

## IN THIS ISSUE

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SUPPORT • COLLABORATION • COMMUNICATION • INFLUENCE

## YCSA President's Welcome

**H**ello! Thank you to everyone who attended the fall YCSA meeting on August 13 Convocation Day. We had a successful turnout, and your input will be very valuable as we renew the mission and goals of YCSA this year. For those of you who weren't able to attend, we did some brainstorming with the group to determine what areas and issues are important to staff for the YCSA to focus on. Here are the results in descending order:

Communication/across college	39
Staff annual conference day	35
YCSA advocate for staff	25
Professional development opportunities	21
Employee retention	17
Engagement/social activities	8
Ombudsperson	5
Conduit for improving processes...upper level communication	4
Participate in shared governance	4
Input/review of processes	2
Community service opportunities	1

The YCSA Board will be meeting in early October to take the next step in redefining our purpose and goals, in line with Yavapai College's strategic plan.

And speaking of the YCSA Board, we elected two new board members at the August 13 meeting. The new Vice President is Julie Galgano from Accounts Payable and the new Secretary is Gwen Payne from the Answer Center. Plus, our new HR Director Emily Weinacker will now be representing HR on the YCSA Board. Keep reading to get to know more about these new members.

Nights are cooling down, leaves are beginning to change, and shortly it will officially be fall. This happens to be my favorite time of year, with so many new beginnings. I hope this fall brings happiness and health for you.

Lisa Schlegel  
YCSA President

## Toastmasters

**Y**avapai College invites members of its faculty, staff and administration to invest in professional development by honing their communication and leadership skills through the Toastmasters International program.

Don't let this exciting opportunity pass you by! Click on the link below for more information:

[www.yc.edu/toastmasters](http://www.yc.edu/toastmasters)



## Calendar Reminders

Sept 29	CTEC Campus 50 <sup>th</sup> Anniv. Celebration
Oct 13	Don Felder - YCPAC
Oct 19	Emi Sunshine - YCPAC
Oct 20	Verde Campus 50 <sup>th</sup> Anniv. Celebration
Oct 22	Spring Registration begins (degree-seeking)
Oct 27	Chino Valley Campus 50 <sup>th</sup> Anniv.
Oct 29	Spring Registration begins (open to all)
Nov 1	Travis Tritt - YCPAC
Nov 12	Veteran's Day Holiday (campuses closed)
Nov 21-23	Thanksgiving Holiday (campuses closed)
Dec 14	Fall Semester Ends
Dec 17	YC Staff & Faculty Holiday Party (Prescott)

# Celebrating Our Employees

Welcome to our new employees!

Name	Department
Kathrynne Howell	PAC—Front of House
Lee Walker	Registrar
Bradi Rhodes	Academic & Career Advising
Miriam Rann	FEC
Kammie Kobyleski	Alumni Relations
Kelsey Behnken	Academic & Career Advising
Tyler Rumsey	Marketing
Emily Weinacker	Human Resources
Andrew Winters	Philosophy
Robert Barr	Culinary
Tahra Pearson	Nursing
Brian Blevins	PPO General
Erika Bennett	W. Softball
Carmen Krawcheck	Human Resources
Cristina Poeppel	Early College Prog (Dual Enrollment)
Marylou Mercado	Nursing Program Director
Elizabeth Burkhardt	Academic & Career Advising



# Wellness Update



## Preparing for Wellness

Maybe you've heard the saying "A journey of a thousand miles begins with a single step." That's how it is with wellness. Wellness is not something that just happens – it is a journey that begins with a single act. It is the seemingly small and insignificant decision that you make throughout your day, your week, your month, your year. That single act could be deciding to take the stairs one day, or parking a little farther away another day, skipping the goodies in the break room on yet another day. It doesn't have to be a huge "jump with both feet" type of decision but rather a series of tiny baby steps.

Don't get me wrong, it may not be *easy* (in fact some days it might be super hard), but that's life, right?! Some days are easy, others not so much, but as long as you keep your eye on your goal and work towards it steadily you WILL reach it. If wellness is that goal then the YCT Wellness Program can be your ally and travel partner on your journey. Take a few moments to check out the YCT Wellness Program website ([www.yctwellness.com](http://www.yctwellness.com)), attend a wellness seminar, join a challenge, or take advantage of the gym reimbursement program. Last but not least, you can always call the Wellness Coordinator, Paula Tomitz, if you have any questions. Plan ahead for your wellness journey – happy travels!!

## YC Celebrates 50 Years!

In this edition of the newsletter, we are including photos from the Prescott 50th celebration featuring our many, wonderful YC employees. Look for photos from the other celebrations in upcoming issues.



# Meet Emily Weinacker, Human Resources Director



**YCSA:** Do you have pets?

**Emily:** Yes, we have a Border Collie/Springer Spaniel “pound puppy” named Shiloh. We have had her for two years and she has us pretty well trained.

**YCSA:** What is your favorite sport?

**Emily:** I’m not really a sports person, but I enjoy watching Olympic sports such as ice skating, gymnastics, and others.

**YCSA:** What is your favorite book?

**Emily:** I love to read. Right now my favorite book is Final Grains of Sand by David Harder. It’s a great story and makes you think about the legacy you might be leaving behind when you die. Of course, I am biased as David is my husband.

**YCSA:** What is your favorite electronic device?

**Emily:** My I-Phone.

**YCSA:** Do you prefer to go to the theater or a movie?

**Emily:** We like to go to the movies; we are looking forward to theater options here in Prescott, though. We didn’t have much of that in Show Low.

**YCSA:** Hike or bike?

**Emily:** Biking is preferred; although the last time I rode my bike it was a disaster – ended up in the hospital.

**YCSA:** Have a Margarita or Pina Colada?

**Emily:** Margarita.

**YCSA:** Travel by plane, train, or automobile?

**Emily:** I like any kind of travel.

**YCSA:** Swim in a pool, lake or the ocean?

**Emily:** All of these are appealing to me. However, I love the ocean.

**YCSA:** What does your perfect day look like?

**Emily:** Spending time in the mountains with my husband and dog. Having a picnic, reading a book, or listening to the breeze rustle the tree leaves.

**YCSA:** What is your favorite season and why?

**Emily:** I like the Fall when the leaves are changing and the temperature is cooler.

**YCSA:** What is your favorite home cooked meal?

**Emily:** Just about anything my husband makes.

**YCSA:** What is your favorite sandwich?

**Emily:** I am gluten intolerant so it would have to be roastbeef and cheese in a lettuce wrap.

**YCSA:** If you could go anywhere in the world where would you go?

**Emily:** I have always wanted to go to Australia.

**YCSA:** Where is the furthest you have ever traveled to?

**Emily:** I lived in Germany for three years. We traveled to Spain, Austria, Scotland, England, Ireland, and countless others.

**YCSA:** If you could go back in time, what year would you travel to?

**Emily:** Make it a surprise – wherever time would take me.

**YCSA:** If you could have a drink with someone from history, who would it be?

**Emily:** Abraham Lincoln – I have had a fascination with him since a child.

**YCSA:** What is your biggest success up until now?

**Emily:** I have raised a daughter who is a kind, compassionate and capable human being.

**YCSA:** What do you miss most from your childhood?

**Emily:** Barefoot summer vacations. We were always at the lake with our boat. Camping, water skiing and having a good time.

**YCSA:** What is something you have always wanted to do but have not?

**Emily:** Swim with a whale and play the piano/keyboard. Both are on my bucket list.



## New HR Partnership Model

**H**uman Resources is happy to announce our move to a Partnership model. What does that mean for you? If you require HR assistance for any service (benefits, recruitment, FMLA, evaluations, employee relations, etc.), all you need to do is call your assigned HR Partner.

Implementing this model will allow us to provide better customer service and less confusion on who to contact for what.

Your HR Partner will be able to provide you answers to your questions or concerns and is just a phone call away.

### Stephanie Menei

- Student Development (Tania Sheldahl)
- Athletics (Brad Clifford)
- School of Arts and Humanities (Joan Fisher)

(Continued on page 4)



## HR Partnership Model (continued)

## YC Prescott Celebrates 50 Years!

(Continued from page 3)

- Performing Arts (Craig Ralston)
- Performing Arts Center (Ralston, Pietz, Youngblood)
- Swim Instructors (Paula Tomitz)

### Rebecca Birch

- Facilities (David Laurence, James Crockett, Bruce Hustedt, Jorge Alvarez, Linda Hoots)
- School of Business/Computer Systems (Stacey Hilton)
- Office of Instruction (Stacey Hilton)
- Director of Scheduling and Early College (Dean Holbrook)
- Campus Safety (Jerry Monahan, Ty Payne)
- Family Enrichment Center (Jacqui Schlosser, Vickey Lamotte)
- REDC/SBDC (Richard Hernandez, Jeri Denniston)
- Verde (James Perey, Barb Waak)
- Film & Media Arts (Helen Haxton-Stephenson)
- Viticulture/Enology (Michael Pierce)
- Lifelong Learning (Dennis Garvey, Patricia Berlowe, Robin Weeks, Zach Jernigan)

### Sean LaJeunesse

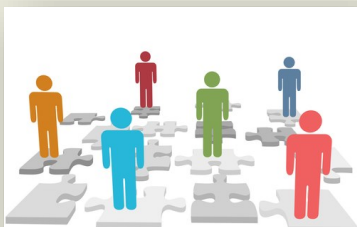
- IT (Patrick Burns)
- Allied Health (Nancy Bowers)
- Nursing (Mary Lou Mercado)
- Radiology (LeClair)
- Physical Education (Scott Farnsworth)
- Science/Engineering (Scott Farnsworth)
- Math (Scott Farnsworth)
- Emergency Management (Michael Nelson)
- Fire Science (Ken Krebs)
- School of Career and Tech Ed (John Morgan)

### Kirsten Fanning

- Business Services (Frank D'Angelo)
- Library (Mike Byrnes)
- Institutional Effectiveness and Research (Tom Hughes)
- Foundation (Paul Kirchgraber)
- Marketing (Tyler Rumsey)

### Emily Weinacker

- President's Office
- Verde Valley – Campus Dean
- VP – Community Relations
- VP – Finance and Administration
- VP – Instruction & Student Development







# My Summer Vacation

**H**ow did you spend your summer? While not all of us were able to get away this summer and enjoy some time away from Arizona and the surrounding communities, some YC employees did get away and took a moment to share their vacations and photos with us. Please enjoy!

**T**his summer I went to England for two weeks. Both of my parents were born and raised there so it was by no means my first time, but it WAS my first trip there in 10 years. Before I left, I found myself fondly remembering all my trips to England as a child. Would the England I remembered still be there? I made it my goal to do as many things as possible to reconnect with the England I remembered. I did that and then some ☺ This summer was the hottest heatwave since 1976, but England in the sunshine is a truly beautiful thing, plus coming from Arizona I didn't complain! I got to walk along the river Thames, visit an old country house (complete with a 16<sup>th</sup> century tower and secret gardens), attend the horseraces at Ascot Racecourse, do a tour of Wimbledon (after the tournament was over), and hike through the countryside to a small village called Hambleden (where "Nanny McPhee Returns" was filmed). All in all it was a fabulous trip and one that I will always cherish. I just hope I don't wait another ten years before going again!



Ascot Racecourse



Greys Court



Interview room/Wimbledon



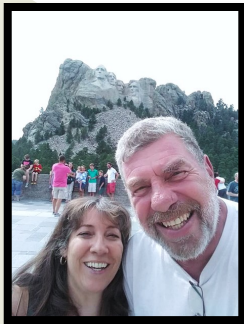
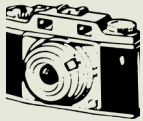
Hambleden Village

*Paula Tomitz*

## SUMMER Vacation



Devils Tower, Wyoming



Mt. Rushmore, South Dakota



EEA Airventure 2018,  
Oshkosh, Wisconsin



*Connie Vargas,  
Division of Lifelong Learning*

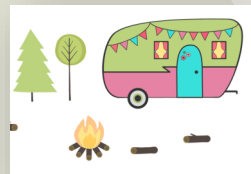
Arches National Park



Capitol Reef



Bryce Canyon



*RV Adventures in Utah  
Katherine Anderson*

# My Summer Vacation

My summer trip to Alaska was an unforgettable journey of colorful turquoise waters, bright blue glacial ice, snow-capped green mountains and thundering waterfalls. The topography looked like Colorado on steroids. Our small cruise ship, the *MS Zaandam*, dodged icebergs as we toured Dawes and Hubbard Glaciers. An Alaskan native provided the educational portion of the cruise with historical and geological interpretations. A naturalist offered commentary on birds, otters, dolphins, and whales. I visited the upside down Glacier Gardens in Juneau, took an excursion of the 26 glaciers of Prince William Sound and tasted a piece of 400 year old glacial ice scooped out of icy waters.



My opportunity at fame and fortune quickly faded as the Travel Channel filmed me chomping on fried halibut in Sitka. A mouth full of food and a chin full of tartar sauce is not a good look on me. I probably made a better impression drinking a beer with the “*Deadliest Catch*” crew at the infamous *Salty Dawg Saloon* on Homer Spit.

My favorite part of the two-week cruise was the night the ship anchored in a small remote mountainous channel near Hoonah. The absolute quiet made me feel like I was alone on a private yacht...alone with 1,200 of my newest friends! Unfortunately, the star gazing was limited to the hour between darkness at 3:00 am and dawn at 4:00 am.



There is a quote by geographer Henry Gannett of the Harriman Alaska Expedition of 1899 that really summed up the trip:



*“There is one word of advice and caution to be given those intending to visit Alaska . . . If you are old, go by all means, but if you are young, wait. The scenery of Alaska is much grander than anything else of its kind in the world, and it is not wise to dull one’s capacity for enjoyment by seeing the finest first.”*

**Barb Robinson**

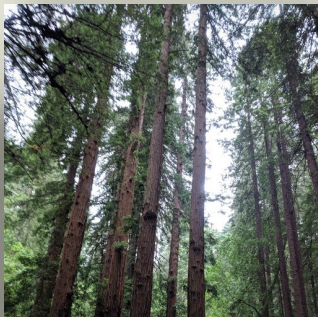
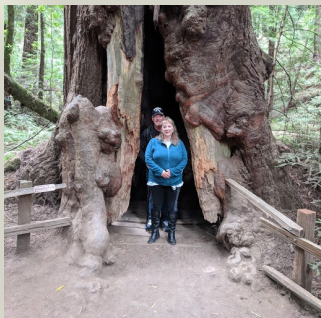


Yosemite National Park



The Painted Ladies  
San Francisco

Go Car on Lombard St,  
San Francisco



Muir Woods



The Golden Gate Bridge

**Rebecca Seigars**



## YCSA Committee Updates

## Welcome to the Board!

### Newsletter

Our next newsletter will be published in November. If you have any favorite holiday recipes, please email them to Katherine Anderson. Your recipe could be featured in the holiday section!

The Newsletter Committee is looking for staff from all of our YC campuses to join. You do not need to attend our planning meetings in person; committee members can attend via zoom. Please email [katherine.anderson@yc.edu](mailto:katherine.anderson@yc.edu) for more information.

### Employee Benefits & Professional Development

There are no committee updates at this time.

### Social/Community Service Service

Our committee is busy organizing the 2018 Prescott Holiday Party on Monday, December 17 at 11am in building 19-147. The theme for this year's party is keeping with YC's 50<sup>th</sup> anniversary, celebrating Holidays Past, Present, and Future. Our service project is collecting toys for the Salvation Army. Please watch for the collection bins, which will be located on all YC campuses. As in past years, we are asking for a \$5.00 donation to help cover the cost of food, which will be provided by Sodexo. Please come join us at the 2018 Holiday party!

Please join us in welcoming our two new Board members Julie Galgano, Vice President, and Gwendolyn Payne, Secretary.



Julie was born in Tucson, but was an Army Brat and has lived everywhere from Ketchikan Alaska to Mannheim Germany, where she graduated High School. She's been married for 32 years (to the same man!) and has two grown daughters; both are graduates of YC. She has taken a variety of classes at YC beginning in 2006 with Aikido and recently completing the Accounting Certificate in 2016. She's an avid gardener, soap maker and dabbles in chain maille.

Gwen has four handsome boys, who are too quickly growing into young men. She and her husband Ty have been married for 20 years. They moved here from Pennsylvania 18 years ago, and definitely, love and appreciate the weather in AZ ☺ Any free time Gwen has, she spends hiking with family, or running (which she loves to do). Gwen likes to participate in half marathons that benefit programs. She is also an avid reader who would love to spend her days on the beach with a book and her dogs. Gwen is currently in the 90/30 program with NAU and YC.



## YCSA Committees 2018

Employee Benefits & Professional Development

Alexandra Helm, Co-Chair  
[alexandra.helm@yc.edu](mailto:alexandra.helm@yc.edu) ext. 6511

Jane Hersh, Co-Chair  
[jane.hersh@yc.edu](mailto:jane.hersh@yc.edu) ext. 2091

Newsletter

Katherine Anderson, Chair  
[katherine.anderson@yc.edu](mailto:katherine.anderson@yc.edu) ext. 2008

Social/Community Service (SCS)

Linda Brannock, Chair  
[linda.brannock@yc.edu](mailto:linda.brannock@yc.edu) ext. 2170

## YCSA Board 2018

Lisa Schlegel — President  
Julie Galgano — Vice President  
Gwen Payne — Secretary  
Karen Smith — Treasurer  
Katherine Anderson — Committee Chair  
Linda Brannock — Committee Chair  
Alexandra Helm — Committee Co-Chair  
Jane Hersh — Committee Co-Chair

928-776-2257  
928-776-2146  
928-776-2149  
928-717-7760  
928-776-2008  
928-776-2170  
928-634-6511  
928-776-2091

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[linda.brannock@yc.edu](mailto:linda.brannock@yc.edu)  
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