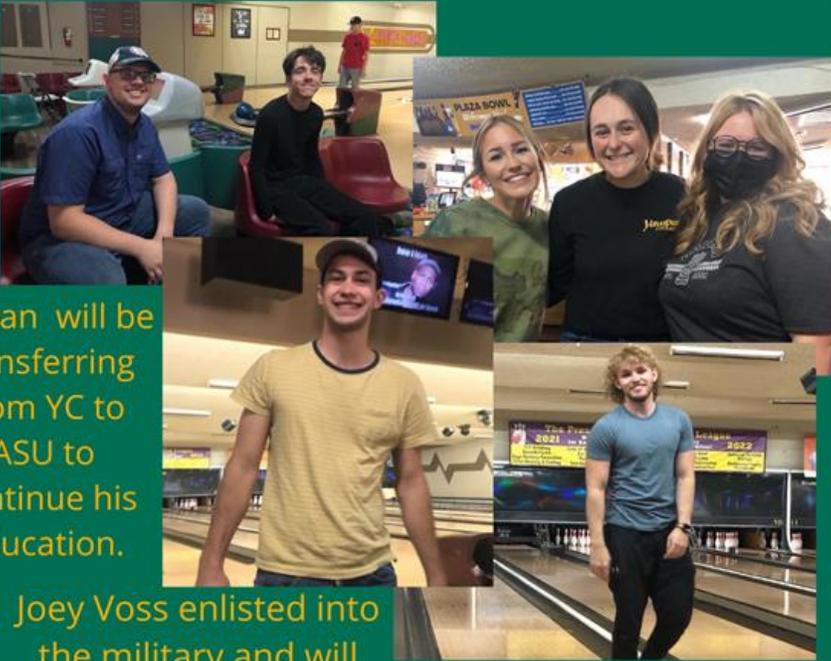


District Governing Board Student Highlights

Residence Life

HELLO
Spring

Nick will be back as an RA next year while pursuing an Associate of Business.



Tristan will be transferring from YC to ASU to continue his education.

Joey Voss enlisted into the military and will leave for training camp this year.

Sam Hartnett is graduating YC with an Associate of Science.

Maddy will be moving back home to Bagdad to start an exciting new chapter working for the mines.

Chyleah recently got into the Nursing program and will be back as an RA next year.

The Spring 2022 RA team is one of a kind. We celebrated the team by taking them bowling as a thank you for all of their hard work this past year!

Student Engagement and Leadership (SEL)

First 2 Ride

March and April Events

All events are open to all YC students and are supported through strong partnerships with other departments – Learning Center, REDC, Financial Aid, YC Pipeline and Strong Foundations



Stretch the Stress Away

With Instructor, Paula Tomitz

Monday, March 7th
6 to 7 p.m
Room 2-140

Exclusive First 2 Ride stress relief event!

Relaxing stretching and yoga.

Personal yoga mats recommended but not required.

Use QR Code to RSVP!
Space is limited.



FIRST-GEN STUDY HALL

Monday, March 21st
5 pm - 10 pm
Bldg. 3, Rm. 119
YC Prescott Learning Center

FREE REFRESHMENTS

Welcome the last leg of the semester with us and enjoy a fun filled time of easing back into the groove of things. Bring your homework and your friends- we're open late!



(928) 776 - 2020 | yc.edu/firstgen

FINANCIAL WORKSHOP

STUDENT LOAN DEBT

Do you have a plan?

JOIN US IN ROOM 3-119 OR VIRTUALLY WITH MEETING ID: 522 741 9225 @ 3PM TUESDAY, MARCH 22ND. YC FINANCIAL AID DIRECTOR RAY CEO PROVIDES US IMPORTANT INFO AND HELPFUL TIPS TO REPAYING STUDENT LOANS.



First 2 Ride Program

Creating + Maintaining a Budget Workshop

Meeting ID: 955 8528 1143 

Monday, April 11th
@ 6pm in Building 3, Room 119
laptops recommended

Looking to maximize your money?
Learn best practices to starting a budget plan and uncover the hidden benefits of being a student!

Are you prepared for emergency expenses?
Learn how to save money while still being able to take care of your priorities!

Workshop led by our Director of Financial Aid, Ray Ceo!






FIRST 2 RIDE
10th Anniversary
SPONSORED WORKSHOP

Transitions and Transfers Workshop

REDC'S Katherine Anderson & Transfer Advisor Ashley Burkhardt

Wherever you're going after YC, we want to ensure you have a plan. Join us for a transition to the workforce and transfer to university workshop with YC experts! Come with questions about the transfer process or how to secure employment after graduation.

WHEN
6p - 7p
18th August 2022

WHERE
Building 3, Room 119

Meeting ID: 962 7755 9261



First 2 Ride Program



First-Gen Brunch!

To celebrate your academic achievements and journey, all first-generation students are invited to network, celebrate, and enjoy a waffle bar brunch! **Please RSVP by 4/20**
All graduates will receive information on first-gen cords!



INTERVIEW STREAM DEMO AND TIPS!

Monday, March 28th @ 5pm
Meeting ID: 914 9329 5655
Building 3 Room 119



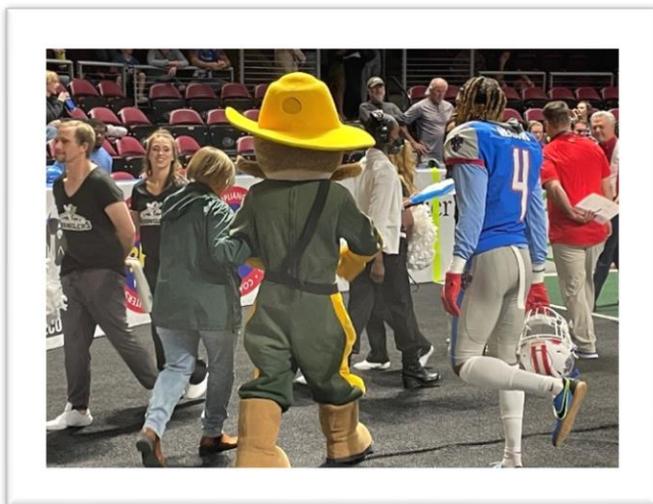
Juggling Study Breaks: The First 2 Ride study sessions have moved into the YC Learning Center! Studies have shown that taking a break from studying can improve your memory retention- the Learning Center's Frankie Cardamone teaches our students how to juggle and create new neuro pathways.



Roughrider Ambassadors

Northern Arizona Wrangler and YC Night

Over 300 tickets were dispersed to YC Student, Faculty and Staff (county-wide) for FUN night with the Northern AZ Wranglers. Ruff (mascot) joined Dr. Rhine for the Opening Coin Toss, along with the NAZ Wranglers half time show with the Wranglers dance team. Wrangler WON!



YCSGA

Executive Leadership Elections

YCSGA Executive Leadership Elections for the 2022-2023 academic year will be announced the week of May 2nd. The current YCSGA Leadership Team will be doing a warm hand off in mid-May.

YCSGA current Executive Team and Senate Celebrated their success for all that are Graduating with the draping of YCSGA stoles.



Students of Leadership (SOL)

Sol Celebration!

After 3 years SOL was able to connect with all the member of SOL to have a “party” to Celebrate Extraordinary leaders in extraordinary times. This program was a vision of YC President Lisa Rhine and kicked off in the fall of 2019. The past three years 76 students and 22 faculty/staff have participated in monthly leadership activities from the annual President’s Retreat to Leadership Growth Session/Workshops, Certified Peer Educator Training, Colors, along with a number of Civic Leadership projects such as Neighborhood Food Gathering to Letter from SOL (letters to isolated Senior Citizens).



VET Services

Members of local veteran organizations conduct the flag raising ceremony as part of the first annual **James David Warfield Memorial Verde Valley Stand Down** on Friday, March 25, 2022, in Cottonwood. Stand Down events are held throughout Arizona to support homeless and at-risk veterans in need of basic services for health, employment, housing, education, etc. Scott Nardo hosted a table representing Yavapai College VET Services, with VA education benefits information for veterans and family members in the Verde Valley. Also, members of the U.S. Marine Corps Mounted Color Guard in attendance from Barstow, CA.





Yavapai College **student veterans, Sarah Gutierrez and Kenneth**

Wagner, were presented with laptops and backpacks by Jane Hersh, TRIO/VET Services Director. In addition, they each received the **Daniel Roberts Veterans Scholarship awarded by United Way earlier this year**. Both Sarah and Kenneth dedicated years of service to our country with honor and will continue to do so as nurses serving our communities after graduation from YC with the same dedication. We are proud of their achievements in school and in life!

TRIO Student Support Services (SSS TRIO)

Thursday, April 14: The SSS TRIO Club raised \$1,958 in this year's Silent Auction. Club members exercised organization and project management skills and unanimously voted to earmark the funds to support SSS TRIO students with emergency needs.



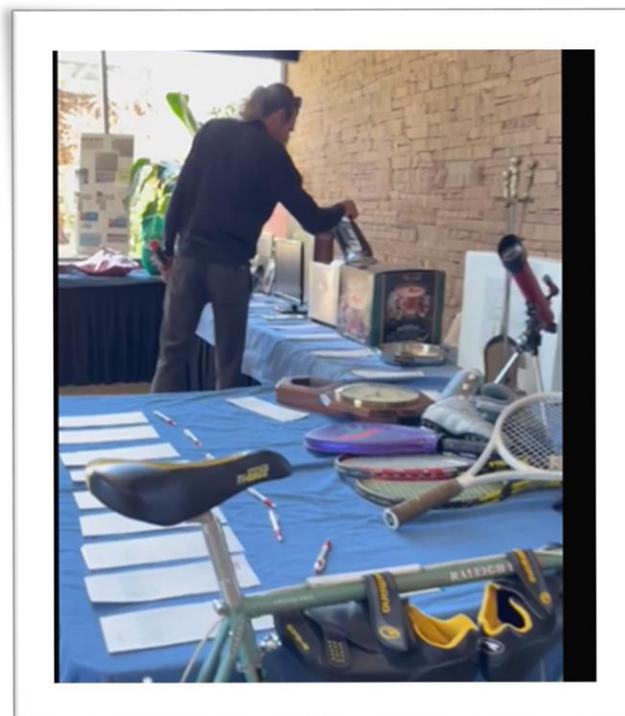
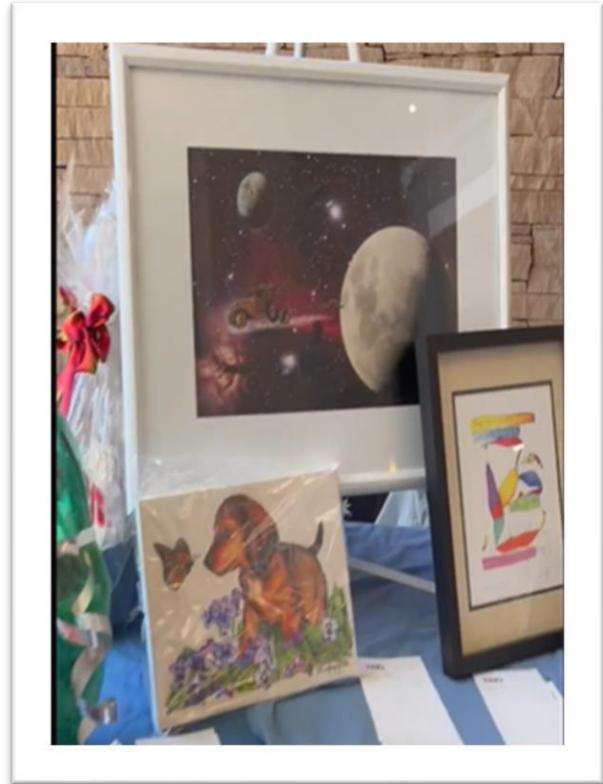
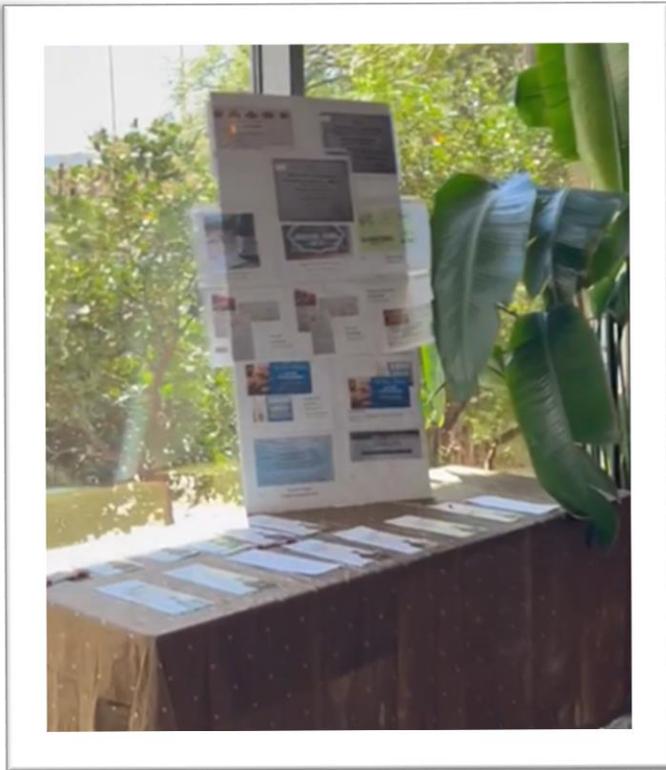
SSS TRIO Student Amanda Borja greets bidders at the SSS TRIO Silent Auction



SSS TRIO Student Alyssa Orozco created two (2) videos to encourage folks to bid at the SSS TRIO Silent Auction.

SSS TRIO Club Silent Auction Event Day set-up included numerous gift certificates, premium artwork, miscellaneous sports equipment, and kitchenware. The success of this event was truly a team effort from marketing to gathering donations to the actual auction

Special thanks to the students and staff: Cory Bullock, James Horton, Mary Williams, Mitch Bell, Mary Williams, Alyssa Orozco, JJ McCormack, Jerry Zaryczny, Andrea Annibale, YC Foundation, and Cassidy Grantham. Thanks to all who provided auction items and made bids and purchases.



TRIO Educational Talent Search (ETS TRIO)

Tuesday, April 26: Thirteen (13) ETS high school students from Mayer, Chino, and Prescott Valley, engaged with the YC Athletic Director Brad Clifford and his staff during a presentation about the various degrees and certificates required for jobs related to athletics and sports. Students not only had a hands-on experience with e-sports, but also ate lunch while watching the athletic staff in action during a YC baseball game to learn what it would be like to have a career in the athletic field. Overall, students came away with a realistic learning experience advancing their knowledge and awareness of future career choices.



Strong Foundations – Wrap Around Basic Needs Program

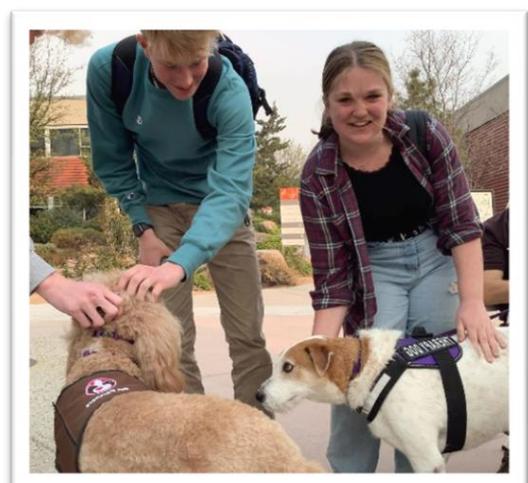


Stretch the Stress Away

On Monday, March 7th, Strong Foundations in collaboration with YC's First2Ride Program hosted a free, 1-hour stretching class with elements of yoga and relaxing visualization for First2Ride students. Paula Tomitz, Coordinator Fitness Facilities, led a very beginner friendly stretch class. Yoga mats were provided in the classroom and First2Ride provided water and granola bars. There were seven attendees at this event.

Paws to Destress

On Monday (April 25th, 5-7 pm) and Wednesday (April 27th, 4-6 pm), Strong Foundations in collaboration with YC's First2Ride program hosted a de-stress event outdoors on the Prescott campus. There were therapy dogs and their handlers from Pet Partners of Prescott at the event. There was also participation from the PTK Student Organization and the Student Juggling Club by providing destress activities like coloring pages, origami kits, juggling for beginners, self-care bingo, and healthy snacks and water provided. Students entered to win raffle prizes like a volleyball, home gym kit, yoga kit, and \$30 Sprouts gift card. About 50 students attended.

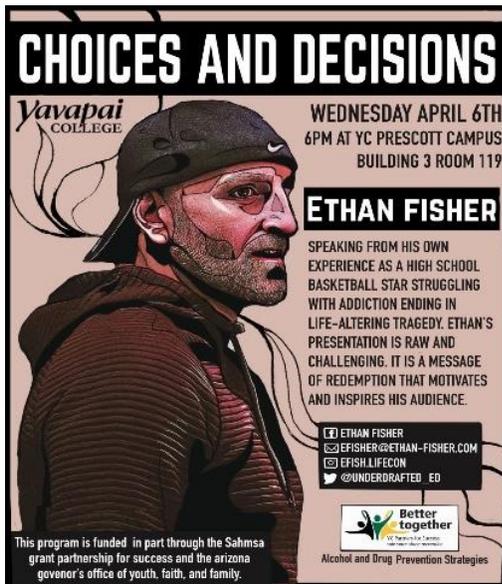




Alcohol & Drug Prevention Strategies

Choices & Decisions: Presenter, Ethan Fisher

On Wednesday April 6th, the Health Wellness and Resiliency team hosted a presentation on the Prescott Campus with national motivational-speaker Ethan Fisher from Undrafted. Fisher's story of resiliency, perseverance, making mistakes, and overcoming tragedy is extremely



impactful. It's a story that resonates with everyone--- especially young people who may need guidance in overcoming the traps and pitfalls of substance abuse and mental health. The program was also available on Zoom for students who could not attend the event in-person.

Approximately 105 students and community members attended or viewed the presentation. To help support student athletes, Fisher also conducted a Coach's Workshop for 15 staff members of the YC Athletics Department.



“Walk With Me, Be Drug Free!”

On Saturday, April 9th, members of the Yavapai College P.F.S. Health, Wellness and Resiliency team participated in MATFORCE’s 6th annual “Walk With Me, Be Drug Free!” at Mortimer’s Farm in Dewey. Approximately 500 community members participated in this year’s event, which encourages youth to make safe and healthy choices.



“No More”

NO MORE
Join us in saying **NO MORE** to sexual violence!

April 13, 2022
5:00 - 7:00 pm

Community Room, Yavapai College
100 E. Sheldon St. Prescott

This event is for you if...

- You are passionate about eliminating sexual violence
- You are looking for ways to get involved in the community
- You or a loved one is looking for sexual violence resources

You can In partnership with Campus Safety
Campus Title IX Office
Administrative Justice Studies

Better together
Yavapai College
Resiliency and Wellness

April was Sexual Assault Awareness Month. On April 13th, the Yavapai County Coordinated Community Response Team hosted a “No More” Sexual Violence Awareness event at the Prescott campus. Members of the Yavapai College Health, Wellness and Resiliency team helped organize and coordinate the event. Approximately 40 YC students and community members participated in the event, which concluded with a short solidarity march near campus.

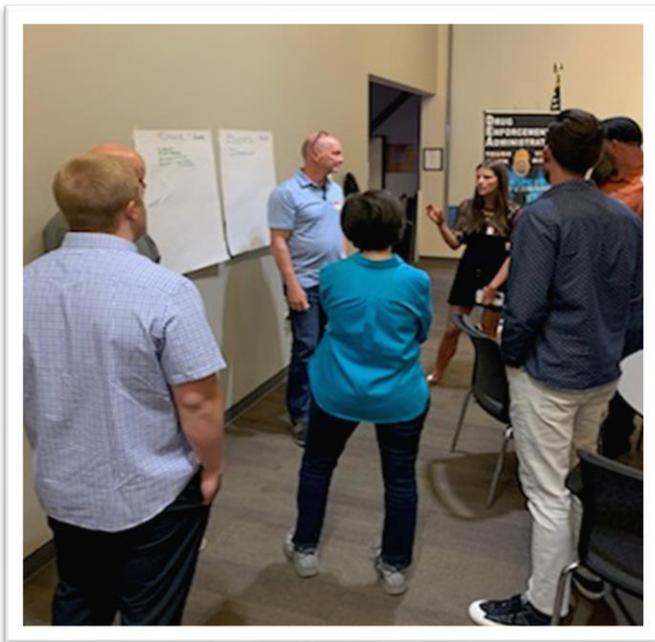
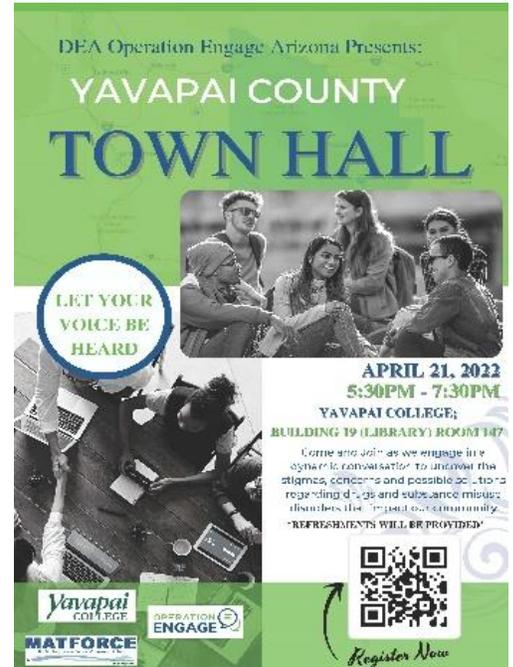


YC Focus Group & D.E.A. Operation Engage Town Hall

In 2020, the federal Drug Enforcement Administration launched a pilot program called “Operation Engage.” Operation Engage is an effort to collaborate with community stakeholders and bring federal resources to help deal with problem drug issues. Yavapai County is one of eleven Operation Engage regions in the United States.

On April 7th, the Health, Wellness and Resiliency team facilitated a Focus Group to develop topics for the Operation Engage Town Hall event (planned for later in the month). 15 YC students and community members participated in the Focus Group.

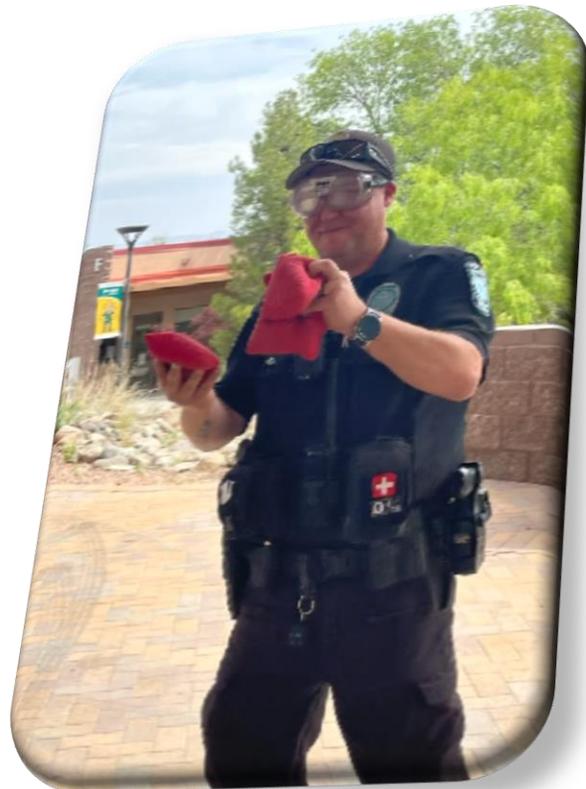
On April 21st, Yavapai College hosted a Town Hall to develop solutions to community drug issues. Members of the Yavapai College Health, Wellness and Resiliency team helped organize and coordinate the event, which was attended by approximately 50 YC students and community members.



Clarkdale Campus “Safe Summer Break”

On April 26th, the Yavapai Health and Wellness Team hosted a “Safe Summer Break” information and activity event in the pavilion on the Clarkdale campus. Students and staff members were given the opportunity to learn about the risks of underage drinking, excessive alcohol consumption, and the harmful outcomes of experimenting with alcohol and street drugs during social gatherings.

Congratulations to Clarkdale campus students Tiffany McLaughlin, Victoria Casey, Reanna Crittenden, Erica Petlin, and Ruby Rocha, who won Raffle Prizes at the event.



“Dump the Drugs”

On April 30th, the Yavapai College Health, Wellness and Resiliency team partnered with MATFORCE and D.E.A. Operation Engage to host an Rx drug take-back event at the YC Prescott campus. Since 2008, over 40,000 pounds of unwanted/unused Rx drugs have been collected and disposed of safely in Yavapai County.

The “Dump the Drugs” program keeps harmful medications out of our water supply and out of the wrong hands. 50.5 pounds of unwanted/unused Rx drugs were collected at the April 30th event.



Dump the Drugs

National Prescription Drug Take-Back Campaign

Saturday, October 23, 2021
10:00 am to 2:00 pm

Yavapai College Police Dept.
1100 E. Sheldon Street
Prescott, AZ



Safely and easily dispose of your unused and expired prescriptions or over the counter medications.
Keep them out of the wrong hands!

This event will be held in conjunction with
Yavapai College Police Department



- Medications flushed down your toilet end up in our lakes, rivers and ground water.
- Clean out your medicine cabinet. Bring your expired or unused medication for proper disposal.

(928) 708-0100 matforce@california.net matforce.org

QR code and additional event information.

