

## Student Development - Monthly Board Highlights January 2023 Edition

### Alcohol & Drug Prevention Programs



#### Y.C. Health & Wellness Club

The Yavapai College Health & Wellness Club was re-launched at Yavapai College. The club meets bi-weekly, has 13 rostered members and since re-forming, have met 5 times. All meetings include aspects of alcohol and drug prevention/awareness training, to encourage resiliency and healthy decision making as well as planning and hosting various campus activities and service projects.

Health & Wellness Club activities and service projects facilitated by the PFS Team in the first quarter included:

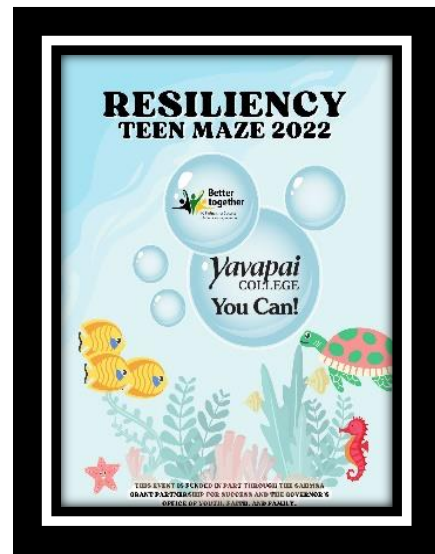
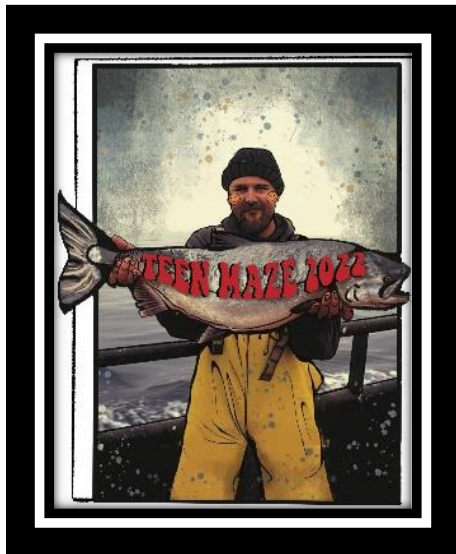
- Participation in the American Foundation for Suicide Prevention “Out of the Darkness March” in October.



- There was great participation in various “Red Ribbon Week” Activities in October on the Prescott campus!
  - An interactive display in the cafeteria in the Prescott campus with information about the history of Red Ribbon Week, along with a signature board where students could share their reasons for choosing to be drug free.
  - Hosted an alcohol safety and prevention resource table in the “Quad” area on the Prescott campus. 29 YC students and staff members participated in the event.
  - Hosted a community-wide “Dump the Drugs” take-back event on the Prescott campus. 28 pounds of unwanted Rx medications were collected at the event and given to the Drug Enforcement Administration (DEA) for safe disposal.

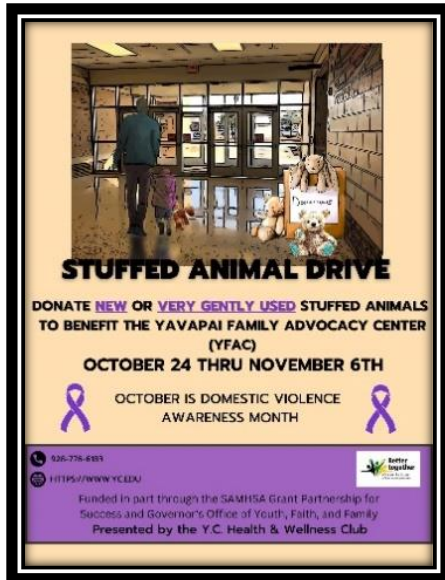


- The PFS Team hosted an inter-active “Resiliency” booth at the 21<sup>st</sup> annual “Teen Maze” event in Prescott. Team members created informational and resiliency-themed posters for the event. Approximately 1,000 8<sup>th</sup> grade students from throughout Yavapai County and Coconino County participated in the event. **The PFS Team was also featured in the Prescott Daily Courier, in a front-page article covering the event.**



*\*Artwork created by PFS Team members*

- The Health & Wellness Club Facilitated a campus-wide stuffed animal drive to benefit the Yavapai Family Advocacy Center (YFAC) in November. Over 100 stuffed animals were collected and donated to YFAC, to benefit young trauma victims.



- In November
  - The YC Health & Wellness Club assisted the Yavapai College Honors Program with a clean-up event at Willow Lake Park in Prescott in November.
  - Hosted a virtual game night trivia contest.
  - The PFS Team hosted a resource table at a YC Campus event honoring U.S. military veterans.



- In December
  - 8 Health & Wellness Club members were trained in the deployment of NARCAN, to reverse the effects of an opioid overdose.
  - The PFS Director presented a two-hour training on the effectiveness of multi-discipline teams and the importance of building capacity to the Yavapai County Coordinated Community Response Team (YCCCRT) annual training-symposium at the Prescott Valley Police Department. 34 community members and stakeholders were in attendance.
  - PFS Team members attended a training by the Yavapai College marketing team on using social media to communicate more effectively.
  - PFS Team members attended a two-day virtual training on building resiliency, hosted by the Columbia University Medical Center-Department of Psychiatry and NASA.
  
- In January
  - PFS Director James Tobin wrote a brief “Prevention Champion” article for the MATFORCE monthly newsletter.

## Student Engagement and Leadership (SEL)

### Christmas Tree Findley

Give the gift of an EDUCATION @ YC! Just scan the QR Code.

The Roughrider Ambassadors partnered with the YC Marketing team to promote and recruit for YC. The tree was in place over the holidays (over 60 days). Thanks, Findley for the opportunity!



## Welcome Back Roughriders

Centers were set up on the campuses to Welcome YC Students for the spring semester. Passed out not only directions and help, but also YC SWAG, snacks, event info and connections. Also had a Welcome Back Jamboree in the Rider Diner the first of class with a local JD from XXXX Designs

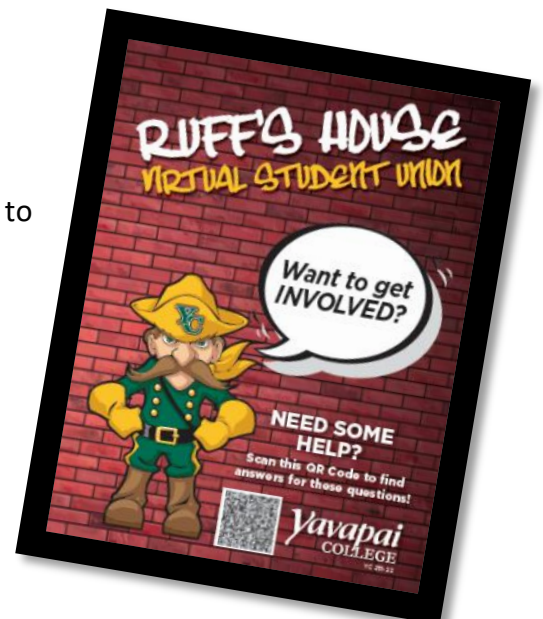


## RUFF's House

The best way to be in the know about everything happening and everything you may need to help you succeed at YC is in the Ruff's House Virtual Student Union app. Scan the QR code on the flier, find it in the app store, in your Canvas shell or on our website: [www.yc.edu/SEL](http://www.yc.edu/SEL)

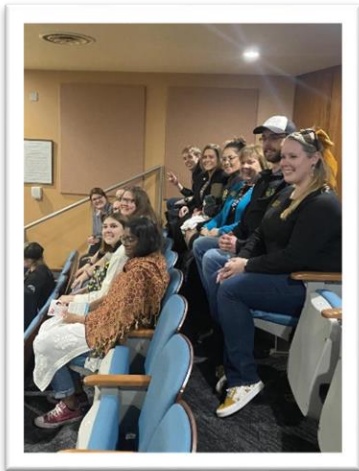
Details about all the listed spring-semester events, about Roughrider Athletics contests and much more are in the app.

**294** YC students joined (the first 6 days of school) Ruff's House to stay connected @ YC!



## SEL+ @ the AZ Community College Day

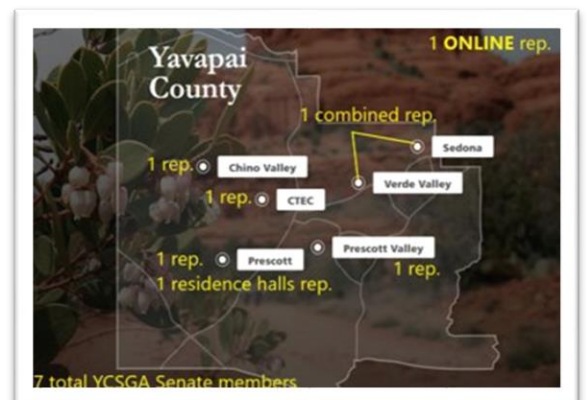
YC student showed up the AZ Community College Day at the Arizona State Legislature with representation from the YC Student Government Association, the College Honors Program, PTK and Students of Leadership. Looking forward to sharing the life-lifting value of community colleges with our elected officials and YC alum Selena Bliss and Ken Bennett.



## YCSGA SGA Senate



The YCSGA 2nd Senate Branch was sworn in the beginning of November and have hit the ground running. The seven members have completed Orientation, sat on College Committees, and started projects to promote the “You Belong” Campaign. They have planned and kicked off the SGA Election for the 23-24 Executive Board, along with connecting with campus/center Deans and Students.



## The Unheard 22



The Unheard 22 memorial aims to heighten awareness of and prevent veteran and all suicides in our communities. All are welcome to observe the memorial, organized by the YC Student Government Association and partners, every 22nd day of the month around the flagpoles at both the Prescott and Verde Valley Campuses.

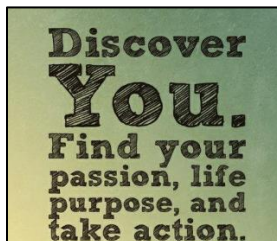


Thank you partners – YCSA, YCFS, Campus Safety, Veterans Services, Roughrider Ambassadors, CHP and PTK.

## Students of Leadership (SOL)



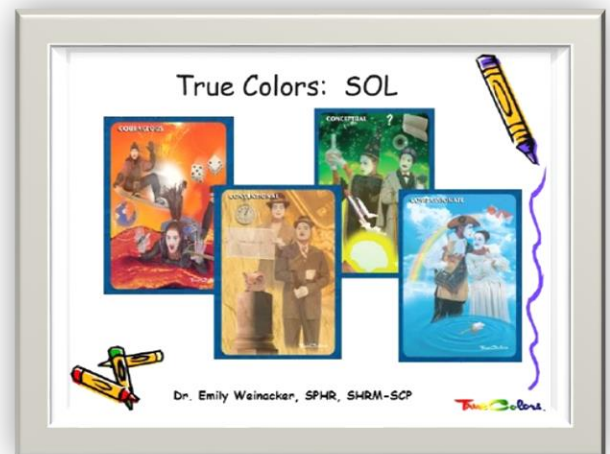
### Leadership Workshop



The journey of Transforming or Forming your leadership potential into reality is just that a journey. Lauri Dreher and Kammie Kobyleski took the SOL student on a 90-minute journey to design their personal leadership values and a leadership mission statement. The students gained valuable leadership skills and knowledge to take with them beyond their time in SOL and YC.

### Colors

SOL Students participated in a workshop with staff and faculty that focused on personality traits – “COLORS”. The workshop reflected on the main characteristics of four basic personality types – Red, Blue, Gold and Green. Emily Weinacker shared her expertise to help each student/staff/faculty member to determine their “Color”, along with how to lead individuals with personality “Colors” that differ from one’s own Color.



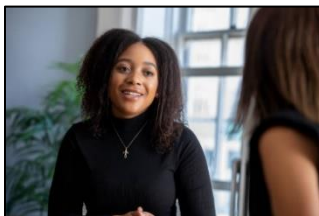


## Letters from SOL

The Students of Leadership connected to isolated seniors with a project called “Letters from SOL”. Through this project each SOL student wrote a handwritten note/message to an isolated senior to spread some JOY! All cards were delivered to Good Samaritan for the holiday season



## Outward Mindset Inclusion



Ty Payne and Haley Green presented the importance of Inclusion and how it can benefit everyone in being seeing. 20 SOL students were the first to participate in Dr. Rhine’s vision of “Inclusion” day.

Outward Inclusion offered the students an opportunity to create a safe space where all were invited into the conversation. The workshop included everything needed to not only implement but sustain inclusion practices into their lives.

## Residence Life



### The Office of Residence Life *at Yavapai College*

HELLO  
Spring



- Res Life team moved all of the residents back into the Halls along with approximately 50 new spring residents!
- We have 6 Resident Assistants this semester!
- Our team hosted one week of Resident Assistant Training where we worked with Campus Safety, Drug and Alcohol Prevention, SAFETalk Suicide Prevention, and more!
- We are hosting our Resident Mixer event on Friday Jan. 27th!



## SSS/TRIO

### TRIO- Educational Talen Search (ETS)

#### Northern Arizona University Field Trip

On 10/27/22, over 30 Educational Talent Search High School students from Chino Valley, Prescott Valley, Mayer, and Camp Verde, visited Northern Arizona University to tour the campus and learn about academic program opportunities offered. After the campus tour, ETS students experienced lunch at the Hot Spot (student cafeteria) and engaged in an informational session with an admissions counselor. They asked a lot of questions and explored what an NAU education can do for them.



## **TRIO – Student Support Services (SSS)**

SSS TRIO Students earned 2022-2023 All-AZ Academic Scholarship

In December, 2022, two SSS TRIO students have earned the prestigious All-AZ Academic Team Scholarship from the Arizona Board of Regents. Both students plan on utilizing this full-tuition scholarship to pursue their education at Arizona State University.

## **TRIO- Educational Talent Search (ETS)**

Arizona State University Field Trip

ETS students from Bradshaw Mountain, Chino Valley and Camp Verde High Schools attended a tour of ASU Downtown and Tempe campuses on December 17, 2022, and about a variety of programs and majors such as health care, nursing, law, journalism, and media. Students met with faculty and students from both campuses and attended an informative presentation of ASU Barrett honors program to learn about the advantages of being part of Barrett, leading to grad school and leadership skills. The ETS goal is to inspire students to attend college and plan for their future. Students said that they can imagine attending ASU and reported feeling positive about attending college.



## **Financial Aid**

This week the Financial Aid Department will complete the awarding of Higher Education Emergency Relief Funds (HEERF), to students and Families throughout the county. These are funds that helped students and families get through the COVID Emergency.

The funds were made available through the Cares Act, the Covid Relief and Recovery Student Aid Act (CRRSAA) and the American Rescue Plan (ARP) and resulted in over 15,000 separate awards helping over 7,000 Yavapai College Students and their families. Close to \$8.5 million in funds have been disbursed to our students since May 2020.

This was in addition to the regular awards that are administered by the YC Financial Aid Department to help students and families throughout Yavapai County realize their educational dreams.

## **YC Food Pantry**

Yavapai College Food Pantry has received a \$4,200 grant from the Arizona Food Network. The funds are earmarked for a larger capacity refrigerator/freezer. The Food Pantry serves between 30 and 40 students a month.

The Faculty Association presented the YC Food Pantry with a \$250 check at the December Winter Celebration. The Staff Association did a food drive for the pantry and the Nurses Association did a personal hygiene drive.