

OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI

AT YAVAPAI COLLEGE

Classes for Curious Adults!

Prescott & Prescott Valley Spring 2026



**April 6 -
May 15**

Registration opens March 11

www.yc.edu/olli
928-717-7634

Stay Curious, Stay Engaged... OLLI!

Message from the Director

A Culture of Respect at OLLI

At OLLI, our community is built on a shared commitment to respect, kindness, and thoughtful engagement. We strive to create a welcoming environment where every member and staff person feels valued and treated with courtesy. This culture of respect is essential to the rich learning experience we all enjoy and helps ensure that OLLI remains a place where curiosity and connection thrive.

Our members bring with them a wonderfully wide range of life experiences and perspectives—on politics, religion, money, and many other topics we were once told to avoid at the dinner table. That diversity is one of OLLI's greatest strengths. It also means that, from time to time, you may encounter viewpoints that differ from your own, whether from fellow members or facilitators.

OLLI is a place for respectful dialogue, not debate. We see conversations as opportunities to listen, to learn, and to gain insight into ideas that may challenge us—without any expectation that we must agree. When discussions are approached with openness and mutual respect, they deepen our understanding and enrich the learning environment for everyone.

If a conversation begins to feel uncomfortable, we encourage you to pause, take a breath, and lean into curiosity. Asking questions, listening generously, and assuming good intent help keep our community strong and welcoming. This shared commitment to respectful dialogue is what makes OLLI a vibrant, inclusive place where lifelong learning truly flourishes.



Patricia Berlowe
Director, OLLI at Yavapai College

In Person Registration is available in Prescott (M-F) & Sedona (M-Th)

Prescott Campus 1100 E Sheldon St, Prescott
Prescott Valley Center 3800 N Glassford Hill Rd, PV
Sedona Center 4215 Arts Village Dr, Sedona
Verde Valley Campus 601 W Black Hills Dr, Clarkdale

**Register: (928) 717-7634 or
www.yc.edu/prescottolli**

Membership Fee Options

Most Membership levels cover 5 consecutive terms (one year), access to classes offered online and all our locations, and unlimited Munch and Learns. Osher Online classes are \$60 each, no matter your membership level.

Basic Membership for \$65, multi-week classes are \$35, 1-day classes are \$15.

Deluxe Membership for \$185, includes 20 free multi-week or 1-day classes per year.

Premium Unlimited Membership
for \$350, includes unlimited classes and workshops.

Memberships are not eligible for refunds or extensions. Classes are refundable through the first week, 1-day offerings are refundable up to one week prior.

Important Dates

Spring: April 6-May 15

Summer: June 8-July 3

OLLI Staff

Tricia Berlowe – Director
Danielle Gervasio – Admin Assistant
Linda Chalcraft – Admin Assistant
Colin Evans – Admin Assistant
Solaris Sky – Admin Assistant
Cheri Baumgarten – Admin Assistant
Francis Beegle – Admin Assistant
Connie Varga – Admin Assistant

Table of Contents

Grid of Classes	2-4
Free Offerings, Munch & Learns	5
Prescott Valley	6-7
Prescott, Online and Trips	8-16
Osher Online Classes	17
Special Interest Groups	18

OLLI at Yavapai College Winter 2026: Prescott • Prescott Valley • Online
Registration www.yc.edu/olli 928-717-7634

Monday	Time	Location	Class	Facilitator
4/6-5/11	8:00-11:00	Offsite	77) Hike The Prescott Circle Trail	J Pillman*, K Paris*
4/6-5/11	8:00-9:30	Osher Online	Violinists: Performers and Composers \$	I Zaks
4/6-5/11	9:30-11:30	Prescott Bldg 31-101	26) Apple iPhone for Beginners	D Rothgery*, F Croft
4/6-5/11	9:30-10:45	Prescott Bldg 30-126	118) Fractured Fairy Tales and Drabble	M Crider
4/6-5/11	10:30-12:00	Online	97) New Ideas	B Brown*
4/6-5/11	11:00-12:30	Prescott Bldg 4-118	86) Creation, Dinosaurs & Noah's Ark	D Larsen
4/6-5/11	12:00-1:45	Prescott Bldg 31-101	107) Yoga Off The Mat	S Price
3/30-5/4	12:00-1:30	Osher Online	Ghosts in the WH: People Behind President Speech\$	D Carlin
4/6-5/11	2:00-3:15	Prescott Bldg 15-260	14) Western Line Dancing	C Reynolds
4/6-5/11	2:00-5:00	Prescott Bldg 4-102	17) 6 MORE Great Feature Films from PIXAR	D Baier*
4/6-5/11	2:00-4:00	Prescott Bldg 3-203	32) Practicalities for End of Life	T Gain
4/20&4/27	2:00-4:00	Prescott Bldg 30-126	68) Mass Movements and Cults	R Branstrator
4/6-5/11	2:00-3:30	Online	87) The Inner Journey, A Course in Meditation pt2	D Freeman*
4/6-5/11	2:30-3:45	Prescott Bldg 31-101	78) Chair Yoga and More (Monday)	C Young
4/6-4/20	3:00-5:00	Prescott Bldg 31-102	38) Exploring Homemade Pasta	S Stierwalt
Tuesday				
4/7-5/12	8:00-9:00	Prescott Bldg 31-102	80) Beginner Ball-Bouncing	M Ehlers
3/31-5/5	8:00-9:30	Osher Online	The Scopes Monkey Trial: Then and Now \$	D Mishkin
4/7-5/12	9:00-10:00	Prescott Bldg 31-102	81) Intermediate Ball-bouncing	M Ehlers
4/7-5/12	10:00-11:30	Osher Online	Place, Memory, and Environmental Psychology \$	F Blanco Vidal
4/7-5/12	11:00-1:00	Prescott Bldg 31-101	55) Foreign Affairs: Civil Discussions	J Lowe*
4/7-5/5	12:00-1:30	Prescott Bldg 31-102	27) Monitoring Health w/ the Apple Watch iPhone	F Croft
4/28	12:30-2:30	Online	29) How to Secure a Home Wireless Network	JB Burke*, C Taylor
3/31-5/5	12:00-1:30	Osher Online	Comic Book Literature \$	A Blumberg
4/14&4/16	1:30-3:30	Prescott Bldg 4-116	46) Grow Your Plant Based Health	K Corum, N Lucas
4/7-5/5	1:00-2:30	Online	72) Be a Tourist in Your Own Town	S Sherman(GC)*
4/7-5/12	1:00-2:30	Prescott Bldg 3-203	110) Cultivating Awareness: The Foundations	L Schuler
4/7-4/28	2:00-3:30	Prescott Bldg 15-260	15) English Country Dance	S Taylor
4/7-5/12	2:00-3:30	Online	From Leo XIII to Leo XIV: 20th - 21st Century Popes \$	O Espin
4/21	2:00-4:00	Prescott Bldg 4-102	16) Festival Secrets: What Makes a Movie Great	H Stephenson
4/7-4/21	2:00-4:00	Prescott Bldg 31-101	23) Art Appreciation: Art on the High Seas	J Rigenbach(GC)
4/14	2:00-4:30	Prescott Bldg 3-119	66) Hometown Hero 1Lt Ernest A. Love	D Baier*
4/28	2:00-4:30	Prescott Bldg 3-203	70) The Book of Kells, an Irish Cultural Treasure	A Newton(GC)
4/7	2:00-3:30	Prescott Bldg 4-102	73) Hiking and Touring the Dolomites	Neakrans,MTroester(GC)*
4/21-5/26	4:00-5:30	Osher Online	Frank Lloyd Wright and Modern Architecture \$	J Gray
Wednesday				
4/8-5/13	8:00-10:30	Offsite-Hiking	83) Moderate Hiking	Neakrans, Troester(GC)*
4/1-5/6	8:00-9:30	Osher Online	A History of Street Art \$	H Shirey
4/15&4/22	9:00-10:30	Prescott Valley-215	48) The Human Microbiome, Immunity & Probiotics	G Holcombe
4/8-5/13	9:00-11:00	Offsite-Meet at Bldg31	82) Prescott Area Nature Walks	J Mangimeli
4/8-5/13	9:00-11:00	Prescott Bldg 31-102	120) Creative Memoir (Prescott)	R Palmenberg
4/1-5/6	10:00-11:30	Osher Online	Siberia: Russia's Wasteland or Economic Heartland? \$	A Pereltsvaig
4/15	10:00-1:00	Prescott Valley-172E	91) The Karma of Forgiveness	M Karayan

*Master Facilitators (GC) Governing Council Members

OLLI at Yavapai College Winter 2026: Prescott • Prescott Valley • Online
Registration www.yc.edu/olli 928-717-7634

4/29	10:00-1:00	Prescott Bldg 4-118	94) Reflections for the Wandering Mind	M Karayan
5/13	10:00-1:00	Prescott Bldg 4-118	96) Words of Love; A Class on Healing	M Karayan
4/8	10:30-12:30	Prescott Valley-215	33) Medicare Made Easy	K Boryca*
4/8-5/13	10:30-12:00	Online	111) Armchair Adventures	B Brown*
4/8-5/6	11:30-12:45	Prescott Bldg 31-102	56) Meanwhile, Back Here on Earth	P April
4/8-5/13	12:00-1:45	Prescott Valley-106	57) The American West Pt 2	C Lovin*
4/15-5/20	12:00-1:30	Osher Online	The Lost Generation \$	F Asya
4/8-5/13	12:30-2:30	Prescott Bldg 30-126	7) Texas Hold'em Poker (12:30)	K Paris*, J Pillman*
4/8-4/22	1:00-2:30	Prescott Bldg 3-271	42) Aging Strong	K Tybor
4/15-5/20	2:00-3:30	Osher Online	Music: Controversies and Curiosities \$	E Abramovits
4/8-4/22	2:00-4:30	Prescott Bldg 31-102	41) Going With Your Gut	H Huffman
5/6	2:00-4:30	Prescott Bldg 31-102	50) Sugar: Kick the Addiction	R Branstrator
4/8-5/6	2:00-3:15	Prescott Bldg 3-203	58) The Constitution in Motion	S Ashlock
4/22	2:00-4:30	Prescott Valley-106	69) The Book of Kells, an Irish Cultural Treasure	A Newton(GC)
4/8-5/13	2:00-4:00	Prescott Bldg 4-102	99) How the Earth Works Pt 2	J Kangal*, D Hoffman*
4/15-5/13	2:00-4:00	Prescott Bldg 31-101	115) Thrive in Retirement: Design Your Life	L Hosking
4/8-5/13	2:00-4:00	Prescott Valley-214	121) Creative Memoir (Prescott Valley)	R Palmenberg
4/8-5/6	2:00-4:00	Prescott Bldg 3-205	122) Memoir Writing Class	J Ashlock*
4/1	2:00-3:15	Prescott Valley-214	C) Member Welcome (In-person in PV)	M Engagement
4/8-5/13	2:45-4:45	Prescott Bldg 30-126	8) Texas Hold'em poker (2:45)	K Paris*, J Pillman*
4/8-5/6	3:45-5:00	Prescott Valley-216	74) Restaurant Reviews and Recommendations	J Velling*
Thursday				
4/9-5/14	8:00-9:30	Osher Online	A Beautiful Brain \$	S Fulton
4/9-4/30	9:30-11:00	Prescott Bldg 31-101	25) No Paint Required Prescott Art Docents	Art Docents
4/23	10:00-11:30	Prescott Bldg 3-119	75) Yavapai-Prescott Tribe: Traditional Plants	K Corum
4/2-5/7	10:00-11:30	Osher Online	JFK Quest for Peace Lessons Turbulent Times \$	C Blum
4/9-5/14	12:00-1:30	Osher Online	Great Science Stories \$	J Hendrickson
4/16	12:30-2:30	Online	28) Technology's Impact on Genealogy	JB Burke*, S Mueller
5/14	12:30-2:30	Online	30) The Web Never Sleeps	JB Burke*
4/9-4/30	12:30-1:45	Prescott Bldg 31-101	43) Adventures in Aging	L Fry
4/9	12:30-1:45	Verde/Online	E/F) M&L: Arizona and Wine (Zoom)	S Srikanth*
4/16	12:30-1:45	Verde/Online	G/H) M&L: Native Indigenous Art (Zoom)	S Srikanth*
4/23	12:30-1:45	Sedona/Online	I/J) M&L: American Exceptionalism? (Zoom)	S Srikanth*
4/30	12:30-1:45	Prescott 3-119/Online	K/L) M&L: Personal Safety 101: With YC Police	K Boryca*
5/7	12:30-1:45	Online/Prescott 3-119	M/N) M&L: 2026 Election Process (Zoom)	K Boryca*
5/14	12:30-1:45	Prescott 3-119/Online	P/Q) M&L: Reverse Mortgages, Reimagined	K Boryca*
5/14	1:00-4:00	Prescott Bldg 31-102	13) Make & Take Project - Gourd Art Bowl	A Kells, J Velling*
4/9-5/7	2:00-4:30	Prescott Bldg 4-102	18) Foreign Films (Prescott)	A Lopez(GC), D Baier*
4/9-5/14	2:00-3:15	Online	21) Voice & Vision: Streisand's Cinematic Legacy	B Mains
4/30-5/7	2:00-4:00	Prescott Bldg 31-102	116) Downsizing with Purpose: Decluttering	L Hosking
4/9-4/30	2:00-3:30	Prescott Bldg 3-271	125) Hemingway: Short Stories (Paris)	J Ashlock*
4/2	2:00-3:15	Prescott Bldg 31-101	D) Member Welcome (In Person in Prescott)	M Engagement
4/9-5/14	2:30-4:00	Online	60) American Democracy Forum (Zoom)	C Blum*
4/9-5/14	2:30-3:45	Prescott Bldg 31-101	79) Chair Yoga and More (Thursday)	C Young
5/14	4:00-5:00	Online	O) LWV: Saboteurs at the Ballot Box	G Digate

*Master Facilitators (GC) Governing Council Members

3

\$ Osher ONLINE in partnership with Northwestern University- extra fees apply for ALL OLLI Memberships

OLLI at Yavapai College Winter 2026: Prescott • Prescott Valley • Online
Registration www.yc.edu/olli 928-717-7634

4/2-5/7	4:00-5:30	Osher Online	AI for Regular People \$	M Kurman H Lipson
Friday				
4/17	9:00-10:30	Online	84) Wild America: National Park Ecosystems	D Kroese
4/24	9:00-10:30	Online	85) National Park Origins	D Kroese
4/10-5/15	9:30-11:30	Prescott Bldg 31-102	10) 6 Crafts in 6 weeks	S Lavallee
3/27	9:30-10:45	Prescott Bldg 31-101	B) Thinking about Facilitating	C Maxwell*
4/10-5/15	10:00-12:00	Prescott Bldg 31-101	61) Viewpoints	J Wilson*, A Lopez(GC)
5/1	10:00-11:30	Prescott Valley-172E	95) Meeting Thomas Merton	B Gunn(GC)*
4/10-5/15	10:00-11:30	Prescott Valley-216	44) Hearing Loss Communication	G Pelletier
4/17	10:00-12:00	Prescott Valley-215	76) Talk with the Captain about Fearful Flying	D Baier*
4/17	10:00-12:00	Prescott Valley-172E	92) Meditative Mandala Drawing	B Gunn(GC)*
4/24&5/1	10:00-12:00	Prescott Valley-214	104) The Science of Fingerprints	A Kells
5/1-5/15	10:30-12:00	Prescott Valley-105	12) Zentangle - Beginning Class (Prescott Valley)	L Riden
4/10-5/15	10:30-12:00	Online	64) This and That	B Brown*
4/10-5/15	12:00-1:30	Osher Online	CA Uncovered: A Journey Through Time, Place Identity \$	A Antonucci
4/10-4/24	12:30-2:00	Prescott Bldg 31-102	9) Zentangle - Beginning Class (Prescott)	L Riden
4/17&4/24	12:30-2:00	Prescott Bldg 31-101	101) Our Power, Planet: Cheaper, Cleaner Electricity	A Sawyer
4/10-5/15	1:00-3:00	Online	52) Current Economic Issues (Zoom)	C Blum*
4/10-5/15	1:00-2:30	Online	113) Discover Guidance: The Magic of the Pendulum	D Archer*
4/10-5/15	2:00-4:30	Prescott Valley-215	19) Foreign Films (Prescott Valley)	A Lopez(GC), D Baier*
4/10-5/15	2:00-3:30	Prescott Valley-105	63) World War I and the Evolution of Warfare	C Evans
4/10-5/8	2:30-4:00	Prescott Bldg 31-101	100) Clam Chatter	D Snyder
Saturday				
4/18-5/23	11-12:30	Osher Online	Writing the Personal Essay: Finding Your Story \$	L Stolley
Email Only				
		Email Only	71) Great Courses Potpourri	P Berlowe
Trips				
4/11 or 5/9	10:00-11:15	Offsite	3) or 4) Fun & Hugs with a Once-Wild Burro	T Renaud
4/21&4/23	10:00-12:00	Prescott Bldg 4-102	2) Planting Mixes & Compost - Let's Get Dirty	K Corum
4/27	10:00-12:00	Offsite	1) Guided tour of Jerome State Historic Park	H Hatfield
4/28&4/30	10:00-12:00	Prescott Bldg 4-102	5) Prescott Creeks Urban Tour	K Corum
5/7	9:00-10:30	Offsite	6) Guided Tour of Heritage Park Zoo	K Corum



Thank you to ALL our generous OLLI members!

*400 Pounds of food to the YC Food Pantry

*210 Eye Glasses to people in need

*12 Sets of Hearing Aids to be refurbished

*\$2200 in gift cards for Holiday Food Baskets

*13 pairs of gloves, 3 scarves and 3 hats

*Master Facilitators (GC) Governing Council Members

\$ Osher ONLINE in partnership with Northwestern University- extra fees apply for ALL OLLI Memberships

B) Thinking about Facilitating

Fri, 3/27 • 9:30-10:45 • Free
 1 Meeting • Prescott Bldg 31-101 • OP-402-SP26
Facilitator: Chris Maxwell*

This workshop is for new facilitators who are ready to start exploring the world of facilitating for OLLI and experienced facilitators who might want to try something new.

Member Welcome

C) Wed, 4/1 • 2:00-3:15 • Free • Prescott Valley-214
D) Thurs, 4/2 • 2:00-3:15 • Free • Prescott Bldg 31-101
Facilitator: Membership Engagement Committee

Did you know that OLLI is more than a classroom? Whether brand new or a continuing member, join us to hear about all OLLI offers.

O) LWV: Saboteurs at the Ballot Box

Thurs, 5/14 • 4:00-5:00 • Free
 1 Meeting • Online- • OSZ-415-SP26
Facilitators: Gail Digate, Robyn Prud'homme-Bauer, Rose O'Donnell

Join League of Women Voters Northern AZ, University of Michigan Law School; national security and data privacy expert, legal analyst NBC News/MSNow; and author Attack From Within: How Disinformation Is Sabotaging America (2024); with response panel featuring County Recorders Aubrey Sonderegger (Coconino), Michelle Burchill (Yavapai), Gina Roberts (AZ Clean Elections Commission) and young voters. Limit: 150

M&L: Arizona and Wine

Thurs, 4/9 • 12:30-1:45 • Free
E) Verde Campus - Bldg.M-137 • OV-405-SP26

F) Online • OSZ-406-SP26 **Facilitator: Shri Srikanth***
 Dr. Follensbee will provide an overview of the Science of wine making, review the status of the industry in our area and the programs and products at the YC wine center.

M&L: Native American and Indigenous Art

Thurs, 4/16 • 12:30-1:45 • Free
G) Verde Campus - Bldg.M-137 • OV-407-SP26
H) Online • OSZ-408-SP26 **Facilitator: Shri Srikanth***
 This talk explores how artifacts connect past and present through living traditions that honor heritage while adapting today. It examines relationship-based curation—tribal consultation, collaboration, and stewardship—to present contemporary Indigenous art with respect. Presented by Dr. Monica Buckle, Director.

M&L: American Exceptionalism?

Thurs, 4/23 • 12:30-1:45 • Free
I) Sedona Center-34 • OS-409-SP26
J) Online • OSZ-410-SP26 **Facilitator: Shri Srikanth***

What do we mean by American Exceptionalism? Is it a modern version of the self-understanding claimed by ancient empires Egypt, China or Rome, or does it rest on fundamentally different foundations? We examine the historical origins of American Exceptionalism and ask whether the US can still plausibly claim a unique and special place in the world today. Limit: 50

M&L: Personal Safety 101: With the Yavapai College Police Department

Thurs, 4/30 • 12:30-1:45 • Free
K) Prescott Bldg 3-119 • OP-411-SP26
L) Online • OPZ-412-SP26
Facilitator: Kelly Boryca*

This interactive Campus Safety presentation by Detective Sargent Megyn Felton focuses on practical, real-world personal safety skills that can use both on campus and in everyday life. Limit: 60

M&L: 2026 Election Process

Thurs, 5/7 • 12:30-1:45 • Free
M) Online • OPZ-413-SP26
N) Prescott Bldg 3-119 • OP-414-SP26
Facilitator: Kelly Boryca*

Come join the Yavapai County Recorder and the Yavapai County Register of Voters for a presentation on the 2026 election process. Topics will include election security - including new changes and improvements and more!

M&L: Reverse Mortgages, Reimagined

Thurs, 5/14 • 12:30-1:45 • Free
P) Prescott Bldg 3-119 • OP-416-SP26
Q) Online • OPZ-417-SP26 **Facilitator: Kelly Boryca***
 Reverse mortgages are often misunderstood, yet for the right homeowner they can be a powerful financial planning tool. In this educational presentation, Traci Ranic of Frontier Financial of Arizona breaks down the facts, dispels common myths, and explains how a reverse mortgage, specifically the federally insured Home Equity Conversion Mortgage (HECM), can be used strategically to support long-term retirement goals. Limit: 60

12) Zentangle - Beginning Class (Prescott Valley)

Fri, 5/1-5/15 • 10:30-12:00 • \$35

3 Meetings • Prescott Valley-105 • OPV-112-SP26

Facilitator: Lori Riden

Beginning Zentangle classes introduce the structured, eight-step method to create meditative art on 3.5-inch paper tiles using, primarily five elemental strokes: dots, straight lines, C-curves, S-curves, and orbs. All supplies are provided for class and will be available for purchase from the facilitator if you want to keep them. Limit: 12

19) Foreign Films (Prescott Valley)

Fri, 4/10-5/15 • 2:00-4:30 • \$35

6 Meetings • Prescott Valley-215 • OPV-119-SP26

Facilitators: Armando Lopez(GC), Don Baier*

Join us for a cinematic adventure featuring recent and vintage foreign films, each one celebrated internationally for its powerful storytelling and unforgettable performances. We'll watch the film, then dive into a lively discussion where everyone gets to share their thoughts and reactions. Plus, you'll have a say in picking future movies, so your voice shapes our next screenings.

33) Medicare Made Easy (Prescott Valley)

Wed, 4/8 • 10:30-12:30 • \$15

1 Meeting • Prescott Valley-215 • OPV-133-SP26

Facilitator: Kelly Boryca

Medicare can be both overwhelming and confusing. This class will walk you through Advantage Plans, Medicare Parts A and B, supplements (also called Medigap plans), and drug plans. Whether you are new to Medicare or want to learn more, you will be better informed about your Medicare choices. Kelly Boryca, the facilitator, has been counseling people on Medicare for 14 years as a volunteer for the State Health Insurance Assistance Program (SHIP). There will be plenty of time for Q&A!

44) Hearing Loss Communication

Fri, 4/10-5/15 • 10:00-11:30 • \$35

6 Meetings • Prescott Valley-216 • OPV-144-SP26

Facilitator: Gloria Pelletier

Communication is hard for those who can hear. It is exponentially harder for those who have hearing loss. Discussions will center around ideas for better communication methods. Specific examples for study. Class participation is encouraged. Bring your experiences, thoughts and curiosity to the table for exploration. Learn about how to live with hearing loss successfully for you, family and friends. Limit: 12

48) The Human Microbiome, Immunity, and Probiotics

Wed, 4/15 & 4/22 • 9:00-10:30 • \$35

2 Meetings • Prescott Valley-215 • OPV-148-SP26

Facilitator: Gary Holcombe

Two 90-minute sessions. The first will cover the structure and function of the human microbiome, with emphasis on its interaction with the immune system (e.g., autoimmune disorders), while the second session will focus on probiotics and other strategies for maintaining gut health.

57) The American West Pt 2

Wed, 4/8-5/13 • 12:00-1:45 • \$35

6 Meetings • Prescott Valley-106 • OPV-157-SP26

Facilitator: Claxton Lovin*

This is a DVD course. Explore Western History and how they became the stuff of myths, movies, and political speeches. Explore the expansion of the original 13 colonies beyond the Appalachian Mountains, the discoveries of Lewis & Clark and other explores, the struggles of the native Indian people, the Mexican War, and subsequent acquisition of the American Southwest from Mexico, and the role of the West in the American Civil War. Limit: 30

63) World War I and the Evolution of Warfare

Fri, 4/10-5/15 • 2:00-3:30 • \$35

6 Meetings • Prescott Valley-105 • OPV-163-SP26

Facilitator: Colin Evans

In this class, we will discuss The War to End All Wars and its effects on not only the world but also the strategies and technological evolution. First, we will cover the strategies employed in previous wars. Next, we will move into the evolution of trench warfare and the tactics employed to break through the lines of stagnant warfare. Limit: 30

69) The Book of Kells, an Irish Cultural Treasure (Prescott Valley)

Wed, 4/22 • 2:00-4:30 • \$15

1 Meeting • Prescott Valley-106 • OPV-169-SP26

Facilitator: Andrew Newton(GC)

Viking Raids! Thievery! Dissolution! Civil War! It is amazing The Book of Kells, a masterpiece of insular Celtic artistry and an Irish cultural treasure, has survived 1,200 years. It is currently hosted in the Old Library of Trinity College, Dublin. This lecture will use high resolution photos and several short videos to examine the exquisite details, artistry and symbolism found in this manuscript. Class discussion is encouraged. Limit: 20

74) Restaurant Reviews and Recommendations

Wed, 4/8-5/6 • 3:45-5:00 • \$35
 6 Meetings • Prescott Valley-216 • OPV-174-SP26
Facilitator: Jeanne Velling*

This class provides a chance to share your observations of selected restaurants in the general area. Our homework is simple! We go to eateries individually or with friends. In a fun exchange during class, review and opinions are shared and recommendations are suggested. Limit: 30

76) Talk with the Captain about Fearful Flying

Fri, 4/17 • 10:00-12:00 • \$15
 1 Meeting • Prescott Valley-215 • OPV-176-SP26
Facilitator: Don Baier*

Whether we admit it or not, many of us have some Fear of Flying. Some wonder what all those noises are or what is happening. Others see the entire process laced with anxiety and concern or that the loss of control is disturbing. Understanding descriptions of what is going on, insights into flight operations, and learning coping mechanisms can help find comfort on the airplane. With 32 years of experience as a Commercial Airline pilot, as Captain for both US Airways and American Airlines, Don gives us a unique perspective on coping with what many find challenging. Limit: 30

91) The Karma of Forgiveness

Wed, 4/15 • 10:00-1:00 • \$15
 1 Meeting • Prescott Valley-172E • OPV-191-SP26
Facilitator: Mathias Karayan

Karma is often thought of in negative ways, but karma is neither good nor bad. It shows up as emotionally charged unresolved situations in our present life. Limit 10

92) Meditative Mandala Drawing

Fri, 4/17 • 10:00-12:00 • \$15
 1 Meeting • Prescott Valley-172E • OPV-192-SP26
Facilitator: Becky Gunn(GC)*

Mandalas are circle-based creations used as a way to move more deeply into your consciousness. In this class you will have the opportunity to draw two mandalas using colored pencils. No previous artistic experience is needed, just the willingness to let your energy flow onto the paper. In silence we will draw, but after we complete the mandala, we will share what the process evoked. There will be a \$5 supply fee payable at the class.

95) Meeting Thomas Merton

Fri, 5/1 • 10:00-11:30 • \$15
 1 Meeting • Prescott Valley-172E • OPV-195-SP26
Facilitator: Becky Gunn(GC)*

Thomas Merton is a famous Catholic mystic who lived in the 20th Century in the United States. He led an interesting, varied life prior to converting to Catholicism when he was 23 and ultimately entered a Trappist monastery four years later. There he became a priest as well as a poet and mystic. He wrote numerous books with a focus on a range mystical approaches from diverse religious perspectives. This class will discuss his life and his theological philosophies. Limit: 30

104) The Science of Fingerprints

Fri, 4/24 & 5/1 • 10:00-12:00 • \$35
 2 Meetings • Prescott Valley-214 • OPV-204-SP26
Facilitator: Ann Kells

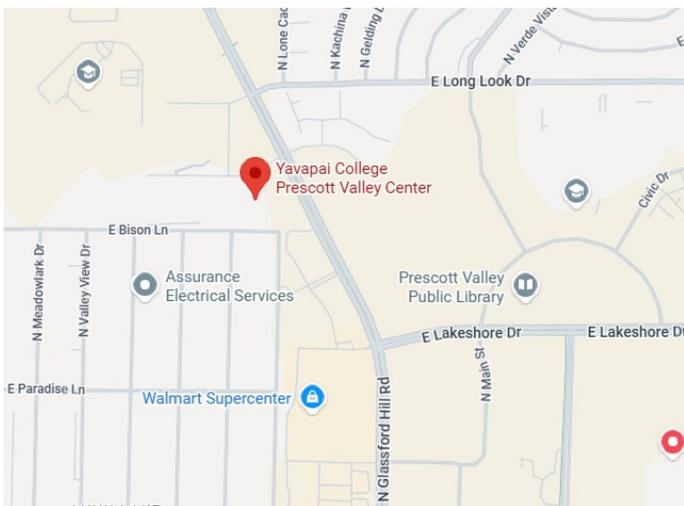
Discussion will include how fingerprints are recorded/preserved, how they are compared, and how AFIS works. Participants will learn to record and analyze their own fingerprints.

121) Creative Memoir (Prescott Valley)

Wed, 4/8-5/13 • 2:00-4:00 • \$35
 6 Meetings • Prescott Valley-214 • OPV-221-SP26
Facilitator: Roger Palmenberg

Participants will produce three 1,000 word essays to be compiled into a document for each participant. Sample prompts: Influencers, A Childhood Friend, A Favorite Place, A Memorable Journey, others as chosen by participants or the facilitator. Limit:

YC Prescott Valley Center 3800 N Glassford Hill Rd



ARTS & CRAFTS

7) Texas Hold'em Poker (12:30)

Wed, 4/8-5/13 • 12:30-2:30 • \$35

6 Meetings • Prescott Bldg 30-126 • OP-107-SP26

8) Texas Hold'em Poker (2:45)

Wed, 4/8-5/13 • 2:45-4:45 • \$35

6 Meetings • Prescott Bldg 30-126 • OP-108-SP26

Facilitators: Ken Paris*, John Pillman*

Learn to play Texas Hold'em poker. You will be introduced to poker terminology, ranking of hands, table action, etc. You will learn when to bet, raise and fold. By the end of the class, you will have played in live and tournament games for fun and should be comfortable playing. Knowledge of playing poker is helpful but not mandatory. Please be able to attend all (or at least most) of the classes so we'll have a full table. Limit: 10

9) Zentangle - Beginning Class (Prescott)

Fri, 4/10-4/24 • 12:30-2:00 • \$35

3 Meetings • Prescott Bldg 31-102 • OP-109-SP26

Facilitator: Lori Riden

Beginning Zentangle classes introduce the structured, eight-step method to create meditative art on 3.5-inch paper tiles using, primarily five elemental strokes: dots, straight lines, C-curves, S-curves, and orbs. All supplies are provided for class and will be available for purchase from the facilitator if you want to keep them. Limit: 12

10) 6 Crafts in 6 weeks

Fri, 4/10-5/15 • 9:30-11:30 • \$35

6 Meetings • Prescott Bldg 31-102 • OP-110-SP26

Facilitator: Stacey Lavalley

Join us for a creative journey where each week you'll dive into a new fun project! We'll explore Alcohol Ink, Seed Bead Art, Smash Cans, Card Making, Paint Pouring, and Fabric Art. Each activity offers a fun and hands-on way to express your artistic side while learning new techniques. \$50 supply fee due to facilitator on the first day of class. Must have crafting experience. Limit: 15

13) Make & Take Project - Gourd Art Bowl

Thurs, 5/14 • 1:00-4:00 • \$15

1 Meeting • Prescott Bldg 31-102 • OP-113-SP26

Facilitators: Ann Kells, Jeanne Velling*

In this class, participants will apply dye colors to their own gourd bowl, then lash on a pine needle rim and embellishments. (Gourd will be cleaned and prepped for you.) No artistic background or previous experience is needed! Some manual dexterity and attention to detail is needed. You will take your completed bowl with you. \$15 fee payable to the facilitator. Limit: 10

ARTS-VISUAL & PERFORMING

14) Western Line Dancing

Mon, 4/6-5/11 • 2:00-3:15 • \$35

6 Meetings • Prescott Bldg 15-260 • OP-114-SP26

Facilitator: Cindy Reynolds

Come join in the Excitement! Even if you have never line danced before, you will quickly learn the easy steps and be a part of this exercise class. Learn the basic steps and have fun, as you dance in unison to some classic country western music. Bring your boots and country attire (not required). Yee Haw!! Limit: 20

15) English Country Dance

Tues, 4/7-4/28 • 2:00-3:30 • \$35

4 Meetings • Prescott Bldg 15-260 • OP-115-SP26

Facilitator: Susan Taylor

English Country Dance is dancing like you've seen in Jane Austen movies. It's fun, not too strenuous, and doesn't require dance experience. You will enjoy moving to music in this "on your feet" and social class. No partner is required. Limit: 18

16) Festival Secrets: What Makes a Movie Great

Tue, 4/21 • 2:00-4:00 • \$15

1 Meeting • Prescott Bldg 4-102 • OP-116-SP26

Facilitator: Helen Stephenson

Join Prescott Film Festival Founder and Executive Director Helen Stephenson and go behind the scenes at PFF! Helen will share the tools festival juries use to decide what makes a movie not only work, but be impactful. Learn how to spot strong storytelling, acting, pacing, and visual choices—without film-school background. You'll leave with your own "movie scorecard" you can use to deepen your film appreciation and enjoy every film more. Limit: 25

17) 6 MORE Great Feature Films from PIXAR

Mon, 4/6-5/11 • 2:00-5:00 • \$35

6 Meetings • Prescott Bldg 4-102 • OP-117-SP26

Facilitator: Don Baier*

This class is the next installment and follow-on to the PIXAR FEATURE FILMS class from last year. Six new PIXAR films will be shown in class that will showcase new technologies, vibrant visuals, and captivating story lines that PIXAR does so well. If you missed the first 6, don't let that dissuade you. Come and enjoy with us more of the Magic and Making of PIXAR! (And yes, Edna Mode will once again join us!) Limit: 50

18) Foreign Films (Prescott)

Thurs, 4/9-5/7 • 2:00-4:30 • \$35

6 Meetings • Prescott Bldg 4-102 • OP-118-SP26

Facilitators: Armando Lopez(GC), Don Baier*

Travel the world without leaving your seat! Join us for a cinematic adventure featuring recent and vintage foreign films, each one celebrated internationally for its powerful storytelling and unforgettable performances. We'll watch the film, then dive into a lively discussion where everyone gets to share their thoughts and reactions. Plus, you'll have a say in picking future movies, so your voice shapes our next screenings. Get ready for great films, great company, and plenty of surprises! Limit: 50

21) The Voice & The Vision: Streisand's Cinematic Legacy

Thurs, 4/9-5/14 • 2:00-3:15 • \$35

6 Meetings • Online- • OPZ-121-SP26

Facilitator: Bill Mains

Explore the evolution of a trailblazer in this six-week class. From her Oscar-winning debut in *Funny Girl* to her directorial triumph in *Yentl*, we see how Streisand redefined the musical. We'll examine the grand spectacle of *Hello, Dolly!*, the 70s rock energy of *A Star Is Born*, the lush *On a Clear Day*, and the screwball wit of *What's Up, Doc?*. Join us for friendly discussions on the craft, influence, and enduring artistry of a cultural icon. Limit: 20

23) Art Appreciation: Art on the High Seas

Tues, 4/7-4/21 • 2:00-4:00 • \$35

3 Meetings • Prescott Bldg 31-101 • OP-123-SP26

Facilitator: Judy Rigenbach

Set sail on two Oceania Cruise ships & dive into a stunning collection of art from Latin America, Europe and U.S., plus original Picasso lithos from the iconic "Suite 227". With this exceptional collection valued in the millions, you'll marvel at bronzes, mosaics, oils, glass, and more! Through an engaging slide presentation, discover how the Castro Revolution influenced several celebrated Cuban artists, with fascinating artist bios to enrich your journey. No Dramamine needed for this voyage. Limit: 25

25) No Paint Required Prescott Art Docents

Thurs, 4/9-4/30 • 9:30-11:00 • \$35

4 Meetings • Prescott Bldg 31-101 • OP-125-SP26

Facilitators: Various Art Docents

Prescott Art Docents explore art works that are not paintings: glass, found materials, photography, and quilting as art media. Limit: 24

COMPUTER & TECHNOLOGY

26) Apple iPhone for Beginners

Mon, 4/6-5/11 • 9:30-11:30 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-126-SP26

Facilitators: Dave Rothgery*, Frank Croft

This class is for Beginners to the Apple iPhone model 12 and newer and those who want to learn more about the basics of primary applications and how to use them. Your iPhone should be at iOS Release 26 for this class. We will cover dozens of the phone's settings, including security settings and apps like iPhone, camera, messaging/texting, email, calendar, maps, notes, iCloud, web access, Siri, passwords and Find My, as well as adding, moving, and deleting apps. Limit: 24

27) Monitoring Your Health with the Apple Watch and iPhone

Tues, 4/7-5/5 • 12:00-1:30 • \$35

5 Meetings • Prescott Bldg 31-102 • OP-127-SP26

Facilitator: Frank Croft

The iPhone Health App and Apple Watch have been helping people monitor and improve their health for a decade. This class will explore the watch sensors and their measurements, how to set up and understand the information they provide, and how to get more from them. You must have an Apple Watch Series 6 or later, and an iPhone XR or later. I will be teaching this course based on the Apple WatchOS 26 and iPhone iOS 26. I highly recommend you upgrade to these versions of software. Limit: 25

28) Technology's Impact on Genealogy

Thurs, 4/16 • 12:30-2:30 • \$15

1 Meeting • Online- • OPZ-128-SP26

Facilitators: JB Burke*, Susan Mueller

From equipment to software and apps, tools and backup storage to increased access to records, the ability to do online genealogy research has increased exponentially. DNA analysis, artificial intelligence, and photo restoration provide valuable tools for genealogists. Apps for Smartphones and tablets put genealogy in the palm of your hand. Let's also recognize that there may be a right and a wrong way to utilize technological advances.

29) How to Secure a Home Wireless Network

Tues, 4/28 • 12:30-2:30 • \$15

1 Meeting • Online- • OPZ-129-SP26

Facilitators: *JB Burke**, *Chris Taylor*

Many wireless routers do not default to the most secure configuration. Make sure you are not the "low-hanging fruit" that someone will decide to attack. It is surprisingly easy to make sure your network is secure. Chris Taylor, President of the Ottawa PC Users' Group will show you just how easy it is. Limit: 40

30) The Web Never Sleeps

Thurs, 5/14 • 12:30-2:30 • \$15

1 Meeting • Online- • OPZ-130-SP26

Facilitator: *JB Burke**

In just one sitting you'll learn what's beneath the White House and how people could see better before glasses. You'll benefit from 15 things to do before you travel by air as well as how not to explode. Have you an old laptop? I'll show you how to make it new again. See predictions for 2026 from an AI expert, plus where the AI datacenters are. Plus, of course, much, much more. Limit: 40

FINANCE, ECONOMICS, & LAW

32) Practicalities for End of Life

Mon, 4/6-5/11 • 2:00-4:00 • \$35

6 Meetings • Prescott Bldg 3-203 • OP-132-SP26

Facilitator: *Tammy Gain*

We all have to face the end of life and the many decisions that come with that final act. How do I want the medical professionals to treat me? How do I decide who will represent my wishes and ensure they are carried out? What type of funeral? Organ donation or not? What do I say to friends, family, my doctor and when? Being aware and as prepared as possible might help address concerns and fears.

HEALTH & NUTRITION

38) Exploring Homemade Pasta

Mon, 4/6-4/20 • 3:00-5:00 • \$35

3 Meetings • Prescott Bldg 31-102 • OP-138-SP26

Facilitator: *Steve Stierwalt*

This class will cover pasta making process for noodles, ravioli and lasagna. Using the Kitchen Aid pasta attachment and ravioli cutters. Students can bring their own machine if they want. Only one set of equipment in class to share. Students will need some items like a food safe mat to work on your dough and apron. There will be a \$5 charge for basic supplies. Ravioli and Lasagna will require stuffing that students will bring to second and third class. Think of your favorite cheese or meats. Limit: 10

41) Going With Your Gut

Wed, 4/8-4/22 • 2:00-4:30 • \$35

3 Meetings • Prescott Bldg 31-102 • OP-141-SP26

Facilitator: *Holly Huffman*

Your body is teaming with millions of microorganisms known as your microbiome, found primarily in your gut. We'll examine these microorganisms' impact on our health and from probiotic-fermented foods. Learn how fermenting organisms modulate our immune systems and well-being and the importance of probiotics. You'll get a tour of fermentation plus demonstrations on how to make some tasty fermented treats. Note: \$35 per participant materials fee, paid to facilitator at the first class meeting. Limit: 14

42) Aging Strong

Wed, 4/8-4/22 • 1:00-2:30 • \$35

3 Meetings • Prescott Bldg 3-271 • OP-142-SP26

Facilitator: *Kathleen Tybor*

As we age, our body's physiology changes. We can keep our bodies strong and deter many health problems associated with aging. We've heard how important it is to exercise, eat well, and get adequate amounts of sleep. In this class, the WHY's will be explained as to how these factors affect our aging bodies, right down to the cellular level. Also, what type of exercises are beneficial as we age and anti-inflammatory food sources. Limit: 28

43) Adventures in Aging

Thurs, 4/9-4/30 • 12:30-1:45 • \$35

4 Meetings • Prescott Bldg 31-101 • OP-143-SP26

Facilitator: *Lisa Fry*

For those feeling like it is time for a "Health Remodel" this class is for you. Learn lifestyle habits that will improve your mental and physical health, enabling you to enjoy the independence and freedom of aging in place at home, experiencing life to the fullest. Limit: 25

46) Grow Your Plant Based Health, Fight Chronic Diseases and Grow Legumes

Tues & Thurs, 4/14 & 4/16 • 1:30-3:30 • \$35

2 Meetings • Prescott Bldg 4-116 • OP-146-SP26

Facilitators: *Kathleen Corum, Nancy Lucas*

Nancy Lucas taught reversing diabetes programs and will cover the research and history showing miraculous recoveries and improvements in overall health achieved from eating food as medicine. Kathleen Corum will cover growing your health, grow food, grow legumes, grow your soil, heal our planet. Legumes from around the world, in all seasons, all parts of a menu, all stages of growth, all ways, forms, and spaces in the garden. Limit: 30

50) Sugar: Kick the Addiction

Wed, 5/6 • 2:00-4:30 • \$15

1 Meeting • Prescott Bldg 31-102 • OP-150-SP26

Facilitator: Robert Branstrator

Are you addicted? This class is mostly focused on the problems sugar causes to our health. Its impact on our economy and our environment will also be discussed. Though not identical, it will be similar to those courses previously presented by the facilitator. Limit: 24

HISTORY & CURRENT AFFAIRS

52) Current Economic Issues (Zoom)

Fri, 4/10-5/15 • 1:00-3:00 • \$35

6 Meetings • Online- • OSZ-152-SP26

Facilitator: Charles Blum*

By presenting relevant concepts and data, this on-going course aims to equip each participant to be an educated consumer of news on a wide range of economic topics. Discussions will be fact-driven and nontechnical; no formal economics training is required. Limit: 12

55) Foreign Affairs: Civil Discussions

Tues, 4/7-5/12 • 11:00-1:00 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-155-SP26

Facilitator: John Lowe*

This learning group continues our discussions about foreign affairs, major geopolitical events, and international issues. The facilitator and distinguished guest speakers (DGS) may use brief presentations to generate interactive discussions and civil conversations. Limit: 30

56) Meanwhile, Back Here on Earth

Wed, 4/8-5/6 • 11:30-12:45 • \$35

5 Meetings • Prescott Bldg 31-102 • OP-156-SP26

Facilitator: Paul April

With the astronauts in space, we earthlings faced many tough challenges. A Space Race, the Cuban Missile Crises and the V-Nam war among them, a veteran will highlight and discuss topics from a long list (Oct. 1957 – Apr. 1975). We will conclude with the tragedy that marked the war's end. Included is a status update on America's current strategic nuclear weapons posture. Limit: 35

58) The Constitution in Motion

Wed, 4/8-5/6 • 2:00-3:15 • \$35

5 Meetings • Prescott Bldg 3-203 • OP-158-SP26

Facilitator: Steve Ashlock*

We will continue to explore The Constitution in Motion using clips from Sagal's travels across the USA with intermittent information and respectful discussion in a small group. Limit: 10

60) American Democracy Forum

Thurs, 4/9-5/14 • 2:30-4:00 • \$35

6 Meetings • Online- • OSZ-160-SP26

Facilitators: Charles Blum*, Jack Koepke, Andy Herschkowitz

Participants are invited to give short (10–20 min) presentations on a key issue shaping American democracy—covering such aspects as governing principles, current challenges and global comparisons. Each presentation will be followed by open discussion aimed at fostering civic awareness, critical thinking, careful listening and respectful dialogue. Together we will deepen understanding of community values and engage in meaningful conversation about America's changing role in a changing world.

61) Viewpoints

Fri, 4/10-5/15 • 10:00-12:00 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-161-SP26

Facilitators: Jack Wilson*, Armando Lopez(GC)

Please join us for this participatory class. Members nominate class subjects, and vote on the topics for each week. Recent subjects include socialism, the federal government checks and balances, climate change, the Supreme Court, SETI (Search for Extraterrestrial Intelligence), deficits and inflation, and water resources.

64) This and That

Fri, 4/10-5/15 • 10:30-12:00 • \$35

6 Meetings • Online- • OPZ-164-SP26

Facilitator: Barbara Brown*

A weekly adventure of subjects from art to zoology and everything in between. Come curious--leave inspired! Limit: 40

66) Hometown Hero 1Lt Ernest A. Love

Tues, 4/14 • 2:00-4:30 • \$15

1 Meeting • Prescott Bldg 3-119 • OP-166-SP26

Facilitator: Don Baier*

The young flyer for whom Prescott Regional Airport is named was first a hometown football hero here in Prescott. Graduating from Prescott HS in 1914, he headed West to study Mechanical Engineering at Stanford. Joining the ROTC program there, 1st Lt Love, the only graduate of his Pilot Training Class, did battle in the skies of France. After 22 combat missions in war-torn France, he made the ultimate sacrifice. This is the story of his life, his final mission, and his long journey home.

68) Mass Movements and Cults

Mon, 4/20 & 4/27 • 2:00-4:00 • \$35
2 Meetings • Prescott Bldg 30-126 • OP-168-SP26
Facilitator: Robert Branstrator

Mass Movements and Cults share many traits. In an attempt to explain the politics of Germany in the 1930s, Eric Hoffer, in his classic book published in 1952, "The True Believer", shares thoughts into the similar traits of individuals who join and those who lead such movements.

70) The Book of Kells, an Irish Cultural Treasure (Prescott)

Tues, 4/28 • 2:00-4:30 • \$15
1 Meeting • Prescott Bldg 3-203 • OP-170-SP26
Facilitator: Andrew Newton(GC)

Viking Raids! Thievery! Dissolution! Civil War! It is amazing The Book of Kells, a masterpiece of insular Celtic artistry and an Irish cultural treasure, has survived 1,200 years. It is currently hosted in the Old Library of Trinity College, Dublin. This lecture will use high resolution photos and several short videos to examine the exquisite details, artistry and symbolism found in this manuscript. Class discussion is encouraged. Limit: 30

71) Great Courses Potpourri

Email Only • \$35 • OPZ-171-SP26
Facilitator: Patricia Berlowe

Over the years OLLI has purchased many titles from Great Courses. We have access to over 250 titles that can be streamed from your home. If you sign up for this class, you will be given access to the Prescott OLLI account, and can stream at will for the session. Learn about music, history, mindfulness, science and travel.

LOCAL INTEREST & TRAVEL

72) Be a Tourist in Your Own Town

Tues, 4/7-5/5 • 1:00-2:30 • \$35
5 Meetings • Online- • OSZ-172-SP26
Facilitator: Sharon Sherman*

Be adventurous right here in Central/Northern AZ! Each week, we will discuss a new destination: Sedona, Flagstaff, Cottonwood, Prescott, and Camp Verde, exploring restaurants, wineries, breweries, outdoor experiences, historical sites, museums, shopping, tours, art, and cultural venues. Share your own favorites. Discover hidden gems and see your everyday life with new eyes. Make new OLLI friends. Enhance your bucket list and find even more reasons to appreciate our fabulous location! Limit: 30

73) Hiking and Touring the Dolomites

Tues, 4/7 • 2:00-3:30 • \$15
1 Meeting • Prescott Bldg 4-102 • OP-173-SP26
Facilitators: Lynn Neakrans, Mark Troester(GC)*

The OLLI travel group is heading to the Dolomites in September! We're thrilled to have several recent travelers share their photos and stories from their hiking and touring adventures in Italy. We'll start by asking the travelers to share what they enjoyed the most, and then we'll open the floor for audience questions. Limit: 30

75) Yavapai-Prescott Indian Tribe: Traditional Plants of the Yavapai People

Thurs, 4/23 • 10:00-11:30 • \$15
1 Meeting • Prescott Bldg 3-119 • OP-175-SP26
Facilitator: Kathleen Corum

Linda Ogo, Director of the Culture Research Dept for the Yavapai-Prescott Indian Tribe, will share some of the traditional plants used by the Yavapai people who once occupied more than nine million acres, encompassing what is known today as central and western Arizona.

NATURE & THE OUTDOORS, ACTIVE MIND & BODY

77) Hike The Prescott Circle Trail

Mon, 4/6-5/11 • 8:00-11:00 • \$35
6 Meetings • Offsite • OP-177-SP26
Facilitators: John Pillman*, Ken Paris*

The PCT is a roughly 56 mile trail around Prescott, divided into 11 segments. This session we will hike segments 1-6 which range in length from 5-9 miles and can contain a lot of elevation change. These are the prettiest and most challenging segments of the PCT and are not beginning or easy hikes. Hikes range from 2-4 hours. Speeds average 2.5mph. Limit: 15

78) Chair Yoga and More (Monday)

Mon, 4/6-5/11 • 2:30-3:45 • \$35
6 Meetings • Prescott Bldg 31-101 • OP-178-SP26

79) Chair Yoga and More (Thursday)

Thurs, 4/9-5/14 • 2:30-3:45 • \$35
6 Meetings • Prescott Bldg 31-101 • OP-179-SP26
Facilitator: Candice Young

Our bodies are our vehicles throughout life. As they change with time, physical issues and limitations we need to honor them exactly where they are each day. We will establish a strong body awareness with slow controlled movements focusing on balance, lengthening in the spine, symmetry, coordination, flexibility and building core strength. Wear comfortable loose-fitting clothes. This is a beginner/intermediate level class. Please contact facilitator if you have had recent surgery. Limit: 16

80) Beginner Ball-Bouncing for Body-Brain Integration

Tues, 4/7-5/12 • 8:00-9:00 • \$35
6 Meetings • Prescott Bldg 31-102 • OP-180-SP26
Facilitator: Michael Ehlers

Improve your memory, increase your concentration, reduce stress/anxiety. Integration is the key to well-being. BAVX can help integrate the many domains of our bodies system. Racquet balls are bounced in rhythmic patterns to help increase balance and cognitive functioning. This is a beginning participatory class (not discussion or lecture). * REQUIRED: participants must be able to stand and move (without assistance) for most of the class period. Racquet balls will be provided. Limit: 14

81) Intermediate Ball-bouncing for body-brain integration

Tues, 4/7-5/12 • 9:00-10:00 • \$35
6 Meetings • Prescott Bldg 31-102 • OP-181-SP26
Facilitator: Michael Ehlers

Intermediate Ball Bouncing for Body-Brain Integration: Improve your memory, increase concentration, and reduce stress/anxiety. Racquet balls are bounced in rhythmic patterns to integrate body and mind. This class elevates the complexity and level of skill from beginning to intermediate. A fun class! Racquet balls supplied. REQUIRED: Must have attended the Beginning class. Limit: 12

82) Prescott Area Nature Walks

Wed, 4/8-5/13 • 9:00-11:00 • \$35
6 Meetings • Offsite-Meet at Prescott Building 31 • OP-182-SP26
Facilitator: John Mangimeli

This class is a series of nature walks to understand and appreciate the wide variety of natural environments in the Prescott area. This is NOT a hiking group. Walks will be short and casually paced, with frequent stops to learn about what we see. Each week we will explore a different environment: Ponderosa Pine forest; Pinyon-Juniper forest; desert shrubland; riparian areas and lakes; and we'll learn about the flora, fauna, and natural processes of each environment. Meet at OLLI to carpool. Limit: 15

83) Moderate Hiking

Wed, 4/8-5/13 • 8:00-10:30 • 35
6 Meetings • Offsite-Hiking • OP-183-SP26
Facilitators: Lynn Neakrans, Mark Troester(GC)*
Join us on moderate hikes of up to 5 miles on rocky and sometimes steep terrain and experience the beauty and diversity of some of the many trails in our area. You will need to be in good physical condition and accustomed to hiking at higher elevations and temperatures. Wear a hat and sunscreen and bring plenty of water and hiking poles. For comfort and enjoyment, wear comfortable boots and dress in layers appropriate for the weather. Limit: 15

84) Wild America: National Park Ecosystems

Fri, 4/17 • 9:00-10:30 • \$15
1 Meeting • Online- • OSZ-184-SP26
Facilitator: David Kroese
Through pictures and descriptions, we visit some of the diverse and beautiful ecosystems protected within the 430+ National Park Service units. We travel from coast to coast through mountains, desert, wetlands, prairie, and lakeshores. We visit Alaska's wild spaces and tropical islands, sharing dramatic vistas and secluded locations where wild America comes alive. Limit: 100

85) National Park Origins

Fri, 4/24 • 9:00-10:30 • \$15
1 Meeting • Online- • OSZ-185-SP26
Facilitator: David Kroese
How did our national park system develop? What lay behind the parks' creation, preservation, and management? In Origins, remarkable and diverse tales from over fifteen parks tell of extraordinary people that fought tirelessly for their protection. Limit: 100

PHILOSOPHY & RELIGION & UNEXPLAINED

86) Creation, Dinosaurs & Noah's Ark

Mon, 4/6-5/11 • 11:00-12:30 • \$35
6 Meetings • Prescott Bldg 4-118 • OP-186-SP26
Facilitator: David Larsen
What are the ramifications of the Bible's account of a global Flood? Is it history? Could the flood account for the fossil record? Could the remains of Noah's Ark still exist on Mt. Ararat? What are "archaeological anomalies"? Why have some dinosaurs survived, unchanged by evolution for millions of years? Where do dinosaurs fit into the biblical account of history? How are all of these questions related? Questions are welcomed at the end of each class. Limit: 24



OLLI needs your support for scholarships for our members, special projects, and preparing for our future growth, to give:

www.yc.edu/ollidonate

Join our 360 Club for just \$30 per month!

87) The Inner Journey, A Course in Meditation- 2 of 2

Mon, 4/6-5/11 • 2:00-3:30 • \$35

6 Meetings • Online- • OPZ-187-SP26

Facilitator: DeeDee Freeman*

Based on the teachings of the great sages of ancient India, this 12wk course provides practical, methodical guidance for developing a solid meditation practice. The videos follow a user-friendly guidebook “Meditation, A Journey of Exploration”, which begins with basic principles and proceeds, step by step, to more advanced topics and techniques. Swami Tadatmananda is a traditionally-trained teacher of Advaita Vedanta, meditation, and Sanskrit. For more information, please visit ArshaBodha.org Limit: 16

94) Reflections for the Wandering Mind

Wed, 4/29 • 10:00-1:00 • \$15

1 Meeting • Prescott Bldg 4-118 • OP-194-SP26

Facilitator: Mathias Karayan

This class is not about changing your world so you can have peace. Peace is not there. It is about correction at the level of your mind; cultivating thoughts of peace, for a mind in conflict with itself. It is about a unified goal for peace of mind. This class is not a traditional approach on how to meditate. It is an interactive approach on how to stay focused throughout your day. Limit: 12

96) Words of Love; A Class on Healing Relationships

Wed, 5/13 • 10:00-1:00 • \$15

1 Meeting • Prescott Bldg 4-118 • OP-196-SP26

Facilitator: Mathias Karayan

This class is about the understanding that all relationships are the opportunity to remember Love. The nature of every relationship is a mutual teaching and learning encounter. In this class you will learn to give your relationship a united goal, a new purpose for healing to occur ... and the opportunity to remember Love. Limit: 12

SCIENCE & MATH

97) New Ideas

Mon, 4/6-5/11 • 10:30-12:00 • \$35

6 Meetings • Online- • OPZ-197-SP26

Facilitator: Barbara Brown*

Embark on a weekly adventure into the world of bold ideas and fascinating discoveries! Each session dives into a fresh topic—from cutting-edge science and breakthrough technology to the wonders of space, the arts, and global culture. Come curious—leave inspired!

99) How the Earth Works Pt 2

Wed, 4/8-5/13 • 2:00-4:00 • \$35

6 Meetings • Prescott Bldg 4-102 • OP-199-SP26

Facilitators: Johanna Kangal*, David Hoffman*

Continents move. Glaciers come and go. Mountains rise and erode away. We live on a planet that is constantly changing. In this exciting series, you will witness the history of our planet in spectacular detail, learning what Earth is made of, where it came from, where it's going, and above all, how it works.

100) Clam Chatter

Fri, 4/10-5/8 • 2:30-4:00 • \$35

5 Meetings • Prescott Bldg 31-101 • OP-200-SP26

Facilitator: Dale Snyder

With a global population over eight billion, humans are reshaping the planet, and the oceans reveal these changes more clearly than anywhere else. Join us to explore marine life—from corals and sponges to the seven classes of mollusks, including snails, bivalves, and lesser-known groups.

101) Our Power & Planet: Cheaper, Cleaner Electricity

Fri, 4/17 & 4/24 • 12:30-2:00 • \$35

2 Meetings • Prescott Bldg 31-101 • OP-201-SP26

Facilitators: A Sawyer, S Cook, S Kelley

Class 1: Community Choice Energy (CCE); Finding Affordable Electricity. How AZ could move away from the investor-owned utility model that gives APS a monopoly on providing our electricity, to CCE, a competition based model. Also, how we consumers can save money now by using PV solar electricity. Class 2: The elected AZ Corporation Commission regulates production and pricing our electricity. How could they better meet their mandate to serve us in providing clean, affordable power?

SELF-ENRICHMENT & LIFESTYLE

107) Yoga Off The Mat: Ancient Wisdom For Modern Times

Mon, 4/6-5/11 • 12:00-1:45 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-207-SP26

Facilitator: Steve Price

Join us for a deep dive into the ancient psychology of yoga, applying the timeless wisdom of Patanjali's Yoga Sutras to life in today's world. Learn how to quiet your mind, develop mental focus, improve your relationships, and much more, including a simple meditation you can practice at home if so desired. Profound yet practical, these teachings are especially helpful in a world where anxiety, aggression and loneliness seem to have reached an all-time high. No yoga experience or mat needed.

110) Cultivating Awareness: The Foundations of Mindfulness

Tues, 4/7-5/12 • 01:00-02:30 • \$35

6 Meetings • Prescott Bldg 3-203 • OP-210-SP26

Facilitator: Lesley Schuler

This introductory program draws from Buddhist wisdom on the nature of our breath, body, thoughts, and emotions, through mindful meditation, contemplative writings, and mindful sharing in nature. By focusing on awareness of the present moment without judgment, we learn to respond instead of react, cultivating a more compassionate relationship with ourselves and the world. The class will be conducted mostly outdoors in the YC Garden. Limit: 13

111) Armchair Adventures

Wed, 4/8-5/13 • 10:30-12:00 • \$35

6 Meetings • Online- • OPZ-211-SP26

Facilitator: Barbara Brown*

Join us to travel the world without passports, expense, long lines at airports, cathedrals and museums. We will explore cultures, history and do lots of sightseeing.

113) Discover Your Guidance: The Magic of the Pendulum

Fri, 4/10-5/15 • 1:00-2:30 • \$35

6 Meetings • Online- • OSZ-213-SP26

Facilitator: Darielle Archer

Explore the pendulum as a sacred, mystical tool to access intuition, subtle energies, and inner wisdom. Through guided practice and reflection, students cultivate discernment, self-trust, and spiritual alignment. Students will learn: Awaken and strengthen intuition, receive clarity in decisions, sense subtle energy fields, gain insights into complicated situations, integrate spiritual insight into daily life. No prior experience required. Limit: 20

115) Thrive in Retirement: Design the Life You Desire

Wed, 4/15-5/13 • 2:00-4:00 • \$35

5 Meetings • Prescott Bldg 31-101 • OP-215-SP26

Facilitator: Lisa Hosking

This class is designed to help you craft a meaningful, fulfilling next chapter! From discovering your core values and purpose to mastering time management. You'll dive into building connections, embracing wellness, and creating routines that support your dreams. By the end, you'll present your personalized retirement vision—turning your aspirations into reality! Limit: 13

116) Downsizing with Purpose: Decluttering and Organizing for a New Season of Life

Thurs, 4/30 & 5/7 • 2:00-4:00 • \$35

2 Meetings • Prescott Bldg 31-102 • OP-216-SP26

Facilitator: Lisa Hosking

This course is designed for those who want to simplify their homes without feeling overwhelmed. Participants will learn practical, step-by-step strategies to declutter, organize, and make intentional decisions about their belongings—while honoring memories and life transitions. Participants will gain tools to reduce clutter and create living spaces that better support their current vision and lifestyle. The class focuses on manageable actions that can be sustained long after the course ends. Limit: 15

WRITING, LITERATURE, & LANGUAGES

118) Fractured Fairy Tales and Drabble

Mon, 4/6-5/11 • 9:30-10:45 • \$35

6 Meetings • Prescott Bldg 30-126 • OP-218-SP26

Facilitator: Margie Crider

Bullwinkle and Rocky made fractured fairy tales famous. Little Red Riding Hood started selling furs and the prince who found Sleeping Beauty thought it was so cool that he created Happily Ever After Land. He also looked suspiciously like Walt Disney. Create your own version of a classic children's story. Drabble is a short story that is exactly 100 words. Learn how to shorten the story to fit that 100 word limit. Come and join us for lots of fun and silliness. Limit: 12

120) Creative Memoir (Prescott)

Wed, 4/8-5/13 • 9:00-11:00 • \$35

6 Meetings • Prescott Bldg 31-102 • OP-220-SP26

Facilitator: Roger Palmenberg

Participants will produce three 1,000 word essays to be compiled into a document for each participant. Sample prompts: Influencers, A Childhood Friend, A Favorite Place, A Memorable Journey, others as chosen by participants or the facilitator. Limit: 10

122) Memoir Writing Class

Wed, 4/8-5/6 • 2:00-4:00 • \$35

5 Meetings • Prescott Bldg 3-205 • OP-222-SP26

Facilitator: Joann Ashlock*

Ready to share your story? This class is your chance to bring your memories to life! Whether it's for your family or just for your own reflection, we'll help you organize your thoughts into a powerful memoir using the "I" point of view. Whether you're a first-time writer or a seasoned pro, everyone's welcome—let's get writing and make those memories unforgettable! Limit: 8

125) Hemingway: Short Stories (Paris)

Thurs, 4/9-4/30 • 2:00-3:30 • \$35

4 Meetings • Prescott Bldg 3-271 • OP-225-SP26

Facilitator: Joann Ashlock*

"For sale, baby shoes, never worn." Hemingway bet fellow writers that he could craft a short story in six words. (An old saying from 1906.) Hemingway's "In Our Town" collection of short stories written in Paris, 1925 gives us characters who define courage under pressure. "The world breaks everyone and afterwards many are strong in the broken places." (A Farewell to Arms) We'll read some short stories from his earliest collection, discuss his writing style, content, milieu. Books provided. Limit: 12

Field Trips

1) Guided Tour of Jerome State Historic Park

Mon, 4/27 • 10:00-12:00 • Free

1 Meeting • Offsite • OV-101-SP26

Facilitator: Hal Hatfield

This is an encore field trip, first conducted in Fall 2025. Your tour guides will be Hal Hatfield, retired geologist and Park volunteer and Mary Beth Barr, Jerome Historical Society President. Topics will include geologic history; major town and mining events; the mine owners; the ghost town years; and what makes Jerome tick today. The tour will be primarily outdoors, so please dress accordingly. A \$10 fee or a valid annual State Park Pass will be required for entrance to the State Park. Limit: 25

2) Planting Mixes & Compost - Let's Get Dirty

Tues & Thurs, 4/21 & 4/23 • 10:00-12:00 • Free

2 Meetings • Prescott Bldg 4-102 • OP-102-SP26

Facilitator: Kathleen Corum

Learn the fundamentals of soils, planting mixes, and composting with Earl Duque of Delicious Earth Farm. Tuesday: 2 hour discussion on soil health, compost systems, and making mixes for in-ground planting, pots, and seed starting. Thursday: Meet at the farm for hands-on compost building and seed tray preparation. This workshop involves heavy lifting and shoveling. Limit: 9

Fun & Hugs with a Once-Wild Burro

1 Meeting • Offsite • Free

3) Sat, 5/9 • 10:00-11:15 • OP-103-SP26

4) Sat, 4/11 • 10:00-11:15 • OP-104-SP26

Facilitator: Teri Renaud

Meet and greet the boys (donkeys) Georgie and Billy Bob Beer Belly. Connecting with the boys is all about brushing, petting walking and talking with them. No riding is done with this fun visit, just Fun and Hugs! Teri will also share information about her donkeys and the history of donkeys. At the end you will have a chance to feed treats (peanuts) and take Frameable Pictures for lasting memories! Donation of \$20 requested for the food and care of the boys! Payable to the facilitator. Limit: 12

5) Prescott Creeks Urban Tour

Tues & Thurs, 4/28 & 4/30 • 10:00-12:00 • Free

2 Meetings • Prescott Bldg 4-102 • OP-105-SP26

Facilitator: Kathleen Corum

On Tues at 10AM Michael Byrd, Director for Prescott Creeks, will share the Creek's natural history and its pivotal role in the town's history. **Thurs at 8AM**, we walk the shaded Granite Creek path. Our 0.6-mile route follows the Downtown Greenway Trail along the creek on natural surfaces including stairs. Meet at Granite Creek and Carleton. \$15 cash donation payable during the tour. Limit: 20

6) Guided Tour of Heritage Park Zoo

Thurs, 5/7 • 9:00-10:30 • Free

1 Meeting • Offsite • OP-106-SP26

Facilitator: Kathleen Corum

Have you ever wondered where the animals come from, who takes care of them and feeds them? With the mission of conservation through education, Heritage Park Zoological Sanctuary, situated on 10 acres overlooking Willow Lake, provides a unique and up-close personal experience with animals that visitors may see nowhere else. Limit: 20

Explore Facilitating at OLLI- Share Your Passions!

No teaching experience needed, just passion for sharing, exploring, and learning. We can help you brainstorm, plan out the class, and show you how easy it is to submit a proposal.

Osher Online Classes in Partnership with Northwestern University Spring 2026 Registration

All Classes meet for 6 weeks online *Extra fees apply for ALL membership levels*

Registration Deadline 3/23

See a complete Osher Online catalog with detailed descriptions & videos from Instructors here:



Music: Controversies and Curiosities

Wed, 4/15-5/20 • 2-3:30 • \$60

6 Meetings • Online • OZO-901-SP26

Music has long provoked debate, from Beethoven and Stravinsky's bold innovation.

California Uncovered: A Journey Through Time, Place, and Identity

Fri, 4/10-5/15 • 12-1:30 • \$60

6 Meetings • Online • OZO-902-SP26

California is more than a state—it is an idea, a dream, and a contradiction.

The Lost Generation

Wed, 4/15-5/20 • 12-1:30 • \$60

6 Meetings • Online • OZO-903-SP26

This course will examine the cultural transformations in thinking and living that reshaped America and Western Europe between World War I and the Great Depression.

Place, Memory, and Environmental Psychology

Tues, 4/7-5/12 • 10-11:30 • \$60

6 Meetings • Online • OZO-904-SP26

How much of who we are is shaped by the places we live and experience?

JFK's Quest for Peace: Lessons for Turbulent Times

Thurs, 4/2-5/7 • 10-11:30 • \$60

6 Meetings • Online • OZO-905-SP26

Throughout his 1000-day presidency, John Kennedy pursued peace through a broad spectrum of initiatives.

Comic Book Literature

Tues, 3/31-5/5 • 12-1:30 • \$60

6 Meetings • Online • OZO-906-SP26

Comics stretch from cave paintings and the Bayeux Tapestry to today's Batman and Spider-Man.

Ghosts in the White House: The People Behind Presidential Speeches

Mon, 3/30-5/4 • 12-1:30 • \$60

6 Meetings • Online • OZO-907-SP26

This course traces the evolution of speech writing from George Washington's administration to today.

From Leo XIII to Leo XIV: History of 20th and 21st Century Popes

Tues, 4/7-5/12 • 2-3:30 • \$60

6 Meetings • Online • OZO-908-SP26

Who are these men? What are their life stories? How were they similar to and different from each other?

A Beautiful Brain

Thurs, 4/9-5/14 • 8-9:30 • \$60

6 Meetings • Online • OZO-909-SP26

Most conversations about aging focus on lifespan, but brainspan (how long our mind stays sharp) matters more.

Frank Lloyd Wright and Modern Architecture

Tues, 4/21-5/26 • 4-5:30 • \$60

6 Meetings • Online • OZO-910-SP26

Frank Lloyd Wright designed nearly 1,000 buildings and helped define modern architecture.

Great Science Stories

Thurs, 4/9-5/14 • 12-1:30 • \$60

6 Meetings • Online • OZO-911-SP26

Science is full of surprises. Dyes, accidentally discovered, launched the modern pharmaceutical industry.

AI for Regular People

Thurs, 4/2-5/7 • 4-5:30 • \$60

6 Meetings • Online • OZO-912-SP26

Updated course offers a clear, engaging intro to Artificial Intelligence (AI) and how it's rapidly transforming our world.

The Scopes Monkey Trial: Then and Now

Tues, 3/31-5/5 • 8-9:30 • \$60

6 Meetings • Online • OZO-913-SP26

In July 1925, Clarence Darrow, William Jennings Bryan, and others converged on Dayton, Tennessee, for the Scopes Monkey Trial.

Siberia: Russia's Frozen Wasteland or Economic Heartland?

Wed, 4/1-5/6 • 10-11:30 • \$60

6 Meetings • Online • OZO-914-SP26

Siberia covers three quarters of Russia's territory but is home to only a quarter of its population.

A History of Street Art

Wed, 4/1-5/6 • 8-9:30 • \$60

6 Meetings • Online • OZO-915-SP26

Art in the streets gives voice to marginalized communities, shapes urban environments, and challenges institutional norms.

Writing the Personal Essay: Finding Your Story

Sat, 4/18-5/23 • 11-12:30 • \$60

6 Meetings • Online • OZO-916-SP26

The personal essay, one of the oldest forms of creative nonfiction, blends storytelling, reflection, and analysis to give voice to lived experience.

Violinists: Performers and Composers

Mon, 4/6-5/11 • 8-9:30 • \$60

6 Meetings • Online • OZO-917-SP26

This course will explore the fascinating legacy of violinist-composers.

Special Interest Groups (SIGs)

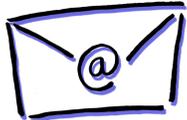


Tuesday Trivia Online
 Contact Bev Thurber at thurberbw@gmail.com

Games
 Contact Diana Gasser
 at rose_dln@hotmail.com



Social Bridge Online
 Contact Doug Adams at
ret2az09g@gmail.com



Good Morning Email Group
 Contact Barbara Brown
 at vacbrown@yahoo.com

BRIDGE-IN PERSON
 Contact Darcy White at
darcy838@yahoo.com

Write What You Want Online
 Contact Jim Veney
 at: jimeveney@gmail.com



Prescott Computer Society
<https://pcs4me.com>



Chess
 Contact Tom Green
 at tagreen@owu.edu



Prescott Mac Used Group (PMUG)
 Contact pmugaccount@icloud.com



Fiber Arts
 Contact Carol Miller at
loves2paintchina@yahoo.com



Mindful Mondays
 Contact Lesley Schuler
 at schulerlesley@gmail.com



ROMEOS
 (Retired Old Men Eating Out)
 Contact Claxton Lovin at
celovin327@att.net

Fly Fishing Anonymous
 Contact Mitch Childs at Enc44az@gmail.com



Beginners & Beyond Mahjonn
 Contact Sue Holle at: holles@yahoo.com

Guitar In Person and Online
 Contact Michael Gunn
 at michaeljohngunn@gmail.com



What is a SIG?

SIGs are on-going groups that are initiated and run by OLLI members to focus on a particular hobby or other interest. **SIGs are FREE and open to all OLLI members (unless otherwise noted).** The current SIGs are described below, along with contacts to get more information or join. Don't see your special interest reflected in the list? Consider starting your own SIG: [Apply HERE](#)

Join the OLLI Mailing List!



use QR code above, or email us
olli@yc.edu

OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI
AT YAVAPAI COLLEGE

**April 6 -
May 15**

Registration opens Mar 11

www.yc.edu/olli

928-717-7634

**PRESCOTT •
PRESCOTT VALLEY**