Cancellation and Refund Policy
Semester fees are refundable through the first week of classes. An administrative charge of $15 applies to any cancellation involving fees. Refunds for special events and trips are only reimbursable prior to the contract deadline unless a substitute participant is arranged. Some programs have specific refund policies noted elsewhere.

Ways to Register
1. Call (928) 649-4275 or (928) 649-5550.
2. In person at the Yavapai College Sedona Center for Arts & Technology; or at the Yavapai College Verde Valley Campus, Building L, Room 210.
3. Mail registration form and payment to: Yavapai College, OLLI-Sedona, 4215 Arts Village Dr, Sedona, AZ 86336 or Yavapai College, OLLI-Verde, 601 Black Hills Dr, Clarkdale, AZ 86324.
4. FAX: Sedona (928) 204-2683
   MAKE CHECKS PAYABLE TO “YAVAPAI COLLEGE.”
   We accept VISA, MasterCard, American Express, Discover.
5. Online: Visit www.yc.edu/ollisv and click on the register for classes button and follow instructions

Satisfaction Guaranteed!
We want you to love your OLLI classes and to ensure that you do:
1. Learn more about the classes before you enroll:
   a. Talk with an OLLI member or staff person.
   b. Attend one session to see if the class suits you.
2. After you enroll, if you don’t like the first class:
   a. You may drop it and add another.
   b. You may request a refund.

Calendar of Events

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<td>Fall Open House: A Taste of OLLI on the Clarkdale Campus</td>
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<td>11/18</td>
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<tr>
<td>1/23</td>
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Directions to OLLI Locations

Directions to Yavapai College, Clarkdale campus
- Take 89A South
- Turn left onto E Cottonwood Street (89A)
- Exit roundabout indicating Black Hills Drive
- Go up Black Hills Drive, Yavapai College will be on your left. Look for building letters on the corner of the building for your class. For classes in L, M follow the second entrance to park in back.
- For classes in buildings G, H, and I, park in front lots.

Directions to Yavapai College, Sedona Center for Arts and Technology, Sedona Campus
- From Sedona and Village of Oak Creek
  - Take AZ 89A towards Cottonwood
  - Turn right onto Cultural Park Place
  - Yavapai College, Sedona Campus will be on the left
- From the Verde Valley
  - Take AZ 89A towards Sedona
  - Turn left onto Cultural Park Place
  - Yavapai College, Sedona Campus will be on the left

Directions to Beaver Creek School Board Room
- Off Interstate 17, exit 293 at McGuireville
- Go East on State Route 20 - drive ahead for 2 miles.
- Road forks at gas station – stay to the left (East Beaver Creek Road)
- Drive 2 miles past Rimrock Post Office to the blue Public Library sign.
- Board Room is next to Library

Directions to Camp Verde Parks and Recreation
- Off Interstate 17 – Exit 287 (Camp Verde)
- Head East on State Route 260
- Proceed to 2nd set of lights, turn left on Finnie Flat Rd.
- In approx. 2 miles Finnie Flat becomes S. Main St.
- The Parks and Recreation Center is 395 S. Main Street.
- Park anywhere close to the Gazebo.
- The Archaeology Center is also very nearby at 385 S Main St, Camp Verde.

Lunch & Learn
KEYNOTE SPEAKER WEEKLY SERIES
Beginning Sept 28th
Wednesdays, 12:30 – 2:00pm
Bring your lunch, enjoy conversation, and listen to prominent local speakers, or a panel of experts.
Sedona Center, Room 34
FREE! NO NEED TO ENROLL & EVERYONE WELCOME
OLLI LEARNING GROUPS

**Arts & Crafts**
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- Basic Origami 5
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928.649.4275 • 928.649.5550
Monday Learning Group

SEDONA CENTER

HOW THE EARTH WORKS (S-001-16)
Sep.26-Oct.31, 6 Weeks, 9:00-10:30, Room 23
The grandiose title is shorthand for an introduction to Physical Geology. From minerals to mountains, wind to weathering, earthquakes to plate tectonics, we will pursue an overview of the workings of our planet.

Ken Bork has a Ph.D. focused on paleontology and earth history, but enjoyed teaching about the physical side of geology for four decades.

THE BEST AMERICAN POETRY 2016 (S-002-16)
Sep.26-Nov.14, 8 Weeks, 10:45-12:15, Room 15
In this learning group we will read and discuss the poems in the 2016 edition of the annual anthology entitled “The Best American Poetry.” Since its debut in 1988, “The Best American Poetry” has become a mainstay for the direction and spirit of American poetry. Using this volume as our text, we will take the pulse of contemporary poetry as it is being written in the USA today. All participants will be expected to obtain a copy of the book. Limited to 12 participants.

William Ward teaches OLLI classes on a variety of topics in literature and philosophy.

WRITING OUR WAY TO HAPPINESS (S-003-16)
Sep.26-Oct.24, 5 Weeks, 10:45-12:15, Room 39
Come enjoy writing in an atmosphere that is inspiring, creative and fun. We will write and read and write some more, without editing or judging, just letting the words flow onto paper. When we allow ourselves to listen deeply and write it down, we can amaze ourselves and inspire others. As we begin to trust our own voice, great joy bubbles up. This class gives us the chance to celebrate our written words. Bring pens and paper and be ready to write!

Martha Entin is a poet, writer and long-time meditator. Her many years of teaching, counseling and writing create a safe and inspiring space in which to write.

THE COURSE OF TIME (S-004-16)
Sep.26-Oct.31, 6 Weeks, 1:00-2:30, Room 12
We all know what time is. Yet we can’t explain it, observe it or control it. Time seems to flow relentlessly towards the future. Yet studies of the brain indicate that we can slow down or speed up our perception of time and even influence aging. In these sessions we will discuss recent findings of time’s fundamental laws, how our brains perceive time, and how time is entangled with culture and consciousness. We will attempt to apply our deeper knowledge of time to gain control and benefit.

Bob Haizmann is a chemical engineer, astronomer and guitarist. He has traveled worldwide, commercializing breakthrough energy technologies and has 25 patents. Since moving here last year he’s been smitten by the rhythms of nature: Sedona Time.

SELF-HELP ACUPRESSURE AND REFLEXOLOGY (S-005-16)
Oct.03-Oct.24, 4 Weeks, 1:00-2:30, Room 39
This will be a very practical self-help learning group. We will learn a few specific acupressure and reflexology techniques to use for the purpose of maintaining a higher level of general health. Limited to 20 participants.

Thomas Brennan works in private practice as a reflexologist and in facilitating inner transformation. He has been helping people and teaching for over thirty years. Thomas has a Master of Education degree. E-mail: thomas@sedona-reflexology.com.

Tuesday Learning Group

VERDE VALLEY CAMPUS (CLARKDALE)

NEWS AND VIEWS (V-210-16)
Sep.27-Nov.15, 8 Weeks, 9:00-10:30, Room G-107
Let’s talk the news. Participants will discuss current, local, and international stories -- any topic, not just politics. Bring the news that interests you or you have questions about. Learn more about current events from various viewpoints in a relaxing environment. Limited to 10 participants.

Curt Ireland was a trial lawyer in South Dakota for 40 years, a teacher of history at Camp Verde Middle School, and has taught many history classes at OLLI.

Joe Stack is an avid reader who enjoys discussing books.
BEGINNERS BASIC COUNTED CROSS STITCH 1  
(V-213-16)  
Sep.27-Nov.15, 8 Weeks, 10:00-12:00, Room H-103

Come join & learn from the very beginning how to do Cross Stitch. You will learn terminology, techniques, graphs, etc. You will learn to read graphs & then make your own. We will start out simply & slowly, working our way up through levels, from basic to many graphs & patterns while making items for yourself & maybe as gifts. Come join the fun & see new things to make yourself! There will be a $15 charge per student for supplies to be paid to the facilitator on the 1st day of class.

Claudia Cross fell in love with crafting when she was 10 yrs. old. She started by teaching her 5 sisters, their friends, classmates & then spread to churches, private homes, public libraries or wherever she could find students who wanted to learn.

BASIC ORIGAMI (V-212-16)  
Sep.27-Nov.01, 6 Weeks, 10:45-12:15, Room L-216

Make fun holiday decorations and/or projects for adults and kids using basic origami folds. Copy or printer paper in a variety of colors (8.5 x 11) can be used. Origami paper is fun for special projects. Larger sizes are easier to work with. Scissors and colored pencils would be helpful for special projects (you can wait to see if they’re needed).

Babe Gerstner has taught ceramics and different clay techniques. She enjoys sewing and doing craft projects. This will be the 4th semester for this class.

BASIC COMPUTER SKILLS FOR TODAY’S TECHNOLOGY (V-215-16)  
Sep.27-Nov.01, 6 Weeks, 10:45-12:15, Room G-104

Are you new to using computers? Ever wonder what people mean when they say The Cloud, Windows, ISP, or app? Perhaps you just want to know more about how computers work. This Computer Basic skills tutorial will cover everything from setting up your computer to understanding Cloud Computing with stops along the way to explore applications, Internet and Social Media. Learn basic security concepts, how to maintain performance of your laptop/desktop and how to synchronize with your IPad.

Ron Peebles has a degree in Pure and Applied Mathematics from St Andrews University, Scotland and 45 years of Software development experience in Performance Management.

GREAT STORIES, FICTION AND NONFICTION (V-211-16)  
Sep.27-Oct.25, 5 Weeks, 1:00-2:30, Room L-216

Having taught short story courses at OLLI that triggered real-life discussions, I now want to integrate these two genres into one challenging course - Great Stories, Fiction and Nonfiction. I hope you will join me in this new adventure. Some of the writers who will challenge us are: Sherwood Anderson, John Updike, Mary Gordon and Dave Eggers. Limited to 15 participants.

Vic Goldie has taught a variety of literature and writing courses at Yavapai College and on Long Island. He has also taught Hebrew and The Bible as Literature. He likes discussions that stretch the mind and keep the blood circulating.

PRESIDENTS AND LEADERSHIP (V-217-16)  
Sep.27-Nov.15, 8 Weeks, 2:45-4:15, Room G-102

What makes a successful President? What do you look for when voting for a President? How do you rate our past Presidents? This learning group will cover some of the successful and less than successful occupants of the White House to further our understanding of good, bad, & so-so presidential leadership. Participants will also rank the post-WWII presidents and compare the rankings to the professionals.

Joe Stack is a retired HR Manager specializing in leadership, with an avid interest in history.

EXPLORE INNER SPACE - A MEDITATION ADVENTURE (V-214-16)  
Oct.18-Nov.08, 4 Weeks, 10:45-12:15, Room G-107

The inner journey is the most interesting and meaningful journey you will ever take. It will teach you more about yourself than going to Mars. Learn simple but powerful tools for that journey that you can use for the rest of your life: breathing, concentration, contemplation, mantra, mala and mudra, among others. Sitting and walking techniques are included.

Rosalie Malter has been teaching yoga & meditation for more than 30 years. She has taught for OLLI since 2005. She is a retired counselor. She also enjoys doing health coaching for her clients.

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Brown Bag Brain Buzz  
KEYNOTE SPEAKER WEEKLY SERIES  
Beginning Sept. 29th - Thursdays, 12:30 – 1:30pm

Bring your lunch, enjoy conversation, and listen to talks on great minds and great ideas that have shaped human history - prominent OLLI speakers, or a panel of experts.

Verde Valley Campus, Room G-106

FREE! NO NEED TO ENROLL & EVERYONE WELCOME
Tuesday Learning Group

SEDONA CENTER

BRAIN EXERCISE THROUGH PUZZLES (S-006-16)
Sep.27-Nov.01, 6 Weeks, 9:00-10:30, Room 39

Your brain: use it or lose it. Research has shown that our brains are just like our muscles. If we don’t exercise them, they atrophy. Join us for brain gym. You will feel more alert, be quicker to solve life’s problems, and learn how to banish frustration. This is a hands-on class where each participant will have the opportunity to solve mechanical puzzles in a supportive environment. Each participant will have at least one “Aha!” experience. Limited to 12 participants.

Tyler Barrett is a psychologist, teacher, author, musician, magician and puzzle master.

LIFE HAPPENS AS WE PLAN (S-007-16)
Sep.27-Oct.25, 5 Weeks, 10:00-12:00, Room 40

Ever wonder what’s going on? Want to consider ways to remain connected with all of life? We will be discussing:
• Being present while dropping routines that limit presence
• Personal consciousness and unity • Meditation and being
• What is “mind”? • The cosmos and resonance with the akashic field • Minimizing “self” • Letting go of habits, addictions, routines, and patterns [HARPS]. This is a participatory circle wherein everyone will be contributing throughout the two-hour sessions. Limited to 11 participants.

Anton Sagar has taught at colleges in Arizona. His background includes math/science, editing magazines, retail business, and medicine; He has initiated communal ventures, and facilitates meditation & classes at Harmony Healing Center, Costa Rica.

THE BHAGAVAD GITA AND US (S-008-16)
Sep.27-Nov.15, 8 Weeks, 10:45-12:15, Room 34

What is the essence of the Bhagavad Gita? Gandhi and his killer, Emerson and Oppenheimer, and millions around the world crisscrossing religious, cultural, and political boundaries sought inspiration from this universal text over centuries. We will discuss the Gita in its spiritual relevance to our modern issues: personal, political, social, and intellectual.

Jayana Clerk was educated in India, England, and the US. She taught English, world literature, and religion at CUNY. She has published several articles and books, including her novel about Mary Magdalene, “The Ultimate Love Story.”

ARTFUL JEWELRY (S-009-16)
Sep.27-Nov.01, 6 Weeks, 10:45-12:15, Room 08

You will learn several stitches to allow you to create beautiful, artful beaded jewelry. Bring your creativity and your wild imaginations. The facilitator will provide materials, including beads and beading thread.

Sally Peck makes one-of-a-kind wearable art. After a 30-year career teaching in middle school, she found that she loved beading and loves to teach others beading.

CHURCH AND STATE: SEPARATED BY PRINCIPLE AND LAW, UNITED IN PURPOSE (S-010-16)
Sep.27-Oct.18, 4 Weeks, 10:45-12:15, Room 12

The separation of church (religion) and state is a basic American tenet. In this class we will discuss what part faith, or the absence of it, plays in making government work for everyone and ensuring that progressive social justice is provided in our daily lives. US Supreme Court cases dealing with these issues will be discussed and how our legal and socioeconomic systems have been interpreted to guarantee our rights to due process and equal opportunity under the US Constitution.

John Biggers is a former Tucson, AZ & Illinois attorney. He is a former parish minister, law graduate from University of Illinois and theological graduate from Methodist Theological School in Ohio.

PUZZLES, PUZZLES, PUZZLES (S-011-16)
Sep.27-Nov.01, 6 Weeks, 10:45-12:15, Room 39

This hands-on class is open to any OLLI member who has previously taken one of Tyler Barrett’s puzzle classes. Enjoy the opportunity to exercise your brain and sharpen your problem-solving skills through an hour and-a-half of pure puzzling. Limited to 12 participants.

Tyler Barrett is a psychologist, teacher, author, musician, magician and puzzle master.

THE INFORMED VOTER 2016 (S-012-16)
Sep.27-Nov.01, 6 Weeks, 10:45-12:15, Room 23

The year 2016 is “a perfect storm” on the election scene, nationally and on the state, county and local levels. Every AZ legislative seat is up for election. In this 6 week course, hosted by the League of Women Voters Greater Verde Valley, we will examine and discuss the offices up for election, the initiatives and ballot propositions, as well as a look at how the legislature works. Don’t cast that vote until you take this course. Limited to 40 participants.

Barbara Litrell is President of the League of Women Voters Greater Verde Valley, a non-partisan organization. She formerly served on Sedona City Council and has facilitated OLLI courses on a wide range of issues and loves promoting civic engagement.

CONQUISTADORS (S-013-16)
Sep.27-Oct.25, 5 Weeks, 10:45-12:15, Room 28

This Learning Group will study the history of the conquistadors. Lecture (1) Columbus and Cortez, (2) The Inca and De Soto, (3) Cabeza de Vaca, (4) Coronado and Quivira, (5) Spanish Legacy.

Gary Every has been published 1400 times with 10 published books. “Shadow of the OhshaD” is a compilation of the best of his newspaper columns including award winning articles such as “Losing Geronimo’s Language” and “The Apache Naichee Ceremony.”
A TRIBUTE TO WAYNE DYER: INSPIRATION, WISDOM, THOUGHTS, & LIFE LESSONS (S-014-16)
Sep.27-Oct.18, 4 Weeks, 1:00-2:30, Room 23

We will begin by watching the movie “The Shift from Ambition to Meaning.” The following weeks will include discussion of the worldwide influence of this movie, teachings, wisdom, and inspiration from this Father of Motivation. This class is designed to encourage you to go deeper within and as Dr. Wayne W. Dyer so eloquently shares, “we all have the choice to shift our lives from ambition to meaning... and thereby complete our return to the Source that created us.”

Darlene Jordan is a Soul Archaeologist, MindBodySoulHeartWeaver, Intuitive, and Certified On-Call Life Coach. She fosters, guides and supports people along their spiritual journey while returning the entire person to their naturally aligned state.

WOMEN SUPPORTING WOMEN: HOW TO NOT LOSE YOURSELF IN RELATIONSHIP (S-015-16)
Sep.27-Nov.15, 8 Weeks, 2:45-4:15, Room 12

This will be a discussion group (so come prepared to share) about the ways that women lose themselves in relationship and how to not do that. We’ll talk about the differences between men and women, how women form identity, self care and anything else that comes up. I’ll use some stories from the book, Women Who Run With The Wolves, for discussion. Feel free to also bring in favorite books or stories. Limited to 12 participants.

Carisa Authier, PsyD is a clinical psychologist in private practice in Cottonwood.

Wednesday Learning Group
CAMP VERDE (PARKS & RECREATION)

THE PHILOSOPHY AND PHYSICS OF FORGIVENESS (CV-225-16)
Sep.28-Oct.19, 4 Weeks, 1:00-2:30, Room 310

Through class discussion, Q&A, homework, and exercises, we will explore how simple principles from physics and philosophy demonstrate the life-enhancing value of forgiveness as it applies to everyday or even tough situations. The forgiving mind has fewer and fewer points of conflict and is a far more efficient search and retrieval mechanism. The forgiving mind promotes health, vitality, peace, and happiness. Forgiveness is an empowering gift that we strengthen as we give it freely. Limited to 15 participants.

Honey Judith Rubin has made the study and practice of forgiveness a central part of her life since 1976. “On the wings of forgiveness is carried all other wisdom,” says Rubin, whose vision and mission is to make a lasting difference in our world.

VERDE VALLEY CAMPUS (CLARKDALE)

OBSERVATIONAL ASTRONOMY (V-222-16)
Sep.28-Oct.26, 5 Weeks, 6:00PM-8:00PM, Room L-216

Learn the night skies of fall and winter. Current events and telescope viewing after each class weather permitting. Limited to 16 participants.

J.D. Maddy has been an amateur astronomer for many years. He now shares his knowledge of the night sky with others through star parties and presentations. He is a National Parks Service Master VIP Astronomer and an Arizona State Park Volunteer Astronomer.

EXPLORING THE VERDE VALLEY (V-220-16)
Sep.28-Oct.19, 4 Weeks, 9:00-10:30, Room G-107 1st class only

The journey continues! Discover the treasures that await you in our valley. Guided field trips visit places of educational, historic, cultural, and artistic interest. This Is Not A Hiking Group! Participants provide their own transportation to the sites. The first class meets in a classroom at the Clarkdale campus. After the first meeting the group will meet at the site. Directions will be given out at the first session. Limited to 26 participants.

John Erickson is a geographer and historian. He is a retired Wisconsin educator and a former Rocky Mountain National Park Ranger.

BEGINNERS COUNTED CROSS STITCH 2 (V-226-16)
Sep.28-Nov.16, 8 Weeks, 10:00-12:00, Room H-103

If you have already taken my 1st class before or have ever done or tried to cross stitch in the past & want a refresher course, then this class is for you. We will continue doing new patterns, making new graphs, & moving forward to an attainable goal for each individual. Come join all of us & let’s have some fun together! There is a $20 fee per student due to the Facilitator on the 1st day of class. Don’t let this stop you, come see what we can accomplish!

Claudia Cross fell in love with crafting when she was 10 yrs. old. She started by teaching her 5 sisters, their friends, classmates & then spread to churches, private homes, public libraries or wherever she could find students who wanted to learn.

MUSIC TO YOUR EARS (V-223-16)
Sep.28-Nov.16, 8 Weeks, 10:45-12:15, Room L-215

Grow in your understanding of music through interactive activities and guided listening. Timbre, dynamics, articulation, rhythm, melody, harmony, counterpoint, and form will be viewed from the perspective of unity and variety through examples from classical music and jazz.

Sy Brandon is a composer, brass musician and retired professor of music. He is interested in many styles of music and has authored a book about listening with more understanding.
Wednesday Learning Group

VERDE VALLEY CAMPUS (CLARKDALE)

PARAPSYCHOLOGY (V-221-16)
Sep.28-Nov.02, 6 Weeks, 1:00-2:30, Room L-216

In this class, Reverend Vincent J. Corso will conduct guided meditations that will provide many benefits for the students, such as greater self realization, while also reducing stress.

Reverend Vincent J. Corso is a gifted medium with an intense commitment and dedication to awaken mankind to look within to find his higher self. He is a mystic who has proven himself to be a talented, versatile teacher, powerful healer and psychic.

BASIC GRANT WRITING (V-224-16)
Sep.28-Oct.19, 4 Weeks, 1:00-2:30, Room L-215

This course features the use of a Grant Writing Toolbox DVD containing: How to apply for federal, corporate and foundation grants; Case studies based on real-life scenarios; Opportunities to apply lessons to your own work/agency; Additional resources including helpful internet links; How to build a better budget; How to develop and conduct project evaluations. Limited to 15 participants.

Anthony Caetano is a Certified Grant Trainer and Writer with over 40 years of experience. He has written over $18.5M of federal/state/foundation/corporate grants and trained nonprofits nation-wide.

UNDERSTANDING OUR PRESIDENTIAL CANDIDATES THROUGH THE LENS OF ASTROLOGY (V-227-16)
Sep.28-Oct.26, 4 Weeks, 2:45-4:15, Room G-106 (There is no class on Oct. 12)

This will be a fun introduction to astrology as applied to our “presumptive candidates” in the 2016 Presidential election, at this time Clinton and Trump. Who are these people? What’s really driving them? What values, contributions, liabilities, “blindspots” and “lessons” could each be expected to bring to the role of President? We will use the key elements of astrology to discover that there is “more than meets the eye” as we are continually presented with their political “game face(s).”

Deborah Nye is a psychologist and organizational development and change consultant who has used astrology for over 35 years in her work with individuals and organizations, finding the model incomparable in getting to what truly “makes people tick.”

SEDONA CENTER

FRIENDLY POETRY HIKES (S-016-16)
Sep.28-Oct.26, 5 Weeks, 9:00-12:00, Offsite

We will gather in the OLLI parking lot, then drive to a trailhead for a short, easy hike to a lovely spot where Marilee will share a selection of provocative, accessible, fascinating, contemporary poems to read and discuss.

Marilee Richards’ poems are appearing in many of the best literary journals including Tar River Poetry, Rattle, and the Southern Review. She was first runner up for this year’s Brittingham/Pollack prizes.

Gary Dorer, a retired physicist, has facilitated OLLI science courses, led meditation hikes, and has extensive hiking experience in the Sedona area.

UNDERSTANDING CREATION RATIONALE, LOGIC & SCIENCE (S-017-16)
Sep.28-Nov.02, 6 Weeks, 9:00-10:30, Room 15 (Class will not meet on Oct. 12)

This class will look at the rationale, logic and scientific evidence for creation. You may disagree with the idea of creation, but if you have heard about creation only from naturalists, you have not actually heard the creation argument. Discussion and questions regarding creation and naturalism will be encouraged. We will cover logic, how science is done, life from non-life, evolution, and cosmology with an emphasis on geology.

Guy Forsythe has studied creation & naturalism for 40 years. Guy writes a newsletter that is mailed to all Sedona homes, teaches this class, speaks for groups and leads geology tours. He has a published paper on the Coconino formation in Sedona.

JOHN F. KENNEDY PART ONE (S-018-16)
Sep.28-Nov.09, 7 Weeks, 9:00-10:30, Room 34

This class will cover Kennedy’s early life, health problems, the PT-109 incident, marriage to Jackie, his election and the early part of his administration (Bay of Pigs invasion, the Berlin wall, the Cuban missile crisis).

Curt Ireland was a trial lawyer in South Dakota for 40 years, a teacher of history at Camp Verde Middle School, and has taught many history classes at OLLI.
SCIENCE NEWS AND VIEWS (S-022-16)
Sep.28-Nov.16, 8 Weeks, 9:00-10:30, Room 23
Whether a Scientist or simply someone with an enduring interest in Science, come and get a better understanding of recent developments in science – such as Gravitational Waves or Gene editing techniques – and discuss their potential impact on society. Each week members with knowledge in specific scientific topics will discuss new developments in a way that makes it easy for all to understand the breakthrough and its implications. Bring in items from current news events for an open discussion!
Shri Srikanth has a Ph.D. in Physics from Boston University and has facilitated a variety of courses at OLLI.
Ken Bork is a geologist and historian of geology. His Ph.D. is in paleontology, and he has taught about evolution on the college level and at OLLI.

RAISING YOUR DOMINANT VIBRATION: LIVING FOCUSED IN THE PRESENT MOMENT (S-019-16)
Sep.28-Oct.26, 5 Weeks, 10:45-12:15, Room 39
Together we will explore a broader understanding of High Vibrational Living and how living focused in the present moment will positively effect your life journey. Join us as we experience from our heart the infinite expansion of who we really are and a New Way of Being.
Dan Snyder is a spiritual guide and intuitive. His focused journey within has brought him to great awareness and knowing.

NUMEROLOGY (S-025-16)
Sep.28-Oct.19, 4 Weeks, 10:45-12:15, Room 12
In this course, we will learn about the science of numerology and how we can use it to understand ourselves and our destiny.
Linda Mae Costello has been a student of metaphysics since 1968. She has a Masters degree in Education with an emphasis on Psychology, and she is ordained clergy.

THE POWER OF ART (S-021-16)
Sep.28-Nov.16, 8 Weeks, 10:45-12:15, Room 34
Explore how extraordinary works of art can dramatically shake up and transform our view of the world. We’ll zoom in on one masterpiece at each session (by Caravaggio, Bernini, Rembrandt, David, Turner, Van Gogh, Picasso and Rothko—in that order), plunge into the painting, and learn the personal and societal context in which it was created. Our guide will be Columbia University Art History Professor Simon Schama in his Emmy-winning BBC documentary. (Single-session attendees are welcome. Please come to the office and register.)
Paul Friedman, Ph.D., is a popular OLLI facilitator and an avid art lover.

BASIC GRANT WRITING (S-023-16)
Sep.28-Oct.19, 4 Weeks, 10:45-12:15, Room 28
This course features the use of a Grant Writing Toolbox DVD containing: How to apply for federal, corporate and foundation grants; Case studies based on real-life scenarios; Opportunities to apply lessons to your own work/agency; Additional resources including helpful internet links; How to build a better budget; How to develop and conduct project evaluations.
Anthony Caetano is a Certified Grant Trainer and Writer with over 40 years of experience. He has written over $18.5M of federal/state/foundation/corporate grants and trained nonprofits nation-wide.

RHYTHM & MOVEMENT THROUGH AFRICAN DANCE (S-024-16)
Sep.28-Nov.16, 8 Weeks, 11:00-12:30, Room 40
Come to learn and move in a West African Dance Class. This type of movement is invigorating and unlike any other dance movements. The beat of the drum will hypnotize you and transport you to another place. It is creative and looses up any of the kinks you might have. Warmup stretching will be used to introduce you to new movements.
Lynne Browning has danced and performed West African Dance for 46 years.

LUNCH AND LEARN
(FREE AND OPEN TO THE PUBLIC)
Sep.28-Nov.16, 8 Weeks, 12:30-2:00, Room 34
This is an enjoyable, informative, weekly “town hall” that is free and open to all. At each session a speaker or panel provides a lively presentation on an important aspect of community life or OLLI’s curriculum. Bring your lunch and join the conversation at 12:30, or come from 1:00-2:00 to hear the speaker. Everyone is welcome! FREE AND OPEN TO THE PUBLIC
Paul Friedman, Ph.D., has organized and hosted Lunch & Learn for the past six years, along with several other OLLI volunteers who value and enjoy co-creating this community-building experience.

Hog Wild BBQ generously supported OLLI. We thank them and ask OLLI members to support Hog Wild.
Wednesday Learning Group

SEDONA CENTER

BEGINNING GENEALOGY (S-026-16)

Sep.28-Nov.16, 8 Weeks, 1:00-2:30, Room 28

This is an introduction to Family History, or “Genealogy” - one of the fastest growing American hobbies. The class will be covering the 5 Steps of research. We will start with what you know, learn how to organize and use that information, fill out charts, and then learn how to use different research sources to complete your family history. Limited to 22 participants.

Mary Ann Farley has 30 years experience teaching a 10 week genealogy course, has worked as a family history consultant with the public, and taught genealogical classes at genealogy seminars.

Sandy Jones has 30 years experience with genealogy research, 3 years experience as Family History Consultant, and experience with indexing varied genealogical records.

INVESTING 101 (S-027-16)

Oct.12-Nov.02, 4 Weeks, 1:00-2:30, Room 15

The class will focus on making the investment world understandable to the average non-investment professional. We will begin with a review of the basic terminology used in the investment world. From there, we will work to gain a broad understanding of the different types of investments, expenses associated with those investments, and the importance of compounding. Finally, we will dive into investing in a simple and understandable way to help you achieve your financial goals.

Matt Haertzen, CFA, is the CEO of Four Peaks Wealth Management and finance professor at NAU. During his career, Matt has managed more than $2 billion in institutional investments. He is passionate about using this experience to help investors.

ADVANCED CLASS WITH THOMAS (S-028-16)

Oct.19-Nov.09, 4 Weeks, 1:00-2:30, Room 39

This class is for people who have already had either Soul Recognition or Communicating With Angels class with Thomas. There will be a review of previous technique as well as new tools and experiences. This is a very practical class to help us with tools and understandings to help us to move toward inner peace and deeper knowledge of ourselves. Limited to 12 participants.

Thomas Brennan works in private practice as a reflexologist and in facilitating inner transformation. He has been helping people and teaching for over thirty years. Thomas has a Master of Education degree.

THE PHILOSOPHY AND PHYSICS OF FORGIVENESS

(S-029-16)

Oct.26-Nov.16, 4 Weeks, 2:15-4:15, Room 23

Just in time for the holidays! Learn to see things differently! Explore how physics and philosophy principles demonstrate the life-enhancing value of forgiveness as it applies to everyday issues or tough situations, such as painful memories or family gatherings. Forgiveness is an empowering tool that strengthens when used freely. The forgiving mind—a more highly efficient search and retrieval mechanism—has fewer and fewer points of conflict, and promotes health, vitality, peace, and happiness. Limited to 18 participants.

Honey Judith Rubin has made the study and practice of forgiveness a central part of her life since 1976. “On the wings of forgiveness is carried all other wisdom,” says Rubin, whose vision and mission is to make a lasting difference in our world.

Thursday Learning Group

VERDE VALLEY CAMPUS (CLARKDALE)

BEGINNERS BASIC PLASTIC CANVAS 1 (V-232-16)

Sep.29-Nov.17, 8 Weeks, 10:00-12:00, Room H-103

Have you been looking for something different to make? Then come join us & learn something different! We will learn terminology, techniques & graphs: How to read them & how to make our own. We will make gifts for yourself, home, friends, family, etc. The Holidays are just around the corner! Let’s make gifts for everyone on your list! You will surprise yourself at what you CAN accomplish with the right people! Come & see! There is a $20 fee payable to the Facilitator on the 1st day of class.

Claudia Cross fell in love with crafting when she was 10 yrs. old. She started by teaching her 5 sisters, their friends, classmates & then spread to churches, private homes, public libraries or wherever she could find students who wanted to learn.

RHYTHM & MOVEMENT THROUGH AFRICAN DANCE

(V-235-16)

Sep.29-Nov.17, 8 Weeks, 10:00-11:30, Room I-137

Come to learn and move in a West African Dance Class. This type of movement is invigorating and unlike any other dance movements. The beat of the drum will hypnotize you and transport you to another place. It is creative and looses up any of the kinks you might have. Warmup stretching will be used to introduce you to new movements.

Lynne Browning has danced and performed West African Dance for 46 years.
STRUCTURE OF MATTER - IN PLAIN ENGLISH
(V-234-16)
Sep.29-Oct.20, 4 Weeks, 10:45-12:15, Room G-103
In plain English, without any math or quantum physics, we will review the current understanding of matter – What are the ultimate building blocks? How do they combine and interact to create all the stuff in the Universe? We will also review how this all fits together to explain the evolution of the Universe and what some of the outstanding questions are in Physics today.

Shri Srikanth has a Ph. D. in Physics from Boston University and has facilitated a variety of courses at OLLI.

LOUISIANA GETAWAY (V-216-16)
Sep.29-Nov.03, 6 Weeks, 10:45-12:15, Room G-102
This course will be a trip through the swamps and cities of Louisiana to listen to Cajun, Zydeco, Mardi Gras Indian, Brass band and New Orleans R & B music via video and You Tubes. We’ll visit festivals, night clubs, performers homes and recording studios. This is not a history class. To paraphrase Claude Monet, “More than anything I must have music. Always. Always.”

Ron Grafe began spending time in Louisiana after his eldest son left for New Orleans to attend college 20 years ago, and never came back. He became addicted to the music pouring from doorways, back yards and clubs.

BROWN BAG BRAIN BUZZ
(FREE AND OPEN TO THE PUBLIC)
Sep.29-Nov.17, 8 Weeks, 12:30-1:30, Room G-106
In this FREE lunch-hour series, we will examine the great minds and big ideas that have shaped human history. Topics will come from all fields “science, arts, philosophy, history” and require no prior knowledge or expertise. Bring your brown bag lunch (or buy lunch at the cafe in Building F) and awaken your brain by participating in a discussion group that will enlighten your sense of human greatness and human history. Presented by Shri Srikanth and other seasoned OLLI Facilitators.

Shri Srikanth has a Ph. D. in Physics from Boston University and has facilitated a variety of courses at OLLI.

AN INSIDER’S GUIDE TO UNDERSTANDING JUSTICE IN OUR COURTS (V-231-16)
Sep.29-Nov.03, 6 Weeks, 2:00-3:30, Room G-103
Why does justice sometimes seem arbitrary? Why do legal documents read like they are written in a foreign language? What really happens in criminal, divorce and other cases? You will learn the relationship between the Constitution, statutes and case law; what really happens in a lawsuit; how judges decide the law and the roles played by lawyers, judges, clients, police and witnesses. We will dissect both civil and criminal cases. Join us for lively sessions and bring your questions to class! Limited to 30 participants.

Richard Strohm has tried over 50 jury trials in state and federal courts and has argued before the Arizona Courts of Appeal and Supreme Court. A former prosecutor now in civil practice, he enjoys the highest peer rating possible for lawyers.

GREAT CONVERSATIONS (V-233-16)
Oct.20-Nov.10, 4 Weeks, 10:45-12:15, Room G-104
Join me for Great Conversations, a PBS series, showcasing a fascinating array of authors and interviewers: Ray Kurzweil, interviewed by Jim Fleming of PRI; NPR host Diane Rehm on her book, “On My Own,” interviewed by author Ann Patchett; Philippe de Montebello, longest-serving director of The Metropolitan Museum of Art is interviewed by art critic Michael Kimmelman; and Eric Larson’s “In The Garden of Beast,” interviewed by Robert Seigal of NPR.

Velda Bice is interested in the lives of people and enjoys a discussion of new ideas.

FLASH FICTION FROM AROUND THE WORLD
(V-230-16)
Oct.20-Nov.17, 5 Weeks, 10:45-12:15, Room L-215
“Stories can be as short as a sentence,” according to the poet Randall Jarrell. We will read and discuss some of the world’s best very short stories (1-3 pages in length). Please purchase a copy of the book we will read together: “Flash Fiction International: Very Short Stories From Around the World,” W. W. Norton, 2015 (available from Amazon). Limited to 12 participants.

Joan Prefontaine has facilitated several learning groups on language and literature for OLLI. Since moving to the Verde Valley 12 years ago, she has become a fan of wide open spaces, dark starry skies and very short literary forms.

The Jerona Cafe generously supported OLLI throughout last year. We thank them and ask OLLI members to support Sedona Rouge.
Thursday Learning Group

SEDONA CENTER

NEWS AND VIEWS (S-030-16)

Sep.29-Nov.03, 6 Weeks, 9:00-10:30, Room 08

This group provides a welcoming and safe forum for discussion of public policy in the news, be it local, state, federal, or international. Each participant is strongly encouraged to bring in a news article or story (or two) from their favorite publication or news channel to share with the group. After the topic is presented it is open for discussion. Please join us for lively sharing with lots of bright and informed residents. This will be group-led. Limited to 12 participants.

SEAFOOD CONSUMER ISSUES: MAKING THE RIGHT CHOICES (S-031-16)

Sep.29-Oct.20, 4 Weeks, 9:00-10:30, Room 12

Learn about the methods used for seafood harvesting and important consumer issues associated with choices in seafood purchases in markets and restaurants. We will discuss the adverse environmental effects of fishing and aquaculture operations and the environmental sustainability of important fisheries in the U.S. and worldwide. Topics include comparisons between wild-caught and farmed seafood, recommendations on seafood to avoid, mislabeling of seafood items, and toxins in fish and shellfish.

Tom Ginn, Ph.D., is a certified fishery professional and has over 40 years’ experience in assessing fish populations. For 30 years, he has authored an annual review of the impacts of fishing and aquaculture operations on the marine environment.

GREAT IDEAS PROGRAM (S-039-16)

Sep.29-Nov.17, 8 weeks, 9:00-10:30, Room 34

Join a community of wisdom-seekers for an in-depth dialogue and experientially-based exploration of meaningful topics. This program seeks to integrate disparate perspectives from typically unconnected fields of inquiry. Our first program, Human Consciousness: Integrating Scientific and Spiritual Insights, featured neuroscientist Dr. Marjorie Hines Woollacott and her new book (Infinite Awareness: The Awakening of a Scientific Mind). We anticipate future topics will continue this process of perspectival fusion in spheres such as spirituality, religion, science, art, and culture. The learning group will focus on an interesting work by an author who will be invited for face-to-face dialogue with the course participants.

Paul Friedman, Ph. D. is a retired university professor of Communication Studies from the University of Kansas.

Robin Weeks, Ph.D. is the OLLI Sedona/Verde Valley Coordinator. He has a doctorate in Geophysics and was faculty in Earth and Space Sciences at the University of Washington, Seattle.

DEVELOPING YOUR OWN PERSONAL SPIRITUALITY (S-032-16)

Sep.29-Nov.03, 6 Weeks, 10:45-12:15, Room 12

This class will feature participation from all who attend and wish to share. Topics discussed will be: Prayer, What Is It?; The Divine Feminine; Western & Eastern Spiritual Qualities; The Abrahamic Religions: Judaism, Christianity, Islam; Contributions of Native Spirituality and the Shamanic Way; What the Shift Is Doing to Spiritual Search; “None of the Above,” and Personal Spiritual Explorations. We will also have time for guided and silent personal meditation.

Barbara Mayer, author and poet, is a former Catholic nun, a current interfaith minister, Reiki Master and meditation guide. She will assist participants to explore more meaningful and personal forms of spirituality in today’s world.

HAPPINESS (S-033-16)

Sep.29-Nov.03, 6 Weeks, 10:45-12:15, Room 39

This is the fourth in a series of classes on the human brain facilitated by Tyler Barrett. Those who have taken the previous classes: “Worldview,” “The Unconscious Mind,” and “Conning the Elephant,” will be well prepared for this overview of the latest scientific findings on happiness. We will discuss what happiness is, how we know we have it, and what happens when we lose it. Limited to 20 participants.

Tyler Barrett is a psychologist, teacher, author, musician, magician and puzzle master.

THE 1960’S (S-034-16)

Sep.29-Nov.03, 6 Weeks, 10:45-12:15, Room 34

This course will cover the Kennedys, The Beatles, civil rights, and the war that divided a nation. Relive the decade that changed the world as we compare and contrast the tumultuous events of the 1960s with the challenges of today.

Jim Molans practiced law in Florida for over 40 years. He graduated cum laude from the University of Miami, with a major in government and minor in history.

THANK YOU!

To the 40 plus members of the OLLI community that help OLLI each term by serving on committees, councils, events teams and other business tasks. Thanks for your generosity in sharing your skills, and support.
AN INSIDER’S GUIDE TO UNDERSTANDING JUSTICE IN OUR COURTS (S-035-16)
Sep.29-Nov.03, 6 Weeks, 10:45-12:15, Room 23

Why does justice sometimes seem arbitrary? Why do legal documents read like they are written in a foreign language? What really happens in criminal, divorce and other cases? You will learn the relationship between the Constitution, statutes and case law; what really happens in a lawsuit; how judges decide the law and the roles played by lawyers, judges, clients, police and witnesses. We will dissect both civil and criminal cases. Join us for lively sessions and bring your questions to class! Limited to 30 participants.

Richard Strohm has tried over 50 jury trials in state and federal courts and has argued before the Arizona Courts of Appeal and Supreme Court. A former prosecutor now in civil practice, he enjoys the highest peer rating possible for lawyers.

JUDAISM AND BUDDHISM: THE MODERN ENCOUNTER (S-020-16)
Sep.29-Nov.03, 6 Weeks, 10:45-12:15, Room 28 (Class will not meet on Oct. 13)

What is the connection between Jews, Judaism and Buddhism? It is said that as many as 30% of all non-Asian American Buddhists are Jewish. While this number may be an exaggeration, there is no doubt that many American Jews practice Buddhism, and that many American Buddhist leaders are Jewish. What do Judaism and Buddhism have in common? Where do they differ? And ultimately, are they compatible? This lively, interactive learning group will explore these questions using text, image and film.

Bernie Kling is an independent Sedona rabbi and hospital/hospice chaplain who regularly officiates at weddings, Bar Mitzvahs, and other rites of passage. He was ordained by an interfaith-oriented seminary that encouraged his interest in Buddhism.

BUILDING THE BOMB (S-036-16)
Sep.29-Nov.17, 8 Weeks, 1:15-2:45, Room 39

President Obama’s recent visit to Hiroshima and concerns about Iran acquiring nuclear weapons call to mind the scientific and policy issues behind the development and use of the first atomic weapons. We will discuss the development of atomic physics in a not-too-technical way, the discovery of nuclear fission and the ideas behind the bomb, the scientific and industrial enterprises involved in building the bomb, and the issues concerning its first, and (so far) only use.

Art Smith is a former exploration geophysicist who has long had an interest in the history of science and the intersection of science and public policy.

THE TIMELESS PRINCIPLES OF SOUND INVESTING (S-037-16)
Sep.29-Oct.20, 4 Weeks, 2:45-4:15, Room 15

This class will look at the timeless tenets of investing. Designed for both beginner and advanced students, this course will examine the importance of consistency, conviction, courage, and context. This class attempts to debunk many of the common myths and misperceptions about the global market place. Expected learning outcomes will be demographic trends, political history and possibilities, and geographical opportunities. John Farmer is a licensed financial advisor who is passionate about educating people about finances.

Friday Learning Group
SEDONA CENTER

HOW WE GOT TO NOW: SIX INNOVATIONS ON WHICH THE MODERN WORLD DEPENDS (S-038-16)
Sep.30-Nov.04, 6 Weeks, 9:00-10:30, Room 34

Each class session will feature a PBS documentary that recounts the history of an important facet of modern life — highlighting innovations that we largely take for granted. Designed for a popular audience, How We Got To Now was nominated for an “Emmy” in the Outstanding Science and Technology category.

Sanford (Sandy) Unger earned a Ph.D. from Cornell University. He has facilitated recent OLLI classes in Evolutionary Biology, Solar System Astronomy, and Earth Sciences.

Monday Workshop
CAMP VERDE (ARCHAEOLOGICAL CENTER)

NATURE BASED RECREATION AND VOLUNTEER OPPORTUNITIES IN THE VERDE VALLEY (CV-258-16)
Oct.10, 1.5 Hrs, 9:00-10:30, Room A2

This workshop is an introduction to the Verde River Valley Nature Organizations events, activities, workshops and volunteer opportunities in nature-based recreation, education and tourism, promoting stewardship of the Verde River Valley. Limited to 24 participants.

Wendy Harford is the Director of the Verde River Valley Nature Organization providing nature-based: recreation, education, tourism and volunteer opportunities promoting stewardship of the Verde River Valley.
INTRODUCTION TO THE NATIVE AMERICAN FLUTE (S-050-16)  
**Sep.26, 2 Hrs, 9:00-11:00, Room 08**

The focus of this workshop is on describing the various aspects and qualities of the flute, and some basic playing instruction. Included will be a short history, a discussion and actual demonstration of various flute types and their characteristics, beginning playing techniques and essentially what you should know before purchasing your first flute (or another one). If you own a native flute, you are invited to bring it with you.

Jim Wilson retired to Sedona after teaching in the higher education system. He enjoys playing his flutes wherever he is; at home, when occasionally volunteering in the Sedona area or just sitting atop a red rock.

STANDING GUARD: PROTECTING WHAT IS IMPORTANT (S-051-16)  
**Sep.26, 3 Hrs, 1:00-4:00, Room 15**

You’ve worked hard to provide for your family. Whether you’re approaching retirement or have recently retired, your focus may begin to shift from building your financial foundation to protecting the financial resources you’ve created for you and your family. This presentation discusses proactive ways to address key risks you may encounter and strategies to help prepare for the unexpected.

Mary Millar is a CFP#2013266094; and a Series 7 Licensed Financial Advisor assisting in wealth management, retirement planning, financial strategies for income in retirement, annuities and insurance.

THE HOOK! SONG WRITING FOR FUN (S-052-16)  
**Oct.03 & Oct.10, 3 Hrs, 9:00-12:00, Room 28**

Songs have been written and performed for years, and while they come in many shapes and sizes, songwriters agree that there are no rules for success. There is only “The Hook.” We will again explore that elusive hook, looking at successful song forms and hooks and doing some workshop song writing. Bring voices and instruments. **Limited to 30 participants.**

Larry Latour is a Computer Science Professor and long time singer/songwriter in Mid-coast Maine and Arizona. With Leslie Latour, he has performed throughout the Verde Valley and greater Arizona.

Leslie Latour is an artist and long time singer/songwriter in Mid-coast Maine and now Arizona. With Larry Latour, she has performed throughout the Verde Valley and co-run open mics.

NATURE BASED RECREATION AND VOLUNTEER OPPORTUNITIES IN THE VERDE VALLEY (S-053-16)  
**Oct.03, 1.5 Hrs, 9:00-10:30, Room 39**

This workshop is an introduction to the Verde River Valley Nature Organizations events, activities, workshops and volunteer opportunities in nature-based recreation, education and tourism, promoting stewardship of the Verde River Valley. **Limited to 24 participants.**

Wendy Harford is the Director of the Verde River Valley Nature Organization providing nature-based: recreation, education, tourism and volunteer opportunities promoting stewardship of the Verde River Valley.

FINDING JOY (S-054-16)  
**Oct.03, 3 Hrs, 1:00-4:00, Room 34**

Join us for an informal and intuitive conversation on finding more Joy. We’ll discuss the meaning of Joy and take a deep look into ourselves to find how we can find that “sweet spot” and bring more happiness, bliss and Joy into our lives. When you are in Joy you live the way you want, do what you love to do and nothing can distract you. You are passionate and focused. That’s Joy! And that’s an amazing place to be.

Grace Kirkwood uses art as a means of creative expression and bringing awareness and JOY to the world. She hosts events and gatherings for women seeking more Joy.

RETIREMENT: MAKING YOUR MONEY LAST (S-055-16)  
**Oct.03, 3 Hrs, 1:00-4:00, Room 15**

Have you retired recently? Are you planning to retire soon? This presentation discusses ideas to help build a reasonable and sustainable strategy for managing income and expenses during retirement. We’ll explore how to address key concerns such as inflation, health care expenses and market volatility as well as ways to prepare in advance for things that may not go as expected.

Mary Millar is a CFP#2013266094; and a Series 7 Licensed Financial Advisor assisting in wealth management, retirement planning, financial strategies for income in retirement, annuities and insurance.

VEGETABLE FERMENTATION DEMONSTRATION (S-056-16)  
**Oct.03, 1.5 Hrs, 1:00-2:30, Room 08**

Learn how to ferment fruits and vegetables. Watch and learn how to make raw sauerkraut with enough probiotics to help with many digestive issues; bloating, gas, indigestion and constipation. 80% of your immune system exists in your gut (microorganisms that normally inhabit the lumen of the intestinal tract). Many other health issues can be helped by balancing your digestive system, food intolerances, leaky gut & autoimmune disease. Class is 1 1/2 hours long.

Dan Sapienza is an Herbologist. He has been using food as a form of medicine for forty years. He has been teaching how to ferment vegetables since 2013.
HARMONIZING WITH ENERGY (S-060-16)  
Oct.17, 3 Hrs, 1:00-4:00, Room 34

Are you empathic and/or have sensitivities to energies / emotions of people and the world around you? Do you get drained being around people, have difficulty establishing healthy boundaries or saying no to requests? Do you want to be free and empowered to be fully you? If so, this experiential workshop is for you.

Solaris Walsh is a self liberation-awakening coach and teacher. She intuitively & experientially facilitates your expanded awakening enabling unconditional acceptance, peace and love.

UNDERSTANDING ANNUITIES (S-061-16)  
Oct.17, 3 Hrs, 1:00-4:00, Room 23

There is a lot of confusion regarding the various types of annuities offered today and how they work. We will cover the advantages and disadvantages to these financial instruments. Limited to 30 participants.

Matt McMahon is a Certified Financial Planner™ professional with Four Peaks Wealth Management. Matt specializes in creating personalized retirement income plans. He enjoys helping clients achieve their financial goals.

Colin Hughes is a Certified Financial Planner. He has a certificate in financial planning from Kaplan University and a BSBA from NAU. He is experienced in financial planning and investment management.

UNCOVERING HIDDEN FEES (S-062-16)  
Oct.24, 3 Hrs, 9:00-12:00, Room 28

One of the hidden secrets in the investment world is fees. Far too often, managers take a "don't ask, don't tell" approach to management fees. In this workshop we will focus on making investment management fees as transparent and understandable as possible. During this workshop you will learn about hidden fees your broker may receive for selling you certain assets and we will help you to learn the right questions to ask when an investment option is presented to you. Limited to 20 participants.

Ryan Stuart, CFA heads investment research at Four Peaks Wealth Management out of Flagstaff, AZ. He holds a Finance BA from the University of Colorado with a Certificate in Quantitative Finance. Ryan is also a Chartered Financial Analyst.

Glenn Leest has an excellent ability to connect and communicate complex investment strategies to his clients. Glenn has a real passion for helping those in his community understand and implement investing strategies to enrich their financial futures.

AMAZING TRAVEL TIPS & GETTING AND USING CREDIT CARD SIGN-UP BONUSES (S-063-16)  
Oct.24, 3 Hrs, 1:00-4:00, Room 23

Find the best cruise, tour and hotel deals. Find low cost private excursions. Get travel agent rebates. Get free (or low cost) airfare and hotel stays (US and international) using points from credit card sign-up bonuses and on-line shopping malls. Learn which credit cards to get, how to earn large bonuses, and the best way to redeem points. Pay your income and property taxes using credit cards while improving your credit score.

Joel Gilgoff, Past Chairman of the Sedona Chamber, has taught many similar classes for OLLI. He has accumulated over 2.5 million hotel and airline points over the past 3 years and is a regular international traveler.

PET FOOD: WHAT DOES MY PET REALLY NEED TO LIVE LONG AND HEALTHY (S-064-16)  
Oct.31, 3 Hrs, 9:00-12:00, Room 28

Dr. Glinsky will talk about the basics of pet nutrition, separating fact from fiction and discuss the difference between marketing hype and sound nutrition principles. We'll explore the differences between “natural”, “grain-free” and other pet food identifiers, as well as compare ingredients and guaranteed analyses.

Martin Glinsky, Ph.D. has been in the pet food industry for over 35 years. He has developed, formulated and produced pet foods for many different companies and has consulted for pet food companies all over the world.

BEYOND TWINKIES AND TREADMILLS: 10 EASY AND CHEAP WAYS TO IMPROVE YOUR HEALTH (S-065-16)  
Oct.31, 3 Hrs, 1:00-4:00, Room 39

A good diet and regular exercise are important, but there are many other things you can do to maintain a healthy body and mind. This workshop features 10 simple and little-known lifestyle practices that reduce stress, increase energy, prevent disease, and activate the body's natural healing potential.

Joan Young, after recovering from an autoimmune blood disease, has devoted the last 20 years to medical and healing education. She founded a non-profit, writes and edits medical articles, and communicates with physicians and patients worldwide.

SAVING BIG ON ALL OF YOUR PURCHASES (S-066-16)  
Nov.07, 3 Hrs, 1:00-4:00, Room 34

This course will cover how to find the best deals locally and on the web, finding and using coupons, get the best cash back credit cards, buying and using discounted gift cards, getting free travel insurance, low cost prescriptions, free magazine subscriptions, using Amazon Prime, subscriptions and much, much more. Plus save 20% or more on travel tours and cruises.

Joel Gilgoff is the former chairman of the board of the Sedona Chamber, and he doesn't like to pay retail.
Monday Workshop

SEDONA CENTER

MASTERING THE ESSAY FOUNDATION (S-067-16)
Nov.07, 3 Hrs, 1:00-4:00, Room 39

What is an essay? Why is it still taught in college? Bring your laptop, notebook or pen and paper and learn or review how the elements of the essay prepare the new or seasoned writer to create personal/family stories, business articles, poetry, and fiction. Essay samples will be provided, and participants are encouraged to draft while the points are discussed. The class will also touch on the fine points of the first, second or third person point of view or focus.

Judith Rogers, VOC resident, taught English Composition, Essay and Research, and Creative Writing at Columbus State Community College for 35 years. She is a national Guideposts Writers Workshop winner and a Columbus Alive first-prize winner for poetry.

HEALING PERSONAL AND ANCESTRAL SOUL TRAUMAS AND WOUNDS (S-069-16)
Nov.14, 3 Hrs, 1:00-4:00, Room 23

Experiences in our Soul’s “past lives” are carried into this life—through talents as well as chronic patterns of emotional and cognitive “stuckness.” Dysfunctional patterns can be healed by remembering and RESOLVING the originating experiences. “Deep Memory Process”, pioneered by Jungian analyst Roger Woolger, is a moving, powerful and brief process facilitating the release of patterns that hold you back. We will consider how and why the approach works and supporting traditions and theories.

Deborah Nye is a transpersonal psychologist, astrologer and counselor oriented to helping you understand and empower your Soul’s journey through this lifetime.

UNCOVERING HIDDEN FEES (S-070-16)
Nov.14, 3 Hrs, 1:00-4:00, Room 15

One of the hidden secrets in the investment world is fees. Far too often, managers take a “don’t ask, don’t tell” approach to management fees. In this workshop we will focus on making investment management fees as transparent and understandable as possible. During this workshop you will learn about hidden fees your broker may receive for selling you certain assets and we will help you to learn the right questions to ask when an investment option is presented to you.

Matt Haertzen, CFA, is the CEO of Four Peaks Wealth Management and finance professor at NAU. During his career, Matt has managed more than $2 billion in institutional investments. He is passionate about using this experience to help investors.

Tuesday Workshop

VERDE VALLEY CAMPUS (CLARKDALE)

ARCHAEOLOGY OF THE VERDE VALLEY (V-290-16)
Nov.08, 3 Hrs, 1:00-4:00, Room G-106

This program will cover the cultures that have made the Verde Valley their home since 11,000 BC. We will cover the Paleo-Indian (11,500 to 9,000 BC), the Archaic Period (9,000 BC to AD 300), the Sinagua (AD 300 to 1450), and the Yavapai and Apache. Our journey will include a review of some of the more recent excavations in Sedona, Village of Oak Creek, Cottonwood, Rimrock and Camp Verde.

Ken Zoll is the Executive Director of the Verde Valley Archaeology Center and a presenter for the AZ Speaks program of the Arizona Humanities Council.

SEDONA CENTER

INTRODUCTION TO TEA (S-071-16)
Sep.27, 2 Hrs, 9:00-11:00, Offsite

This is a hands-on workshop in a kitchen setting for learning to successfully brew good tea. It will include guidelines and mechanics of brewing tea, discussions comparing many varieties of teas available in the U.S., and discovering your flavor profile. Class will take place at Trailhead Tea. Address is: 251 SR 179 in the Creekside Plaza. Limited to 10 participants.

Eileen and Dan Durand are team teaching the workshop. They run a tea department store in Sedona.

HEALTH CARE & YOUR RETIREMENT (S-072-16)
Sep.27, 1 Hrs, 11:00-12:00, Room 15

We’ll discuss the benefits of having health care and what it covers. We will answer questions on why health care is important and why it benefits you when you retire.

Donna Wiseman is a series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.

PREPARING YOUR ESTATE PLAN (S-073-16)
Oct.04, 1 Hrs, 11:00-12:00, Room 15

Preparing Your Estate Plan presentation will help familiarize you with the basic steps of estate planning, including the function of a will and the different types of trusts. An estate-planning attorney will be present at this event.

Donna Wiseman is a series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.
INTRODUCTION TO TEA (S-075-16)
Oct.25, 2 Hrs, 9:00-11:00, Offsite
This is a hands-on workshop in a kitchen setting for learning to successfully brew good tea. It will include guidelines and mechanics of brewing tea, discussions comparing many varieties of teas available in the U.S., and discovering your flavor profile. Class will take place at Trailhead Tea. Address is: 251 SR 179 in the Creekside Plaza. Limited to 10 participants.
Eileen and Dan Durand are team teaching the workshop. They run a tea department store in Sedona.

OUTLOOK & OPPORTUNITIES (S-076-16)
Nov.08, 1 Hrs, 11:00-12:00, Room 15
We will educate you on prepping your portfolio and discuss economic situations. We’ll discuss the stock market, importance of asset allocation and volatile markets.
Donna Wiseman is a series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.

Wednesday Workshop
CAMP VERDE (ARCHAEOLOGICAL CENTER)
SELF-PUBLISHING WITH AMAZON: PAPERBACKS (CV-250-16)
Oct.05, 3 Hrs, 9:00-12:00, Room A2
This nuts-and-bolts workshop will show how to publish your book using Amazon’s self-publishing company, CreateSpace. If you have written or dream of writing a novel, memoir, non-fiction, cookbook, book of poetry, children’s book, art book—any kind of book—you can self-publish for free. Limited to 15 participants.
Melissa Bowersock has been involved in writing, editing and publishing for over 40 years, writing fiction and non-fiction, and has been both traditionally and independently published. She is a regular contributor to the superblog Indies Unlimited.

ALABASTER MASTER CARVER’S WORLD (CV-260-16)
Oct.19, 3 Hrs, 1:00-4:00, Offsite
Recently featured on PBS, Susan Zalkind with Paul Hawkins have created a myriad of beautiful Alabaster carvings many of which are displayed in their home near the Verde River outside Camp Verde. Explore the studio where this work has been produced for over 40 years. Examine the many-colored and translucent Alabasters they quarried across the southwest that this art form celebrates. Look over the tools they invented to shape this majestic stone. We will carpool to Susan’s home off Salt Mine Rd.
Ann Metlay has been a friend of Susan’s since soon after she moved to the Verde Valley. She proudly displays her two votives carved by this Master Sculptor.

SELF-PUBLISHING WITH AMAZON: E-BOOKS (CV-251-16)
Oct.26, 3 Hrs, 9:00-12:00, Room A2
Melissa Bowersock has been involved in writing, editing and publishing for over 40 years, writing fiction and non-fiction, and has been both traditionally and independently published. She is a regular contributor to the superblog Indies Unlimited.

LIVE THE LIFE YOU TRULY WANT (CV-259-16)
Nov.09, 3 Hrs, 9:00-12:00, Room A2
What is the life you truly want to live? What gives you energy for living it? What takes your energy away? In this 3-hour workshop, get rid of what’s holding you back and move in the direction of your dreams. Limited to 12 participants.
Nancy Oelklaus has a doctorate in educational administration and leadership. With over 30 years’ experience in public education, since 2000 she has worked as an executive/leadership/personal coach helping people live the lives they truly want.

INTRODUCTION TO DUTCH OVEN COOKING (CV-256-16)
Nov.09, 4 Hrs, 1:00-5:00, Cook Shack
This course is an introduction to camp dutch oven outdoor cooking including the history, tools, a basic meal preparation and cooking. Students will be able to cook a dutch oven meal and eat their food. Learning objectives: Students will be able to recognize and use the basic tools of dutch oven cooking, understand how many coals to use and how long to cook a basic meal including lasagna, beer bread and cobbler. A charge of $8 for supplies per student due to facilitator on the 1st day of class. Limited to 12 participants.
Bob Tener and Bill Stafford have been cooking together for 12 years. They are the Company Cooks at Fort Verde State Park and have provided thousands of Dutch Oven meals to many organizations.

Facilitator Proposal Guidelines
When you submit your proposal by the due date it will ensure that you will be included in the catalog. (Winter proposals due on Oct. 3rd) Proposals received after this date are not guaranteed to be included in the catalog.
Wednesday Workshop
VERDE VALLEY CAMPUS (CLARKDALE)

OUTSMART THE SCAMMERS (V-273-16)
Oct.05, 1.5 Hrs, 10:45-12:15, Room G-107

This presentation will help give attendees the information they need to Outsmart the Scammers. During the program, we’ll discuss how to spot certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or loved ones are targeted, and steps attendees can take to help protect themselves and loved ones.

Amy S. Brown is a Series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.

MAKING YOUR MONEY LAST (V-274-16)
Oct.12, 1.5 Hrs, 10:45-12:15, Room G-107

Retirement: Making Your Money Last is a seminar designed for people who are thinking about retiring or have retired recently. The workshop discusses ideas to help build a reasonable and sustainable strategy for managing income and expenses during retirement, utilizing the framework of Plan for the Expected, Prepare for the Unexpected and Position the Portfolio for Both.

Amy S. Brown is a Series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.

STANDING GUARD: PROTECT WHAT YOU’VE WORKED FOR (V-275-16)
Oct.19, 1.5 Hrs, 10:45-12:15, Room G-107

Standing Guard: Protect What You’ve Worked For shares strategies designed to help you guard your most valuable assets and protect your pre-and post-retirement income. Edward Jones operates as an insurance producer in California, New Mexico, and Massachusetts through the following subsidiaries, respectively: Edward Jones Insurance Agency of California, L.L.C., Edward Jones Insurance Agency of New Mexico, L.L.C., and Edward Jones Insurance Agency of Massachusetts, L.L.C.

Amy S. Brown is a Series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.

Thursday Workshop
VERDE VALLEY CAMPUS (CLARKDALE)

SENIOR SAFETY AND AWARENESS; TIPS FROM THE CLARKDALE POLICE DEPARTMENT (V-291-16)
Oct.20, 2 Hrs, 2:00-4:00, Room G-102

What are the common threats to safety that seniors face in the Verde Valley? What can they do about them? What resources are available and where do they go to get help? The Clarkdale Police Department will offer seniors living in the Verde Valley the do’s and don’ts of keeping safe at home and around town. Come and learn from the experts and feel safer and be safer.

Troy Smith is a sergeant in the Clarkdale Police Department.

NATURE BASED RECREATION AND VOLUNTEER OPPORTUNITIES IN THE VERDE VALLEY (V-278-16)
Nov.10, 1.5 Hrs, 2:00-3:30, Room G-107

This workshop is an introduction to the Verde River Valley Nature Organizations events, activities, workshops and volunteer opportunities in nature-based recreation, education and tourism, promoting stewardship of the Verde River Valley. Limited to 24 participants.

Wendy Harford is the Director of the Verde River Valley Nature Organization providing nature-based: recreation, education, tourism and volunteer opportunities promoting stewardship of the Verde River Valley.

THANK YOU!

To the 100 plus facilitators that support OLLI each term by gifting their classes and workshops. Thanks for your generosity in sharing your passions, interests and knowledge.
SEDONA CENTER

GIVING WITH PURPOSE: PLANNED AND CHARITABLE GIVING TECHNIQUES (S-077-16)
Oct.13, 3 Hrs, 9:00-12:00, Room 15

Have you thought about charitable giving but don't really understand the different tax and legal strategies? Do you fear losing control of your assets? Are you completely aware of the advantages? You can retain complete control of your assets when living, insure that your family will benefit upon your passing, and still arrange a gift for a charity or a loved one. This class will specifically explore the benefits of charitable giving while you are alive and upon your passing. Limited to 50 participants.

John Farmer is a licensed financial advisor who is passionate about educating people about charitable giving.

Friday Workshop

CAMP VERDE (PARKS & RECREATION)

THRIFT SHOP ROAD TRIP TO PRESCOTT (CV-254-16)
Sep.30, 5 Hrs, 9:00-2:00, Offsite

Join the Thrift Shop Divas on an adventure to Prescott for a shop-a-ri-fic experience. We'll seek out some of the best kept secret thrift shops, find bargains we can't live without and enjoy lunch together. Let's shop til we drop. Transportation provided by Camp Verde Parks & Rec. at no charge (except to buy the bus driver lunch). Limited to 12 participants.

Grace Kirkwood uses art as a means of creative expression and bringing awareness and JOY to the world. She hosts events and gatherings for women seeking more Joy.

THRIFT SHOP ROAD TRIP TO PRESCOTT (CV-255-16)
Oct.21, 5 Hrs, 9:00-2:00, Offsite

Join the Thrift Shop Divas on an adventure to Prescott for a shop-a-ri-fic experience. We'll seek out some of the best kept secret thrift shops, find bargains we can't live without and enjoy lunch together. Let's shop til we drop. Transportation provided by Camp Verde Parks & Rec. at no charge (except to buy the bus driver lunch). Limited to 12 participants.

Grace Kirkwood uses art as a means of creative expression and bringing awareness and JOY to the world. She hosts events and gatherings for women seeking more Joy.

VERDE VALLEY CAMPUS (CLARKDALE)

COMMUNICATING WITH SPIRIT GUIDES & ANGELS: GROUP READING & WORKSHOP (V-287-16)
Sep.30, 2 Hrs, 9:00-11:00, Room L-216

This will be a group reading AND workshop to help you connect with spirit guides. Why would you want to? Spirit Guides can help you learn about past lives, your life's journey and how to heal yourself and others. Spirit guides might include deceased friends and relatives, past life relationships or others who can provide assistance through messages and guidance.

Lori Hines is the author of three paranormal mystery novels: The Ancient Ones, Caves of the Watchers, Whispers Among the Ruins & A Piece of Time. Her books and short stories are based on travels and research in Arizona and the Southwest.

UNDERSTANDING DREAMS (V-282-16)
Sep.30, 3 Hrs, 9:00-12:00, Room L-215

In this workshop the student will be introduced to a simple and methodical way of learning how to understand dream symbols.


INTRODUCTION TO SOULMOSAICS (V-286-16)
Sep.30, 3 Hrs, 1:00-4:00, Room G-107

Discover your inner Wisdom and Creativity! You will be introduced to the unique and fun process of Soul Collaging. Learn how to build and use your own personalized deck of wisdom cards. Please bring any favorite clippings from magazines, photos, calendars, animals, pets, flowers, people, etc. (we will also have some clippings available). If possible, bring a glue stick; and no previous art experience required. A charge of $5 for materials per student is due to facilitator the 1st day of class.

Darlene Jordan and Geri Srikanth love creating new ideas and having spiritual adventures.

CLASSICAL MUSIC FOR PEOPLE WHO HATE CLASSICAL MUSIC (V-284-16)
Oct.07, 3 Hrs, 9:00-12:00, Room L-215

Do you think you dislike classical music? Think again! This workshop will reveal that we have been listening to and enjoying classical music all of our lives without knowing it. Attendees will receive a listing of “Must Havens” for their CD libraries, and one lucky attendee will receive a prize!

Judy Torigoe earned a music degree in Piano Performance and is a Nationally Certified Teacher of Music. She offers private, semi-private and group piano lessons to adults and children.
Friday Workshop
VERDE VALLEY CAMPUS (CLARKDALE)

FUN WITH WATERCOLOR (V-257-16)
Oct.07, 3 Hrs, 1:00-4:00, Room H-103
Beginner artists are invited. No drawing skill is required. We'll be painting a landscape. Materials will be supplied. A $7 materials fee is payable to facilitator on 1st day of class.
Limited to 12 participants.
Pat Murphy has enjoyed painting in this medium the past several years and wants to expand others' interest in watercolor.

SUSTAINABLE SOUTHWESTERN LANDSCAPING (V-292-16)
Oct.14, 2 Hrs, 10:00-12:00, Arizona Botanical Gardens
This presentation will focus on methods applicable to designing and maintaining southwestern landscaping with minimal impact on the natural environment. Water conservation in this region of the U.S. has become of critical concern and the use of xeriscape and permaculture techniques must be adopted in order for any true progress to occur in our proposed water use strategies. The location of this workshop will be at Arizona Botanical Gardens in Clarkdale.
Jason Lavelle has been manager of the Arizona Botanical Gardens nursery for the past 18 years, and lectures regularly on xeriscape topics.

COMMUNICATING WITH SPIRIT GUIDES & ANGELS: GROUP READING & WORKSHOP (V-268-16)
Oct.21, 2 Hrs, 9:00-11:00, Room L-215
This will be a group reading AND workshop to help you connect with spirit guides. Why would you want to? Spirit Guides can help you learn about past lives, your life's journey and how to heal yourself and others. Spirit guides might include deceased friends and relatives, past life relationships or others who can provide assistance through messages and guidance.

ESSENTIAL OILS FOR FALL AND WINTER PROBLEMS (V-281-16)
Oct.28, 3 Hrs, 1:00-4:00, Room L-215
This course covers a PowerPoint program on the nature of essential oils, uses, cautions and great benefits of natural healing. It will be a hands-on experience with using them, aromatherapy for various health issues and techniques for most effective use.
Rosalie Malter has been teaching yoga & meditation for more than 30 years. She has taught for OLLI since 2005. She is a retired counselor. She also enjoys doing health coaching for her clients. She has been using oils for 13 yrs.

Invitation to Facilitate

- Is there a particular topic or craft you would enjoy sharing with mature, inquisitive, and dynamic adults?
- You don’t have to be a retired professor from a university. The main requirement is a passionate interest in something.
- Ask for a class/workshop proposal form – these are due a few months in advance of each session/quarter.
- Winter session proposals due Oct. 3rd or sooner.
- Submit your proposal online at www.olliclasses.org. Instructions are in the back of this catalog and online.

www.olliclasses.org
PRECIOUS METAL CLAY JEWELRY (V-288-16)
Nov.04, 4 Hrs, 9:00-1:00, Room H-103

PMC consists of particles of silver or copper in an organic binder to create a pliable material like clay. PMC can be worked with the fingers and with simple tools to create a vast range of forms, surfaces, and textures. When fired to a high temperature the binder burns away and the metal particles fuse forming solid metal that can be sanded, soldered, colored, and polished. This is a beginning class geared to all levels of ability. $40 materials fee. Limited to 8 participants.

Deborah Czarny has lived here in the Verde Valley for 5 years as a semi-retired art teacher. From Virginia, she received a degree in Art Education from Virginia Tech and taught elementary art for 15 years. She is a member of the El Valle Art Assn.

BIRDING 101 (V-269-16)
Nov.04 & Monday, Nov.07, 2 Hrs, 9:00-11:00, Room L-215 and Sedona Wetlands

This course will be a 2 hour classroom class on basics of bird watching, bird identification, how to bird, where to bird, birds of Verde Valley, birding your yard followed by a 3 hour field trip Monday, 8:30am, at Sedona Wetlands and a yard! Limited to 20 participants.

Rich Armstrong, PhD in Nuclear Inorganic Chemistry from Stanford has 20 yrs. in Army/Reserves including Prof. of Chemistry at West Point and 20 yrs. as a chemist for Texaco. He has birded 30 years, led field trips for NAAS, and taught birding classes.

THE ULTIMATE CRASH COURSE IN MUSIC EDUCATION (V-285-16)
Nov.04, 3 Hrs, 1:00-4:00, Room L-215

This is a fun-filled workshop that will answer such burning questions as: What’s the difference between an orchestra and a band? Is the piano a string instrument or a percussion instrument? What’s the difference between a concerto and a symphony? Join us and then dazzle your family and friends with your musical knowledge! Limited to 25 participants.

Judy Torigoe earned a music degree in Piano Performance and is a Nationally Certified Teacher of Music. She offers private, semi-private and group piano lessons to adults and children.

MASTERING THE ESSAY FOUNDATION (V-272-16)
Nov.04, 3 Hrs, 1:00-4:00, Room L-216

What is an essay? Why is it still taught in college? Bring your laptop, notebook or pen and paper and learn or review how the elements of the essay prepare the new or seasoned writer to create personal/family stories, business articles, poetry, and fiction. Essay samples will be provided, and participants are encouraged to draft while the points are discussed. The class will also touch on the fine points of first, second or third person point of view or focus.

Judith Rogers taught English Composition, Essay and Research, and Creative Writing at Columbus State Community College for 35 years. She is a national Guideposts Writers Workshop winner and a Columbus Alive first-prize winner for poetry.

INTRODUCTION TO SELF LIBERATING CONSCIOUSLY (V-277-16)
Nov.04, 3 Hrs, 1:00-4:00, Room G-106

Do you want to release the contraction-reaction-suffering cycle consciously? Do you want to be awake and engage in life fully? Self Liberating accompanies awakening, and frees us to live authentically while being centered, loving, and at peace. Join us to create new possibilities of unconditional love, and limitless living.

Solaris Walsh is a self liberation-awakening coach and teacher. She intuitively & experientially facilitates your expanded awakening enabling unconditional acceptance, peace and love.

SEDONA CENTER

LIVE THE LIFE YOU TRULY WANT (S-078-16)
Sep.30, 3 Hrs, 9:00-12:00, Room 15

What is the life you truly want to live? What gives you energy for living it? What takes your energy away? In this 3-hour workshop, get rid of what’s holding you back and move in the direction of your dreams. Limited to 12 participants.

Nancy Oelklaus has a doctorate in educational administration and leadership. With over 30 years’ experience in public education, since 2000 she has worked as an executive/leadership/personal coach helping people live the lives they truly want.

GLUTEN FREE THE RIGHT WAY! (S-079-16)
Sep.30, 3 Hrs, 1:00-4:00, Room 39

Find out how to eat Gluten Free the right way. If you don’t do it right, you can create other health issues that you don’t need or want. Lots of information to help you figure it out! Taste some gluten free goodies!

Karen Russell is a Certified Health Coach and Dietetic Technician with over 25 years of experience in the nutrition and wellness field. Her passion is to help change peoples lives for the better!
Friday Workshop

SEDONA CENTER

CHEMICAL ENERGY (S-080-16)
Sep.30, 3 Hrs, 1:00-4:00, Room 23
What is it and why is it important to everyday living and life. We will briefly discuss all forms of energy but will focus on chemical energies role in powering society and especially living systems. There are no prerequisites and the class will be descriptive. Limited to 24 participants.

Dennis Rayner has a Ph.D. in chemistry from Princeton University and was employed by the DuPont Co. for 32 years to do research and development.

PAGE SPRINGS ROAD TRIP (S-081-16)
Oct.07, 5 Hrs, 9:00-2:00, Offsite
Let’s do it again. Page Springs Road is a short, winding stretch of highway between 89A in Cottonwood and Cornville. It may be short but it is intriguing with many interesting places along the way like the hatchery, wineries, short and easy hikes, with some new surprise places added. Wear comfortable shoes and layered clothing; bring water, snack and camera. We will stop for lunch. Look for balloons marking the meeting place so we can car pool. Limited to 20 participants.

Grace Kirkwood is an avid photographer and loves to explore nature. She will share photographic and interesting tips along the way. Grace is also a floral designer, balloon artist and event decorator.

THOUGHTS FROM THE HEART CARD MAKING WORKSHOP (S-082-16)
Oct.07, 4 Hrs, 1:00-5:00, Room 39
In this fun card-making workshop, you will learn the basics to making your own personal cards for birthdays, holidays and all extra-special days. You will begin by creating three simple cards; then have the opportunity to create 3-5 more in the class. Allow your inner child to come out and play. A charge of $5.00 for supplies per student due to facilitator on the 1st day of class.

Darlene Jordan is a Soul Archaeologist, MindBodySoulHeartWeaver, Intuitive, and Certified On-Call Life Coach. She fosters, guides and supports people along their spiritual journey while returning the entire person to their naturally aligned state.

CAPTURE YOUR FAMILY HISTORY BEFORE IT’S TOO LATE! (S-083-16)
Oct.14, 3 Hrs, 9:00-12:00, Room 28
Learn how you--yes, you--can create a book that captures your or your family’s history. Leave your children and grandchildren a memento so they can understand where they come from and who their ancestors were. Got boxes of family photos? Organize them in a book and share stories. Darcy Hitchcock will share creative alternatives to genealogies along with online publishing tools to make it easy. Come with a glimmer of an idea and we’ll help you build a practical and fun approach to get it done.

Darcy Hitchcock published her family history, gaining amazing insights about where her traits and values come from. She’s also published her poetry and lessons learned. She’s helped others capture important family photos, art and stories.

PUTTING OUT THE FIRE INSIDE (S-084-16)
Oct.14, 3 Hrs, 1:00-4:00, Room 39
Find out what could be causing inflammation in the body and how to deal with it to help reverse and prevent disease, lose belly fat, and have more energy! Inflammation is the root of most disease. Learn what to do.

Karen Russell is a Certified Health Coach and Dietetic Technician with over 25 years of experience in the nutrition and wellness field. Her passion is to help change peoples lives for the better!

UNDERSTANDING ANNUITIES (S-085-16)
Oct.14, 3 Hrs, 1:00-4:00, Room 28
There is a lot of confusion regarding the various types of annuities offered today and how they work. We will cover the advantages and disadvantages to these financial instruments. Limited to 30 participants.

Matt McMahon is a Certified Financial Planner™ professional with Four Peaks Wealth Management. Matt specializes in creating personalized retirement income plans. He enjoys helping clients achieve their financial goals.

Colin Hughes is a Certified Financial Planner. He has a certificate in financial planning from Kaplan University and a BSBA from NAU. He is experienced in financial planning and investment management.

Share Your Gifts at OLLI
(Join a volunteer team)

OLLI relies on talents, skills and volunteer time to create the OLLI curriculum and events, while keeping membership cost affordable. There are many opportunities to help. We are always looking for support from our returning members for anything from office help to long-term planning. Please complete the volunteer team form at the back of the catalog. Everyone is welcome to any of our meetings.

Contact your OLLI office for more information.
WHO WERE THE DRUIDS? (S-087-16)
Oct.21, 3 Hrs, 9:00-12:00, Room 23
An overview of the history of the Druids and some of their practices, as well as a discussion on how they worship in modern times.

Linda Mae Costello has been a student of metaphysics since 1968. She has a Masters degree in Education with an emphasis on Psychology, and she is ordained clergy.

DEEP PLAY, BRING JOY INTO SPIRITUAL PRACTICE (S-088-16)
Oct.28, 3 Hrs, 9:00-12:00, Room 39
Based on the poetry prose writings of Diane Ackerman, author of “Deep Play” and “A Natural History of the Senses”, this workshop/discussion will focus on the lighter side of spirituality and the meaning of bliss.

Dayle Dodge is sometimes an activist, is an avid reader of non-fiction, and an OLLI enthusiast. She has an MBA and a BA in Journalism.

CEL TIC SHAMANISM (S-089-16)
Oct.28, 3 Hrs, 9:00-12:00, Room 23
Experience some of the ways of old as we weave the magic of the Iron Age Celts. Dress comfortably and bring a notebook.

Linda Mae Costello has been a student of metaphysics since 1968. She has a Masters degree in Education with an emphasis on Psychology, and she is ordained clergy.

ENGAGING WITH SOCIAL JUSTICE #1 (S-094-16)
Oct.28, 3 Hrs, 1:00-4:00, Room 39
Discussing social justice issues is a good thing. But doing something about social justice is even better. This workshop will help you to better organize and act for social justice in your preferred organization, or with a preferred group of friends. The key component of the process is “social integrative power” which allows us to re-imagine and re-invent existing approaches and processes for key problems such as inequality, poverty, climate change, and others.

Paula Donnelly Roark has worked as a sociologist and participation practitioner in 24 countries around the world. Her long experience combining theory and practice enables a particularly insightful process of how to enable positive social change.

UNCOVERING HIDDEN FEES (S-091-16)
Nov.04, 3 Hrs, 9:00-12:00, Room 28
One of the hidden secrets in the investment world is fees. Far too often, managers take a “don’t ask, don’t tell” approach to management fees. In this workshop we will focus on making investment management fees as transparent and understandable as possible. During this workshop you will learn about hidden fees your broker may receive for selling you certain assets and we will help you to learn the right questions to ask when an investment option is presented to you. Limited to 20 participants.

Ryan Stuart, CFA heads investment research at Four Peaks Wealth Management out of Flagstaff, AZ. He holds a Finance BA from the University of Colorado with a Certificate in Quantitative Finance. Ryan is also a Chartered Financial Analyst.

Glenn Leest has an excellent ability to connect and communicate complex investment strategies to his clients. Glenn has a real passion for helping those in his community understand and implement investing strategies to enrich their financial futures.

DECLUTTER YOUR LIFE 2 - UPGRADE TO DIGITAL (S-092-16)
Nov.18, 3 Hrs, 1:00-4:00, Room 12
This course takes the basic “Declutter Your Life” course to the next step of turning your documents and lists into digital media. These can be stored in computers, tablets and even your phone for instant access. Your fireproof lockbox will hold discs and thumbfiles. Those white file boxes and file cabinets will be obsolete! Limited to 20 participants.

Ellen Brooks has attended National Seminars, read numerous articles and books, and experienced in volunteer situation the art of organizing and prioritizing your stuff during retirement and while preparing for end of life and emergency situations.

TALKING POLITICS AT THANKSGIVING DINNER (S-093-16)
Nov.18, 3 Hrs, 1:00-4:00, Room 34
Many of us dread Thanksgiving dinner if we’re going to spend those hours at the table with family and friends who are passionate about politics. Such an experience can churn stomachs, so even a favorite dish becomes indigestible. Not to worry, this workshop will offer many tips for making the table talk this year enrich the gathering’s warmth and gratitude (instead of dampening it)—tips you can use any time you and loved ones disagree.

Paul Friedman, Ph.D., is a retired university professor specializing in communication and conflict resolution.
Friday Workshop

SEDONA CENTER

ENGAGING WITH SOCIAL JUSTICE #2 (S-095-16)
Nov. 18, 3 Hrs, 1:00-4:00, Room 39

Discussing social justice issues is a good thing. But doing something about social justice is even better. This workshop will help you to better organize and act for social justice in your preferred organization, or with a preferred group of friends. The key component of the process is “social integrative power” which allows us to re-imagine and re-invent existing approaches and processes for key problems such as inequality, poverty, climate change, and others.

Paula Donnelly Roark has worked as a sociologist and participation practitioner in 24 countries around the world. Her long experience combining theory and practice enables a particularly insightful process of how to enable positive social change.

SEDONA CENTER

SPECIAL INTEREST GROUP

CHESS CLUB
First and third Wednesday each month, 1:00PM, Sedona Center, Room 8

The OLLI Chess Club continues to be active. Come to play, watch, and learn. Beginners are welcome. Free instruction. No need to register; drop in for a few minutes or stay the full 3 hours. For further information contact Bill Ward at liamfrancisw@gmail.com.

VERDE VALLEY CAMPUS (CLARKDALE)

SPECIAL INTEREST GROUP

OUT TO LUNCH BOOK GROUP (V-299-16)
Sep. 23-Nov. 11, 8 Weeks, 11:45-1:15, Jerona Cafe

Join us on the second and fourth Friday of each month for discussion of books over lunch. The assigned book is discussed on the fourth Friday meeting and a general discussion of books you are reading or have read takes place on the second Friday. The September book is “The Devil In The White City” by Eric Larson; October is “Museum Of Extraordinary Things” by Alice Hoffman; & November is “Silas Marner” by George Eliot.Free with paid Fall OLLI membership. Limited to 10 participants.

Barbara Marriott,PhD did not let Arizona sneak up on her. It arrived with guns blazing and the air filled with hootin’ and hollorin’. It captured her so completely that she wrote eight books about living in Arizona’s unpredictable Territorial towns.

Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tr>
<td>9/15</td>
<td>Fall Open House: A Taste of OLLI on the Clarkdale Campus</td>
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<td>9/26</td>
<td>Fall term starts</td>
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<td>9/28</td>
<td>Term’s first Lunch and Learn (Sedona)</td>
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<td>9/29</td>
<td>Term’s first BBBB (Clarkdale)</td>
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<td>10/3</td>
<td>Winter proposals due</td>
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<td>10/14</td>
<td>Arizona Humanities Council presentation</td>
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<tr>
<td>11/11</td>
<td>Veteran’s Day – campus closed</td>
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<tr>
<td>11/18</td>
<td>Fall term ends</td>
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<tr>
<td>1/23</td>
<td>Winter term starts</td>
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Social Security Workshops

OPTIMIZE YOUR SOCIAL SECURITY RETIREMENT BENEFITS

One Day Workshop, Offered twice

- Sedona Center, Monday, October 3, 1:00-4:00, Room 23 (S-057-16)
- Sedona Center, Friday, October 28, 1:00-4:00, Room 28 (S-090-16)

There are many common mistakes people make when claiming their benefits. Learn key factors you need to know before claiming Social Security. Learn how you can raise your monthly benefit more than 75%, how to avoid tax on Social Security, and the best time to apply for benefits. Plan well; retire well!

Matt McMahon is a Certified Financial Planning™ professional for Four Peaks Wealth Management. Matt specializes in creating personalized retirement income plans and Social Security planning. He enjoys helping clients achieve their financial goals.

Colin Hughes is a Certified Financial Planner. He has a certificate in financial planning from Kaplan University and a BSBA from NAU. He is experienced in financial planning and investment management.

Medicare Workshops

MEDICARE 101 - EVERYTHING YOU NEED TO KNOW ABOUT MEDICARE

One Day Workshop, Offered in 4 locations

- Sedona Center, Monday, October 10, 9:00-11:00, Room 12 (S-058-16)
- Beaver Creek School Board Room, Friday, October 14, 9:00-11:00, Room BCSD (BC-253-16)
- Camp Verde Archaeological Ctr, Monday, October 17, 1:00-3:00, Room A2 (CV-252-16)
- Verde Valley Campus, Clarkdale, Friday, October 21, 9:00-11:00, Room L-216 (V-270-16)

This workshop discusses what Medicare Parts A and B will and won’t pay, how supplements and advantage plans protect against major financial loss, and how Part D prescription drug plans work. All overheads used in class are provided to students as handouts.

Denny Fanter retired from AT&T as a financial planner. He has sold Medicare products in Texas and Arizona since 2005.

Medicare Workshops cont’d

MAKING SENSE OF MEDICARE-PART I & II

Two Day Workshop, Offered in 2 locations

- Verde Valley Campus, Clarkdale, Tuesday, Oct. 11 & 18, 10:00-12:00, Room G-106 (V-271-16)
- Sedona Center, Tuesday, October 11 & 18, 2:00-4:00, Room 28 (S-074-16)

Take the mystery out of Medicare by attending this two-part course. Part I covers an overview of Medicare and Medicare Supplement plans. Part II covers Medicare Advantage plans and Part D prescription plans.

Andy Lockridge is a licensed life and health insurance agent in Arizona. He teaches this class at several community colleges throughout the state. His Medicare website is www.aboutmedicare.org.

HEALTHCARE, MEDICARE...HOW DO I PREPARE?

One Day Workshop, Offered 4 times

- Sedona Center, Monday, October 17, 9:00-11:00, Room 28 (S-059-16)
- Verde Valley Campus, Clarkdale, Friday, October 21, 1:00-3:00, Room G-107 (V-279-16)
- Sedona Center, Monday, November 14, 9:00-11:00, Room 28 (S-068-16)
- Verde Valley Campus, Clarkdale, Friday, Nov. 18, 9:00-11:00, Room G-107 (V-280-16)

This workshop focuses on the intricacies and nuances of Medicare, Medicare Advantage plans and Medicare Supplement plans to residents of Yavapai County. This course will cover basic principles, comparisons and unique particulars of healthcare products available to seniors, while also discussing the impact of the Affordable Care Act.

Ryan Steinert has worked in healthcare for seniors in Yavapai county since 2007 & handled insurance and billing for skilled nursing facilities in Verde Valley. He is currently licensed to sell MCR Adv/MCR Supp products & has a firm knowledge of Medicare.

The Java Love Café (The Sedona Roasting Company) – Sedona’s best café – generously supported OLLI. We thank them and ask OLLI members to support Java Love.

928.649.4275 • 928.649.5550
Prior to the start of the term, classes can be sampled at our open house event – “A Taste of OLLI”

There will be refreshments and lunch provided, and samples of classes presented in 4 different classrooms throughout the day. Come and decide what you want to take, meet facilitators and talk with OLLI members.
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<tr>
<th>Day</th>
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<td>How The Earth Works</td>
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<td>The Best American Poetry 2016</td>
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<td>Writing Our Way To Happiness</td>
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<td>The Course Of Time</td>
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<td>Self-Help Acupressure And Reflexology</td>
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<td>TUESDAY</td>
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<td>Beginners Basic Counted Cross Stitch 1</td>
<td>V-213-16</td>
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<td>Basic Origami</td>
<td>V-212-16</td>
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<td>Basic Computer Skills For Today's Technology</td>
<td>V-215-16</td>
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<td>Great Stories, Fiction And Nonfiction</td>
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<td>Presidents And Leadership</td>
<td>V-217-16</td>
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<td>Explore Inner Space-A Meditation Adventure</td>
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<td>Brain Exercise Through Puzzles</td>
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<td>Life Happens As We Plan</td>
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<td>The Bhagavad Gita And Us</td>
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<td>Artful Jewelry</td>
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<td>Church And State: Separated By Principle And Law, United In Purpose</td>
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<td>John Biggers</td>
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<td>Puzzles, Puzzles, Puzzles</td>
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<td>The Informed Voter 2016</td>
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<td>Conquistadors</td>
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<td>A Tribute To Wayne Dyer: Inspiration, Wisdom, Thoughts, &amp; Life Lessons</td>
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<td>Darlene Jordan</td>
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<td>Women Supporting Women: How To Not Lose Yourself In Relationship</td>
<td>S-015-16</td>
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<td>Carisa Authier</td>
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<td>Camp Verde (Parks &amp; Recreation)</td>
<td>The Philosophy And Physics Of Forgiveness</td>
<td>CV-225-16</td>
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<td>Verde Valley Campus (Clarkdale)</td>
<td>Observational Astronomy</td>
<td>V-222-16</td>
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<td>J. D. Maddy</td>
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<td>Exploring The Verde Valley</td>
<td>V-220-16</td>
<td>G-107 1st class only</td>
<td>John Erickson</td>
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<td>Claudia Cross</td>
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<td>Music To Your Ears</td>
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<td>Parapsychology</td>
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<td>Understanding Our Presidential Candidates Through The Lens Of Astrology</td>
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<td>Devorah Nye</td>
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<td>Understanding Creation Rationale, Logic &amp; Science</td>
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<td>Science News And Views</td>
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<td>Raising Your Dominant Vibration: Living Focused In The Present Moment</td>
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<td>Beginning Genealogy</td>
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<td>Advanced Class With Thomas</td>
<td>S-029-16</td>
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# Osher Lifelong Learning Institute: 2016 FALL

## LEARNING GROUPS

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<td>Beginners Basic Plastic Canvas 1</td>
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<td>V-235-16</td>
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<td>G-102</td>
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<td>Brown Bag Brain Buzz</td>
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<td>An Insider’s Guide To Understanding Justice In Our Courts</td>
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<td>Oct.20-Nov.10</td>
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<td>Great Conversations</td>
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<td>News And Views</td>
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<td>Judaism And Buddhism: The Modern Encounter</td>
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<td>Bernie Kling</td>
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<td>Building The Bomb</td>
<td>S-036-16</td>
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## FRIDAY TIME LEARNING GROUP CLASS # ROOM FACILITATOR PAGE

| Sedona Center  |  |  |  |  |  |  |
| Sep.30-Nov.04  | 9:00-10:30  | How We Got To Now: Six Innovations On Which The Modern World Depends  | S-038-16  | 34  | Sandy Unger  | 13  |

## WORKSHOPS

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TIME</th>
<th>WORKSHOP</th>
<th>CLASS #</th>
<th>ROOM</th>
<th>FACILITATOR</th>
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<td><strong>Camp Verde</strong> (Parks &amp; Recreation)</td>
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<td>Nature Based Recreation And Volunteer Opportunities In The Verde Valley</td>
<td>CV-258-16</td>
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<td>Sep.26</td>
<td>9:00-11:00</td>
<td>Introduction To The Native American Flute</td>
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<td>Jim Wilson</td>
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<td>Standing Guard: Protecting What Is Important</td>
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<td>The Hook! Song Writing For Fun</td>
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<td>Finding Joy</td>
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<td>Amazing Travel Tips &amp; Getting And Using Credit Card Sign-up Bonuses</td>
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<td>Saving Big On All Of Your Purchases</td>
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<td>Healing Personal And Ancestral Soul Traumas And Wounds</td>
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<td>V-290-16 G-106 Ken Zoll</td>
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<td>CV-256-16 Cook Shack Tener/Stafford</td>
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<td>V-273-16 G-107 Amy Brown</td>
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<td>Nov.16 3:30-4:45 How Do I Use This Thing? Intro To I-Phones, I-Pads, Smart Phones &amp; Tablets</td>
<td>V-283-16 M-137 Lindquist/Schauwecker</td>
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<td>V-291-16 Offsite Troy Smith</td>
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<td>V-278-16 G-107 Wendy Harford</td>
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<td>S-077-16 15 John Farmer</td>
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<td>Oct.21 9:00-2:00 Thrift Shop Road Trip To Prescott</td>
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<td>Sep.30 9:00-11:00 Communicating With Spirit Guides &amp; Angels: Group Reading &amp; Workshop</td>
<td>V-287-16 L-216 Lori Hines</td>
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<td>V-282-16 L-215 Laina Lloyd</td>
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<td>V-284-16 L-215 Judy Torigoe</td>
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<td>Oct.07 1:00-4:00 Fun With Watercolor</td>
<td>V-257-16 H-103 Pat Murphy</td>
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# Osher Lifelong Learning Institute: 2016 FALL

## WORKSHOPS

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<th>Workshop</th>
<th>Class #</th>
<th>Room</th>
<th>Facilitator</th>
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<td>Capture Your Family History Before It's Too Late!</td>
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<td>Darcy Hitchcock</td>
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<td>Putting Out The Fire Inside</td>
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<td>Karen Russell</td>
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<td>Matt McMahon, Colin Hughes</td>
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<td>Who Were The Druids?</td>
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<td>Engaging With Social Justice #1</td>
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<td>P. Donnelly Roark</td>
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<td>Ellen Brooks</td>
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<td>Talking Politics At Thanksgiving Dinner</td>
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## SOCIAL SECURITY & MEDICARE WORKSHOPS (FREE TO OLLI MEMBERS)

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<td>Oct.17</td>
<td>1:00-3:00</td>
<td>Medicare 101 - Everything You Need To Know About Medicare</td>
<td>CV-252-16</td>
<td>A2</td>
<td>Denny Fanter</td>
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## Social Security & Medicare Programs

### TUESDAY TIME

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<tbody>
<tr>
<td>Sedona Center</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Oct.03</td>
<td>1:00-4:00</td>
<td>Optimize Your Social Security Retirement Benefits</td>
<td>S-057-16</td>
<td>23</td>
<td>McMahon/ Hughes</td>
<td>25</td>
</tr>
<tr>
<td>Oct.10</td>
<td>9:00-11:00</td>
<td>Medicare 101 - Everything You Need To Know About Medicare</td>
<td>S-058-16</td>
<td>12</td>
<td>Denny Fanter</td>
<td>25</td>
</tr>
<tr>
<td>Oct.17</td>
<td>9:00-11:00</td>
<td>Healthcare, Medicare...How Do I Prepare?</td>
<td>S-059-16</td>
<td>28</td>
<td>Ryan Steinert</td>
<td>25</td>
</tr>
<tr>
<td>Nov.14</td>
<td>9:00-11:00</td>
<td>Healthcare, Medicare...How Do I Prepare?</td>
<td>S-068-16</td>
<td>28</td>
<td>Ryan Steinert</td>
<td>25</td>
</tr>
</tbody>
</table>

## SOCIAL SECURITY & MEDICARE WORKSHOPS (FREE TO OLLI MEMBERS)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Workshop</th>
<th>Class #</th>
<th>Room</th>
<th>Facilitator</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sedona Center</strong></td>
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</tr>
<tr>
<td>Oct.11 &amp; Oct.18</td>
<td>10:00-12:00</td>
<td>Making Sense Of Medicare Part I &amp; II</td>
<td>V-271-16</td>
<td>G-106</td>
<td>Andy Lockridge</td>
<td>25</td>
</tr>
<tr>
<td>Oct.11 &amp; Oct.18</td>
<td>2:00-4:00</td>
<td>Making Sense Of Medicare Part I &amp; II</td>
<td>S-074-16</td>
<td>28</td>
<td>Andy Lockridge</td>
<td>25</td>
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</table>

## SPECIAL INTEREST GROUP

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Group</th>
<th>Class #</th>
<th>Room</th>
<th>Facilitator</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sedona Center</td>
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</tr>
<tr>
<td>Sep.28-Nov.16</td>
<td>1:00-4:00</td>
<td>Chess Club</td>
<td>Open to Public</td>
<td>8</td>
<td>Bill Ward</td>
<td>24</td>
</tr>
</tbody>
</table>

## SPECIAL EVENTS (FREE AND OPEN TO THE PUBLIC)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Class #</th>
<th>Room</th>
<th>Facilitator</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona Humanities Council Presentation — Verde Valley Campus</td>
<td>11:45-1:15</td>
<td>Out To Lunch Book Group</td>
<td>V-299-16</td>
<td>Jerona Cafe/Stack/Stratz</td>
<td>24</td>
<td></td>
</tr>
</tbody>
</table>
Opportunities to Share Your Gifts at OLLI

OLLI is a member run organization and as such members have a significant role in making OLLI successful. Listed below are the functions requiring volunteer support. Please read them over and pick an area where you could make a small commitment in helping our OLLI. Submit this form when you register or at any time during the term, at either OLLI Office:

(1) 4215 Arts Village Dr. Sedona, AZ 86336 or (2) 601 Black Hills Dr. Rm L-210, Clarkdale, AZ 86324

____ OLLI Location Team – The heart of OLLI is the local offerings and community. Assist in the planning and development at one of our three OLLI locations: Sedona, Clarkdale, or Camp Verde. Each local team is responsible at their location for program development and community building. Please select a location, by circling one:

Camp Verde  Clarkdale  Sedona

____ Front Office – Basic office administration help is required at the beginning of each term, and with special events. Customer service skills are needed to help with registration, telephone inquiries, and supporting class members. Would need to learn a few Yavapai College computer applications, and having Word and Excel skills would be helpful.

____ Communications – Work with the Coordinator to help develop a consistent on-going communications plan. Handle communications with the public and our members. Help with facilitators and member announcements, press releases, newsletter e-blasts, OLLI webpage, etc.

____ Marketing – Research new marketing opportunities. Prepare annual advertising plans and budget. Review catalog member list and saturated mailing possibilities. Provide content and timing for each term’s Kudos ads and publicity. Handle radio announcements for term start, and special events.

____ Catalog Team – Identify opportunities to improve the catalog design and functionality, plus streamlining the process. Help with the complete catalog preparation process each term, from content to scheduling of classes.

____ Volunteer Team – Identify and administer ways to enhance the OLLI volunteer experience for all members and facilitators. Manage recruitment endeavors and recognition for all volunteers. Respond to volunteer leads at registration and guide them to become and stay active volunteers within OLLI.

____ Membership Team – Work to welcome new members and grow our participation, while helping to retain our membership base. Help to manage social events and planning the H-OLLI-day party. Assist with the Open House, Lunch and Learn/ Brown Bag Brain Buzz, AZ Humanities and any special events.

____ Curriculum Team – Help to grow our class offerings by soliciting and ushering in new facilitators. Make recommendations on class opportunities within the community to create new learning opportunities. Work to ensure retention and appreciation of current facilitators. Survey the membership on class choices, current class structure, scheduling, etc.

Member’s Name _____________________________

Phone Number _____________________________

E-mail Address _____________________________

Preferred Location (Circle One):

Camp Verde  Clarkdale  Sedona
Invitation:
Is there a particular topic or craft that you would enjoy sharing with mature, inquisitive, and dynamic adults? The main requirement is a passionate interest in something.

Please Note the Following:
Spring Term: Apr. 10 to May 18  Proposals due by Jan. 9, 2017
Summer Term: Jun. 26 to Jul. 28  Proposals due by Apr. 3, 2017

The basic requirements for a proposal request are:
1. Title
2. Description of Class (500 characters)
3. Bio (250 characters)
4. Requested start date, time of day (select from menu)
5. Special Request
6. Alternative dates and time available.

We encourage you to use the on-line facilitator proposal form (instructions below).
For further assistance please contact the OLLI office 928-649-4275 or 928-649-5550

ON-LINE FACILITATOR PROPOSAL FORM

Registration:
1. Go to the website at www.olliclasses.org
2. Click on the Register link (upper right corner).
3. Fill in all fields of the pop-up boxes.
4. After all fields are populated, click Submit.
5. You will receive an email at the address entered in the Email field of the pop-up box. If the email does not appear in your Inbox within a few minutes, check Junk/Spam.
6. The email will have a link, click on the link. You will be taken to a website page that will indicate if your confirmation was successful.

Log In:
1. Return to the website at www.olliclasses.org
2. Click on the “Log In” link (upper right corner).
3. Use the same Email address used for registration
4. Enter your password.
5. Click Log In.

After a successful login, you will have access to all fields needed to create a proposal. Your Facilitator area will be populated with the same information provided during registration -- with the exception of the Biography. After you have entered the required information for a Proposal and added your Biography, click “Add” to create a Proposal and it will send an email of that Proposal to an OLLI administrator. For more detailed information see the tutorial link at the upper left of the web page.

We would really appreciate your using this on-line process for your Winter 2017 proposal(s).
For assistance please contact the OLLI office 928-649-4275 or 928-649-5550