

### **Art Anderson**

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**Years Attended:** 2000-07

**Area of Study:** General Studies/YCF Board

**Email:** artw9kvq@aol.com

Typical of many of the retired folks in Yavapai County, Art Anderson has been attending classes at YC for seven years. He feels that he and his wife, Eliza, have received many benefits from the college. The most important, by far, was the "Weight Management" course taught by Cathy. The course and the teacher convinced them to become vegans, with real positive consequences for their health. Art also makes time to serve on the Yavapai College Foundation Board and the Alumni Outreach Project Planning & Oversight Committee.