End-of-Year Reflection Conversation Guide for Supervisors

Template for facilitating a meaningful, growth-focused conversation

Use this to help guide a reflective conversation on the employee's growth, achievements, challenges, and goals over the past year, and to set the stage for learning and development in the year ahead.

Pre-Meeting Prep for Supervisor:

- Review the employee's SMART goals and check-in notes from the year.
- Bring a copy of the employee's goals to the meeting.
- Reflect on notable contributions or challenges to discuss.
- Create a distraction-free space for meaningful dialogue.

Conversation Flow & Prompts

- 1. Opening Set the Tone (5–10 min) Begin with warmth, appreciation, and context.
 - "Thanks for making time for this conversation. This is a chance for us to reflect together on your past year, not just what you did, but how you've grown and where you want to go next."
 - "Before we get into specific questions, how are you feeling about your year overall?"
- 2. Reflection on Achievements & Strengths (10–15 min) Center the employee's voice. Start with pride and purpose.
 - "What accomplishment or moment from this year are you most proud of?"
 - "What do you think went especially well, and what contributed to that success?"
 - "What strengths did you lean on most this year?"
- *Tip: Affirm their responses with specific examples or praise.
- 3. Goal Reflection & Learning (15–20 min) Focus on alignment, motivation, and takeaways, not just outcomes.
 - "Let's revisit the goals you set. Which ones felt most meaningful or energizing to you and why?"
 - "What helped you stay focused on your goals?"
 - "Were there any goals you didn't fully meet and what did you learn in the process?"

^{*}Tip: Normalize setbacks as learning opportunities.

- 4. Challenges & Support (10 min) Invite honesty about barriers and needs.
 - "What challenges stretched you the most this year?"
 - "Were there any barriers to success you'd like support in addressing?"
 - "What could I or the organization do differently to better support your success?"
- 5. Future Focus Growth & Possibilities (10–15 min) Shift toward energy, curiosity, and development.
 - "What's something new you'd like to explore, learn, or improve in the coming year?"
 - "Are there projects, skills, or goals that would help you grow or feel more fulfilled?"
 - "How can I support your growth moving forward?"

Closing the Conversation

- Thank the employee for sharing and reflecting.
- Recap any themes or development areas that emerged.
- Share next steps (e.g., timeline for new goal setting, additional resources, follow-ups).

Supervisor Notes Page - Use the following structure to capture key takeaways and record in NeoEd:

Reflection Area	Notes
Wins & Achievements	
Growth &	
Development	
Goal Progress	
Challenges	
Future Interests	
Support Needed	

^{*}Tip: Take notes to revisit during goal setting in the new year.