Amy Abrams
Amy Abrams is an award-winning author, widely-read journalist, literary journal/book editor, and former publishing executive at art magazines (including Antiques in New York City). She has published over 200 stories, contributing to The Wall Street Journal, Art in America, Village Voice Media, Southwest Art, Arizona Highways, and Phoenix Magazine, as well as appeared on TV and radio programs including NPR. She has lectured to university, museum, and writing conference audiences across America including The Walter Cronkite School of Journalism. As a writing workshop leader, she has taught at The Writer’s Center and Writopia in Washington, DC environs. Two new book releases include a novel, The Cage and The Key, and a 212-page illustrated coffee table book, Schenck in the 21st Century: The Myth of the Hero and the Truth of America, which won the 2013 U.S. Literary Award for Fine Arts and True West magazine’s Best of the Western Books for 2014 in Modern Western Art category. As Communications Consultant to corporations, her clients include The George Washington University in Washington, DC. Writing her latest book in a renovated farmhouse in Prescott, she shares her writing knowledge with workshops. More information can be found at www.AmyAbramsWrite.com

Brandelyn Andres
Brandelyn is a professor of art history at Yavapai College. Her specialties are post-modernism and feminist critical theory. She gave a presentation on photography during the Civil War as part of the OLLI Munch & Learn series in 2017. For the 2016 Yavapai faculty art exhibition, she created an appropriation series which featured historical works of art with contemporary additions. Brandelyn has two degrees in art history (B.A. from the University of California at Santa Barbara and M.A. from Cal State University-Chico) and is a doctoral candidate at Arizona State. She has been a lecturer at Saddlebrook College in Mission Viejo, California, and Cal State University-Chico.

Rudy Arena
A member of OLLI since 2009, Rudy coordinates the Munch & Learn classes, which recently have been opened to the entire community in addition to OLLI members. Because of his tireless efforts to identify fascinating topics and speakers to present them, Munch & Learn has grown in popularity. Rudy also has facilitated OLLI courses on Winston Churchill and the Civil War. He served as chairman of the board, president, and vice-president of Rudy Arena & Co. for 27 years before selling his company. Rudy has a B.S. in marketing and volunteers his business expertise to SCORE of Northern Arizona, an organization which counsels small businesses.

Vicki Barnes
A member of OLLI since 2002, Vicki coordinates classes in Qigong, an ancient Chinese health care system that integrates physical postures, breathing techniques, and focused intention. She has practiced her form of Qigong for 20 years. In the community, Vicki has played the keyboard at Unity of Prescott church for 30 years.

Wilfred Beaupre
A member of OLLI since 2015, Wilfred facilitates Stock Market Trading, a course on investing. He was a teacher and administrator in higher education for three decades, including five years at Southwestern Indian Polytechnic Institute in Albuquerque, where he was the department chair for liberal arts/ business. He spent 25 years with San Juan College in Farmington, New Mexico, where he held positions as dean or chairperson in several departments, including business and computer information. Wilfred also taught accounting and marketing. He has a M.Ed. from Fitchburg (Massachusetts) State College, a B.A. from the
Patricia Beitel
Patricia has been an active member on the OLLI Governing Council. A member of OLLI since 2011, she has facilitated a wide range of classes, including Wild Women That Impacted History, Wild Women Don’t Get the Blues, Euchre 101, Day of the Dead, Human Sexuality, Relationships, and Women’s History. Patricia has a long record as an activist in issues related to equality, human rights, and sexual assault. She has a master’s degree in nursing and is certified as a Women’s Health Nurse Practitioner and as a Sexual Assault Response Team Nurse. During her career, she focused on caring for and advocating for issues concerning pregnant and parenting teenagers. Patricia taught medical-surgical nursing, pediatrics, and women’s health at several colleges. She volunteers for Headstart, Planned Parenthood, and the Sanger House. Her dream is writing a book that empowers children to believe in themselves.

Sandra Bennett
A former English professor at Winona (Minnesota) State University (1976-2006), Sandra has taught a variety of literature courses since joining OLLI in 2009. Her topics have included the life and work of Willa Cather, Homer’s Iliad and Odyssey, and the power of myth in Joseph Campbell’s writings. Sandra has three degrees in English - B.A. from Brigham Young, and M.A. and Ph.D. from the University of Utah, where she was a teaching fellow for six years. She also was a visiting lecturer at the University of California at Santa Barbara in 1985-86. Sandra has published numerous scholarly articles, essays, and poetry. She has been a volunteer at Sharlot Hall and Phippen museums and at the Highland Center for Natural History.

Kathryn Bennett
Kathy joined OLLI in 2015. She has a Blue Belt and is a part-time instructor in Nia, a body-mind-spirit fitness program. In Phoenix, she created a Nia website, published newsletters, and organized Nia events. Kathy has volunteered as assistant to the minister at Unitarian Universalist churches in Prescott (Granite Peak) and Phoenix. She worked in Silicon Valley for many years as a programmer, project manager, consultant, and department manager, mainly for Hewlett Packard and Agilent Technologies. Kathy has a B.A. in computer science from the University of California at Berkeley.

Patricia Berlowe
Patricia Berlowe has been the administrator for OLLI for almost ten years. She holds a master’s degree in social work, is an adjunct instructor for Yavapai College and Northern Arizona University, and loves working with volunteers and older adults. She practically grew up on a college campus (dad is a college professor, mom is a librarian) and has found her home with OLLI after 13 years as a clinical social worker.

Michele Bielski
Michele Bielski is a Licensed Massage Therapist, practicing since 1999, and a Certified Feng Shui Practitioner since 2006. Michele created her Feng Shui presentation in New York City in an effort to help its residents find more peace at home, so they would be less stressed. She gave her presentation at the Queens, New York Library System over thirty times and was then invited to teach it at the Queensborough Community College where it was well-received. Eventually, Michele moved to Arizona and has given her presentation numerous times in Sedona. She now lives and works in Prescott.
Elizabeth Bieniawski
A native of Scotland, Elizabeth co-facilitates with her husband, Richard, the hugely popular course Foreign Policy and World Affairs. She is a historian and information scientist, earning a B.A. in history and M.S. in library science in South Africa. She met Richard during their graduate school research at the University of Witwatersrand in Johannesburg, where Elizabeth served as assistant dean of the women’s residences. She won a history scholarship to Oxford University in England but chose to marry Richard instead. That was more than 50 years ago. They immigrated to the United States in 1978 and eventually retired to Prescott. A fervent reader of history books and avid gardener, Elizabeth learned to speak Spanish at Yavapai College. She has traveled around the world with Richard and has edited all his scientific and technical publications -12 books and more than 200 articles.

Richard Bieniawski
Richard co-facilitates the hugely popular course Foreign Policy and World Affairs with his wife of more than 50 years, Elizabeth. A globally renowned mining engineer, he is Professor Emeritus at Penn State in two disciplines - mineral engineering, and science, technology, and society. Since 2001, he has been the Distinguished Professor of Geotechnical Engineering at the University of Madrid, where he received an honorary doctorate for developing a design method for tunneling and mining. In 2010, he was awarded his third doctorate from AGH University of Science and Technology in Kraków, Poland, where he was born. Richard has lectured around the world and held visiting professorships at Stanford, Harvard, Cambridge, and AGH University of Science and Technology. He has written and designed artwork for 12 books. Some of his more than 200 research papers have been translated into six languages. He has also directed and produced two scientific movies and three plays. At Yavapai College, Richard and Elizabeth learned to speak Spanish, which has come in handy during their 12 trips to Spain.

Carole Bolinski
A member of OLLI since 2013, Carole specializes in poetry classes. Some of her courses include Poetic Life Review, Poetry Potpourri, Playfulness and Performance, Poetry Today, Let’s Keep Poetry Alive, and Poetry and Form. Carole has an M.A. in art education and a M.Ed. in secondary education from Arizona State University. She also completed the Creative Writing Certificate Program at Yavapai College. She taught art and English as a Second Language (ESL) during her career. Carole is a board member of the Professional Writers of Prescott and member of MAD (McCormick Arts District) Women Poets. She won an award from the Oregon Poetry Association in the new poet category in 2011 and has published individual poems in various publications. She co-authored a poetry book with her brother entitled Pearls Beneath the Rind and published mystery short stories in Sisters in Crime (desert Sleuths) anthologies.

Kelly Boryca
Kelly recently served as chair of the OLLI Governing Council and the Publicity Committee. She provides the highly popular two-hour classes, New to Medicare and Medicare Part D. Kelly also counsels people who will be new to Medicare, or need Part D or Advantage Plans, as a volunteer for the Area Agency on Aging. She earned a Doctor of Pharmacy from the University of Nebraska and worked as a district manager and director of government affairs for Pharmacia and Upjohn, which later was acquired by Pfizer. Kelly is a member of the League of Women Voters.

Dennis Boyle
An adjunct professor at several colleges for 20 years, Dennis has facilitated classes in philosophy and short stories since joining OLLI in 2016. He has a Ph.D. in philosophy from Georgetown and a B.A. in English from Notre Dame. In addition to his career in higher education, Dennis worked as a systems analyst in the
Department of Veteran Affairs for a decade and was a weapons controller as a captain in the United States Air Force. He has published essays and poems.

**Barbara Brown**
Barbara has facilitated several classes since joining OLLI in 2013, including the popular *Armchair Adventures*, a series of documentaries on a variety of topics. She has also coordinated courses on the history of London, Paris, and the Middle Ages, as well as the United Arab Emirates. Barbara earned degrees in art history, fine arts, French, and pre-med at Cal State University Long Beach, where she was an instructor in the fine arts department. A working artist, she has taught classes in quilting, stained glass, ceramics, and wood carving.

**John Carter**
John is retired and living in Prescott Valley with his wife Jackie. His working career includes 18 years in electronics working with hardware, including everything from microelectronics to computers. He spent another 18 years working with software, including development of database systems and handling the build and release cycle of industrial applications. John also has extensive experience in technical support and technical writing. He now enjoys part time work as a Mac and PC tutor and consultant to individuals wanting to learn how to use their personal computer and mobile devices effectively. John has been a Mac user since around 1998. Before that he worked with both Unix and Windows computers since 1983. He is currently teaching at OLLI how to edit and manage photos using the iPhone, iPad, and the Mac. John will be expanding his teaching curriculum to include many aspects of using a Mac. He can also be found giving presentations on the Mac at the Prescott Mac User Group and assisting in Mac Special Interest Groups (SIGs) held by the club. John’s hobby is astrophotography and assisting at public star parties teaching people about astronomy. He is often found at the Prescott Astronomy Club public events with his telescope. John is a board member of both the Prescott Mac User Group (pmug.us) and the Prescott Computing Society (pcs4me.com), and he is a member of the Prescott Astronomy Club (prescottastronomyclub.org) in addition to his volunteering as a facilitator at OLLI at the Yavapai College.

**Vicky Cook**
Since joining OLLI in 2012, Vicky has co-facilitated *American Identity*, a four-session class with Vaughn Delp-Smith, and two courses with Carol Hammond, *The Making of West Side Story* and *Faust*. She also taught German at Yavapai College for six years. Vicki spent a year in Saudi Arabia as a copy editor for Lockheed Martin and an English tutor. She taught German in middle and high schools for 11 years in New York State after earning a B.A. in German from the College of St. Rose, and an M.A. in German/Education from the State University of New York at Albany. Vicki has been extremely active in the Prescott musical community, singing with Yavapai College chorales and her church choir. She participates in the Music Memory Program, which introduces children to classical music, and helps organize youth concerts as a member of the concert committee at the Prescott Center for the Arts.

**Kim Cruickshank**
Kim is a self taught artist who creates primarily mixed media sculptures and assemblage art. She also has experience in art gallery management, exhibition curation, and gallery publicity.

**Rhonda Davis**
Rhonda Davis has been teaching at the college level for more than 20 years. She has instructed students in history, symbolic logic, economics, American studies, and college algebra. Most recently she has worked as distance learning faculty designing interactive computer games to assist students in learning history.
Rhonda is certified by the National Science Foundation and the National Institute for Health in Ethics and holds over 50 certifications from the United States Federal Government. During her academic career, Rhonda has written successful scholarship, travel, and research grants for personal learning, non-profits, and universities. Her approach to writing emphasizes the writing process from research and invention to draft. The classroom environment allows for peer collaboration in revising, proofreading, and editing. Rhonda encourages students to focus on audience analysis, communication goals, as well as logical arrangement and style.

**Vaughn Delp-Smith**
Vaughn has facilitated a variety of OLLI courses since 2008, including *Myth in Human History, Mark Twain’s Life and Writings, Books that Shaped America, Events That Changed History, The Smithsonian*, and *American Identity*. Most recently, she facilitated *Emerson, Thoreau, and the Transcendentalists*. She taught junior high and high school in Tempe, Chino Valley, and Prescott Valley for 24 years and served as co-director of the Northern Arizona Writing Project from 1987-2010. Vaughn has published articles on curriculum in the journal of the Arizona English Teachers Association. She has served on the boards for OLLI, Unity of Prescott church, Sharlot Hall Museum, and the Margaret T. Morris Center that provides adult care services. She is presently on the OLLI Curriculum Committee and has volunteered in the OLLI Hungry Kids Project. Vaughn has B.A. and M.A. degrees in English from Arizona State.

**Mark Dillon**
Mark has been taking OLLI classes since 2013, after retiring to Prescott in 2012. In his “previous lives”, he has taught CPR, first aid and skiing (to ski patrollers), skydiving, and crisis communications. Most of his working career was in advertising, public relations, and business communications, with the final 16 years as CEO of a farmer-owned cooperative. Both he and his wife Deb were born and raised in Iowa, met there in college, and have since lived in Iowa (three locations), Ohio, Nebraska, and North Dakota (28 years!) Mark learned the first tidbits of guitar at age 13 with a couple neighbor guys who thought they were the next Kingston Trio. They weren’t, and he laid down his guitar for 23 years before trying again. This second time, he played sporadically for about five years before letting his skills rust again. Finally, about three years ago, he took one of John Mazzella’s OLLI guitar learning groups, and this time the bug may have stuck. While proudly ‘NOT a musician,’ he hopes to bring the fun of making music to those who, like him, have lapsed or have never picked up this amazing instrument before.

**Deb Dillon**
One of the most-traveled OLLI facilitators, Deb teaches the highly popular course, *Planning for Independent Travel*, as well as *Guide to Essential Italy*, and *Scottish Highlands: The Land, History, and Culture*. She also has taught classes on Pompeii, the Civil War, and the American Revolution, and co-facilitated a session on travel destinations. Deb is vice-chairperson of the OLLI Curriculum Committee, through which she helps train facilitators. Her long career in the Fargo, North Dakota, public school system included experience as the director of alternative programs, high school principal, dean of students, middle school assistant principal, and teacher. She has a B.S. in journalism and mass communication, M.S. in counseling, and Ed. Spec. in school administration. Deb is president of the Prescott branch of the American Association of University Women, and a member of the Bond Oversight Committee for the PUSD. She also has volunteered for trauma intervention programs.

**Kathy Dudek**
Kathy facilitates the popular *Zentangle* class where participants create beautiful images by drawing structured patterns. An OLLI member since 2014, Kathy worked 30 years for the Berea City School District
in Ohio, and also owned a business, Katydid Clay, for 16 years. After moving to Prescott, she served as the grants administrator for the city. Kathy has two degrees from Kent State - a B.S.Ed. and an M.A. in administration, supervision, and English. She also enjoys using her creative talent with polymer clay.

**Noelle Elliott**

Noelle Elliott has been folk dancing for many years. She currently teaches folk dances to the first-grade class at Mt. Oak School. Noelle has been active in contra dancing for 30 years.

**Joan Enoch**

A psychiatrist who has worked in private practice and mental health centers, Joan has taught a variety of classes since joining OLLI in 2012: *Poetry Potpourri, Buddhist Thought, Mental Illness in Movies, Moral Tribes, and Poker*, which she enjoys playing. She has published *Shiva Dancing*, a book of her poetry.

**Saul Fein**

Since joining OLLI in 2008, Saul has facilitated a variety of film classes, including *Great Musicals, Funniest Movies*, and *If it’s Murder, It Must Be Hitchcock*. He also has taught courses on Sudoku and the *Yin and Yang of Mathematics*. Saul has a bachelor’s in mechanical engineering from City College of New York (CCNY). He worked as a program manager at Honeywell Inc. for 24 years, vice president of engineering and program development at Brunswick Defense Inc. for 13 years, and lead design engineer for three years at Kearfott Division of General Precision. In the Prescott area, Saul has served as past president of Habitat for Humanity and the Coalition for Compassion, and past vice president of Boys and Girls Clubs. He also has been a member of the Foster Care Review Board for the Arizona Supreme Court.

**Cindy Foss**

Cindy Foss, a retired schoolteacher, volunteers for the Prescott Juvenile Probation System as an education mentor. She is trained in a Restorative Circle process and nonviolent communications.

**Charlotte Fox**

A member of OLLI since 2005, Charlotte facilitates a class on end-of-life preparedness that uses the workbook she has produced, *And Then There was One*. A widow, she faced many challenges when her husband died unexpectedly and wants to help others be prepared when facing a similar situation. Charlotte has worked for police and lawyers as well as operating her own business. She has also written *Sadie’s Guide to Healthy Living*.

**Hal Freedman**

A member of OLLI since 2005, Hal facilitates one of the highly popular *Viewpoints* classes. He has also taught the following courses: *The Perfect Platform, Is the American Dream Dead?, Great Decisions*, and *Rising Powers*. Hal has a B.S. in physics from Hunter College and an M.B.A. from Pepperdine. He was a department manager and product line manager for Hughes Aircraft, and the director of international business at Raytheon. He is the CEO of Emerald City Business Academy, an online business education school. Hal is also a long-time volunteer for SCORE of Northern Arizona, an organization which counsels small businesses.

**Jim Gandee**

Jim Gandee is retired from corporate management. He has an interest in interactive groups; helping people come together to resolve conflicts; and in forming positive environments for collaborative creations. He is trained in Nonviolent Communications and Restorative Justice.
**Helen Gater**
A member of OLLI since 2012, Helen teaches a class on terror in history, focusing on the Middle Ages, and most recently facilitated a session entitled *The Surveillance State: Big Data, Freedom, and You*. She was Dean of the Library at the Arizona State west campus from 1984-2001 and held various positions at the Arizona State Library during the previous 15 years. She also was head of acquisitions for two years at the Brandeis University library in Waltham, Massachusetts. Helen has a B.A. in English and social sciences and an M.A. in librarianship.

**Susan Gerhart**
A member of OLLI since 2009, Susan has facilitated courses on social media, twitter, and podcasts, as well as internet history, the 2012 Presidential science debates, and adapting to loss of vision. She has a Ph.D. in computer science from Carnegie-Mellon, an M.S. in communication sciences from Michigan, and a B.A. in mathematics from Ohio Wesleyan. She has taught at Duke, Wang Institute of Graduate Studies, and Embry-Riddle. Susan conducted research in applied formal methods and did research at SofTech and the University of Southern California Information Sciences Institute. Susan also worked for the National Science Foundation, NASA Langley Research Center, and NASA Johnson Space Center. She has published two volumes on the International Assessment of Formal Methods and is in the process of writing a novel entitled *A Chip on Her Shoulder*. Susan is active in vision rehabilitation advocacy.

**Pam Gordon**
Pam has been an active facilitator since joining OLLI in 2014. In addition to leading discussions on UFOs, she has taught classes on Bridge, plant-based diets, magic, and the paranormal. Her other course was entitled *How to Fool Your Children into Thinking that You Haven’t Lost Your Mind*. Pam has practiced law in Denver (where she earned a J.D. from the University of Denver), specializing in juvenile and family law. She represented the Denver Department of Social Services Child Protection Section and worked for the Denver Juvenile Court as a Guardian ad Litem. She wrote a humor column for 10 years for the Denver Bar Association newsletter.

**Tom Green**
Tom teaches two OLLI chess courses: *Fundamentals of Chess*, and *How to Play Chess: Lessons from an International Master*. He has played in more than 50 U.S. Chess Federation rated events and has been rated among the top 10 percent of active players in the U.S. Tom serves as president of the Prescott Chess Club, teaches chess at Franklin Phonetic School in Prescott Valley, and gives private lessons. He earned a B.A. in philosophy from Willamette University in Salem, Oregon, and an M.A. in library science from the University of Wisconsin-Madison. Tom served as associate director of libraries and head of public service for 19 years at Ohio Wesleyan University and was the director of the Waupin (Wisconsin) Public Library for five years, and reference librarian for the Austin Public Library for eight years. He also has an M.Div from Garrett Evangelical Theological Seminary in Evanston, Illinois.

**Bill Haas**
A member of OLLI since 1997, Bill has facilitated classes in fiction writing and foreign films. After earning a master’s degree in English, he taught the subject for 11 years and also worked as an insurance agent for 27 years. He is a member of the leadership team for the Prescott Film Festival.
Carol Hammond
A former English instructor at Yavapai College for 25 years, Carol has facilitated the following OLLI classes since joining in 2012: Sun Bonnets & Shotguns: Pioneer Women; Women & Nature; Provence Inside Out; Literary Landscapes: The Lake District, The Yorkshire Moors of the Bronte Family; and Judy Chicago’s The Dinner Party. At Yavapai, she served as the department head, outcome assessments coordinator, and member of several interdisciplinary teaching teams. She is a past chair of the Executive Council for Two-Year College English Association in the western region. Prior to moving to Prescott, she was a high school English teacher in California for 10 years. Carol is presently a member of the OLLI Governing Council. She volunteers at a daytime hospitality center and a church library. She also belongs to a women’s education association and gives programs at local churches, libraries, and other organizations.

Kate Hawkes
- Kate Hawkes - Artist, Educator, Director
- Arts in Healthcare and in the Workplace Consultant
- Theatre Professional
- Personal Coach
- Horse Gentler/Guide for Communication

A clay pot sitting in the sun will always be a clay pot. It has to go through the white heat of the furnace to become porcelain. - Mildred Witte Stouven

Tammy Haydon
Tammy facilitates the course, Hearing Loss: Where to Begin. She has national board certification in Hearing Instrument Sciences and is licensed in Arizona and Texas as a Hearing Instrument Specialist. She has been part of the Miracle-Ear team in Prescott for 13 years and also worked for hearing companies in Austin, Texas. Her training and experience have provided her with valuable insight on hearing aid manufacturers, products, and operations of hearing aid companies. She has a passion for helping others in all areas of hearing, including evaluating hearing, adjusting hearing aids, and counseling family and clients in the aural rehabilitation process. Tammy also enjoys educating the public on the effects of hearing loss, how to best communicate with the hearing impaired, and making people aware of the many treatment options that are available to improve communication and to keep people connected.

Dave Hoffman
Dave has made significant contributions to the OLLI science curriculum since becoming a member in 2014. His classes have included Wonders of the National Parks: The Geology of North America; Earth’s Natural Wonders; Making North America; How the Earth Works; Oceanography; and The World’s Greatest Geological Wonders. Dave has two degrees in geological sciences, a B.S. from University of Wisconsin-Milwaukee and an M.S. from University of Washington. Dave worked as a geologist in a variety of areas for Chevron from 1978-1997. Not surprisingly, he lists teaching science as one of his interests along with bicycling and serving as a sound engineer at his church.

Nancy Ibsen
Nancy facilitates a course on mixed media art journaling. She has studied botanical drawing and watercolor at Gage Academy in Seattle; graphic design at Yavapai College; and drawing with Bret Blevins, a two-time Emmy Award winning artist known for his work with comic books and animation storyboards. Nancy has had pieces in juried shows at the Mountain Artist Guild, The Frame and I, and the Prescott Center for the Arts. She has been art journaling for about a year. Nancy has taught botanical drawing at the Prescott Adult Center and also teaches voice for singing or speaking.
**Ted Johnson**
Ted has been a wilderness guide and instructor in the southwest since 1979. With degrees in botany and library science, he has authored numerous publications and reviews and made presentations in his chosen fields. Ted shares his extensive knowledge of flora and the environment and has taught extensively in classroom and field settings.

**Bill Johnstone**
Since joining OLLI in 2012, Bill has used his experience in city and regional planning and environmental management to present two courses, *BLM Public Land Management* and *How Local Government Works*. He has a B.S. from Ohio State University and Master of City Planning from Oklahoma University. Bill also has taught OLLI courses in photography, one of his hobbies, along with fiction writing. Bill has published two novels and numerous short stories. He is also a silversmith.

**Elaine Jordan**
Award-winning author Elaine Jordan has facilitated OLLI classes in creative and memoir writing as well acting and reader’s theater. Her own memoir, *Mrs. Ogg Played the Harp: Memories of Church and Love in the High Desert*, published in 2012, won the Great Southwest Book Festival Grand Prize. Her writing in numerous literary journal publications has been honored by American PEN Women, California Writers Club, The Preservation Foundation, and the *Georgetown Review*. Elaine is president of the Professional Writers of Prescott and a member of the women’s musical ensemble, Womansong. She is a court appointed special advocate and member of the Foster Care Review Board. Elaine has two degrees in English literature - a B.A. from Pomona College and M.A. from Los Angeles State - as well as a M.Div. from Pacific School of Religion. She was an English teacher for two decades before entering the ministry.

**Johanna Kangal**
A member of OLLI since 2009, Johanna has facilitated several classes on the great outdoors, including *Wonders of the National Parks; The Making of North America; Oceanography; Geologic Wonders of the World;* and a *National Geographic* series on natural wonders. She also has taught a creative writing course. With a B.A. from Northern Arizona in education, including special education, Johanna taught school for three years in Tucson and 20 years in Nye County, Nevada. She has been an active participant in Eastern Star for more than 40 years, serving as president in Nevada for three terms and once in Prescott.

**Y. "Turk" Kangal**
Turk has coordinated the highly popular, thought-provoking *Viewpoints* class for 10 years, where participants share their opinions on current events and other issues. A former professional soccer player in his native Turkey, he has taught the *Insight into Islam* course four times. He also has facilitated sessions on China, Hitler’s Empire, and World War II. In addition to being a history buff, Turk is an avid hiker who has led OLLI’s *Moderate Hiking* groups. Turk has a bachelor’s degree in political science, history, and economics from Morningside College in Sioux City, Iowa, where he was a district manager for Equitable of U.S. for 19 years.

**John Kohlenberger**
An ordained minister, holistic health practitioner, certified hospice volunteer at Hospice of the Pines in Prescott, and OLLI facilitator since 2008, John is a busy man. He has taught a variety of classes, including *The Afterlife of Billy Fingers: How My Bad-Boy Brother Proved to Me There’s Life After Death; Gnosticism: From Nag Hammadi to the Gospel of Judas; Home with God; What God Wants; Lost Christianities; Jesus to Constantine;* and *Monet to Van Gogh*. To say he has a varied background is a significant
understatement. John has been an auto mechanic, mathematician, technical programmer, computer engineer, technical writer/artist, massage therapist, minister, church founder, spiritual consultant, and metaphysicist. In his “spare time,” John publishes two newsletters and manages two websites.

**Mark Koloc**
A veteran of 32 years in the U.S. Army, Mark teaches a course, *Civil Military Operations: Winning Hearts and Minds in the 21st Century*, and a workshop, *African Queen: Preserving our World War II History*. He collects, preserves, and restores World War II, Korean, and Vietnam-era military vehicles. The jewel of his collection is a 1943 World War II Half-Track he recovered from an East African desert in 2007. Mark rose from the rank of private to lieutenant colonel before retiring from active duty in 2011. He served in Combat Arms, Special Operations, and was deployed on three combat tours in Operation Enduring Freedom. Mark has a B.S. in business administration/communication from the College of St. Thomas in St. Paul, Minnesota, and a Master of Military Service from the U.S. Army Command and General Staff College at Fort Leavenworth, Kansas. In 2015, he earned a degree in horology from York Time Institute in York, Pennsylvania. Mark collects and restores vintage clocks and watches with concentration on time pieces from World Wars I and II.

**Bob Krieckhaus**
A member of OLLI since 2013, Bob has facilitated two classes - *Exceptional People* and *The Science Delusion*. He had an extensive career teaching English, including 11 years at the Taipei American School in Taiwan and three years in Cologne and Paris. His longest tenure (16 years) came at Holland Hall School in Tulsa, and he also taught three years at the Hill School in Pottstown, PA. In higher education, Bob was an associate professor of English at Mansfield State College (PA) following a brief stint in the Ph.D. program at Columbia, where he taught freshman English. He has a B.S. (Illinois Institute of Technology) and M.A. (Columbia) in English literature. Bob served as a line officer for the U.S. Navy aboard a destroyer out of San Diego. Some of his interests include consciousness studies, biology, quantum mechanics, and transpersonal psychology.

**John Krizek**
John is OLLI’s expert on the history of Prescott. He has facilitated courses on growing up in Prescott, its founding as Arizona’s first territorial capital, its designation as Arizona’s Christmas City, and the city’s sesquicentennial. A long-time member of OLLI, John also has co-facilitated a class on the Crusades and led a course on John Adams. A graduate of Miami (OH) University, he worked in public relations for 40 years, including public relations manager for Transamerica Corporation in San Francisco from 1968-1977. John also was a public affairs officer in the Navy. He is a board member of the Prescott Community Access Channel/Prescott Media Center, a 50-year member of the Barbershop Harmony Society, and a past president of the Oregon-California Trails Association. John has produced numerous documentary films, mostly on history.

**Barbara Lake**
Barbara conducts OLLI membership orientations. She has been a member herself since 2012. A former community college instructor in early care and education, Barbara has a B.S. in education and has done graduate work in child development, guidance, and counseling.

**Donna Larson**
Donna has facilitated four courses: *The Surveillance State: Big Data, Freedom, and You; Early Middle Ages; Mystics, Heretics, and Witches; and Art and Physics*, since joining OLLI in 2011. She has an M.A. in library
sciences and a B.A. from the University of Michigan. She has worked in law libraries at Arizona State and Wayne State University in Detroit as well as for the United States Information Agency. Donna has had articles published in professional publications on legal research and government documents. An artist, she specializes in graphite, pastels, and encaustic (hot wax) painting.

**Al Lodwick**
Al is OLLI’s expert on birds and an outstanding nature photographer. A member of OLLI since 2012, he teaches a class on birds of the Lynx Lake-area and also serves as a volunteer naturalist at the Highlands Center for Natural History. Al has published 24 books, including eight about birds. He has led more than 200 seminars with groups ranging from elementary-school students to physicians. Al has a B.S. in pharmacy from the University of Iowa and an M.S. in cross-cultural communications from Goddard College. In his career, he worked in retail and hospital pharmacy in six states as well as Vietnam. He was the founding director of anticoagulation services at St. Mary-Corwin Medical Center in Pueblo, Colorado. Al has written articles in journals on clinical and applied thrombosis and hemostasis and on varied topics in the *Denver Post*, *World Book Encyclopedia*, and the *National Enquirer*.

**Claxton Lovin**
Claxton has been a busy facilitator since joining OLLI in 2014. He has taught the four-part class, *Turning Points in American History*, as well as the following two-part courses: *History of Eastern Europe*, *Great American Musicals*, *History of Broadway Musicals*, *History of U.S. Commercial Aircraft*, and 12 Essential *Scientific Concepts*. He has also facilitated classes on Robert E. Lee and the Spanish-American War. Claxton has a B.S. from the University of Oklahoma in zoology, an M.B.A. from Thunderbird Graduate School of Global Management, and a master’s in education from the University of Texas at Arlington. During his varied career, he has been a sales and marketing executive with McDonnell Douglas Corporation and British Aerospace, Inc., an instructor in the M.B.A. program at Texas Christian University, a science teacher in the Fort Worth ISD, and a NATO liaison officer to the German military forces.

**Barbara Mace**
Barbara has facilitated a wide array of OLLI courses. In Fall 2016, she coordinated three: *Why Thinking Differently is Your Greatest Asset*, *World’s Greatest Structures*, and *Sapolsky’s Being Human*. A few of her numerous other classes include *Understanding the Brain*, *Genetics*, *Arizona Plant Wonderland*, *Hidden Factor (Thinking)*, *World’s Greatest Churches*, and *My Favorite Sci Fi/Fantasy Movies*. An avid Arizona Cardinals season ticket holder, she facilitated an OLLI class called *FANTastic Football*. Teaching comes naturally for Barbara. She earned designations of Master Teacher and Gifted Teacher during her 29 years in the classroom. She holds a B.S. in biology/secondary ed, an M.A. in the teaching of science, and an Ed.D. in curriculum and supervision. Barbara has authored articles in Parent-Teacher Association (PTA) publications on leadership, time management, membership, communication, community outreach, and local unit management.

**John Mangimeli**
A ranger-naturalist for 35 years with the National Park Service, John has conducted the popular *Prescott Area Nature Walks* class since joining OLLI in 2010. He’s given nature walks and participated in trail maintenance and removal of exotic plants as a volunteer for Highlands Center for Natural History, Prescott City Parks, Prescott National Forest, and Prescott Creeks. John has a B.A. in Native American studies and M.A. in geography from the University of Nebraska. He also earned M.A. in English from Northern Arizona University.
Bill Maxwell
Bill was born in the frozen north of the Adirondacks in northern New York. He studied computer science and engineering at Rensselaer Polytechnic Institute (now that is hard to spell). Bill performed research and development in New Jersey for Bell Laboratories and various parts of AT&T, specializing in computer networks. Advancing to a point of incompetence, Bill quit his job in 2008 as a senior vice president for a life of adventure. Moving to Prescott Valley in 2009, Bill now tries to maximize adventure by traveling to remote lands, climbing mountains, kayaking rivers, and mountain biking. When he is home (usually to do laundry), he facilitates OLLI classes in photography, investing, travel, or even *Game of Thrones*. He is currently the chairperson of the Curriculum Committee.

Chris Maxwell
Chris began taking and facilitating OLLI classes as soon she moved to Prescott Valley with her husband in 2009 from NJ, where she was a 5th/6th grade science and math teacher, and a software engineer designing and developing data communication systems for Bell Laboratories. While working in NJ, she helped raise a wonderful son, advised a high school robotics team, volunteered in the schools, and coached numerous sports teams. Now that she is retired, Chris enjoys learning, traveling, hiking, photography and other artistic endeavors, kayaking, and enjoying all the wonderful activities this area has to offer. Besides serving on multiple OLLI committees (including four years on the Governing Council), she is also active in AAUW and the Prescott Hiking Club.

Angela Mazella
Angie teaches OLLI’s gardening classes and has facilitated a course on intentional eating. She has been a Master Gardener in Prescott for more than a decade. Angie lived in New Hampshire for 20 years where she lived “simply,” as she puts it, by growing her own food, raising her own animals (including horses), and heating with wood. She has a B.S. in biology from Temple University and an M.S. in information science from Drexel University. She worked as a consultant to Schering Plough Pharmaceutical Company for 28 years, and created her own business called Frostbyte. Angie has volunteered for the Master Gardeners Association, Prescott Center for the Arts, and Prescott Film Festival.

John Mazella
John is OLLI’s expert on rock ‘n’ roll. Since joining OLLI in 2009, he has facilitated classes on a variety of topics including rock and other kinds of music, guitar training, beatnik culture, human evolution, and the Mafia. With a B.S. in civil engineering and a law degree, John had an eclectic career as a bridge engineer, a state attorney in child abuse/neglect court proceedings, a legal staff member for a public utility corporation, a hearing officer for the New Hampshire Department of Safety, and private practice. He volunteers as an usher for the Prescott Center for the Arts, Yavapai Performance Hall, and the Prescott Film Festival.

Thomas McCulloch
Thomas McCulloch is a retired mechanical engineer who has worked for several different companies in the energy and manufacturing industries. The majority of his professional career was spent in the electric utility industry, working in many power plants with a wide variety of electric production technologies. He continues his lifelong interest in energy utilization and electric power production in Prescott where he relocated from upstate New York in 2013. Solar power is a subject of special interest, especially with the recent construction of many large-scale electric power plants, and the southwest United States provides the ideal location to utilize solar energy resources.
Diane McIntyre
Diane McIntyre moved to Prescott in 2008. Since arriving here, she has volunteered her skills for many organizations, including the Sharlot Hall, Prescott Public Library, and the Osher Lifelong Learning Institute. She is the director of fundraising for the Prescott Film Festival and an experienced workshop planner and facilitator.

Bill Miller
A member of the OLLI Governing Council, Bill has facilitated the workshop, *Estate Planning: It’s an Art, Not a Science*. His entire career was in business - focusing on finance, strategic planning, and program management. Bill owned and operated three fast-food businesses before retiring. Since moving to Prescott in 2003, he has invested for local non-profit organizations. In the last few years, Bill has retired from a lifetime of activity playing sports, with a Prescott emphasis on senior softball.

Chris David
Chris David is the director of programming for the Prescott Film Festival. He heads the volunteer team of programmers who watch and rate all submitted films, and he is responsible for researching and identifying films for submission.

Annetta Munstermann
Annetta Munstermann is a Certified Estate Planner and has had her own consulting business for 12 years. Along with her broad knowledge base specializing in trust and financial consulting, she has had personal experience as a Power of Attorney and in the distribution of Revocable Living Trusts. Annetta believes that informed minds make good choices, and her mission is to educate people, no matter the size of their estate or the timeline they require, about the power and importance of estate planning. To find out more about Annetta and her credentials and professional affiliations, you are invited to visit her website http://www.trust-financial-solutions.com.

Robert Parsons
A member of OLLI since 2014, Bob has facilitated *Munch & Learn* sessions on the top 10 airplanes of all time, and strokes. He has two degrees from Stanford - a B.S. in mechanical engineering and an M.B.A. Bob worked in the aerospace industry for Lockheed and Transco Products, and in electronic test equipment sales for Ward Davis Associates. He was vice president of sales for Crosscheck Technology, and co-founder of Nahman Parsons, a Silicon Valley consulting firm in technology sales and marketing. He enjoys antique clock repair, hiking, and early morning coffee.

Sandy Rackoff
Since joining OLLI in 2009, Sandy has facilitated a variety of cooking classes with a professor from the Culinary Institute of America, as well as a culinary and cultural history of food. Her other courses have included *American Colonies before 1776*, *Travel in New York City*, *Haunted and Weird Arizona*, and *Archie Bunker*. Sandy worked 32 years for the Social Security Administration, 19 years in New York and 13 in Prescott.

Al Robinson
Al teaches the popular OLLI course on Asian philosophy and religions. He has taught in Sendai and Koriyama, Japan. Al has three master’s degrees in Asian studies/history, English, and teaching English as a second language. The other institutions where he has taught include Northern Arizona, Arizona State, Yavapai College, University of Washington, and Oxford Center for English Studies in the UK. Al also has
worked for Experiment in International Living, the Seattle Center Foundation, and as a tour director for India Travels. He also volunteers for the Theosophical Order of Service, an organization that works to alleviate suffering throughout the world.

**Dave Rothgery**  
A World War II buff, Dave facilitates a class on Sir Winston Churchill, whom he considers the greatest statesman of the 20th century. Since joining OLLI in 2009, he also has co-facilitated courses on the Macintosh computer, iPad, and *Turning Points in American History*. Dave retired to Prescott in 2008 after a career selling high technology solutions, both domestically and globally, to Fortune 50 firms headquartered in Chicago. He has a B.S. in marketing and economics from the University of Illinois. For five years, he served as a counselor for SCORE of Northern Arizona, an organization that helps small businesses. He is a member of the OLLI Board of Directors and co-chairs the Technology Committee. Dave also is active in the Prescott Mac User Group and currently serves on its board of directors.

**Norm Samuelson**  
Norm has taught computer fundamentals to some of us technologically challenged members of OLLI. He also has facilitated courses in Microsoft Office and Android smart phones and tablets. An avid swimmer, kayaker, and hiker, Norm has guided OLLI members around the Prescott Circle Trail with co-facilitator John Pillman. Norm worked as a computer scientist at Lawrence Livermore National Lab (1983-2005) and Sandia National Lab in Albuquerque (1972-82). He has an M.S. in computer and information science from the University of New Mexico and is active in the Rotary Youth Exchange program.

**Luisa Santamaria**  
Luisa worked as a registered nurse for more than 30 years in developmental disabilities, medical-surgical, behavioral health, and dialysis. She also served as a community health educator, focusing on relaxation and stress reduction skills that included preventative aspects of stress and holistic approaches to reducing reliance on medications. Luisa has a certification in Advanced Mind Body Medicine as well as a B.A. in women’s studies and A.D. in nursing.

**Bob Scanze**  
A member of OLLI since 2012 and a volunteer Prescott Park Ranger, Bob is a co-leader of the strenuous hiking groups. He served as global acquisitions manager for Applied Materials for 22 years, manager of customer satisfaction for Sweda International for four years, and manager of global logistics for Burroughs Corporation for 12 years. He also volunteers for AARP.

**Mary Ann Schaffer**  
A member of OLLI since 2011, Mary Ann has led moderate hiking groups with Turk Kangal and Larry and Jorette Martin. She was a registered nurse for 18 years at St. Luke’s Behavioral Health Center in Phoenix, and a patient care services administrator at Yukon-Kuskokwim Health Corp. in Bethel, Alaska, for 11 years. Mary Ann has a B.A. in anthropology and has volunteered at the Musical Instrument Museum in Phoenix.

**Bob Sherman**  
Bob facilitates a popular course called *Both Sides Now*, which features podcasts from Intelligence Squared US, a forum that gathers together experts to debate topics of public interest, such as global warming and the death penalty. He also has taught classes on China and Africa. A graduate of Columbia University, Bob has taught a two-part course on the refugee crisis, co-facilitated a four-part class, *Ancient Mesoamerica*: 
Maya to Aztec, and led a class on China. For much of his career, Bob was an entrepreneur in computer processing and software. He has written articles for flying and sailing magazines.

Mel Shutz
Since joining OLLI in 2007, Mel has facilitated more than 75 different classes, many of them on film and the arts. He teaches a popular five-part course on dance. Some of his other offerings have included Opera for Everyone; The Best of British Cinema; 1939 Hollywood's Greatest Year; Sherlock Holmes on Film; Politics, NOT as Usual; and Orangutans: Endearing and Endangered. Mel worked in the office furniture industry in management, marketing, sales, and design for 35 years. He is active in animal rescue activities in Prescott and enjoys creative writing and watercolor painting.

Ward Stanke
My working life was mostly spent developing commercial software (like the kind you buy for your personal computer). My formal education is in electrical engineering and I worked as an electrical engineer in the Air Force for a period before getting my master’s degree and transitioning to computer architecture research (also for the Air Force). After nine years, I moved into the civilian workforce and became a software developer. Before I retired, I had managed to work for a number of Silicon Valley firms, including Intuit, Adobe, and Roxio, both as an individual contributor and as a manager. I have been a member of the Prescott Mac User Group for as long as I have been in Prescott and am currently serving as the group’s Ambassador (liaison with Apple and member of the Board of Directors) as well as occasional program presenter. Most of the learning groups I have facilitated at OLLI have been technology based (primarily Macintosh computers and iPads), although I have branched out several times to facilitate learning groups on critical thinking, American history, personality traits (specifically introversion), TED Talks, and quantum mechanics. My interests are varied and include critical thinking, skepticism, perception and reality, as well as general technology and science.

Suzanne Stock
Sue has facilitated some of OLLI’s most popular whodunit classes, including CSI: Crime Scene Investigation, and Crimes, Frauds, and Scandals. Several of her other courses have focused on movies: Bogie and Bacall, Where’s Alfred, and a series on foreign films. Sue also co-facilitated a course with Paul Dannenberg entitled Nicholas and Alexandra. She had a 21-year career in public relations with the American Society of Clinical Pathologists; the American Dental Association; and Kraft, Inc., Consumer Affairs, The Kraft Kitchens. After graduating from Northern Illinois with a degree in journalism, she was an educator for six years in Illinois at Barrington High School, Harper Junior College, and Lake Park High School. Sue enjoys creative crafts from sewing to flower arranging as well as Epicureanism.

Jim Trapp
A member of OLLI since 2011, Jim teaches beginning guitar. Most of his career was in the workers’ compensation insurance business as a claims rep for a private insurance company, and as an investigator for the State Compensation Fund of Arizona. Jim also plays the piano.

Ellen Tyler
A member of OLLI since 2015, Ellen is an Adobe Certified Expert in Photoshop, which she taught at Yavapai College for a year after retiring. She has a B.A. in speech from Michigan and an M.A. in communication arts from Wisconsin, where she served as the program director and an instructor in the outreach program for 20 years. In that role, she coordinated film and photography workshops and taught desktop publishing software, including Photoshop. She also served as public relations director for Credit Union National...
Association for eight years and for the Wisconsin Economic Development Authority for two years. She plays the doghouse bass for bluegrass music.

**Nancy Van der Voort**
Nancy facilitates *Death Café*, which is a group-directed discussion of death with no agenda, objectives, or themes other than refraining from being a grief support or counseling session. *Death Café*’s purpose is to increase awareness of death with a view to helping people make the most of their [finite] lives. A global initiative, 3,560 Death Cafés in 37 countries have been created since September, 2011. Nancy has a B.S. in social work from Arizona State. She worked in human resources management in Arizona for more than 30 years, eventually retiring from Printpack, a packaging company in Prescott Valley, where she had local and divisional responsibilities. Nancy has been a volunteer at a hospice and Yavapai Regional Medical Center.

**Jim Veney**
Jim teaches OLLI classes in fiction writing, water color painting, Microsoft Word, and Excel. He was a professor of public health at the University of North Carolina at Chapel Hill for 30 years. He earned three degrees in sociology, A.B. from Ohio University and M.S. and Ph.D. from Purdue. Jim has written three books on research methods for public health as well as articles in professional journals. He also has had photographs displayed at ‘Tis Art Center Gallery in Prescott.

**Julia Watson, M.A., M.C.**
A fourth-generation Arizonan and lifelong educator, Julia’s background encompasses training in both the academic and corporate world. Julia’s degrees are from Arizona State University. Her career includes working for entities in both business and non-profit arenas, including Informatics, Commerce Clearing House, Grants to You, Yavapai College, and Embry-Riddle Aeronautical University. Her eclectic background includes courses in adult learning, grant writing, public speaking, emotional intelligence, customer service, and software applications.

**Bill Weiss**
Those who have taken Bill’s classes often remark that he could make a lot of money on *Jeopardy*. A member of OLLI since 2011, he has shared his remarkable knowledge of history in courses such as *Ranking and Rating the Postwar Presidents*, *The Sixties in the Mind of America*, *20th Century U.S. Presidents*, *The Turbulent Fifties*, *Jewish Assimilation in America*, and *U.S. Presidents and Israel*. Bill had a career in journalism and served as vice president of public relations for AT&T. He has a B.A. in English and M.A. in history. He has presented an historical lecture series at the Prescott Public Library on topics such as *The Rosenbergs: Guilty or Not Guilty; Art, Money and Politics: Diego Rivera and the Rockefeller Center Mural*; and the *U2 Incident: Turning Point in the Cold War*. Bill is also a member of the Friends of Phoenix Symphony.

**Eleanor Wing**
An OLLI member since 2009, Eleanor leads a strenuous hiking group several times every year. During her 60+ years as a resident of Prescott, she has worked as a nurse, secretary, salesperson, and, most important of all, according to Eleanor, a mother of three and grandmother of four. A graduate of the Yavapai College nursing program, she has volunteered as an English as a Second Language (ESL) teacher, a tutor for students studying for a Graduate Efficiency Diploma (GED), a 4H leader, and a “litter lifter” for the Arizona Department of Transportation (ADOT). For nearly 50 years, Eleanor has been a member of P.E.O. Sisterhood, which promotes educational opportunities for female students worldwide.
**Ed Wisneski**
Since joining OLLI in 2014, Ed’s course topics have ranged from pirates to Vikings to George Washington’s spies to the National Football League, where he worked in public relations for the New York Jets and Philadelphia Eagles and as an editor for NFL Creative Services in Los Angeles. He also leads OLLI moderate hiking groups. Ed has a B.A. in English from Dartmouth College and master’s degrees in theological studies and liberal arts from Southern Methodist University, where he was an athletic administrator for 18 years. He wrote editorials for the *Dallas Morning News* for a year and became a first-time teacher at age 55. Ed has published numerous freelance travel articles in newspapers throughout the country and more than 130 stories for the *Daily Courier*. He volunteers for the Senior Peer Prevention program at West Yavapai Guidance Clinic and coaches boys’ basketball at the YMCA.

**Ron Woerner**
Ron has put his lifetime teaching credential to good use since joining OLLI in 2000. His numerous literature courses have included *Bible as Literature, King Lear, Banned Books, How to Eat a Poem, John Steinbeck*, and a six-session study of American literature. A former high school English teacher and department chair, he was also a teacher and coordinator in the International Baccalaureate program, headmaster of a private high school, and information coordinator for a teachers’ union. Ron has a B.A. in English with a minor in comparative literature, an M.A. in educational counseling, and a California Administrative Credential for Secondary Education. In addition to his career in education, Ron worked as a business representative for Illinois Bell and a Kroger store manager. He has traveled to 50 states and all but two Canadian provinces. Ron has written articles for the church publication *The Lookout*, and essays for college publications.

**Chris Wuehrmann**
Chris Wuehrmann has a B.A. from Prescott College with a major in social anthropology and a minor in archaeology. He has worked in the field as an archaeologist in the Grand Canyon and other areas of the southwest, and he has taught anthropology and archaeology at Yavapai College and Prescott College. Chris is a frequent EDventures Coordinator, sharing his extensive knowledge of anthropology, archaeology, geology, natural history, and southwest history, with regional travelers. He has hiked and backpacked extensively in the canyons and mountains of the southwest.