeting(s) • Prescott Bldg 4-102 • OP-108-SU26

**Facilitators: Armando Lopez(GC), Donald Baier\***

Travel the world without leaving your seat! Join us for a cinematic adventure featuring recent and vintage foreign films, each one celebrated internationally for its powerful storytelling and unforgettable performances. We'll watch the film, then dive into a lively discussion where everyone gets to share their thoughts and reactions. Plus, you'll have a say in picking future movies, so your voice shapes our next screenings. Get ready for great films, great company, and plenty of surprises! Limit: 50

**COMPUTER & TECHNOLOGY**

**11) TED Talks**

Tues, 6/9-7/14 • 12:30-1:45 • \$35

6 Meeting(s) • Prescott Bldg 4-102 • OP-111-SU26

**Facilitator: Chris Maxwell\***

TED is a nonprofit devoted to spreading ideas via short powerful talks on a variety of topics. You'll receive an email with links to the 3-5 TED talks you need to watch BEFORE our scheduled discussion, plus background information, additional resources, and questions to keep in mind while viewing the talks ON YOUR OWN. Then we'll meet in person to discuss the thought provoking, innovative, and inspiring talks. Limit: 40

\*Master Facilitator – offered 25 of more OLLI classes



Yavapai College and OLLI will be closed on Thursday, June 18 and Monday July 6

*\*Master Facilitators*

**FINANCE, ECONOMICS, & LAW**

**15) Deadly Mistakes in Estate Planning**

Mon, 6/15 • 12:30-2:00 • \$15

1 Meeting • Prescott Bldg 30-126 • OP-115-SU26

**Facilitator: Jon Linford**

Creating an estate plan that effectively addresses your needs and those of your loved ones can be challenging. Join attorney Jon Linford for an insightful discussion on how to avoid common mistakes in estate planning. He will cover a range of topics, including probate, changes in the law, nursing home costs, capital gains tax, retirement plans, divorce, healthcare documents, and how to communicate your wishes to your loved ones. Limit: 12

**16) Avoiding the Perilous Pitfalls of Probate**

Mon, 6/22 • 12:30-2:00 • \$15

1 Meeting • Prescott Bldg 30-126 • OP-116-SU26

**Facilitator: Jon Linford**

Join us to unlock the power of proactive estate planning and avoid the challenges of probate. Discover the pivotal role of estate planning in sidestepping probate complexities. Learn to wield control over asset distribution and to leverage trust mechanisms to ensure efficient, private, and cost-effective asset transfer. Limit: 12

**HEALTH & NUTRITION**

**20) Recipes to Die For**

Tues, 6/9-6/23 • 12:30-1:45 • \$35

3 Meeting(s) • Prescott Bldg 4-118 • OP-120-SU26

**Facilitators: Bev Thurber\*, MaryAnn Schaffer\***

What recipe do you or a loved one want to be remembered by? Join this class and share yummy food, stories and laughter. Each class participant will be asked to sign up for one week of the class to make and share a favorite family recipe, its story and the memories it evokes. In addition, learn about gravestone recipes, a truly unique way for a favorite recipe to live on and to connect to ones we've lost. Limit: 18

**24) Grow Your Plant Based Health, Fight Chronic Diseases and Grow Legumes**

Tues & Thurs, 6/23 & 6/25 • 1:30-3:30 • \$35

2 Meeting(s) • Prescott Bldg 3-270 • OP-124-SU26

**Facilitators: Kathleen Corum, Nancy Lucas**

Nancy Lucas taught reversing diabetes programs at the Univ of Hawaii and Amer Diabetes Assoc in HI. She'll cover the research and history showing miraculous recoveries and improvements in overall health achieved from eating food as medicine. Kathleen Corum, Master Gardener, will cover growing your health, grow food, grow legumes, grow your soil, heal our planet. Limit: 25

**HISTORY & CURRENT AFFAIRS**

**26) Viewpoints**

Tues, 6/9-7/14 • 10:00-12:00 • \$35

6 Meeting(s) • Prescott Bldg 31-101 • OP-126-SU26

**Facilitators: Jack Wilson\*, Armando Lopez(GC)**

Please join us for this participatory class. Members nominate class subjects, and vote on the topics for each week. Recent subjects include socialism, the federal government checks and balances, climate change, the Supreme Court, SETI (Search for Extraterrestrial Intelligence), deficits and inflation, and water resources.

**27) Foreign Affairs: Civil Discussions**

Tues, 6/9-7/14 • 1:00-3:00 • \$35

6 Meeting(s) • Prescott Bldg 31-101 • OP-127-SU26

**Facilitator: John Lowe\***

This learning group continues our discussions about foreign affairs, major geopolitical events, and international issues. The facilitator and distinguished guest speakers (DGS) may use brief presentations to generate interactive discussions and civil conversations. We review recent headlines, lesser-reported events, and updates on previous headlines. Limit: 24

**28) Greenland and the USA**

Tues, 6/9-6/23 • 2:00-3:15 • \$35

3 Meeting(s) • Prescott Bldg 4-102 • OP-128-SU26

**Facilitator: Jerry Thurber\***

This class will explore the history of Greenland, the US's early interest in Greenland, the role of Denmark and the recent overtures by the US to buy Greenland. We will cover both the historical and political context that makes this country a hot topic of the day. Limit: 41

**30) Constitution in Motion**

Wed, 6/10-7/1 • 2:00-4:00 • \$35

4 Meeting(s) • Prescott Bldg 3-203 • OP-130-SU26

**Facilitator: Steve Ashlock\***

In part three we will continue to use segments from appropriate DVDs regarding the U.S. Constitution. Small group respectful discussions will highlight our current struggles with First Amendment. Limit: 10



**\*Master Facilitator** – offered 25 of more OLLI classes  
**GC** – Governing Council Member

*\*Master Facilitators*

**31) Meeting Thomas Merton**

Thurs, 6/11 • 2:00-4:00 • \$15  
1 Meeting • Prescott Bldg 3-203 • OP-131-SU26

**Facilitator: Becky Gunn(GC)\***

Thomas Merton is a famous Catholic mystic who lived in the 20th Century in the United States. He led an interesting, varied life prior to converting to Catholicism when he was 23 and ultimately entered a Trappist monastery four years later. There he became a priest as well as a poet and mystic. He wrote numerous books with a focus on a range mystical approaches from diverse religious perspectives. This class will discuss his life and his theological philosophies. Limit: 35

**34) Random Acts of History**

Thurs, 6/25-7/9 • 9:30-10:45 • \$35  
3 Meeting(s) • Prescott Bldg 31-101 • OP-134-SU26

**Facilitator: Bill Weiss**

Muhammed Ali and his Times (NO BOXING VIDEOS), The Many Richard Nixons, and When Airships Ruled the Skies. Limit: 35

**35) 3 Founding Fathers- Getting to Know Them**

Thurs, 6/25-7/9 • 2:00-4:00 • \$35  
3 Meeting(s) • Prescott Bldg 3-203 • OP-135-SU26

**Facilitator: Becky Gunn(GC)\***

What do you know about John Hancock, James Madison, and Samuel Adams? These three men were pivotal to the founding of our country. By learning more about them you will more fully understand how our nation was founded 250 years ago. A week prior to each class you will receive a list of articles and videos that you can choose to review before the class. The class will be both lecture and discussion. Limit: 25

**LOCAL INTEREST & TRAVEL**

**38) Restaurant Reviews and Recommendations**

Mon, 6/8-7/20 • 12:30-1:45 • \$35  
6 Meeting(s) • Prescott Bldg 31-101 • OP-138-SU26

**Facilitator: Jeanne Velling\***

This class provides a chance to share your observations of selected restaurants in the general area. Homework is simple! We go to eateries individually or with friends. In a fun exchange during class, reviews and opinions are shared and recommendations are suggested. **This class skips July 6th in observance of July 4th Holiday.**

**\*Master Facilitator** – offered 25 of more OLLI classes  
**GC** – Governing Council Member

**40) Mongolian Adventure**

Tues, 6/30 & 7/7 • 2:00-4:00 • \$35  
2 Meeting(s) • Prescott Bldg 4-102 • OP-140-SU26

**Facilitator: Bill Maxwell\***

Come travel with Bill to Mongolia. With a gentle nomadic hospitality and vast open vistas, Mongolia is one of the most fascination destinations in Asia. Bill spent a month visiting Mongolia from the vast Gobi Desert to the far western region to experience the Golden Eagle Festival. The festival celebrates a remarkable tradition that can trace its origins back thousands of years, the annual Golden Eagle Hunters Festival takes place against the dramatic backdrop of the towering Altai Mountains.

**NATURE & THE OUTDOORS, ACTIVE MIND & BODY**

**42) Hike The Prescott Circle Trail**

Mon, 6/8-7/13 • 7-10 • \$35  
6 Meeting(s) • Offsite-Hiking • OP-142-SU26

**Facilitators: John Pillman\*, Ken Paris\***

This term we will be hiking the final 5 segments of the PCT, ranging from 4.5 to 8 miles. Participants should have a history of good health and hiking in higher elevations. We will be hiking at a moderate pace of about 2.5 mph with frequent breaks. Meeting places will be different every week and meeting sites will be emailed to participants each week. So lace up your boots, grab your sticks and a hat and join us for some fantastic hiking. Limit: 15

**46) Moderate Hiking**

Wed, 6/10-7/15 • 7:30-10 • \$35  
6 Meeting • Offsite-Hiking • OP-146-SU26

**Facilitators: Lynn Neakrans\*, Mark Troester\*(GC)**

Join us on moderate hikes of up to 5 miles on rocky and sometimes steep terrain and experience the beauty and diversity of some of the many trails in our area. You will need to be in good physical condition and accustomed to hiking at higher elevations and temperatures. Wear a hat and sunscreen and bring plenty of water and hiking poles. For comfort and enjoyment, wear comfortable boots and dress in layers appropriate for the weather. Limit: 15



*\*Master Facilitators*

**43) Chair Yoga and More (Monday)**

Mon, 6/8-7/20 • 2:30-3:45 • \$35

6 Meeting(s) • Prescott Bldg 31-101 • OP-143-SU26

**47) Chair Yoga and More (Thursday)**

Thurs, 6/11-7/23 • 2:30-3:45 • \$35

6 Meeting(s) • Prescott Bldg 31-101 • OP-147-SU26

**Facilitator: Candice Young**

Our bodies are our vehicles throughout life. As they change with time, physical issues and limitations we need to honor them exactly where they are each day. We will establish a strong body awareness with slow controlled movements focusing on balance, lengthening in the spine, symmetry, coordination, flexibility and building core strength. Wear comfortable loose-fitting clothes. This is a beginner/intermediate level class. Please contact facilitator if you have had recent surgery. **This class skips July 6th in observance of July 4th Holiday and June 18th for Juneteenth.**

**44) Beginner Ball-Bouncing for Body-Brain Integration**

Tues, 6/9-7/14 • 8:30-9:30 • \$35

6 Meeting(s) • Prescott Bldg 15-260 • OP-144-SU26

**Facilitator: Michael Ehlers**

Improve your memory, increase your concentration, reduce stress/anxiety. Integration is the key to well-being. BAVX modality can help to integrate the many domains of our bodies system. Racquet balls are bounced in rhythmic patterns to help increase eye-hand coordination and cognitive functioning. **REQUIRED:** Participants must be able to stand and move without assistance for most of the class period. Racquet balls will be supplied. Active class, Not lecture or discussion.

**45) Intermediate-Ball-Bouncing for Body-Brain Integration**

Tues, 6/9-7/14 • 10:00-11:00 • \$35

6 Meeting(s) • Prescott Bldg 15-260 • OP-145-SU26

**Facilitator: Michael Ehlers**

This class elevates the complexity of skill from beginner to an intermediate level. Bouncing two-balls alters the auditory-rhythmic patterns and increases the integrative benefits. A very fun class! **REQUIRED:** Must have attended the Beginner class. Balls are provided. Limit: 10

**PHILOSOPHY & RELIGION & UNEXPLAINED**

**50) Creation, Dinosaurs & Noah's Ark**

Thurs, 6/11-7/23 • 9:30-11:00 • \$35

6 Meeting(s) • Prescott Bldg 4-118 • OP-150-SU26

**Facilitator: David Larsen**

What are the ramifications of the Bible's account of a global Flood? Is it history? Could the flood account for the

fossil record? Could the remains of Noah's Ark still exist on Mt. Ararat? What are "archaeological anomalies"? Why have some dinosaurs survived, unchanged by evolution for millions of years? Where do dinosaurs fit into the biblical account of history? Opinions presented are those of the author. Questions are welcomed at the end of each class. **Note: No class 6/18**

**51) Stupidity Defined**

Thurs, 6/11 • 12:00-1:30 • \$15

1 Meeting • Prescott Bldg 31-101 • OP-151-SU26

**Facilitator: Robert Branstrator**

Why is stupidity so common? Why does stupidity transcend all ethnic, social, economic, financial and intellectual boundaries? How does stupidity harm individuals and society? How does one recognize stupidity. What can be done to guard oneself and others against the harm of stupidity. Limit: 24

**SCIENCE & MATH**

**52) How the Earth Works Pt 3**

Wed, 6/10-7/15 • 10:30-12:30 • \$35

6 Meeting(s) • Prescott Bldg 4-102 • OP-152-SU26

**Facilitators: Dave Hoffman\*, Johanna Kangal\***

Continents move. Glaciers come and go. Mountains rise and erode away. We live on a planet that is constantly changing. In this exciting series, you will witness the history of our planet in spectacular detail, learning what Earth is made of, where it came from, where it's going, and above all, how it works. In this series Professor Wysession integrates geology, biology, geophysics, and geochemistry to illustrate the dynamic processes that shape the Earth and define its place in the cosmos.

**SELF-ENRICHMENT & LIFESTYLE**

**55) T'ai Chi for Beginners**

Wed, 6/3-7/29 • 10:00-11:30 • \$35

9 Meeting(s) • Prescott Bldg 15-260 • OP-155-SU26

**Facilitator: Arlo Chan\***

Learning this Yang-style long form requires a six-month commitment, and prior approval is required. It is not a casual class and is physically and mentally demanding. Regular practice outside of class is critical. Yang Style Long Form (108 postures). A practitioner since 1975, with 25 years under Master Mary Chow and 22 years of teaching experience, Arlo Chan has a direct, 5th-generation lineage to Yang Lu Chan, the founder of Yang Style t'ai chi. Once waitlisted, you will receive instructions about submitting information to the Facilitator and observing a class.

**\*Master Facilitator** – offered 25 of more OLLI classes

*\*Master Facilitators*

**57) Yoga Off The Mat: Ancient Wisdom For Modern Times**

Tues, 6/9-7/14 • 12:30-1:45 • \$35  
6 Meeting(s) • Prescott Bldg 3-205 • OP-157-SU26

**Facilitator: Steve Price**

Join us for a deep dive into the ancient psychology of yoga, applying the timeless wisdom of Patanjali's Yoga Sutras. Learn how to quiet your mind, develop mental focus, improve your relationships, and much more, including a simple meditation you can practice at home if so desired. Profound yet practical, these teachings are especially helpful in a world where anxiety, aggression and loneliness seem to have reached an all-time high. No yoga experience or mat needed.

**59) Texas Hold'em Poker (Noon)**

Wed, 6/10-7/15 • 12:00-2:00 • \$35  
6 Meeting(s) • Prescott Bldg 31-101 • OP-159-SU26

**60) Texas Hold'em Poker (2:30)**

Wed, 6/10-7/15 • 2:30-4:30 • \$35  
6 Meeting(s) • Prescott Bldg 31-101 • OP-160-SU26

**Facilitators: Ken Paris\*, John Pillman\***

Learn to play Texas Hold'em poker - the world's most popular poker game. You will be introduced to poker terminology, ranking of hands, table action, etc. You will learn when to bet, raise and fold. By the end of the class you will have played in live and tournament games for fun and should be comfortable playing at any hold'em table anywhere. Knowledge of playing poker is helpful but not mandatory. Please be able to attend all (or at least most) of the classes so we'll have a full table. Limit: 10

**WRITING, LITERATURE, & LANGUAGES**

**64) Westward: Women's Lives on the Frontier**

Mon, 6/8-7/20 • 10:00-12:00 • \$35  
6 Meeting(s) • Prescott Bldg 31-101 • OP-164-SU26

**Facilitator: Sandra Bennett**

The settlement of the West is usually told in terms of exploration and "conquest" by men, but women also played a key role. They made homes, raised children, started schools and churches, established libraries, and much more. Students will read three books: Letters of a Woman Homesteader, Land of the Burnt Thigh, and These is My Words. Books should be acquired before classes start. Class format will be lecture, video, and discussion. **Note: This class skips July 6th in observance of July 4th Holiday.**

\*Master Facilitator – offered 25 of more OLLI classes

GC – Governing Council Member

[www.yc.edu/olli](http://www.yc.edu/olli) PRESCOTT: 928-717-7634 [olli@yc.edu](mailto:olli@yc.edu) CLARKDALE: 928-649-4275 [ollisv@yc.edu](mailto:ollisv@yc.edu)

**67) Learn Spanish through Song**

Wed, 6/10-7/15 • 1:00-2:15 • \$35  
6 Meeting(s) • Prescott Bldg 4-114 • OP-167-SU26

**Facilitator: Connie Barnett**

Tired of evasive fluency in Spanish despite years of effort? Frustrated that you sing off-key? This class may be for you. We will discuss one song each week, the history, meaning and pronunciation, then sing it together with no judgment. We'll end the session with a little spontaneous speaking practice that builds on aspects of the song. At home you can sing along with recordings on YouTube. Handouts will be provided. Limit: 16

**68) Memoir Writing Class**

Wed, 6/10-7/8 • 2:00-4:00 • \$35  
5 Meeting(s) • Prescott Bldg 3-205 • OP-168-SU26

**Facilitator: Joann Ashlock\***

Ready to share your story? This class is your chance to bring your memories to life! Whether it's for your family or just for your own reflection, we'll help you organize your thoughts into a powerful memoir using the "I" point of view. You'll learn creative writing techniques, receive positive, supportive feedback, and be inspired by others' stories. Whether you're a first-time writer or a seasoned pro, everyone's welcome—let's get writing and make those memories unforgettable! Limit: 8

**69) Haiku: The Art of Being Fully In The Moment**

Thurs, 6/25 • 2:00-4:00 • \$15  
1 Meeting • Prescott Bldg 3-269 • OP-169-SU26

**Facilitator: Steve Price**

Learn and practice a simple yet profound form of poetry that will help you live each moment with total aliveness and joy. We'll read and discuss haiku from various time periods and cultures, and practice writing our own original haiku using various props and techniques, exploring the full range of human emotion and experience. Limit: 15

**70) ¡Vamos a Costa Rica! Spanish for Travelers**

Tues & Thurs, 6/9-7/16 • 9:30-10:45 • \$35  
11 Meeting(s) • Prescott Bldg 3-269 • OP-170-SU26

**Facilitator: Laura Miquirray**

Discover how to greet, ask, and connect in Spanish before you take off for beautiful Costa Rica! A relaxed, interactive class designed especially for OLLI students who want to travel with confidence and cultural flair. Whether you're sipping coffee in San José or strolling the beach in Tamarindo, this beginner-friendly Spanish class will help you communicate with ease. No pressure—just practical language skills and plenty of pura vida spirit!

**Note: No class 6/18**

### **Broadway Musicals: A Fascinating History**

Tues, 7/21-8/25 • 2-3:30 • \$60

6 Meetings • Online • OZO-901-SU26

Musicals have shaped American theater, from Tin Pan Alley-driven comedies of the early twentieth century to the integrated classics of midcentury. In this course, we will explore book musicals, concept musicals, and the rise of European mega-productions. With the help of audiovisuals, we will study landmark shows including *Oklahoma!*, *My Fair Lady*, *Show Boat*, *Guys and Dolls*, *Hair*, *Cabaret*, *Rent*, *Wicked*, *Hamilton*, and more.

### **Canals and the Making of the Modern World**

Wed, 7/8-8/12 • 8-9:30 • \$60

6 Meetings • Online • OZO-902-SU26

When the Erie Canal opened in 1825, it revolutionized American travel and transportation, but it was inspired by Europe's earlier canal networks. We will trace French, British, and Irish canals of the 17th and 18th centuries, then follow the story into the 19th century as we examine American canals, especially in New York and Pennsylvania. We will explore how canals reflect national politics and why they remain vital to global shipping today.

### **Children's Literature: Development of a Genre**

Tues, 7/7-8/11 • 8:00-9:30 • \$60

6 Meetings • Online • OZO-903-SU26

In this course, we will trace the evolution of literature specifically written for children - from its earliest forms to the modern era. We will begin with the oral traditions that underpin all storytelling, then follow the shift toward published works created specifically with young readers in mind. We will survey key moments and turning points that shaped the growth of children's literature as a distinct field. We will conclude by analyzing how a well-known children's literature has evolved over time.

### **Deaf Culture and History**

Thurs, 7/9-8/13 • 2:00-3:30 • \$60

6 Meetings • Online • OZO-904-SU26

In this course, we will introduce key aspects of Deaf Culture in the United States and explore what defines the Deaf community as a cultural minority. We will examine cultural identity, group norms, social interaction, values, and traditions, while emphasizing awareness, diversity, and language preservation. We will investigate how modern technology shapes community life, along with emerging issues, trends, and advocacy. We will also discuss communication, terminology, educational alternatives, legislation, and community resources.

### **Discovering Portugal**

Tues, 7/7-8/11 • 10-11:30 • \$60

6 Meetings • Online • OZO-905-SU26

Explore how tiny Portugal played an outsized role in world history. We will examine its fifteenth and sixteenth century maritime expansion and its central role in the transatlantic trade in enslaved people. We will trace Portugal's rise as the Iberian Peninsula's only independent kingdom, its global reach from Brazil to Japan, and its later decline into twentieth-century poverty under Europe's longest dictatorship. We will see how democracy reshaped Portuguese culture and survey its landscape, art, architecture, and food to learn why Americans are flocking there today.

### **Endless Grounds: Coffee's Social, Economic, and Cultural Life**

Thurs, 7/9-8/13 • 8:00-9:30 • \$60

6 Meetings • Online • OZO-906-SU26

Coffee will be a lens on climate change, social life, health, North-South dynamics, social and economic justice, tourism, and slavery. We will trace coffee from planting and processing through shipping and, ultimately, the drink in our cups. We will explore coffee's history, its shift from elite beverage to everyday staple, and research on health, farmer income, and climate resilience. The instructor will share experiences from coffee farms around the world, discuss different brewing methods, and demonstrate how coffee is brewed. Sessions will be interactive, with time for questions throughout.

### **Hindu Traditions: Ritual, Knowledge, Devotion**

Wed, 7/15-8/19 • 12-1:30 • \$60

6 Meetings • Online • OZO-907-SU26

In this course, we will gain a comprehensive introduction to Hindu traditions, emphasizing the importance of ritual, knowledge, and devotion across Hindu traditions from classical to contemporary times. We will begin with South Asian roots in the Vedic tradition and key religious foundations. We will examine early and classical Hindu thought through the concept of dharma, then explore major deities through their narratives, practices, and iconography. We will examine the six major schools of Hindu philosophy using primary and secondary sources, consider bhakti (devotion), and conclude with sacred spaces (temples and tīrthas) and pilgrimage practices.

***Join OLLI members from all over the country for these engaging classes hosted by Osher Online in partnership with Northwestern University!***

**History of Signs: How Signs Tell America's Story**

Fri, 7/24-8/28 • 8:00-9:30 • \$60

6 Meetings • Online • OZO-908-SU26

Explore 100 years of American history through objects often taken for granted in everyday life: signs. This course introduces the Museum's origins and features a conversation with ASM's founder about why signs matter. We will examine how signs have evolved due to trends in commerce and technology and explore case studies of three major food companies who used signage to shape their brands. In the final session, we will take a virtual visit to ASM's neon shop to see how a neon sign is made.

**Horticulture A-Z**

Tues, 7/7-8/11 • 4:00-5:30 • \$60

6 Meetings • Online • OZO-909-SU26

We will explore a wide range of horticultural practices with something to offer no matter our experience level or where we live. Each week, we will focus on a theme and examine design ideas, plant choices, and long-term care practices for success. Whether we garden on 10 acres or in an apartment, we will find plenty to learn about horticulture.

**Protecting Yourself as a Patient**

Tues, 7/21-8/25 • 12:00-1:30 • \$60

6 Meetings • Online • OZO-910-SU26

This course will help us keep ourselves and our loved ones safer in today's complex healthcare system. Medical harm (often unintentional yet preventable) injures and kills hundreds of thousands of patients each year. We will learn how to reduce risk from common problems such as medication errors, care accidents, infections, and procedural or surgical complications. Through presentations, videos, discussions, and patient safety experts will share practical strategies, tactics, and resources to help us navigate care with confidence.

**Revolutionary Echoes in Washington DC**

Thurs, 7/9-8/13 • 10:00-11:30 • \$60

6 Meetings • Online • OZO-911-SU26

The Declaration of Independence shaped Americans long after the Revolution. We will examine how people in Washington, D.C. invoked the Declaration and its ideas after independence - from city planners shaping the capital to Union soldiers defending it during the Civil War. We will explore how the Declaration was used to advance causes and define the nation's civic identity. Featuring museum artifacts from the Albert H. Small Washingtoniana Collection, this course will trace D.C.'s early history through.

**The Digital Shift: How Computing Remade Media**

Mon, 7/20-8/24 • 8:00-9:30 • \$60

6 Meetings • Online • OZO-912-SU26

Streaming music, swiping photos, consuming real-time news, reading e-books – all of these activities have been transformed by digital technology. Each session examines a different medium, contrasting analog past with digital present, exploring Generative AI's impact. Topics will include text, images, music, social media, and media ownership.

**The Indispensable Founder: George Washington**

Mon, 7/13-8/17 • 10:00-11:30 • \$60

6 Meetings • Online • OZO-913-SU26

As America celebrates 250 years of independence, this course examines the indispensable founder, George Washington – his life, political leadership, and roles as farmer, entrepreneur, and architect. We will also explore the groundbreaking Mount Vernon Ladies' Association, which has owned and managed Mount Vernon since 1858, when a determined group of women without the right to vote united to save Washington's home, launching the American historic preservation movement.

**Threads of History: The World of Oriental Rugs**

Mon, 7/6-8/10 • 12:00-1:30 • \$60

6 Meetings • Online • OZO-914-SU26

What makes an Oriental rug so captivating - elegant design, intricate pattern, or mysterious origins?. We will trace the history and artistry of carpet weaving across Asia and North Africa, with examples dating from the 4th century BCE to the nineteenth century. Using expert insights and vivid images, we will explore carpet-making from Anatolia, Iran, Transcaucasia, North Africa, and Central Asia, and learn to spot weaving traditions, historical periods, purposes, and production.

**Women Architects and Designers**

Wed, 7/15-8/19 • 10:00-11:30 • \$60

6 Meetings • Online • OZO-915-SU26

Often overlooked in traditional design and architecture courses, twentieth-century women designers profoundly shaped how we perceive and experience built environments, interiors, and decorative objects. We will explore the work and influence of figures such as Elsie de Wolfe, Eileen Gray, Lilly Reich, Charlotte Perriand, and Zaha Hadid. We will consider their lives and enduring designs within the social and political contexts they faced, and trace the lasting imprints they left on twentieth-century design.

