



SEDONA/VERDE VALLEY MENTAL HEALTH RESOURCES GUIDE

This resource guide has been compiled to help people obtain information and select various mental health and other related treatment and support services in the Sedona/Verde Valley communities.

Sedona / Verde Valley Mental Health Resources Guide

This Mental Health Resources Guide is a partnership production of NAMI Sedona, the Mental Health Coalition Verde Valley, and Spectrum Healthcare. The main focus of this Guide is to provide mental health resources in the Sedona / Verde Valley areas. Please note that the Guide includes some resources in Prescott and Flagstaff as well as at the Arizona state and federal level. This is because these resources are not available in the Sedona/Verde Valley communities. The Table of Contents on page 3 provides the various categories of services and the corresponding page numbers where these resources can be found in the Guide. Inclusion in this Guide should in no way be construed to constitute an endorsement of a practitioner, an agency, organization, or its service, nor should exclusion be construed to constitute disapproval. It is up to a person using these resources to determine if they offer something needed and whether or not they are appropriate for a particular situation.

Emergency/crisis phone numbers are also provided on this page, as follows:

Crisis Contact Numbers:

- **Spectrum Healthcare:** For immediate emergency, call 911. For other crisis situations, call Spectrum Healthcare at 928-634-2236, available 24/7.
- **NAZCARE:** If you feel like you just need to talk to someone, call the NAZCARE Warmline at 1-888-404-5530, or 928-649-3771; the staff is available from 5:00 to 10:30 p.m., 7 days a week, including holidays.
- **NARBHA:** The crisis line is available 24/7, at 1-877-756-4090; for the hearing-impaired, 1-800-367-8939. **Note:** NARBHA will become Health Choice Integrated Care as of October 1, 2015. The crisis line number will remain the same.

Crisis Hotlines

24-Hour Crisis Hotlines – National

- 1-800-SUICIDE – [HopeLine Suicide Hotline](#)
- 1-800-273-TALK or 1-800-273-8255 National Suicide Prevention Lifeline

Arizona Suicide/Crisis Hotlines by County

- 1-800-631-1314 and 602-222-9444 (Maricopa County)
- 1-800-796-6762 or 520-622-6000 (Pima County)
- 1-866-495-6735 (Graham, Greenlee, Cochise and Santa Cruz Counties)
- 1-800-259-3449 (Gila River and Ak-Chin Indian Communities)
- 1-866-495-6735 (Yuma, LaPaz, Pinal and Gila Counties)
- 1-877-756-4090 (Mohave, **Coconino**, Apache, Navajo and **Yavapai** Counties)

Call **1-800-662-HELP** for 24-hour free and confidential information (in English and Spanish) on substance use disorder issues and referral to treatment.

For updates/revisions to the Resources Guide, please contact Rose Boerner at rboerner14@gmail.com or complete the form included at the end of this Guide.

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Coconino / Yavapai Counties

COCONINO COUNTY

Coconino County Community Services
Department (CCCSD)
2625 N King St., Flagstaff, AZ
928-522-7979

Coconino County Health Department

<http://www.coconino.az.gov/index.aspx?nid=221>

Access to Health Care Unit: 928-522-7830

Southern region (Flagstaff, Williams,
Sedona, Grand Canyon):

928-522-7800 or 877-522-7800

Responsible for maintaining and safeguarding the health of the residents of Coconino County. CCHD provides a wide range of health care services in the following programs: Nursing, Nutrition, Health Promotion, Immunization, Communicable Disease, Dental Clinic, Environmental Health, Health Education, Home Care, Developmentally Disabled, Prenatal Care, Teen Clinic.

YAVAPAI COUNTY

YCCHS Cottonwood

Phone: (928) 639-8130

51 Brian Mickelsen Parkway, Cottonwood, AZ 86326

WIC Offices – Cottonwood

Phone: (928) 639-8134

10 South 6th Street, Cottonwood, AZ 86326

YCCHS Prescott

Phone: (928) 771-3122

1090 Commerce Drive, Prescott, AZ 86305

YCCHS Prescott Valley

Phone: (928) 771-3377

3212 Windsong Drive, Prescott Valley, AZ 86314

Yavapai County Community Health Services

<http://www.yavapaihealth.com/>

Advocacy

Adult Protective Services (APS)

1-800-SOS-ADULT

Use APS when there is a situation where the person may be considered at risk or vulnerable and is unwilling to seek services, but there is no element of harm. If the individual is in a situation where self-care, safety, and well-being are compromised,

this is considered an inability to care for basic needs. APS also investigates reports of abuse or neglect of adults and elderly individuals. If you suspect abuse or neglect, or are a victim of abuse, exploitation, abandonment or neglect, call the numbers above. If you or another is in immediate danger, call 911.

Adult Abuse Hotline 1-877-767-2385

TTY: 877-815-8390

Court Appointed Special Advocate (CASA) 928-226-5423

1001 E. Sawmill Rd. Flagstaff, AZ. 86001

Volunteer advocates for children who are wards of the court and who have been abused and/or neglected.

NAMI Flagstaff

National Alliance on Mental Illness

Flagstaff, AZ / admin@nami-flagstaff.org

928-214-2218

NAMI Sedona/Verde Valley

National Alliance on Mental Illness

P.O. Box 3865, Sedona, AZ 86340

928-282-4827 / 928-300-9013 / 928-274-1542

www.nami-sedona.org

Support group meetings on the 1st and 3rd Friday of each month at 9:45 AM, Sedona Guidance Clinic, 2880 Hopi Dr., Sedona.

Support, information, resources, and advocacy are provided.

NAMI Yavapai County

National Alliance on Mental Illness

Prescott, AZ / jimfrost.nami@yahoo.com

928-717-2045

Behavioral Health & Substance

Abuse

Arizona Department of Health Services (ADHS)

Division of Behavioral Health Services (DBHS)

150 N. 18th Avenue, 2nd Floor

Phoenix, AZ 85007

(602) 364-4558 / Toll-free: 1-800-867-5808

<http://www.azdhs.gov/bhs/index.htm>

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ADHS/DBHS Office of Individual and Family Affairs
<http://www.azdhs.gov/bhs/oifa.htm>

ADHS/DBHS Provider Manual Section 3.18 - Pre-Petition Screening, Court-Ordered Evaluation, and Court-Ordered Treatment
http://www.azdhs.gov/bhs/provider/sec3_18.pdf

ADHS/DBHS Substance Addiction
<http://www.azdhs.gov/bhs/recipients/addiction.htm>

Call 1-800-662-HELP which offers 24-hour free and confidential information (in English and Spanish) on substance use disorder issues and referral to treatment.

Arizona State Hospital
2500 E. Van Buren St., Phoenix, AZ 85008
(602) 244-1331

Community Health Center of Yavapai County
<http://www.chcy.info/>
Adult, outpatient, behavioral health counseling and psychiatric services are available to Community Health Center patients who are receiving their primary care medical services from the Community Health Center of Yavapai and are not eligible for behavioral health services elsewhere. These counseling services are provided to children and adolescents on a limited basis.

Cottonwood: 928-639-8132
51 Brian Mickelsen Parkway, Cottonwood, AZ
Prescott: 928-583-1000
1090 Commerce Drive, Prescott, AZ
Prescott Valley: 928-583-1000
3212 N. Windsong, Prescott Valley, AZ
Hours: Monday through Friday 8:00 AM to 5:00 PM

Flagstaff Medical Center Behavioral Health Services
928-213-6400 (outpatient)
928-213-6300 (Inpatient)
1200 N Beaver St. (West Campus)
Flagstaff, AZ. 86001
www.nahealth.com/pp_fmc/dept_services/bhs.htm
Adult and adolescent services, inpatient and outpatient care, mental health, including treatment

for compulsive gambling and chemical dependency, 24 hours, 7 days-a-week.

Health Choice Integrated Care
<http://www.healthchoiceintegratedcare.com/>
Beginning on October 1, 2015, Health Choice Integrated Care (HCIC) will cover both physical and behavioral health services for Arizona Health Care Cost Containment System (AHCCCS) members with serious mental illness in Mohave, Coconino, Apache, Navajo, Gila, Yavapai and portions of Graham counties. HCIC was formed in 2014 as a collaboration between Health Choice, the managed-care solutions division of IASIS Healthcare, and the Northern Arizona Regional Behavioral Health Authority (NARBHA), a managed care organization that has served the behavioral health needs of northern Arizona residents for more than 50 years.

Contact Information for HCIC:
1300 South Yale Street, Flagstaff, AZ 86001

[Get Directions](#)
Member Services Phone: 1-800-640-2123
Business Phone: 928-774-7128
Toll Free Business Phone: 1-877-923-1400

24-Crisis Line: 1-877-756-4090
For hearing impaired, use Arizona Relay Service at 711 or call: 800-367-8939

LGBTQ
Center for American Progress - rights and experiences of LGBTQ people in mental health care
<https://www.americanprogress.org/issues/lgbt/vie/w/?tag=lgbt-health>
Gay and Lesbian Medical Association's Provider Directory -
https://glmainpak.networkats.com/members_online_new/members/dir_provider.asp

Marc Community Resources (Resources in the Phoenix area)
<http://marccr.com/marc-services/>
Andy Arnowitz
Information & Referral Coordinator
480-994-4407

MATFORCE
Working together reducing substance abuse in Yavapai County

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8056 E. Valley Road, Suite B
Prescott Valley, AZ 86314 /928-708-0100
matforce@cableone.net

Mental Health America of Arizona

(480) 982-5305

info@mharizona.org

Crisis Line – Yavapai/Coconino Counties:
877-756-4090

Mental Help.net

<http://www.mentalhelp.net/>

The Mental Help Net website exists to promote mental health and wellness education and advocacy.

Mingus Mountain Academy

928-335-2000 / Prescott Valley, AZ 86301

Accredited residential treatment center for emotionally and behaviorally at-risk adolescent girls.

NAMI Flagstaff

National Alliance on Mental Illness

Flagstaff, AZ / admin@nami-flagstaff.org

928-214-2218

NAMI Sedona/Verde Valley

National Alliance on Mental Illness

P.O. Box 3865, Sedona, AZ 86340

928-282-4827 / 928-300-9013 / 928-274-1542

www.nami-sedona.org

Support group meetings on the 1st and 3rd Friday of each month at 9:45 AM, Spectrum Healthcare, 2880 Hopi Dr., Sedona.

Support, information, resources, and advocacy are provided.

NAMI Yavapai County

National Alliance on Mental Illness

Prescott, AZ / jimfrost.nami@yahoo.com

928-717-2045

National Institute of Mental Health

Information Center: 1-866-615-64664

National Suicide Crisis Hotline

(800) 273-TALK

NAZCARE

928)-442-9205 / www.nazcare.org

If you feel like you just need to talk to someone, call the NAZCARE Warmline at 1-888-404-5530. The staff is available from 5:00 to 10:30 p.m., 7 days a week.

Life skills training and peer support services for adults with a mental health diagnosis and/or co-occurring substance abuse issues.

Transportation provided. Hours: Monday through Thursday, 8-3. Funding through NARBHA Wellness Centers in Cottonwood, Prescott, Flagstaff provide services such as: recovery support services, individual support, support groups, recreation, arts/crafts, supportive housing services, community integration and wellness programs such as: diet/nutrition, peer whole health, wellness checks, and Wellness in Action.

Serenity Circle Wellness Center, Cottonwood:

1229 E. Cherry St. Cottonwood, AZ 86326

(928) 634-1168

New Hope Wellness Center

599 White Spar Rd. Prescott, AZ 86303

(928) 442-9205 Ext. 7

A.Z.P.I.R.E. Wellness Center

201 N. Vickey St. Flagstaff, AZ 86004

(928) 213-0742

Northern Arizona Council of Governments

(NACOG) 928-774-1895

119 E Aspen Ave, Flagstaff, AZ 86001

928-778-1895 / 928-778-1422

221 N. Marina St. #201, Prescott, AZ 86302

Northern Arizona Regional Behavioral Health Authority (NARBHA) --

NARBHA is the current Regional Behavioral Health Authority (RBHA) for Coconino, Navajo, Yavapai, Apache and Mohave counties until September 30, 2015, after which Health Choice Integrated Care will be the RBHA for Northern Arizona. **Please see the listing for Health Choice Integrated Care on page 5 of this Guide.** NARBHA has been the behavioral health managed care organization in Northern Arizona for 50 years, during which it has demonstrated its commitment to providing behavioral health care through innovative and cost-

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efficient health management. HCIC was formed in 2014 as a collaboration between Health Choice, the managed-care solutions division of IASIS Healthcare, and NARBHA. On October 1, 2015, NARBHA will become The NARBHA Institute. The mission and goals of The NARBHA Institute are still being developed and their public charity focus will continue. The framework of The NARBHA Institute will be to build coalition and capacity and be a catalyst for change by identifying needs, promising practices and solutions that sustain and enhance in Northern Arizona. The Institute will be located at 616 N. Beaver St. and will open on 10/1/15. Until 9/30/15, NARBHA's contact information will remain the same as follows:

1300 South Yale Street, Flagstaff, AZ 86001

Business Phone: (928) 774-7128

Toll Free: 1-877-923-1400

Member Services: 1-800-640-2123

24-Crisis Line: 1-877-756-4090

<http://www.narbha.org/>

Pronghorn Psychiatric Hospital

(formerly Valle del Sol)

5940 E. Copper Hill Dr., Suite B

Prescott Valley, AZ 86314

928-583-7799 - Main Phone

928-583-7891 - Fax

Pronghorn Psychiatric Hospital is a provider of court ordered evaluation, psychiatric hospitalization, and drug and alcohol detoxification services.

RIAZ - Recovery Innovations of Arizona

Mission: To create opportunities and environments that empower people to recover, to succeed in accomplishing their goals, and to reconnect to themselves, others and to meaning and purpose in life. (866) 481-5361 or (602) 650-1212

<http://www.recoveryinnovations.org/index.html>

SMART Recovery

The leading self-empowering addiction recovery support group. The SMART Recovery 4-Point Program[®] helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, prescription drug abuse, and problem addiction to

other substances and activities. SMART Recovery sponsors [face-to-face meetings around the world](#), and [daily online meetings](#). In addition, our [online message board](#) and 24/7 chat room are excellent forums to learn about SMART Recovery and obtain addiction recovery support.

<http://www.smartrecovery.org/>

For veterans only: Tuesdays, 7:00 PM, Center for Positive Living, 45 Castle Rock Rd., Unit 1A, VOC, Sedona glamunyon@aol.com

Steps to Recovery Homes

Mission is to provide a safe environment, free from any illicit drugs or alcohol, for people with substance abuse issues. We focus on behavior modifications and are dedicated to consistency, structure, and direction in our homes.

Stepstorecoveryhomes@gmail.com

748 N. Main St. Cottonwood AZ. 86326

Cottonwood / Anne: 928-821-3526

Damien: 928-592-2603

TASC

Treatment Assessment Screening Center

Camp Verde: (928) 567-8671

Cottonwood: (928) 649-1312

Primary Focus: Substance Abuse Counseling, Anger Management Counseling, Domestic Violence Counseling, DUI Classes

Services Provided: Referrals, group and individual counseling

Type of Care: Outpatient

Population Served: Women, men

Qualifications to receive services: Refers out for dual diagnosis

Forms of Payment Accepted: Flat fees for different services (Cash, checks)

Payment Assistance: Willing to work with client

Language Accommodations: None

Required Referrals: None

Warmline (non-crisis support):

928-443-5800 / 6:30-11p.m.

609 West Gurley, Prescott, AZ

Spectrum Healthcare (formerly Verde Valley Guidance Clinic)

Spectrum Healthcare offers an integrated system of healthcare delivery. It is the coordination of

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general and behavioral healthcare. It incorporates mental health, primary care, and substance abuse services. This system is complex, with many levels of care, screening, communication, and education. It produces the best outcomes and proves to be the most effective approach in caring for people with multiple healthcare needs. Integration at Spectrum Healthcare seeks to provide these services with high quality, and ease of access. Spectrum is contracted through NARBHA, the Regional Behavioral Health Authority for Coconino, Navajo, Yavapai, Apache and Mohave counties. NARBHA will become Health Choice Integrated Care as of October 1, 2015.

Main Number: 928-634-2236

8 E Cottonwood St., Cottonwood, AZ 86326
651 W. Mingus Ave., Cottonwood, AZ 86326
2880 Hopi Drive, Sedona, AZ 86336 / 928-282-4357
452 Finnie Flat Road, Camp Verde, AZ 86322 / 928-567-4026.

Crisis Contact Numbers: in any life-threatening emergencies, call 911 immediately. For other crisis situations, call 928-634-2236, available 24/7. For hearing impaired, please use the Arizona Relay Service at 711 or 1-800-367-8939 or internet assistance at www.azrelay.org

Verde Valley Medical Center

Behavioral Health Unit (for adults 18+)
Sandy Roberge, Clinical Manager
269 S. Candy Ln., Cottonwood, AZ / 928-639-6450

Women in New Recovery

928-776-1828 or 717-0603, Prescott, AZ

www.winr.org

Structured living environment for women in recovery from alcohol and/or drug addiction. Must have at least 3 days of sobriety to enter. A seven-month commitment is required.

[Children's Services](#)

Arizona's Children Association

928-443-1991 or 1-888-771-3435

Information and Referral: 928-772-3435

440 N. Washington Ave, Prescott, AZ 86301

Website: www.arizonaschildren.org

In-home family counseling; foster care and adoption; counseling and consultation; Child Haven (crisis nursery); respite; independent living services.

Arizona DES-Division of Children, Youth, and Family services

Substance Abuse case management

928-634-7561 or 928-669-6800

1500 E Cherry St., Cottonwood, AZ

Arizona Early Intervention Program (AzEIP)

928-759-5591, 3343 N. Windsong Dr. Suite 5

Prescott Valley, AZ 86314

Website: www.azdes.gov/AzEIP

Services bring families and professionals together, working in collaboration to support a child's growth, development and learning. Available to infants and toddlers, birth to three years of age, with disabilities or developmental delays.

Boys and Girls Club of Cottonwood

928-639-3057

Smart Moves and Street Smarts-resistance training for drugs, alcohol and gang involvement.

Buena Vista Children's Services

928-646-5200 / <http://bv-cs.org/>

A community based, grassroots, nonprofit organization that designs, develops, and implements model programs for children, parents and educators. Programs address emerging needs in the areas of child care, education, parenting, resource and referral.

Child Abuse Hotline

Child Youth and Family Administration

Cottonwood: 24 hours: 928-634-7561

24 hours - Toll Free: 888-530-1831

1645 E. Cottonwood St., Cottonwood, AZ

Sedona: 1-888-767-2445

Childcare Resource & Referral Service

1-800-308-9000

Yavapai Community Health Center

<http://www.yavapaihealth.com/>

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Counseling services are provided to children and adolescents on a limited basis.

Cottonwood: 928-639-8132

51 Brian Mickelsen Parkway, Cottonwood, AZ

Prescott: 928-583-1000

1090 Commerce Drive, Prescott, AZ

Hours: Monday - Friday 8:00 AM to 5:00 PM

Department of Economic Security - Child Protective Services (CPS)

www.azdes.gov/dcyf/cmdps/cps/default.asp

Flagstaff: 928-779-3681

397 Malpais Lane, Suite 11, Flagstaff, AZ. 86001

Investigates abuse and neglect referrals reported to the statewide hotline, and provides services to children and families.

Prescott: 928-277-2825

1519 W. Gurley St. Ste. 2, Prescott, AZ 86305

Prescott Valley: 928-759-0316

8128 E. Hwy. 69 Ste. 101, Prescott Valley, AZ

Provide childcare and/or counseling for any open CPS case, including psychological evaluations. We place children in foster care whose lives are at risk from abuse/neglect. Assist in transporting CPS clients to services.

Cottonwood: Child Protective Services
928-649-6844

Kids Care 1-877-764-KIDS

Health Insurance for kids in low income families.

Make-A-Wish® Arizona

info@arizona.wish.org / 602-395-WISH (9474)

Make-A-Wish Arizona grants wishes to children with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

Northern Arizona Regional Behavioral Health Authority (NARBHA)*

928-774-7128 or 1-800-640-2123

1300 S. Yale, Flagstaff, AZ 86001

Website: www.narbha.org

*NARBHA will become Health Choice Integrated Care as of October 1, 2015 (see page 5 of Guide)

SADD (Students Against Destructive Decisions) -- National Office

1-877-SADD-INC. (1-877-723-3462)

Website: www.azsadd.org (Arizona)

TORC (Teen Outpatient Rehab Center)

928-649-9479 / Cottonwood, AZ

Spectrum Healthcare (formerly Verde Valley Guidance Clinic)

928-634-2236

8 E. Cottonwood St., Cottonwood, AZ 86326

2880 Hopi Drive Sedona, AZ 86336

452 Finnie Flat Road Camp Verde, AZ 86322

Counseling Services

Catholic Charities Community Services

Cottonwood: 736 N. Main St., Cottonwood, AZ 86326 / 928-634-4254

434 W. Gurley, Prescott, AZ 86301 /

928-778-2531

Website: www.catholiccharitiesaz.org

Catholic Charities offers an array of programs in Yavapai County, which include: PATH – a program that connects seriously mentally ill homeless with treatment and housing through outreach and also distributes items such as tents, sleeping bags and water, as well as referrals and transportation to treatment or shelter - 928.634.4254 ext. 54135; adoption services; pregnancy counseling; medical equipment to low income elderly, disabled and persons with immediate health needs; financial assistance for utility payment; referral resources; emergency shelter (waiting lists and eligibility criteria apply); in-home parenting support; supportive services to veteran families; housing programs; foster care; North Star Youth Partnership; The Loft (a daytime drop-in center in Cottonwood for homeless people, where clients can do laundry, bathe, cook a meal, apply for work and maintain social connections). Catholic Charities helps people of all faiths, backgrounds and abilities.

H.E.L.P.

Free counseling services now available online
334-357-6404

Spectrum Healthcare (formerly Verde Valley Guidance Clinic)

928-634-2236
8 E. Cottonwood St., Cottonwood, AZ 86326
2880 Hopi Drive Sedona, AZ 86336
452 Finnie Flat Road Camp Verde, AZ 86322

[Developmental Disabilities](#)

DES Division of Developmental Disabilities

Cottonwood: 928-649-6883 / 928-649-6800

1500 E. Cherry St., Cottonwood, AZ 86326

Flagstaff: 928-773-4957

2705 N 4th St., Suite A, Flagstaff, AZ. 86004

Website: www.azdes.gov/ddd/

Prescott: 928-277-2700

1519 W. Gurley St. Ste. 3, Prescott, AZ 86305

Provides an array of home and community-based services, including information, referral and respite care.

IHD Child and Family Program

928-523-7010 or 877-628-3180 Toll Free

P.O. Box 5630, Flagstaff, AZ. 86011

Website: www.nau.edu/ihd/cfs/

Provides home-based early intervention services for children (birth to 3 years) with developmental disabilities and their families. Developmental monitoring and support are provided.

Four County Conference on Developmental Disabilities

928-778-3391 / 4ccdd@commspeed.net

325 N. Arizona Avenue, Prescott, AZ 86302

Mailing Address: P.O. Box 3262, Prescott, AZ

An advocacy group for persons with developmental disabilities and their families. Seminars, workshops, training opportunities, newsletters, lending library, and toy library are offered.

[Educational/Vocational](#)

Camp Verde Adult Learn Center

395 S. Main St., Room 305, Camp Verde

928-567-3187 / www.cvarp.org

DES Job Services Office 928-649-6856

1500 Cherry Street, Cottonwood

[Elder Care Services](#)

Arizona Care Management Solutions

Bonnie Shimko, Certified Senior Advisor and Elder Care Advisor for JacksonWhite Attorneys at Law.

928-300-0172 / Bonnie@AZCareManagement.com

C.A.S.A. Senior Center

928-772-3337

Telephone and face to face contact, homebound elders receive companionship and know that someone “out there” cares. Activities vary by program but may include having a listening ear, playing cards, receiving telephone calls, and more.

JacksonWhite Attorneys at Law

1-800-243-1160 / 1-480-464-1111

www.ArizonaSeniorLaw.com

JacksonWhite will prescreen anyone for Arizona Long-Term Care System (ALTCS) and VA for free and give guidance in this area. Ask for an elder care advisor (Bonnie Shimko in Northern Arizona – see listing in this section under Arizona Care Management Solutions).

National Committee for the Prevention of Elder Abuse

202-682-4140

1612 K Street NW, Washington DC 20006

Website: www.preventelderabuse.org

The mission of the NCEA is to prevent abuse, neglect and exploitation of older adults through research, advocacy, public and professional awareness, interdisciplinary exchange and coalition building.

Northern Arizona Council of Governments (NACOG) – Area Agency on Aging, Family Caregiver Program

928-213-5245 or 877-521-3500

Northern Arizona Homecare and Hospice

Cottonwood: 928-639-6674/800-654-5910

A nurse and certified nurse assistance provides personal in home care and social services for patients. They also help with community resources. Physical and speech therapy is offered within the home. Most insurance companies cover the fees for

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services, but private pay or financial assistance is available for those who are not covered.

Northern Arizona Seniors in Action Coalition (NAZSAC)

Established 2001: Verde Valley Seniors in Action Coalition - 501(c)3, dba Northern Arizona Seniors in Action Coalition

Established 2007: Seniors in Action Business Alliance (SABA)

Christine Bryson-Lazo, Chair & President
Certified Senior Advisor – 2009 CSA Trailblazer Award Recipient

PO Box 305, Sedona, AZ 86339-0305

928.282.1122 / 928.282.5074 (fax)

www.nazsac.org

Ask about the Arizona Elder Economic Security Initiative Coalition (AZEESI)

[Employment](#)

Arizona Department of Economic Security (DES)/Rehabilitation Services

Administration Vocational Program

928-445-6432

1555 Iron Springs Road, Ste. 11, Prescott AZ 86305
Serves people with a physical, emotional, or mental disability impairing employment.

Arizona Women's Education & Employment

928-778-3010 / 202 North Granite Street, Suite 203
Prescott AZ 86301

Helps set a career path, teaches new skills and provides job coaching. Many resources are available to assist with finding employment.

Arizona Workforce Connection of Yavapai County

928-778-1422 /

www.arizonaworkforceconnection.co

221 North Marina, Suite 201, Prescott AZ 86301
Provides services for anyone looking for a job including a database of jobs that can be accessed online or at the one-stop career center. Programs, classes, and training opportunities are available.

Circles of Support

928-445-8382 / 505 W. Gurley, Prescott, AZ 86305
Coach the families in the areas of job acquisition and retention, medical insurance, housing, nutrition, clothing, childcare, budgeting and finance and car acquisition.

National Network for Women's Employment

Website: www.womenwork.org

New Horizons Disability Empowerment Center

Provides programs and services in Northern Arizona which encourage and empower people with disabilities to self-determine the goals and activities of their lives.

8085 E Manley Dr. Prescott Valley, AZ 86314

928-772-1266

http://www.chamberorganizer.com/prescott/mem_newhorizons

[End-Of-Life Care/Hospice](#)

Arizona Hospice and Palliative Care Organization 1-866-552-4726

PO Box 5189, Sun City West AZ 85376-5189

Website: www.arizonahospice.org

Provides consumer information on hospice care. Offers assistance with palliative and local hospice care contacts.

Hospice Family Care 928-541-1740

100 E. Sheldon, Ste. 100, Prescott AZ 86301
Serving the Tri-City area and most of Yavapai County; Medicare Licensed Hospice Inpatient Care Center in Yavapai County.

National Hospice and Palliative Care Organization

1-800-658-8898 / www.nhpco.org

Northern Arizona Homecare and Hospice

Flagstaff: 928-773-2238 **Winslow:** 928-289-0980

Cottonwood: 928-639-6674/800-654-5910

107 E Oak Ave. Suite 102, Flagstaff, AZ. 86001

A nurse and certified nurse assistance provides personal in home care and social services for patients. They also help with community resources. Physical and speech therapy is offered within the

home. Most insurance companies cover the fees for services, but private pay or financial assistance is available for those who are not covered.

[Estate Planning](#)

NAMI - Special Needs Estate Planning Guidance System

This site contains information to assist families in understanding the process and working with qualified attorneys, as well as state specific information, resources, and protocols.

<http://www.nami.org/Template.cfm?Section=SpecialNeedsEstatePlanning&Template=/ContentManagement/ContentDisplay.cfm&ContentID=8120>

NAMI - Special Needs Estate Planning Resources

The goal of Special Needs Estate Planning is to provide for the special needs of loved ones with disabilities when we are no longer there to organize and advocate on their behalf. It is important to plan now for the coordination of the legal, financial, and care components that will provide for the maintenance of the quality of life and dignity of the beneficiary of the plan.

<http://www.nami.org/Content/NavigationMenu/FindSupport/LegalSupport/SpecialNeedsEstatePlanningResources.htm>

NAMI - PLAN (Planned Lifetime Assistance Network)

PLAN programs were developed to meet the needs of families who are actively planning for the future of an adult child with a disability. The mission of these independent, not-for-profit programs is to help families develop a future-care plan, establish the resources for payment, and identify the person(s) or program(s) responsible for carrying out the plan. Most PLAN programs also provide current services that relieve parents of part of the daily burden of care. Currently, throughout the country, there are 18 PLAN affiliates in 22 states. There are four programs in the development stage. These programs comprise the National PLAN Alliance, a service component of NAMI.

<http://www.nami.org/Template.cfm?Section=LegalSupport&Template=/ContentManagement/ContentDisplay.cfm&ContentID=25569>

[Financial Aid](#)

Social Security Administration

928-774-0201

1585 S. Plaza Way, Suite 130

Flagstaff, AZ. 86001 / Website: www.ssa.gov

Provides cash benefits for adults, disabled children, those at the retirement age, survivors, and widowers. Medicare and Medicaid is provided.

Yavapai County Department of Economic Security Cottonwood Office: 928-634-0780

1500 E. Cherry St., Cottonwood, AZ

AHCCCS, Food Stamps, general assistance

[Food Banks / Assistance](#)

EMERGENCY FOOD:

Bread of Life Mission

Camp Verde – 928-567-6931

<http://www.bolmaz.org/>

Faith-based food distribution ministry providing weekly hot meals and boxes of groceries to people in need.

Central Arizona Food Bank

Cottonwood – 928-634-7447

<http://www.centralazfoodbank.org/>

Community-based, nonprofit, all-volunteer organization dedicated to dispensing emergency food in the entire Verde Valley.

Old Town Mission

<http://oldtownmission.org/>

116 E Pinal St., Cottonwood AZ 86326
928-634-7869

Programs and services include food, clothing, showers, hot lunches, school supplies, eyeglasses, haircuts, legal advice and medical and dental referrals. Food Pantry is open 9:00 to 11:30 AM on Mon., Wed., Thu., Fri.

Salvation Army

928-774-1403

<http://www.salvationarmy.org/ihq/ourwork>

Sedona / Verde Valley Mental Health Resources Guide

507 N. Humphreys, Flagstaff, AZ
Hours: 9:00-12:00 M-Th. Provides clothing and emergency food vouchers, sack lunches, and rent and utility assistance.

Sedona Food Bank

Sedona and VOC - 928-204-2808

<http://sedonafoodbank.org/>

Community supported organization which provides food and assistance to people in need, specifically those who live in Sedona, the Village of Oak Creek, Cornville or Page Springs.

Seventh Day Adventist Church

Camp Verde - 567-4281

<http://www.adventist.org/>

Arizona Department of Economic Security/Family Assistance

928-277-2800 or 1-800-352-8401

Prescott - 1519 W. Gurley, Suite #1

Prescott Valley 928- 775-3140

7875 Florentine

Welfare, Food Stamps, AFDC, GA

Catholic Charities

www.CatholicCharitiesAZ.org

Cottonwood/Sedona Area

736 Main St., Cottonwood, AZ 86326

928-634-4254

Prescott Tri-City Area 928-778-2531

Department of Economic Security

1500 E. Cherry St., Cottonwood, AZ

Health Insurance & Nutrition Assistance:

928-649-6800

Yavapai Community Services – Food Plus Program

Cottonwood Office: 928-639-8134

Provides monthly food box as nutrition supplement to income-eligible county residents age 60+.

Yavapai Food Council

<http://yavapaifoodcouncil.org/>

928-593-0755

(Lower Level) Church of the Red Rocks

54 Bowstring Drive, Sedona, AZ 86336

Serving the hungry in Cottonwood, Camp Verde, Sedona, Rimrock and the entire Verde Valley.

The Yavapai Food Council's mission is "To build community support for meeting the needs of the hungry through education and resource development; to increase the production and distribution of locally grown healthy food, and to be a voice for the hungry."

[Health Information](#)

Arizona Health Care Cost Containment System (AHCCCS)

Cottonwood Office:

928-634-0780 / 1500 E. Cherry Street, Cottonwood

Prescott Office:

928-277-2800 / 1519 W. Gurley Suite #1, Prescott

AHCCCS, Food Stamps, general assistance -

Online application:

<https://www.healthearizonaplus.gov/Default/Default.aspx>

Arizona Medical Board 1-877-255-2212

9545 East Doubletree Ranch Road

Scottsdale, AZ 85258 / www.azmd.gov

Resource for checking on the license status of allopathic physicians (MDs) and filing a complaint against an MD. Complaints can be filed through an online form on the website.

Medline Plus

www.medlineplus.gov

This service of the US National Library of Medicine and the National Institute of Health is a comprehensive site of health information.

MedicineNet

www.medicinenet.com

Information is available on over 550 diseases and conditions. A dictionary with medical terms can be accessed online.

National Rehabilitation Information Center

1-800-346-2742

www.naric.com

Northern AZ VA Health Care System (VAMC)

Sedona / Verde Valley Mental Health Resources Guide

Cottonwood:

501 S Willard St., Cottonwood, AZ 86326

(928) 649-1532

http://www.prescott.va.gov/locations/cottonwood_cboc.asp

Prescott:

500 Hwy 89N, Prescott, AZ 86313

928-445-4860 | 800-949-1005

<http://www.prescott.va.gov>

Flagstaff:

1300 W. University Ave. Suite 200

Flagstaff, AZ 86001

928-226-1056 or 800-949-1005 X 5650

http://www.prescott.va.gov/locations/Flagstaff_CB_OC.asp

United Way Information Network

928-443-5321 or 1-888-449-5321

3343 N. Windsong Drive, Suite 8, Prescott Valley, AZ

Web site: www.unitedwayyavapai.org

Provides centralized information and referral to health and human service providers for Yavapai County residents through enhancement of nonprofit and public partnerships, networking, and the development of services.

United Way of Northern Arizona

1515 E. Cedar Ave., Suite D-1

Flagstaff, AZ 86004 / 928-773-9813

www.nazunitedway.org

United Way is focused on the building blocks for a better life: **Education** — Helping Children and Youth Achieve Their Potential. **Income** — Promoting Financial Stability and Independence.

Health — Improving People's Health.

Spectrum Healthcare (formerly Verde Valley Guidance Clinic)

Spectrum Healthcare offers an integrated system of healthcare delivery. It is the coordination of general and behavioral healthcare. It incorporates mental health, primary care, and substance abuse services.

Main Number: 928-634-2236

8 E Cottonwood St., Cottonwood, AZ 86326

651 W. Mingus Ave., Cottonwood, AZ 86326

2880 Hopi Drive, Sedona, AZ 86336 / 928-282-4357

452 Finnie Flat Road, Camp Verde, AZ 86322 /

928-567-4026.

Verde Valley Medical Center

<http://www.verdevalleymedicalcenter.com/>

Cottonwood:

269 S. Candy Lane, Cottonwood, AZ 86326

928-634-2251

Sedona:

3700 Arizona 89A, Sedona, AZ 86336

928-204-3000

Camp Verde Health Center

460 Finnie Flat Road, Camp Verde, AZ

Yavapai County Community Health Services

Services provided include: medical services, dental services, behavioral health, family planning, pediatrics, well-woman health check.

<http://www.yavapaihealth.com/>

Cottonwood: 928-639-8132

51 Brian Mickelsen Parkway, Cottonwood, AZ

Prescott: 928-583-1000

1090 Commerce Drive, Prescott, AZ

Hours: Monday through Friday 8:00 AM to 5:00 PM

National Rehabilitation Information Center

1-800-346-2742 www.naric.com

Hotlines

Abortion Information 1-800-772-9100

Adoption Network 1-866-942-3678

Adoptions- Rosie Adoptions

(If you are pregnant)

1-800-841-0804

AIDS Treatment Information Services

1-800-HIV-0440 (1-800-448-0440)

AIDS National Hotline

1-800-342-2437

Al-Anon/Alateen Hotline

1-888-4AL-ANON (1-800-425-2666)

Hope & Help for young people who are the relatives & friends of a problem drinker

Sedona / Verde Valley Mental Health Resources Guide

Al-Anon Family Group Headquarters

1-800-356-9996

Alcohol/Drug Abuse Hotline

1-800-662-HELP (4357)

Abortion Federation - National (USA)

1-800-772-9100

American Psychiatric Association

800-964-2000

Anasazi Foundation 1-866-678-3445

Arizona Smokers' Helpline

1-800-556-6222 -- www.ashline.org

Arizona Poison & Drug Information Center

1-800-222-1222

Arizona Postpartum Wellness Coalition (APWC) Quad Cities Chapter

1-888-434-MOMS (6667)

AZ Warmline for Postpartum Support International; volunteers provide phone support to new mothers. Calls are returned within 3 hours from 9 a.m. – 9 p.m. in English or Spanish.

Be Sober Hotline

1-800-BE-SOBER (1-800-237-6237)

Birthright 1-800-550-4900

Birth To Five Helpline

1-877-705-KIDS (5437)

Boys Town National Hotline

1-800-448-3000

Care Net 1-800-395-HELP (4357)

Center for the Prevention of School Violence

1-800-299-6504

Centers for Disease Control AIDS Info

1-800-342-2437

CHADD-Children & Adults with Attention Deficit/Hyperactivity Disorder

1-800-233-4050

Child Abuse Hotline--Child help USA

1-800-4-A-CHILD (1-800-422-4453)

Children of the World

(If you want to adopt a child)

1-973-239-0100

Cocaine Help Line

1-800-COCAINE (1-800-262-2463)

24 Hour Cocaine Hotline

1-800-992-9239

Crisis Hotlines 1-800-656-HOPE (4673)

Drug Addiction Hotline

1-888-268-9185

Drug Help National Helplines

1-800-378-4435

Drug and Alcohol Resource Center

1-800-784-6776

Eating Disorders Awareness and Prevention

1-800-931-2237

Hours: 8 am - noon daily, PT

Eating Disorders Hotline 1-800-448-4663

Eating Disorders Center 1-888-236-1188

Eating Disorders Help Bulimia/Anorexia

1-800-227-4785

Ecstasy Addiction 1-877-254-3348

Elder Abuse Hotline 1-800-252-8966

Emergency Contraception Information

1-888-NOT-2-LATE (1-888-668-2528)

Family Violence Prevention Center

1-800-313-1310

Sedona / Verde Valley Mental Health Resources Guide

Family Violence Center

1-888-750-4673

Food Addiction 1-800-872-0088

Friends of Battered Women and their Children

1-800-603-HELP (4357)

Gay & Lesbian National Hotline

1-888-THE-GLNH (1-888-843-4564)

Gay, Lesbian, Bisexual and Transgender (GLBT) National Youth Talkline

1-800-246-7743

The Trevor Project – <http://thetrevorproject.org/> - Provides a national, 24-hr, toll-free confidential suicide hotline for LGBTQ youth at 866-488-7386. Confidential text messaging – text “Trevor” to 202-304-1200

Gay & Transgender Hate Crime Hotline

1-800-616-HATE (4283)

National Headache Foundation

1-800-843-2256 or 1-888-643-5552

Health Resource Center of Domestic Violence

1-888-792-2873 or 1-800-313-1310

Healing Woman Foundation (Abuse)

1-800-477-4111

Help Finding a Therapist

1-800-THERAPIST (1-800-843-7274)

Herpes Resource Center

1-800-230-6039

Homeless/Runaway National Runaway Hotline

1-800-231-6946

Homelessness 1-800-654-8595

Incest Awareness Foundation

1-888 -547-3222

Incest Hotline for guys: M.A.L.E.

1-800-949-MALE (1-800-949-6253)

Independent Adoption Center

1-800-877-6736

Hours: 9am - 5pm PT

Learning Disabilities - National Center for Learning Disabilities

1-888-575-7373

Lifeline 1-800-273-8255

Lyme Disease Hotline

1-800-886-LYME (1-800-886-5963)

Marijuana Anonymous 1-800-766-6779

Mental Health InfoSource 1-800-338-7657

Missing & Exploited Children Hotline

1-800-843-5678

Mothers Against Drunk Drivers

1-800-438-MADD (1-800-438-6233)

National Abortion Federation Hotline

1-800-772-9100

National Adoption Center 1-877-648-4400

National Adolescent Suicide Hotline

1-800-621-4000

National Sexual Assault Hotline

1-800-656-4673

National Association for Children of Alcoholics

1-888-55-4COAS (1-888-554-2627)

National Alliance on Mental Illness (NAMI) 1-800-950-6264

National Child Abuse Hotline

1-800-252-2873 or 1-800-4AChild (422-4453)

Sedona / Verde Valley Mental Health Resources Guide

National Clearinghouse for Drug and Alcohol Information

1-800-729-6686

National Domestic Violence Hotline

1-800-799-SAFE (1-800-799-7233)

TTY: 1-800-787-7224

National Drug Abuse Hotline

1-800-662-HELP (1-800-662-4357)

National Hispanic Family Health Hotline

1-800-783-2645

National Hotline for Missing & Exploited Children

1-800-843-5678

National Inhalant Prevention Coalition

1-800-269-4327

National Institute on Drug Abuse & Alcoholism

1-888-644-6432

National Institute of Mental Health

1-888-ANXIETY (1-888-269-4389)

National Mental Health America

1-800-969-6642

National Office of Post Abortion Trauma

1-800-593-2273

National Resource Center on Domestic Violence

1-800-537-2238

National Runaway Switchboard & Suicide Hotline

1-800-786-2929

National Runaway Switchboard Crisis Line

1-800-621-4000

National STD Hotline

1-800-227-8922

National Youth Crisis Hotline

1-800-448-4663

National Victim Center

1-800-FYI-CALL (1-800-394-2255)

National Women's Health Hotline (PMS Access)

1-800-558-7046

Panic Disorder Information Hotline

1-800-64-PANIC (1-800-647-2642)

People against Rape

1-800-877-7252

Pet Loss Support Hotline – Grief Counseling

1-888-ISU-PLSH (1-888-478-7574)

Pet Loss Support Hotline

1-800 565-1526

PMS Access National Women's Health Hotline

1-800-222-4767

Planned Parenthood, Inc.

1-800-230-PLAN (7526)

Post-Abortion Project Rachel

1-800-5WE-CARE (1-800-593-2273)

Pregnancy Hotline

1-800-4-OPTIONS (1-800-467-8466) or

1-800-848-5683

Options Hotline

1-800-375-HELP (1-800-375-4357)

Pregnancy Hotline (National)

1-800-914-4600

Pregnancy and Breastfeeding Hotline

1-800-833-4642

Pregnant & Young Hotline

1-800 550-4900

RAINN Sexual Assault Hotline

1-800-SUICIDE (1-800-784-2433)

Rape, Abuse, Incest, National Network

Sedona / Verde Valley Mental Health Resources Guide

(RAINN) 1-800-656-HOPE (1-800-656-4673)

**Resource Center on Civil and Criminal Law
Aka Battered Women's Justice**
1-800-903-0111

Resource Center of Child Custody Protection
1-800-527-3223

Rosie Adoptions (If you are pregnant)
1-800-841-0804

Runaway Hotline 1-800-231-6946

**Sacred Circle, National Resource Center to
End Violence against Native Women**
1-877-733-7623

Safe Choice Hotline (STDs & Pregnancy)
1-800-878-2347

Self Help Hotline (Bulimia / Anorexia)
1-800-227-4785

**Self-Injury Hotline - SAFE (Self Abuse Finally
Ends) Alternatives Program**
1-800-DONT CUT (1-800-366-8288)
www.selfinjury.com

Sexual Assault Hotline 1-800-656-4673 /
1-800-838-8238

Smoker's Helpline: 1-800-556-6222

Stop It Now! (Sexual Abuse)
1-888-PREVENT (1-800-773-8368)

Students against Violence Everywhere
1-888-343-SAVE (7283)

**Society's League against Molestation
(SLAM)** 1-609-858-7800

Sports Foundation for Women
1-800-227-3988

Stepping Stone Agencies (for Women)
928-445-HOPE (4673).

Suicide Hotline - (National Adolescent)
1-800-621-4000

Suicide Hotline
1-800-SUICIDE (1-800 784-2433)

**Suicide Prevention - The Trevor HelpLine
(Specializing in gay and lesbian youth suicide
prevention)** 1-800-850-8078

Survivor's Youth Hotline
1-800-448-4663 or 1-800-427-0009

TalkZone (Peer Counselors)
1-800-475-TALK (1-800-475-2855)

Teen Helpline
1-800-400-0900

TeenLine
1-800-522-8336

USA National Suicide Hotlines
1-800-SUICIDE (1-800-784-2433) or
1-800-273-TALK (1-800-273-8255)

Voices in Action
1-800-7-VOICE-8 (1-800-786-4238)
(Hours: 9 am - 6 pm CT)
Listings for treatment and support of incest and
child sexual abuse

**WAVE (Working against Violence
Everywhere)** 1-888-960-9600

Yellow Ribbon Suicide Prevention Program
1-800-SUICIDE (1-800-784-2433) or

Youth Crisis Hotline 1-800-968-8454

Youth America Hotline 1-877-968-8454

[Legal Assistance](#)

Arizona Attorney General's Office
www.azag.gov/children_family/

Sedona / Verde Valley Mental Health Resources Guide

928-526-8028
2323 N Walgreens, Suite 100, Flagstaff, AZ

Coconino County Law Library and Self-Help Center

928-779-6656 / 877-806-3187
200 N San Francisco St., Flagstaff, AZ 86001
Email: ghornberger@coconino.az.gov
<http://www.coconino.az.gov/lawlibrary>

Community Legal Services (CLS)

928-445-9240 or 1-800-233-5114
401 N. Mt Vernon St., Prescott, AZ 86301
CLS is a non-profit Arizona law firm dedicated to providing equal access to our civil justice system for those who cannot afford it. CLS provides free legal advice, services, and when appropriate, direct representation to low-income, eligible persons in certain civil matters such as family law, housing law, health/education/benefits/employment law, consumer law.

DNA People's Legal Services

928-774-0653 / <http://www.dnalegalservices.org/>
2323 E. Greenlaw Ln., Flagstaff, AZ 86004
Hours Tuesday 9:00-11:00 & 1:00-3:00. Offers free legal advice and services for low income or indigent people. New intakes 1:30pm – 4pm Tuesdays - County Residents

David's Hope

David's Hope is an education and advocacy agency designed to provide people living with mental illness, and all those involved in their care, the skills and knowledge needed to navigate the behavioral health and criminal justice systems. David's Hope teaches people how to advocate for themselves and others by empowering them with information, training, resources, and mentoring.
Mary Lou Brncik / 602-774-4382
<http://www.davidshopeaz.org/>

JacksonWhite Attorneys at Law

1-800-243-1160 / 1-480-464-1111
www.ArizonaSeniorLaw.com
JacksonWhite will prescreen anyone for Arizona Long-Term Care System (ALTCs) and VA for free and

give guidance in this area. Ask for an elder care advisor (Bonnie Shimko in Northern Arizona).

Global Family Legal Services

928-282-2590
2940 Southwest Dr., Suite 5
Sedona, AZ 86336

Northern Arizona Council of Governments (NACOG)

928-213-5246 or 1-877-521-3500

Legal Advocacy Program

125 Grove Avenue, Prescott AZ 86301
Provides opportunity for resolution through mediation (except for real estate mediation). Service is free of charge to anyone in the community.

NAMI Resources re Mental Illness and the Criminal Justice System

Please click on this link to a NAMI document that provides answers to some of the frequently asked questions regarding the criminal justice system: [Criminal Justice Self-Advocacy FAQ](#) or, copy this address to your browser: <http://www.nami.org/Content/NavigationMenu/NA MILand/CJguidetomentalillnessandcjsystem.pdf>
This FAQ addresses common questions such as, "How do I make sure that my loved one gets his medication in jail?" and "Why won't my public defender use my loved one's mental illness in their defense?" It provides information about the individual's rights in these particular situations, recommendations for appropriate courses of action and links to other helpful websites and resources. NAMI has also developed a comprehensive guide as an aid for individuals and families navigating this system. Please click on this link: [Guide to Mental Illness and the Criminal Justice System](#)
or, copy this address to your browser: <http://www.nami.org/Content/NavigationMenu/NA MILand/CJguidetomentalillnessandcjsystem.pdf>

National Disability Rights Network

Nonprofit membership organization for the federally mandated Protection and Advocacy (P&A) Systems and Client Assistance Programs (CAP).

Sedona / Verde Valley Mental Health Resources Guide

There is a P&A/CAP agency in every state. For Arizona:

Arizona Center for Disability Law

100 North Stone Street, Suite 305

Tucson, AZ 85701

Phone: 520-327-9547 \ 800-927-2260

E-Mail: center@azdisabilitylaw.org

Website: <http://www.azdisabilitylaw.org>

The above agency deals with criminal justice issues as follows:

- What their rights are.
- How to get their medication to them.
- What to do if you believe the person may be in danger of harming himself/herself.
- How they can get mental health services.
- What they can do before getting out of prison to have their benefits, such as Social Security.

Old Town Mission

928-634-7869 / 116 E Pinal St., Cottonwood, AZ

Free Legal Consultation Clinics: Legal professionals offer free consultation concerning a variety of legal matters. No appointment is needed. All Individuals requesting legal aid should arrive at 5:45 pm.

Clinics are held:

Sedona: 1st Tuesday of the month at Solid Rock

Church, 2301 W Highway 89A # 101 in West Sedona

Cottonwood: 3rd Tuesday of the month at the Old Town Mission in Cottonwood.

Treatment Advocacy Center

(legal resources in every state)

<http://www.treatmentadvocacycenter.org/>

Arizona

Arizona has its own civil commitment laws that establish criteria for determining when court-ordered treatment is appropriate for individuals with severe mental illness who are too ill to seek care voluntarily. In Arizona, the court may order a patient to undergo inpatient (hospital) or outpatient (community) treatment if there is clear and convincing evidence that a proposed patient, as a result of mental disorder, is:

- a danger to self, or
- a danger to others, or
- persistently or acutely disabled, or
- gravely disabled and in need of treatment,

- and is either unwilling or unable to accept voluntary treatment.

The state of Arizona offers an application for emergency admission for evaluation, which is available [online](#) or you can copy this address to your browser:

http://www.treatmentadvocacycenter.org/storage/documents/arizona_-_application_for_emergency_admission_for_evaluation.pdf

Also available online is the Arizona state [petition](#) for court-ordered treatment. You can also copy this address to your web browser:

http://www.treatmentadvocacycenter.org/storage/documents/arizonas_state_petition_for_court_ored_treatment.pdf

Victim Witness Services - Coconino County

928-779-6163

201 E. Birch Avenue, Suite 4, Flagstaff, AZ 86004

Victim/witness advocacy, crisis intervention, victim compensation, social service referrals.

Yavapai County Detention Center

2830 N. Commonwealth Drive, Camp Verde, AZ

86322. Call 928-567-7734 (Lobby) to get

information on visitation, property, bonds, etc. For medical questions/information, ask to be transferred to the on-duty nurses.

Sheriff's Office: www.ycsoaz.gov

Yavapai County Public Defender's Office:

928-771-3588

County Attorney's Office:

2830 N. Commonwealth Drive, Suite 106

Camp Verde, AZ 86322 / 928-567-7717

[Outreach Programs](#)

ABRIO Family Services and Support

1760 East Villa Dr., Cottonwood, AZ 86326

(928) 634-6758

Focus on the individual and family to create services for their personal needs. Services include; home outreach, residential support, days services, consulting and training.

Catholic Charities Community Services

Sedona / Verde Valley Mental Health Resources Guide

Cottonwood: 736 N. Main St., Cottonwood, AZ 86326 / 928-634-4254

434 W. Gurley, Prescott, AZ 86301 / 928-778-2531

Website: www.catholiccharitiesaz.org

Catholic Charities offers an array of programs in Yavapai County, which include: PATH – a program that connects seriously mentally ill homeless with treatment and housing through outreach and also distributes items such as tents, sleeping bags and water, as well as referrals and transportation to treatment or shelter - 928.634.4254 ext. 54135; adoption services; pregnancy counseling; medical equipment to low income elderly, disabled and persons with immediate health needs; financial assistance for utility payment; referral resources; emergency shelter (waiting lists and eligibility criteria apply); in-home parenting support; supportive services to veteran families; housing programs; foster care; North Star Youth Partnership; The Loft (a daytime drop-in center in Cottonwood for homeless people, where clients can do laundry, bathe, cook a meal, apply for work and maintain social connections). Catholic Charities helps people of all faiths, backgrounds and abilities.

Community Information & Referral

<http://www.cirs.org/>

Phoenix - 800-351-3792 or 602-263-8845

Cornucopia Community Advocates

A nonprofit organization dedicated to the mission of enhancing community spirit and effectiveness through sharing resources. CCA is involved in direct service programs and in community resource development. As a Community Foundation, Cornucopia provides the support for over 24 tax-exempt public charities serving thousands of people who share a common interest—improving the quality of life in their area. Individuals, families, businesses, and organizations create permanent charitable funds that help their region meet local challenges.

<http://www.cornucopiacomunity.org/>

928-284-3284

Four County Conference on Developmental Disabilities

928-778-3391

4ccdd@commspeed.net

325 N. Arizona Avenue, Prescott, AZ 86302

Mailing Address: P.O. Box 3262, Prescott, AZ 86302

An advocacy group for persons with developmental disabilities and their families.

Seminars, workshops, training opportunities, newsletters, lending library, and toy library are offered.

Northern Arizona Council of Governments (NACOG) Community Services Administration

119 E. Aspen Ave., Flagstaff, AZ 86001

928-774-1895 / Fax: 928-556-9142

NACOG Cottonwood:

1500 E. Cherry St., Suite F, Cottonwood, AZ

928-308-2988

NACOG Prescott Valley:

3262 Bob Dr., Suite 8, Prescott Valley, AZ

928-308-2988

Assistance to limited-income families and individuals as they move from public assistance to self-sufficiency. Assistance with utilities, housing, appliance replacement/repair, transportation services.

Trauma Intervention Programs of Arizona, Inc.

Trauma Intervention Program (TIP)

928-445-4655 / 928-300-8497 / www.tipofaz.org

The Trauma Intervention Programs of Arizona, Inc (TIP) has been serving Yavapai County since 2000.

The program is a group of volunteers who are requested by hospital, police and fire personnel to provide emotional and practical support to victims, survivors, and witnesses of a tragic event including child abuse, DUI auto accident, homicide, arson, physical and sexual assault, domestic violence, and other tragedies. Our volunteers are available 24/7/365 and arrive on scene within 30 minutes of the request for service. TIP is a non-profit 501(c)(3) organization, and assists over 1500 community members and 3000 emergency workers every year. TIP currently serves Chino Valley, Paulden, Prescott, Prescott Valley, Dewey-Humboldt, Mayer, Cottonwood, Camp Verde, Clarkdale, Montezuma-Rimrock, Verde Valley, Sedona, and surrounding communities.

Sedona / Verde Valley Mental Health Resources Guide

Verde Valley Caregivers Coalition

299 Van Deren Rd. Ste. 2, Sedona, AZ 86336
928-204-1238 / <http://vvcaregivers.org/>
Verde Valley Caregivers Coalition provides volunteers, programs and services to support adults in need of assistance in maintaining their independence and quality of life at home.

Yavapai Family Advocacy Center

928-775-0669 / www.yfac.org
P.O. Box 26495, Prescott Valley, AZ 86312
Seeks to minimize further trauma to victims of violent crimes and family violence by coordinating law enforcement, CPS, prosecution, and victims support services. Counseling is provided for clients who have come through YFAC and other clients when available. Staff identifies and assists in locating resources for victims. Domestic Violence Support Groups are held weekly. Child care is provided.

[Parenting](#)

Adoptive Parents Support Group

(928) 445-6519
3005 Sequoia Lane, Prescott, AZ 86305
Email: familiesforadoption@yahoo.com
Pre-adoption workshops where interested families can explore many adoption options, i.e. lending library of adoption resources, including basic information as well as children's books.

Adults and Children Together Against Violence (ACT)

928-759-3616
"Parent's Raising Safe Kids" is an 8-week parent education program for community members who raise, care for, and/or teach children ages 0-9 years. ACT for Dad's is designed specifically for male caregivers and is facilitated by a trained, experience ACT dad.

Raising Special Kids

1-800-237-3007 or 602- 242-4366
www.raisingpecialkids.org
2400 N. Central Ave. #200, Phoenix, AZ 85004-1313

Em.P.A.C.T. Headstart Family Literacy Program

928-773-4609
2300 E. 6th Ave. Flagstaff AZ 86004
Provides a free pre-school, adult education, parenting education, child development, and volunteer opportunities in the Sunnyside neighborhood. Offers snacks, breakfast and lunch for the children, and lunch for the participating adults. These services are free as funds are available.

Parenting Arizona

928-773-9133
1515 E Cedar Ave, Suite E-1, Flagstaff, AZ
www.parentingaz.org/
Helps families develop positive approaches to parenting through parenting education classes and support services.

Women, Infants, Children

Statewide: 1-800-252-5942
Cottonwood: 928.639.8134
Special Supplemental Nutrition Program for Women, Infants, and Children.

[Prescription Drugs / Rx Drug Assistance Information](#)

AARP Pharmacy Services

1-800-456-2277

Arizona CoppeRX Card Prescription Program

1-888-227-8315 / www.rxamerica.com
All Arizona state residents may take advantage of this prescription program. Savings of 10%-55% or more available. Enrollment is free.

Food & Drug Administration - MedWatch

1-888-463-6332 / www.fda.gov/medwatch
Reports safety warnings and recalls for products regulated by the FDA.

Prescription Drug Assistance information

Information on government programs, non-profit organizations and pharmaceutical companies offering free or low-cost medication.

Sedona / Verde Valley Mental Health Resources Guide

<http://www.nami.org/Template.cfm?Section=Helpline1&Template=/ContentManagement/ContentDisplay.cfm&ContentID=156228>

RX List – The Internet Drug Index

www.rxlist.com

Directory of medications and news relating to pharmaceuticals. Updates and news pertaining to new medications.

Yavapai County Prescription Program

Phone: (928) 442-5596

[Respite](#)

NACOG – Area Agency on Aging, Family Caregiver Program

928-213-5245 or 1-877-521-3500

Resource for family caregivers.

[Shelters/Housing](#)

Angie’s House

Emergency and transitional housing for men, women and families. For intake 24-hours: 928-301-2169

Catholic Charities Community Services

Cottonwood: 736 N. Main St., Cottonwood, AZ 86326 / 928-634-4254

434 W. Gurley, Prescott, AZ 86301 / 928-778-2531

Website: www.catholiccharitiesaz.org

Catholic Charities offers an array of programs in Yavapai County, which include: PATH – a program that connects seriously mentally ill homeless with treatment and housing through outreach and also distributes items such as tents, sleeping bags and water, as well as referrals and transportation to treatment or shelter - 928.634.4254 ext. 54135; emergency shelter (waiting lists and eligibility criteria apply); The Loft (a daytime drop-in center in Cottonwood for homeless people, where clients can do laundry, bathe, cook a meal, apply for work and maintain social connections). Catholic Charities helps people of all faiths, backgrounds and abilities.

Home Sweet Home for Men

Intake – 24 hours: 928-301-2169

Old Town Mission

928-634-7869 / 116 E Pinal St., Cottonwood AZ

Emergency food, gas vouchers, travelers’ assistance, medical prescriptions.

Rainbow Acres

2120 W. Reservation Loop Rd., Camp Verde, AZ

928-567-5231 / www.rainbowacres.com

Spectrum Healthcare (formerly Verde Valley Guidance Clinic)

928-634-2236

8 E Cottonwood St., Cottonwood, AZ 86326

Yavapai County Veterans Administration

Help line: 928-445-4673

928.445.4860 ext. 6018

[Support Groups](#)

AARP Grief & Loss Program

1-888-687-2277

www.griefandloss.org

Grief and loss programs and resources available to all; web site offers extensive information, resources and support, including chat rooms and discussion boards, consumer tips, online journaling and information on support groups and their locations.

Alcoholics Anonymous

Women’s meeting: Wednesdays, noon, Unity Church, 65 Deer Trail Drive; Monday through Friday, noon, Jewish Community of Sedona and Verde Valley, 100 Meadowlark Dr., Sedona; Monday through Friday, 6:30 AM, 5:30 PM, 8:00 PM, 40 Stutz Bearcat Dr., Sedona; Monday through Friday, 7:00 AM, 690 Bell Rock Blvd., VOC. 928-646-9428; Young People’s Meeting, Sundays, 7:00 PM, 44 Stutz Bearcat Dr., Sedona; Seniors in Sobriety, Thursdays, 10:30 AM, Sedona Winds Library, 405 Jacks Canyon Dr., VOC, 928-282-7375. Call 928-646-9428 or 928-634-8664 for times/places in Camp Verde and Cottonwood.

Al-Anon

Sedona / Verde Valley Mental Health Resources Guide

Wednesdays, 6:00 PM, Sedona United Methodist Church, 110 Indian Cliffs Rd., Sedona; Saturdays, 10:00 AM, Spectrum Healthcare (formerly Verde Valley Guidance Clinic), 2880 Hopi Dr., Sedona; Sunday, 3:00 PM, Christ Center Wesleyan Church, 580 Brewer Rd., Sedona; Tuesday, 5:30 PM, Immaculate Conception Catholic Church, 700 N. Bill Gray Rd., Cottonwood, 928-300-9037 or 928-649-5444.

www.al-anon-az.org/ 1-800-344-2666

Support groups for people who are affected by a loved one's drinking.

Alzheimer's Support Groups

First Wednesdays, 10:00 to 11:00 AM, Verde Valley Presbyterian Church, 1500 E. Hombre Dr., Cottonwood, 928-634-2638, or 928-634-6495; first Tuesdays, 9:30 AM, Sedona Sunrise Center for Adults, Sedona United Methodist Church, 110 Indian Cliffs Rd., Sedona, 928-282-8969.

Bereavement Support

First and third Thursdays, 10:30 AM to Noon, Sedona Community Center, 2615 Melody Lane, West Sedona, 928-284-2834. First and third Wednesdays, 1:30 to 3:00 PM, Church of the Red Rocks, 54 Bowstring Dr., Sedona, 928-282-0180. Second Tuesday, 10:30 AM and fourth Tuesday, 1:30 PM, 301 S. Candy Lane, Suite 10A, Cottonwood, 928-6349-6676.

Brain Injury, Traumatic

928-772-2985

Celebrate Recovery

Saturdays, 6:00 PM, Church of the Nazarene, 55 Rojo Dr., VOC, 507-412-7036

Codependents Anonymous

A fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships. We gather together to support and share with each other in a journey of self-discovery -- learning to love the self. Living the program allows each of us to become increasingly honest with ourselves about our personal histories and our own codependent

behaviors.

Monday and Wednesday 6:30-7:30 PM
Christ Center Wesleyan Church
580 Brewer Rd., Sedona, AZ 86336

Family Caregiver Support Group

Family caregivers discuss issues such as grief, mourning and guilt; sleep problems; stress, depression and anxiety; and the importance of self-care. Meets every Friday, 10:00-11:00 AM, VVMC Conference Room A, 269 S. Candy Lane, Cottonwood.

Grief Support Group / Life After Loss

First and third Thursdays, 10:30 AM, Sedona Community Center, 2615 Melody Lane, Sedona, 928-282-2834

NAMI Flagstaff

National Alliance on Mental Illness

Flagstaff, AZ / admin@nami-flagstaff.org
928-214-2218

NAMI Sedona/Verde Valley

National Alliance on Mental Illness

P.O. Box 3865, Sedona, AZ 86340
928-282-4827 / 928-300-9013 / 928-274-1542
www.nami-sedona.org

Family Support Group meetings on the 1st and 3rd Friday of each month at 9:45 AM, Spectrum Healthcare, 2880 Hopi Dr., Sedona.

Support, information, resources, and advocacy are provided.

NAMI Connection support groups for people in recovery living with a mental illness:

Cottonwood: 1st and 3rd Wednesday of each month at 10:00 AM, Spectrum Healthcare, Mingus Room, 8. E. Cottonwood St., Cottonwood
Sedona: 2nd and 4th Wednesday of each month at 10:00 AM, Spectrum Healthcare, 2880 Hopi Dr., Sedona.

NAMI Yavapai County

National Alliance on Mental Illness

Prescott, AZ / jimfrost.nami@yahoo.com
928-717-2045

Narcotics Anonymous

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Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. NA was founded in 1953. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

Narcotics Anonymous - Verde Valley Arizona

<http://www.vvana.info/928-634-2119>

Sundays, 3:00 PM, 44 Stutz Bearcat Dr., Sedona, 204-9639 or 634-2119; Fridays, 7:00 PM and Sundays, 6:00 PM, Jewel House, 499 S. Second St., Camp Verde, 928-567-3447. Thursdays, 7:30 to 9:00 PM at Friendship Hall, Unity of Sedona Church, Deer Trail Rd., Sedona.

For more information on meetings in Camp Verde, Cottonwood, Sedona, Jerome, Flagstaff, Williams, Tuba City: http://www.vvana.info/Page_2.php

Informational pamphlets:

["Am I an addict?"](#)

["Welcome to NA".](#)

["An Introduction to NA Meetings."](#)

New Hope Recovery Center – NAZCARE

928-442-9205 / www.nazcare.org

Life skills training and peer support services for adults with a mental health diagnosis and/or co-occurring substance abuse issues.

Transportation provided. Hours: Monday through Thursday, 8-3.

Obsessive/Compulsive Disorders

Tuesdays, 5:30 to 6:30 PM, Keep Sedona Beautiful, 616-706-6951 / grelusime@hotmail.com

PFLAG Sedona/Verde Valley

PO Box 20033, Sedona, AZ 86341

(928) 351-1076

pflagsedona@gmail.com

Parents, Families Friends and Allies

United with LGBTQ People to *move equality forward*

Support Groups: Second Monday of the month - 7:00 p.m. – 8:30 p.m.

The Church of the Red Rocks

54 Bowstring Drive, Sedona, AZ

(off Hwy 179, 1.5 miles south of the 89A/Route 179 roundabout)

RI Discovery

A self-help mental health group that deals with fear, anger, anxiety, depression and worry. Free.

Sundays at 2:00 PM. Call Lorraine at 928-282-7226 for location.

SMART Recovery

SMART Recovery is the leading self-empowering addiction recovery support group. The SMART Recovery 4-Point Program® helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, prescription drug abuse, and problem addiction to other substances and activities. SMART Recovery sponsors [face-to-face meetings around the world](#), and [daily online meetings](#). In addition, our [online message board](#) and 24/7 chat room are excellent forums to learn about SMART Recovery and obtain addiction recovery support.

<http://www.smartrecovery.org/>

For veterans only: Tuesdays, 7:00 PM, Center for Positive Living, 45 Castle Rock Rd., Unit 1A, VOC, Sedona glamunyon@aol.com

Social Anxiety Group

<http://anxietynetwork.com>

Offers support and education with anxiety disorders; members exchange coping skills with online support meetings for people with social phobias.

Transportation –Local

Sedona / Verde Valley Mental Health Resources Guide

Safe Ride

1-800-797-7433

Cottonwood Area Transit Service (CAT)

928-634-2287 / www.cat.az.gov

827 N. Main St., Cottonwood, AZ 86326

Bus service in Cottonwood, Clarkdale and Verde Village. For route map:

<http://cottonwoodaz.gov/media/pdf/CAT-Guide.pdf>

Verde Lynx

928-282-0938 / www.verdelynx.az.gov

Verde Lynx buses run from the Cottonwood Library to Poco Diablo and the Municipal Parking Lot in Uptown Sedona. For route map:

<http://cottonwoodaz.gov/media/pdf/Lynx-Guide.pdf>

Verde Valley Care Givers

928-204-1238

Sedona and Camp Verde

[Transportation - Long Distance](#)

Angel Flight

1-888-426-2643

Volunteer private pilots provide medical transportation in 14 western states.

[Northern Arizona Domestic Violence Resource Directory](#)

[Domestic Violence Programs and Shelters](#)

National 24 hr Domestic Violence Hotline

(800) 799-7233 & (800) 787-3224 (TDD)

National Sexual Assault Hotline-RAINN

(800) 656-HOPE (4673)

Arizona Coalition Against Domestic Violence (602)

279-2900, (800) 782-6400 & TTY: (602) 279-7270

Stepping Stones Agencies

Prescott / Hotline: (928) 445-4673

Admin. (928) 772-4184

Primary Focus: Domestic Violence

Services Provided: Shelter, transitional housing, referrals, support services, advocacy and support.

Type of Care: Outpatient, Shelter

Population Served: Women, women with children

Qualifications to receive services: Must be in a Domestic Violence situation

Payment Assistance: All services free

Language Accommodations: Spanish

Spectrum Healthcare (formerly Verde Valley Guidance Clinic)

(928) 634-2236 **Cottonwood**

Primary Focus: Mental Health, Substance Abuse

Services Provided: Referrals, crisis intervention, individual counseling, transportation.

Type of Care: Outpatient

Language Accommodations: Spanish, hearing impaired, additional languages available upon request.

TASC

Treatment Assessment Screening Center

Camp Verde: (928) 567-8671

Cottonwood: (928) 649-1312

Primary Focus: Substance Abuse Counseling,

Anger Management Counseling, Domestic Violence Counseling, DUI Classes

Services Provided: Referrals, group and individual counseling

Perpetrator Services: Only perpetrator services, topics listed above

Type of Care: Outpatient

Population Served: Women, men

Qualifications to receive services: Refers out for dual diagnosis

Forms of Payment Accepted: Flat fees for different services (Cash, checks)

Payment Assistance: Willing to work with client

Language Accommodations: None

Verde Valley Sanctuary

Serves the areas of: Camp Verde, Clarkdale, Cottonwood, Jerome, Sedona, and Village of Oak Creek

Hotline- 1-800-930-7233 or 928-634-2511;

Legal Office- 928-639-2079

Primary Focus: Domestic Violence

Services Provided: Housing, financial assistance, referrals, therapy/ group and individual, court

Sedona / Verde Valley Mental Health Resources Guide

services, 24 hour services, employment assistance, YES program for adolescents

Type of Care: Outpatient, Housing

Population Served: Women, women and children, men, men and children

Qualifications to receive services: Must be in a domestic violence situation or abusive situation

Payment Assistance: All services free

Language Accommodations: Spanish

Victim Witness Services

Primary Focus: Domestic Violence/Abuse

Services Provided: Emergency Assistance, referrals, crisis intervention, court services, 24 hour services, attached to NACASA- sexual assault services.

Type of Care: Outpatient

Population Served: Anyone meeting program criteria

Qualifications to receive services: Must meet program criteria, dual-diagnosis

Payment Assistance: All services free

Language Accommodations: Spanish, will accommodate others as needed

Yavapai Family Advocacy Center

Prescott Valley / (928) 775-0669

Primary Focus: Domestic Violence, Families and Children

Services Provided: Referrals, group and individual counseling, court services and advocacy, help with clothing, toiletries and toys, forensic interviewing, medical examinations, education

Type of Care: Outpatient

Population Served: Anyone meeting program criteria

Qualifications to receive services: Must file police report, no dual-diagnosis, no drug users, no criminal charges, must meet program criteria

Payment Assistance: All services free

Language Accommodations: Spanish, others as needed

Required Referrals: Police or Sheriff, sometimes makes exceptions

[Northern Arizona Native American Resource Directory](#)

[Services & Agencies](#)

National Suicide Prevention Lifeline

(800) 273-8255

Suicide Hotline for Native American Youth

(877) 209-1266

Crisis Hotline for Arizona

(866) 205-5299

Northern Arizona Behavioral Health Crisis Line

(877) 756-4090

National Suicide Crisis Line (800) 784-2433

Hotline for the Deaf – TDD (800) 799-4889

[Programs and Services](#)

[Yavapai-Apache Nation & Yavapai Prescott Indian Tribe](#)

Spectrum Healthcare (formerly Verde Valley Guidance Clinic)

928-634-2236

8 E. Cottonwood St., Cottonwood, AZ 86326

2880 Hopi Drive Sedona, AZ 86336

452 Finnie Flat Road Camp Verde, AZ 86322

Crisis Line: 928-634-2236

Agency Affiliation: NARBHA (will become Health Choice Integrated Care as of 10/1/15)

Primary Focus: Mental health and substance abuse

Services Provided: Must ensure that eligible members are offered the full range of medically necessary covered behavioral health services including mental health and substance abuse

Type of Care: Outpatient, non-hospital residential

Special Programs/Groups: Adolescents,

DUI/DWI offenders

Special Language Services: Spanish, hearing

impaired, additional languages available upon request

Yavapai Apache Nation

Camp Verde: (928) 567-2168, (928) 567-3977

Agency Affiliation: None

Primary Focus: Substance abuse

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Services Provided: Substance abuse treatment
Type of Care: Outpatient
Special Programs/Groups: Adolescents
Forms of Payment Accepted: AHCCCS, any
Indian Health Insurance
Payment Assistance: None
Special Language Services: None

Secondary Behavioral Health Services and Agencies

Secondary services include shelters and domestic violence agencies. The following are secondary services and agencies listed by reservation, with the city and type of service offered.

Yavapai-Apache Nation

Drug Treatment Facilities
Yavapai Apache Nation Alcohol/Substance Abuse Program P.O. Box 1188 3452 Smith Avenue Camp Verde, AZ 86322 / 928-567-3977

Domestic Violence

Verde Valley Sanctuary

928-634-2511 / Cottonwood

Catholic Charities Community Services

736 N Main, Cottonwood / 928- 634-4254

Old Town Mission 928-634-7869

116 E Pinal St., Cottonwood
Emergency Food/Gas Vouchers/Travelers Assistance/Medical Prescriptions

Adult Community Senior Center

928-282-2834 / Sedona
Emergency/Families/Women/Meals

[A Guide to Veterans Services in Northern Arizona](#)

[General Information and Services](#)

This section lists local, state and federal agencies providing general information and services to Veterans. Additional agencies are also listed under the specific area of services each agency provides: Housing, Employment, Education, Health Care,

Behavioral Health & Substance Abuse, Financial Assistance, and Legal Aid. For the full guide, go to: <http://www.narbha.org/includes/media/docs/Download-Trial-NAVSC-Guide.pdf>

Catholic Charities Community Services

Cottonwood: 736 N. Main St., Cottonwood, AZ 86326 / 928-634-4254
434 W. Gurley, Prescott, AZ 86301 / 928-778-2531
Website: www.catholiccharitiesaz.org
Catholic Charities offers an array of programs in Yavapai County, which include supportive services for veteran families. Catholic Charities helps people of all faiths, backgrounds and abilities.

Crisis Line for Veterans

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call **1-800-273-8255** and Press **1**, [chat online](#), or send a text message to **838255** to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for [deaf and hard of hearing](#) individuals is available. <http://www.veteranscrisisline.net/>

Division of Behavioral Health Services Mental Health Resources for Service Members & Veterans

Crisis Lines: 1-877-756-4090 (Mohave, Coconino, Apache, Navajo and Yavapai Counties)
24-Hour Crisis Hotlines – National
1-800-SUICIDE – [HopeLine Suicide Hotline](#)
1-800-273-TALK or 1-800-273-8255 National Suicide Prevention Lifeline

[Arizona Department of Veterans Services](#)

[US Department of Veterans Affairs](#)

[National Resource Directory](#)

[Traumatic Brain Injury \(TBI\)](#)

[Post-Traumatic Stress \(PTSD\)](#)

[Chronic Pain](#) | [Substance Abuse](#) | [Suicide](#)

Rehabilitation centers for treating severe traumatic brain injury are licensed by the Arizona Department of Public Health and their histories are available online at: www.azcarecheck.com

NAMI Yavapai for Veterans

Sedona / Verde Valley Mental Health Resources Guide

Jim Frost / 928-830-7847

National Coalition for Homeless Veterans

800-VET-HELP / <http://www.nchv.org>
3331/2 Pennsylvania Ave., SE Washington, DC
20003-1148

Helps with locating homeless Veteran service providers in your local area.

United Way of Northern Arizona

1515 E. Cedar Ave., Suite D-1
Flagstaff, AZ 86004 / 928-773-9813
www.nazunitedway.org

Offers referrals to local services.

US Department of Veterans Affairs Benefits

800-827-1000

Persian Gulf War Helpline

800-749-8387 / <http://www.va.gov>

Offers outreach, clinical assessments and referrals for medical and mental health care, transitional residential assistance, links to permanent housing, and employment assistance.

Veterans Healing Bridge

Massage and Reiki – Healing One Another
Joseph Modica, Retired Army
928-821-3974

Spiritwarrior53@gmail.com
www.healingbridgestudio.com

Veterans of Foreign Wars (VFW)

Cottonwood Post 7400

The City of Sedona and VFW Post 7400 in Cottonwood have partnered to provide Service Officer support for veterans living in the greater Sedona area. Eduard Uzumekis, Ph.D, Post 7400 Service Officer, is seeing local veterans on Thursdays beginning January 9, 2014. He will be available from 9:00 am – 1:00 pm in the Community Development and Public Works Building, building 104, in the City Hall Complex, 102 Road Runner Drive, on a first come, first served basis. He can be reached at 928-202- 2193. Veterans seeking assistance should bring a copy of their DD214/215 and any other pertinent documents associated with the issue they are seeking help with. Post Service Officers assist members of the Post, their widows,

and orphans, as well as other veterans in obtaining rightful benefits from the federal and state governments. A Service Officer will keep members of the Post informed of veterans' entitlements and benefits offered and administrated by federal, state, and local governments. They provide these services free of charge and will assist any veteran, or survivor unless it is clear the claim is fraudulent.

Veterans of Foreign Wars (VFW)

San Francisco Peaks Post 1709

409 W. Santa Fe Ave., Flagstaff, AZ 86001
Service Officer 928-774-7722
DAV Transport 928-214-8170
email: vfwpost1709@npg.com

Providing financial, social, and referral assistance to veterans of foreign wars and their families. Help with entry into VA system and processing VA medical claims. Free DAV transport to VA facilities in Bellemont, Prescott and Phoenix.

Veterans Representative - Northern Arizona

Ed Pennell: 928-773-0084 Ext. 14
American Legion/Marine Corps League
Works with the VA. Helps Vets with VA paperwork, claims, disability and represents the Vet when necessary.

Yavapai County Veterans Administration

500 Highway 89 North, Prescott, AZ 86313
928.445.4860 ext. 6018

[Behavioral Health & Substance Abuse](#)

Focus on Recovery Helpline

800-888-9383
A 24-hour national alcohol and drug abuse addiction and treatment hotline.

HHS Drug and Alcohol Treatment Referral Routing Service

800-662-4357
Offers referrals to local programs.

NAU Counseling Center

P.O. Box 6045, NAU, Flagstaff, AZ 86011-6045
928-523-2261 / <http://www.nau.edu/counseling>

Sedona / Verde Valley Mental Health Resources Guide

Hours M-F 8:00-5:00, closed 12:00-1:00. Works to enhance the psychological growth, emotional well-being, and learning potential of enrolled NAU students. Provides short-term psychological counseling, behavioral health and substance abuse educational programming.

NAU Fronske Health Center

P.O. Box 6033, NAU, Flagstaff, AZ 86011-6033
928-523-8995 / <http://www4.nau.edu/fronske/>
Hours M-F 8:00-5:00. Offers physical and behavioral health services to enrolled NAU students.

National Suicide Prevention Lifeline

800-273-8255 or 888-784-2433
An immediate connection with a trained VA professional.

North Country Health Care

2920 N. Fourth Street, Flagstaff, AZ 86004
928-213-6100
<http://www.northcountryhealthcare.org/>
Hours M-F 7:45am-8:00pm, Sat 7:45-5:00. Provides physical and behavioral health care.

Northern Arizona Regional Behavioral Health Association (NARBHA) *

1300 S. Yale Street, Flagstaff, AZ 86004
928-774-7128 (general)
800-640-2123 (member services)
Crisis: 877-756-4090 <http://www.narbha.org/>
Hours 8:00-5:00 M-F. Coordinates publicly-funded comprehensive behavioral health care services.
*Will become Health Choice Integrated Care effective October 1, 2015 (see page 5 of Guide).

SMART Recovery

SMART Recovery is the leading self-empowering addiction recovery support group. The SMART Recovery 4-Point Program® helps people recover from all types of addiction and addictive behaviors, including: drug abuse, drug addiction, substance abuse, alcohol abuse, gambling addiction, cocaine addiction, prescription drug abuse, and problem addiction to other substances and activities. SMART Recovery sponsors [face-to-face meetings around the world](#), and [daily online meetings](#). Our [online](#)

[message board](#) and 24/7 chat room are excellent forums to learn about SMART Recovery and obtain addiction recovery support.

<http://www.smartrecovery.org/>

For veterans only: Tuesdays, 7:00 PM, Center for Positive Living, 45 Castle Rock Rd., Unit 1A, VOC, Sedona glamunyon@aol.com

Veterans in School Support Group

NAU Counseling Center, P.O. Box 6045, NAU, Flagstaff, AZ 86011-6045
928-523-2261 / <http://www.nau.edu/counseling>
Thursdays 1:00-2:30. This group provides an environment for Vets enrolled at NAU to discuss problems and challenges they face. The facilitator, also a Veteran, creates a place where Vets can share information about local and regional resources and share experiences with other NAU students with similar backgrounds.

Prescott Vet Center

3180 Stillwater Dr. Suite A, Prescott, AZ 86305
928-778-3469 / email: Catherine.Brinnon@va.gov
Offers counseling services for Northern Arizona Veterans. Has therapists on contract in Prescott, Flagstaff, Sedona and Winslow. The vet center is also responsible for operating the Northern Arizona Mobile Vet Center, which travels to communities throughout Northern Arizona.

Education

Coconino Community College Veterans Services

Student Financial Aid Office, Main Commons Bldg., 2800 S. Lone Tree Rd., Flagstaff, AZ 86001 928-527-1222 (4219)

<http://www.coconino.edu/finaid/vainfomain.htm>

email: finaid@coconino.edu

Hours 8:00-5:00 M-F. Assists Veterans with filing VA claims to receive GI Bill benefits.

NAU Educational Opportunity Center

NAU Field House, NAU, P.O. Box 6035, Flagstaff, AZ 86011-6035 / 800-628-4494

<http://home.nau.edu/edsup/eoc/services.asp>

email: eoc@nau.edu

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Assists with admissions and financial aid applications for those 19 or older to enter any college or vocational technical school nationwide. Has local coordinators throughout Northern Arizona.

NAU Native American Student Services

LEADS Center, Student Union, NAU, P.O. Box 5653, Flagstaff, AZ 86011-5653
928-523-9011 / <http://www.nau.edu/nass>
Hours 8:00-6:00 M-Th. 8:00-5:00 F. Offers academic advising, socializing, study areas, tribal scholarships and job resources to Native American students.

NAU, Office of Student Financial Aid-Veterans

Office of Student Financial Aid, Gammage Bldg., P.O. Box 4110, Flagstaff, AZ 86011-4110
928-523-4931
http://www4.nau.edu/finaid/types_of_aid/veterans.html
email: veterans.services@nau.edu
Hours 8:00-5:00 M-F. Assists veteran students and their dependents file VA claims to receive educational GI Bill benefits.

Employment

Arizona Department of Economic Security

1500 E. Cherry St., Cottonwood, AZ
Employment assistance
928-649-6800

Arizona Department of Economic Security Job Service

397 Malpais Lane Suite 9, Flagstaff, AZ 86001
928-779-4557 / <http://www.azdes.gov>
Hours 8:00-5:00 M-F. Veteran Employment Representatives help Vets find and keep jobs. Disabled Veterans Outreach Program Specialists develop job and training opportunities for Vets with service-related disabilities. Vocational Rehabilitation personnel help folks with non-service-related disabilities find and keep jobs.

Goodwill Industries

2225 N. Steves Blvd., Flagstaff, AZ 86004
928-526-9188

Hours 8:30-12:00 M-F. Career Center helps with online employment searches, writing resumes, and computer skills.

One Stop

2403 N. Isabel, Flagstaff, AZ 86004
928-779-7011 / Hours 9:00-4:00 M,W,F 12:00-8:00pm Tu. Th. Help with online employment searches, writing resumes, job interview skills, computer and typing classes.

U.S. Vets

928-445-4860, ext. 5901
Employment training for veterans

VA Vocational Rehabilitation and Employment Service

www.vba.va.gov/bln/vre / 800-827-1000
Helps Veterans with service-related disabilities by providing job training and counseling.
500 N. Highway 89, Prescott, AZ 86313

Financial Assistance

American Legion

<http://www.legion.org>
Offers temporary financial assistance to help maintain a more stable environment for children of Veterans.

Flagstaff/Coconino County Community Services

877-679-7425 or 928-679-7425
2625 N. King St., Flagstaff, AZ
Hours M-F 8:00-4:30. Provides emergency rent and utility assistance, food, clothing, and bus tickets.

Salvation Army

928-774-1403
<http://www.salvationarmy.org/ihq/ourwork>
507 N. Humphreys, Flagstaff, AZ
Hours 9:00-12:00 M-Th. Provides clothing and emergency food vouchers, sack lunches, and rent and utility assistance.

Health Care

Coconino County Health Department

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928-679-7272 or 877-679-7272
Health Clinic 2625 N King St., Flagstaff, AZ 86004
Dental Clinic 304 S. Humphreys St., Flagstaff, AZ
86001 <http://www.coconino.az.gov/health.aspx>
Assists with obtaining access to medical care, health
education, and testing for communicable diseases.

NAU Fronske Health Center

NAU Campus, P.O. Box 6033, NAU, Flagstaff, AZ
86011-6033 / 928-523-8995
<http://www4.nau.edu/fronske/>
Hours M-F 8:00-5:00. Offers physical and behavioral
health services to enrolled NAU students.

North Country Health Care

2920 N. Fourth Street, Flagstaff, AZ 86004
928-213-6100
<http://www.northcountryhealthcare.org/>
Hours M-F 7:45am-8:00pm, Sat 7:45-5:00. Offers
physical and behavioral health care.

Northern AZ VA Health Care System (VAMC)

Cottonwood:

501 S Willard St., Cottonwood, AZ 86326
(928) 649-1523
[http://www.prescott.va.gov/locations/cottonwood
_cboc.asp](http://www.prescott.va.gov/locations/cottonwood_cboc.asp)

Prescott:

500 Hwy 89N, Prescott, AZ 86313
928-445-4860 | 800-949-1005
<http://www.prescott.va.gov>

Flagstaff:

1300 W. University Ave. Suite 200
Flagstaff, AZ 86001
928-226-1056 or 800-949-1005 X 5650
[http://www.prescott.va.gov/locations/Flagstaff_CB
OC.asp](http://www.prescott.va.gov/locations/Flagstaff_CB
OC.asp)

Housing

Catholic Charities

[http://catholiccharitiesaz.org/veteran-
services/00001j](http://catholiccharitiesaz.org/veteran-
services/00001j)
Supportive Services for Veteran Families:
Catholic Charities Community Services is committed
to helping Veterans and Veteran families to achieve
stability through permanent housing. We assist

Veterans and Veteran families who are homeless or
at-risk of becoming homeless through the
Supportive Services for Veteran Families program.
Eligibility requirements apply.
Cottonwood Office: 928-634-4254 ext. 0

Flagstaff Housing Authority

928-526-0002
<http://www.hud.gov/utilities/intercept.cfm?>
3481 N. Fanning, Flagstaff, AZ 86004
Administers long-term subsidized housing
assistance.

Flagstaff Shelter Services

216 W. Phoenix Ave., Flagstaff, AZ 86001
928-225-2533
Hours 7:30am-noon M-W & F-Sat. Offers showers,
laundry, mail & phone services, plus treatment and
job training to homeless men & women. From Oct.
18- April 14, provides overnight shelter and a hot
daily meal. <http://www.flagstaffshelterservices.org/>

HUD Services and Shelters in Coconino County

[http://www.hud.gov/local/az/homeless/sheltersinf
o.cfm](http://www.hud.gov/local/az/homeless/sheltersinfo.cfm)
Provides a list of local emergency shelters for men,
women and children.

Health Care for Homeless Veterans 877-222-8387 /

<http://www.va.gov> Offers outreach, clinical
assessments and referrals for medical and mental
health care, transitional residential assistance, links
to permanent housing, and employment assistance.

Legal Aid

DNA People's Legal Services

928-774-0653 / <http://www.dnalegalservices.org/>
2323 E. Greenlaw Ln., Flagstaff, AZ 86004
Hours Tuesday 9:00-11:00 & 1:00-3:00. Offers free
legal advice and services for low income or indigent
people. New intakes 1:30pm – 4pm Tuesdays -

JacksonWhite Attorneys at Law

1-800-243-1160 / 1-480-464-1111

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JacksonWhite will prescreen anyone for Arizona Long-Term Care System (ALTCs) and VA for free and give guidance in this area.

<http://www.arizonaseniorlaw.com/legal-services/veterans-affairs/>

[Form to Report Revisions to Mental Health Resources Guide](#)

To report any updates or revisions, or to add/delete an agency, please fill out this form and e-mail it directly to Rose Boerner, rboerner14@gmail.com or mail it to: Rose Boerner, NAMI Sedona, P. O. Box 3865, Sedona, AZ 86340.

Please make the following revisions to the Resources Guide:

Resource Category: _____ Page Number: _____

Name of Organization

From: _____ To: _____

Address

From: _____ To: _____

E-mail address

From: _____ To: _____

Phone number

From: _____ To: _____

Website

From: _____ To: _____

Contact Person(s)

From: _____ To: _____

Description of Services

From: _____ To: _____

To add or delete an agency, please provide the name and all relevant contact information here:

_____	_____
_____	_____
_____	_____
_____	_____
