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SUPPORT • COLLABORATION • COMMUNICATION • INFLUENCE

YCSA President's Welcome

Hello! As I write this, the leaves are changing and it's actually chilly outside at the Prescott Campus, so fall is truly here! I hope everyone takes the chance to enjoy the beauty that this season brings to Northern Arizona.

As the new YCSA President, I'd like to introduce myself and share a bit of my background. I started working at YC in August 2006 as a Recruitment Specialist, hired by Yavapai Bob...Bob Hoskovec! In 2007, I became an Academic Advisor and served as an Advisor until 2010. Between 2010 and 2012, I worked at NAU, both Prescott and Prescott Valley campuses. I quickly realized that my heart was still at YC, so luckily I was able to return as an Academic Advisor at the end of November 2012. From 2016 to 2017, I served as the Manager of Academic Support and Student Success at the Verde Campus, and now my position is Coordinator for Community Relations, working closely with our new Vice President Rodney Jenkins. During my time at YC, I have worked at five of our six campuses/centers (just not Sedona...yet!), so I'm fortunate to have experienced each location and to have built relationships with staff, faculty, and students across the district.

At our fall YCSA meeting during Convocation Day, we voted to change the structure of the YCSA Board to include the committee chairs as representatives on the Board. Therefore, here is your new YCSA Board:

- President:** Lisa Schlegel
- Vice President:** Janice Soutee
- Secretary/Newsletter Committee Chair:** Katherine Anderson
- Treasurer:** Karen Smith
- Benefits & Professional Development Committee Chair:** Daintry Donovan
- Social Events & Community Service Committee Co-Chairs:** Linda Brannock and Janice Soutee

This change means that we need up update the YCSA Constitution and By-Laws, which haven't been revised since 2012. Stay tuned for the revisions coming to your inbox for feedback this fall.

I'd like to encourage you to get involved with any of the three committees by emailing the Committee Chair for more information. Committees are where the magic happens! It's a great way to be more involved at YC, get out of your usual routine, and work with other staff from around the district.

Have a lovely fall semester, everyone!

Yavapai College Food Pantry Available for Students

IAM YC opened the Yavapai College Food Pantry (YCFP) on Tuesday, October 10. The YCFP is a collaboration between students, faculty, staff and community members to alleviate the food insecurity that we see on our YC campus. The pilot will be on the Prescott campus with plans to include all YC campuses in the near future.

The goal of the YCFP is to provide nutritionally balanced meals to students and their families that find themselves facing food insecurity. I AM YC students will be staffing the pantry and providing bags of food that will supply families 12 meals per person in their household.

Calendar Reminders

- Oct. 23 Continuing, degree-seeking student Spring 2018 registration begins
- Oct. 30 Open Spring 2018 registration begins
- Nov. 3 First Friday trainings
- Nov. 10 Veteran's Day observed (campuses closed)
- Nov. 15 YC Scholarships open for application
- Nov. 22 – 26 Thanksgiving Holiday (campuses closed)
- Nov. 24 Mandatory employee training deadline
- Dec. 8 Fall regular semester ends/Nursing Pinning ceremony
- Dec. 8 Prescott Campus Holiday Luncheon
- Dec. 9 Residence Halls close for Winter Break
- Dec. 13 Final grades due to Registrar
- Dec. 19 – Jan. 1 Winter Break



New YCSA Officers

Congratulations to the newly elected YCSA officers for 2017-2019: Lisa Schlegel, President; Katherine Anderson, Secretary; and Karen Smith, Treasurer. Congratulations, also, to the newly appointed Committee Chair Representatives Linda Brannock and Daintry Donovan.

As President, Lisa is responsible to prepare the agenda for all meetings, conduct the meetings and act as an official member for various committees. Lisa grew up in Southern California and “escaped” to Prescott in 1988 to attend (and graduate from) Prescott College. She started her career in higher education at PC, and has worked for NAU and YC as well. She has two great kids, a daughter at the US Naval Academy in Annapolis and a son at Prescott High School. She was recently re-married and is creating a new life with a blended family...and two teenaged boys! A little known fact about Lisa is that she has accumulated 39 credits of choir participation at YC since 1990. She loves the outdoors, music, and exercise.

In the role of Secretary, Katherine will be responsible for taking and posting minutes, and keeping records. Katherine is a southern California native who has lived in Prescott Valley for the last 14 years. She is an NAU graduate and is very active on the Prescott NAU Alumni Leadership Team. She has worked at YC for three years, all with the SBDC and REDC. Katherine and her husband took a leap of faith this year, and started a CAD design/engineering/consulting company out of their home. She is a proud mom to two beautiful girls, one of which who was just married on October 6!

As Treasurer, Karen will serve as the purchasing liaison for the YCSA. Karen is a true native to Prescott! Yes, born at YRMC and grew up in the tri-city area. She is a genuine country girl at heart, and has lived her entire life around horses and the cowboy/rodeo lifestyle. That’s why taking a job with Yavapai College at the Agribusiness Center in Chino ten years ago was the perfect fit for Karen. She also spent ten years working for an animal hospital as a vet assistant prior to YC. Karen is an active supporter of FFA, 4H, and the Arizona High School Rodeo Association. She enjoys hunting, camping, and the outdoors with her kids (11 and 15) and husband, Jerrad (plus horse, Pepsi; and dogs, Ollie and Porter).

As a Committee Chairperson, Linda Brannock will be responsible for submitting committee meeting notes and reporting to the Board on committee functions. Linda was born in Prescott and is a graduate from Prescott High, class of 1982 (go Badgers). In 2004, she was hospitalized for carbon dioxide poisoning received from her employer. This brought Linda back to Prescott. Through Vocational Rehabilitation, Linda started taking classes at YC. With the help of the SSS program, she completed her AA at YC in 2008 and a BS with a Minor in Psychology at Old Dominion University in 2010. In 2015, she joined YC as a Specialist Career Coach with the REDC, and continues as a Career Coach in the Department of Student Development.

Celebrating Our Employees

*Welcome to our new employees!
(through October 13, 2017)*

Name	Department	Campus
LaJeunesse, Sean	Human Resources	Prescott
Heneage, Cynthia	VP, Finance and Admin Services	Prescott
Mullen, Kip	IT Security	Prescott
Huntley, Deborah	Business Office	Prescott
Sperry, Amy	Academic and Career Advising	Verde Valley
Berrelez, Oscar	Campus Safety	Verde Valley
Brulet, Rebecca	Biology	Prescott
Pinard, Katie	Nursing	Verde Valley
Kallevig, Kathie	Speech Communication	Prescott
Stepanek, Kelly	Verde Custodial	Verde Valley
Paradise, Melanie	Nursing	Verde Valley

Trick-or-Treat So Others Can Eat

Trick-or-Treaters are coming to a neighborhood near you. However, this group is not the usual candy seeking youngsters. This is a group of YC students who will go to a designated neighborhood, door to door asking for donations of canned goods to donate to the I AM YC Food Pantry.

This event was brought to Yavapai College by Paul Shaffer, student and founding member of Rotaract, a volunteer organization on campus. He participated in a similar event while in high school with the Interact Club. Interact and Rotaract are both affiliated with the Rotary club. Last year, he invited SSS students to participate with the Interact event in Prescott Valley and the college group collected 15 boxes of canned goods. This year, Rotaract is joined by SSS TRIO, Student Leadership Council, Phi Theta Kappa, Native American club and The I AM YC club.



If they don't come to your neighborhood, you're always welcome to continue donating at the bins on campus for the I Am YC Food Pantry.



FALL FITNESS TRENDS 2017

NJCAA Division I Men's Soccer National Tournament

For the second time in three years, Yavapai College will be hosting the NJCAA Division I Men's Soccer National Tournament! YC and the communities of Prescott and Prescott Valley did such a fabulous job in 2014 that the NJCAA asked Yavapai to put in a bid for the 2017 opening. We were almost guaranteed the nod. In April of this year, athletic director Brad Clifford was notified that Yavapai College did, indeed, receive the bid.

Twelve teams from across the nation will descend upon Prescott and Prescott Valley in November to challenge for the National Title. Yavapai College soccer has won the championship seven times in its 29-year existence. However, like all of the other junior college soccer programs nationwide, YC must earn their right to be included in this year's field.



Hosting an event like the National Tournament is an economic boost to the surrounding communities. The twelve teams and their fans will be sleeping, eating and shopping in the Prescott and Prescott Valley area. In 2014, it was estimated that the area received an approximate \$350,000-\$400,000 economic impact. Not to mention, the great soccer for a week and the chance to see potential professional soccer players in our own backyard. Remember, former YC greats Justin Meram, Roger Espinoza and Alan Gordon all played in the National Tournament and they are currently on MLS squads.

The tournament will begin on Monday, November 13. Four pools of three teams will play each other on Monday, Tuesday and Wednesday, with the four pool winners facing off on Friday for the right to play in the championship match on Saturday, November 18. For more information on the tournament, visit: <http://soccer2017.yc.edu/>

The athletic department is always looking for volunteers to serve as ticket takers, gate watchers, information specialists, etc. If interested, please contact Brad Clifford at ext. 2230.

Fitness trends reveal that consumers are looking for more ways to work out on the go. One of the ways they are doing this is by turning their workplace into a temporary gym. This is possible thanks to innovative new product like the Pono Board, which allows users to strengthen their core while working at a standing desk.



Another portable exercise product is the SYWOS One, which allows consumers to focus on strength and resistance training wherever they may be. By using a leverage-based system, the device exercises multiple muscle groups in one simple motion. Both discreet and compact, the SYWOS One can be packed in any suitcase or bag, expanding exercise opportunities.

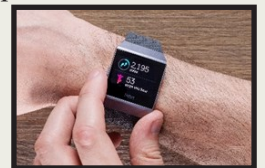


The Fitbit Flyer wireless headphones are a new piece of equipment from the fitness tracker brand that looks to provide users with an exceptional way to listen to their favorite tunes when working out. The headphones are splash, rain and sweat proof to ensure they are ready to be used when it comes to intensive training endeavors.



The headphones provide up to six hours of usage per charge.

The Fitbit Ionic smartwatch works to provide users with enhanced fitness tracking capabilities. Besides including heart rate monitoring, blood oxygen sensing, sleep tracking and workout coaching, it also boasts GPS technology and water resistance.



Did You Know? Yavapai College Offers Adult Basic Education

GED: General Educational Developmental Preparation

- ◆ Gain the skills you need to pass the GED test
- ◆ Prepare for college classes and a new career

ESL: English as a Second Language

- ◆ Learn to speak, read, and write English
- ◆ Improve job opportunities
- ◆ Learn more about American culture

COLLEGE PREP

- ◆ Gain skills to thrive in college

- ◆ FREE classes open to students 16 years of age and older
- ◆ Locations throughout Yavapai County
- ◆ Daytime and evening hours
- ◆ Classroom and online instruction
- ◆ Free books and materials
- ◆ Instructors are certified by the Arizona Department of Education

Check This Out!



YC Promise

If you obtained a GED in 2016 or 2017, then you may qualify to receive fee tuition for spring semester 2018. We promise that you won't pay any tuition or general fees if you meet the criteria and enroll for the spring semester.

The YC Promise program is available to all Yavapai County residents who earned a GED in 2016 or 2017 and meet Arizona state residency requirements.

YC Promise will cover the cost of tuition and fees. We will help you find the scholarships and grants for which you qualify. You will still need to pay for other college expenses, such as books, supplies, testing fees, etc.

Bridge to Healthcare Class

Prepare for your career in healthcare while you study for your GED or college entrance exam. Learn academic skills for the GED test or college that are contextualized to the healthcare field.

Get the best of both worlds with our hybrid class: direct instruction from a qualified teacher + self-paced online study.

FREE to eligible participants, including tuition, textbook costs, and other related healthcare program fees.

Learn in a College Atmosphere

As part of Yavapai College, the Adult Basic Education program uses resources and services provided by the college, including the library, computer access, and career and academic counseling.

The Adult Basic Education Program will help you learn basic reading, writing, and math skills, prepare for the GED examination and college, or learn to speak English.

***Now you know!
Spread the word.***

GED (928) 776-2320

ESL (928) 776-2008

www.yc.edu/ged

Contact Mark Frederick for more information about the YC Promise at (928) 717-7907 or mark.frederick@yc.edu.

Contact Kate Redmon for more information about the Bridge to Healthcare Class at (928) 717-7983 or kate.redmon@yc.edu.



ANNUAL
YC HOLIDAY CELEBRATION

DECEMBER 8, 2017
11:30AM TO 1:00PM

BUILDING 19-147
HOSTED BY YCSA

YCSA Committee Updates

Social/Community Service

Social/Community/Service (SCS) Committee has had two meetings with the focus being the celebration of our Yavapai College's amazing staff. The big event for the fall semester will be the Annual Holiday Luncheon on December 8, 2017, from 11:30am to 1pm in 19-147. Hope you can join us as we celebrate the joys of the season. The charity adopted for this year's event will be Stepping Stones in Prescott Valley. Stepping Stones Agencies provide a blend of therapeutic and advocacy responses for women and their children seeking help from many forms of abuse, victimization and homelessness. SCS will be providing more specifics on what items are needed and how you can contribute to the YCSA generous gift for Stepping Stones. Please save the date on your calendar TODAY!

World Kindness Day Event 2017

World Kindness Day is Monday, November 13. Come and help us celebrate on the Prescott Campus from 11am – 3pm in the Community Room (19-147). There are many ways to celebrate. You can be kind to yourself, your family, friends and colleagues, your community, and your world (the environment). We will have the following activities/tables at our event:

- Chair massages by Living Kinetics Mobile Bodywork
- Donation table for the YC Food Pantry
- Clean up bags for the YC Trail and/or YC campus
- Meditation and Gratitude table with Kara Giannetto

These are just a few ideas, but we are open to suggestions for more! If you would like to be a part of this event, please contact Paula Tomitz at 776-2238.

Newsletter

The Newsletter Committee is looking for members from all the YC campuses. You do not need to attend our meetings in person to be part of this committee. Members can attend via telephone or Zoom. Our committee would like to feature stories and events that are happening all over YC, and know the best way to do this, is to have employees from every campus be our eyes and ears. No reporting or journalism skills are necessary. We meet five/six times a year; all other communication is done electronically. Interested? Please email katherine.anderson@yc.edu.

Our next newsletter will be published in December. If you have any suggestions for articles or topics you would like to see covered by the YCSA Newsletter, please let us know!

Employee Benefits & Professional Development

The Committee has met and has set priorities for the upcoming year. They include approaching HR for a seat at the table with regard to the New Performance Management Review as well as Summer Hours. Additionally, we want to work closely with Paula Tomitz on Wellness Projects and assist her in any way that we can. We are always ready to welcome new committee members and are interested in your input, questions, and concerns. Please feel free to contact a member or send an email via the YCSA website.



YCSA Committees 2017

Employee Benefits & Professional Development

Social/Community Service (SCS)

Newsletter

Daintry Donovan, Chair

daintry.donovan@yc.edu ext. 2114

Lina Brannock, Chair

linda.brannock@yc.edu ext. 2170

Katherine Anderson, Chair

katherine.anderson@yc.edu ext. 2008

YCSA Board 2017

Lisa Schlegel — President	928-717-2257	lisa.schlegel@yc.edu
Janice Soutte — Vice President	928-776-2025	janice.soutte@yc.edu
Katherine Anderson — Secretary	928-776-2008	katherine.anderson@yc.edu
Karen Smith — Treasurer	928-717-7760	karen.smith@yc.edu
Daintry Donovan — Committee Chair	928-776-2114	daintry.donovan@yc.edu
Linda Brannock — Committee Chair	928-776-2170	linda.brannock@yc.edu