# Prostate Cancer Screenings

POP—Prostate Cancer Screenings for Benefit Eligible Employees & Spouses of YCT



**Hosted by: Yavapai Combined Trust** 

Friday - September 16th, 2022

7:00am - 2:00pm

Saturday - September 17th, 2022

7:00am - 11:00am

201 S. Montezuma Street Prescott, AZ 86303

\*Corner of Goodwin & Montezuma Street\*

(Mobile Unit on-site times are subject to change based on scheduled appointments)



<u>Appointments are Required—</u> Call to Schedule Your Appointment Today! 480-964-3013 or 1-800-828-6139



**Prostate Cancer Screenings Includes the Following:** 

PSA (Prostate Specific Antigen) Blood Draw
DRE (Digital Rectal Exam)
Testicular Exam
Board Certified Urologist Consultation



If you are not covered by Yavapai Combined Trust, we accept the following insurances:

AETNA/Blue Cross Blue Shield/Cigna/Health Net/United Health Care

Do Not Have Insurance? – Cost is \$81, due at the time of service. Medicare is NOT Covered.

## PROSTATE CANCER FACTS



#### **National Statistics:**

- After skin cancer, prostate cancer is the most diagnosed cancer in American men and the second leading cause of cancer death.
- Prostate cancer is twice as common and has more than twice the mortality rate in African-American men as it has in Caucasian men.
- Approximately 232,090 new cases of prostate cancer will be diagnosed in the U.S.,
   That represents one man diagnosed with prostate cancer every two minutes.
- Approximately 31,800 men will die from the disease. *That represents one man dying every seventeen minutes.*
- The lifetime probability of developing prostate cancer is 1 in 7.

#### **Arizona Statistics:**

- 3.900 new cases and 550 deaths.
- After skin cancer, the most diagnosed cancer in Arizona, and the second cause of cancer death in men.

### According To "POP"

- All men 40 years of age should have an annual digital rectal examination (DRE).
- All men 40 years and older should be offered a prostate specific Antigen blood test (PSA) annually by their doctors.
   If not offered, men should request information about this test and insist on having a PSA evaluation.
- Men with a family history of prostate cancer and African-American men should be offered a DRE and PSA test Annually starting at age 37. If not offered, these men should request in formation about this test from their doctors while mentioning their family history or racial risk and request that these exams be done.
- The 5-year survival rate for patients whose cancer is caught while still confined to the prostate is 100%, while the 5-year survival rate for those men diagnosed with advanced cancer is only 34%.
- Prostate cancer often develops without symptoms. Annually testing with PSA and DRE can lead to early detection and cancer confined to the prostate that has a significantly higher cure rate. Awareness about the risk of prostate cancer is a critical issue for Arizona's families. Know what your PSA numerical result is every year. Do not accept: "your PSA is normal". Ask for the actual number. The value of PSA testing is the rate of change from one year to the next.