

◊ PRESCOTT ◊

COMMUNITY EDUCATION & EXPERIENTIAL LEARNING

Winter/Spring 2026 Schedule

**CALL 928-717-7755
TO REGISTER OR
BROWSE ONLINE!**

www.yc.edu/commmed
www.yc.edu/travel

Yavapai
COLLEGE

HANDS-ON LEARNING | SPECIAL INTEREST | TRAVEL & LEISURE

WELCOME TO COMMUNITY EDUCATION

From the Manager of Prescott Community Education and College for Kids Programs

Haley Green



Welcome to Winter/Spring 2026 at Yavapai College with Prescott Community Education!

Community Education – Prescott offers classes to learn new skills and have fun while learning. With no tests or grades, it's the perfect time to explore an interest, enhance your creative expression, increase your personal wellness, and add a new hobby to your life! Our instructors live and work in our community, and we have put together a selection of educational, personal enrichment and special interest courses we hope you will enjoy.

Be sure to enroll early to avoid cancellations. To browse and register, visit our website: www.yc.edu/commed.

Experiential Learning Trips include opportunities to explore the vast landscapes of central and northern Arizona. Travel the back roads to see local history come alive! Most trips depart from the Yavapai College Prescott Campus but be sure to check trip details for pick-up availability at Camp Verde. Trips fill up quickly.

Space is limited to 10 passengers per van, so be sure to sign up early at: www.yc.edu/travel.

Teach Non-credit! Do you want to teach a non-credit class for Community Education? Earn a little and share a lot!

To share your passion or area of expertise for non-credit adult or children's classes, please contact us at: commed@yc.edu.

We hope to see you on the Yavapai College's Prescott campus this Winter/Spring semester! The Community Education office is in Building 31, Room 108. Mon-Fri, 8 am – 5 pm. Visit our website or give us a call at **[928] 717-7755** for assistance and to register.

Enjoy!



Visit www.yc.edu/commed or call 928-717-7755 to register

Where Lifelong Learning Flourishes

Table of Contents

Welcome	Inside Cover
Refund/Cancellation Policies	3
• Other Ways to Register	
• Age Requirements	
• Fees	
• Refund/Cancellation Policies	
Animals	4
Arts & Crafts	4-5
Computers & Technology	5
Experiential Learning - Travel	17-24
• Experiential Learning Activity Rating Chart	24
• VIRTUAL Experiential Learning Videos	26
Finance, Investments & Retirement	5-7
Food & Gardening	7
Health & Wellness	7-9
History & Culture	9
Language	10-11
Life Skills	12
Martial Arts	13
Music, Movement & Dance	13
Philosophy, Psychology & Spirituality	13-14
Photography	14
Recreation	14
Writing & Publishing	14-15

EXPERIENTIAL LEARNING
Educational trips throughout
the Southwest and beyond!
Pages 17-24



www.yc.edu/commed

Your next adventure in learning is just a click away!

- Browse and pay for classes and trips online
- View instructor biographies
- Read course descriptions and trip itineraries

Visit www.yc.edu/commed and click on the link Browse and Register.

Other Ways to Register:

Register by phone: (928) 717-7755

Monday through Friday, 8:30 am – 4 pm

Walk-in registration at Building 31, Room 108 on the Prescott Campus. See map on last page.

Age Requirements:

Community Education classes are open to the public, ages 14+. Students under 18 attending a class must seek prior approval and have a completed Minor Student Permission form signed by parent or legal guardian.

Experiential Learning trips are open to the public and students 18+ years.

Fees:

Tuition fees are due and payable at time of registration. Fees vary in accordance with class length and other expense factors. Classes must meet minimum enrollment. In the event of any administrative cancellation, you will receive a full refund of your tuition.

Please enroll early. Classes will be cancelled one to two weeks prior to the start date if enrollment is too low.

Refund/Cancellation Policies

Community Education

More than 14 days before course start = Full Refund

8-13 days before course start = 50% Refund

7 days or less = No Refund

No Refunds given after course start date

Experiential Learning

Day Trip Cancellation

21 days or more prior to departure = Full Refund

15-20 days = 75% Refund

14 days or less = No Refund

[Unless substitute student is identified]

COMMUNITY EDUCATION COURSES

ANIMALS

■ NURTURING THE HUMAN-ANIMAL BOND: SUPPORT, RITUALS, AND HEALING

PCE-WS26-101 • Tue, 2/3 to 3/10/2026

5:30 - 7:30 pm

Bldg 31, Room 102 • Prescott Campus

PCE-WS26-102 • Tue, 3/31 to 5/5/2026

[No class on 4/7/26]

2 - 4 pm

Bldg 31, Room 102 • Prescott Campus

In this course, you'll explore how to connect with and support your animal companions on a deeper emotional and spiritual level. Together, we'll learn to hold compassionate space through the challenges of animal loss, create rituals for life transitions, and design personalized blessings during times of illness or change. We'll also focus on self-care for caregivers, practice healing energy techniques, and explore honoring the bond with animals after loss. Through hands-on activities and group discussions, you'll discover heartfelt ways to nurture the human-animal connection throughout every phase of life. **A \$10 materials fee payable to the instructor at the first class.**

Jennifer Baker • \$100

■ PET CPR & FIRST AID

PCE-WS26-103 • Thu, 2/5/2026

5 - 8 pm

Bldg 31, Room 101 • Prescott Campus

This course teaches students Basic Life Support CPR techniques useful in recognizing and responding to cardiac and breathing emergencies. First aid for pets discusses common techniques, i.e. allergic reaction, heat stroke, restraint, you can provide at home for your pet. This class includes a power point presentation followed by a live dog demonstration and manikin experience.

Valerie Maldonado • \$75

ARTS & CRAFTS

■ CREATIVE CLAY: 6 WEEKS

PCE-WS26-104 • Wed, 2/4 to 3/11/2026

10 am - 12:30 pm

Bldg 31, Room 102 • Prescott Campus

PCE-WS26-105 • Wed, 4/1 to 5/6/2026

10 am - 12:30 pm

Bldg 31, Room 102 • Prescott Campus

Feeling a little ungrounded and disconnected from your creative side? Then come and get your hands dirty and reconnect to your personal creative expression using Earth's most primal element - Clay! Emphasis will be on relaxing and enjoying the process of opening up to creative expression through the experience of working with clay. This 6-week class will start with a basic introduction, and then students will progress through hand-building techniques, including pinch pots, coil building, slab construction, press molds and more. This is a beginner level class. Class limit - 10 students. Sign up Early! **All supplies included in tuition.**

Denise Incao • \$200

■ PAINTING & DRAWING ARIZONA PLANT, WILDLIFE, LANDSCAPE AND PET PORTRAITURE

PCE-WS26-106 • Tue, 2/3 to 3/10/2026

11 am - 1:30 pm

Bldg 30A, Room 126 • Prescott Campus

PCE-WS26-107 • Tue, 3/31 to 5/5/2026

11 am - 1:30 pm

Bldg 30A, Room 126 • Prescott Campus

This is a fun art class, open to all media. Students bring their own art supplies. The instructor will bring some art supplies. Instructor will bring photo reference for the students to work from. As for animal and pet portraiture, the students are to bring their own photo reference. This reference should have a head no smaller than 5 inches in height. Regarding all subject, the instructor will be teaching the trace and transfer method to help the student with accuracy. If the student prefers to draw from their reference eye to hand, or from their imagination this is equally invited. **Suggested supply list available or bring your own art supplies to class.**

Ken Ottinger • \$125

■ WATERCOLOR FOR BEGINNERS

PCE-WS26-108 • Thu, 2/5 to 3/12/2026

5:30 - 7 pm

Bldg 31, Room 102 • Prescott Campus

PCE-WS26-109 • Thu, 4/2 to 5/7/2026

5:30 - 7 pm

Bldg 31, Room 102 • Prescott Campus

This is a fun watercolor class. The subjects are Arizona Plants, Landscape and Wildlife. You may also choose to add Pet Portraiture. We will use the trace and transfer method to aid you in recreating a drawing of your chosen subject. Drawing eye to hand or from imagination is also encouraged. Watercolor paint in tubes and watercolor pencils are preferred. Photo reference will be supplied on the Arizona subjects, however, if the student prefers to bring their own that is fine. If pet portraiture is your choice the student will want to supply their own photo reference.

Suggested supply list available or bring your own art supplies to class.

Ken Ottinger • \$125

■ BEGINNING PASTEL PAINTING

PCE-WS26-110 • Mon, 2/2 to 2/23/2026

9 am - 12 pm

Bldg 31, Room 102 • Prescott Campus

Pastel medium is the purest medium of all and has beautiful rich colors! Class will be taught from the beginning using processes and supplies needed to paint with soft/hard pastels. There will be some minor drawing needed to begin each project and instructor will demonstrate how to do an underpainting and complete a painting. First project for everyone will be an apple then students will begin working on whatever the student chooses [bring photos]. **Suggested supply list available for students to purchase on their own, plus \$10 to the instructor at time of class.**

Francis Leon Beegle • \$100

■ CONTINUING ACRYLIC PAINTING

PCE-WS26-111 • Mon, 3/30 to 4/20/2026

9 am - 12 pm

Bldg 31, Room 102 • Prescott Campus

This is Part 2 of the acrylic painting class that offered in the Fall of 2025. Here we will be drawing (working on shapes) and will allow students to pick subjects - landscapes and/or still lifes - they would like to paint. It will be a little more complex. In painting, we will discuss values, complimentary color, and sharp & soft edges. We will be painting a still life that instructor sets up on Day 2. Day 3 is free for continuing or beginning a new painting. If any student would like to work on a portrait, the instructor will explain the colors used in a face, light, and shadows on Day 4. **Suggested supply list available for students to purchase.**

Francis Leon Beegle • \$100

■ RECYCLED COLLAGE

PCE-WS26-112 • Sat, 2/7/2026

10 am - 4 pm

Bldg 31, Room 102 • Prescott Campus

In this workshop you will be instructed in paper collage with additions of metal, wood and hard ephemera, acrylic painting, antiquing techniques, and assembling your work to achieve a cohesive look in your overall art. Each piece will have a theme, color, and subject direction. Age your art pieces to perfection, adding interesting conversations from viewers with little effort.

Instructor will provide a supplies list for student to purchase on their own.

Cindy Kovack • \$100

COMPUTERS & TECHNOLOGY

■ HOW TO USE CHATGPT | ARTIFICIAL INTELLIGENCE –

A BASIC INTRODUCTION

PCE-WS26-113 • Sat, 4/4/2026

1 - 2 pm

Zoom •

PCE-WS26-114 • Fri, 4/10/2026

2 - 3 pm

Zoom • Online

Whether you are a Senior, a stay-at-home parent, a busy professional, or a curious bystander, this easy, fun class is for you. The instructor lays out what ChatGPT, the artificial intelligence program could do for you -- from making greeting cards, to finding what movies to watch, learning new recipes, to finding cheap air flights, to writing e-mails, to producing resumes for your job hunt. No prior knowledge necessary.

Preethi Fernando • \$55



■ PLAYING WITH PROMPT POWER: A GENTLE INTRODUCTION TO CHATGPT

ZCE-WS26-126 • Thurs, 4/2/2026 - 4/16/2026

11:30 - 12:30

Zoom • Online

Join our Intro to ChatGPT and Writing Prompts class, designed for anyone curious about how AI can enhance creativity and problem-solving. In this beginner-friendly course, you'll learn how to use ChatGPT to generate fun and thought-provoking writing prompts, brainstorm ideas, and spark your imagination. Whether you're looking for inspiration for a project, a hobby, or just a fun way to explore your thoughts, this class will show you how to interact with AI to unlock new possibilities. No experience with ChatGPT is required—just bring your curiosity and a desire to create! Students will need a free (or Plus) Open AI/ChatGPT account.

Jerry Zaryczny • \$78

FINANCE, INVESTMENTS & RETIREMENT

■ A PERSONAL FINANCE CLASS FOR HARD WORKING PEOPLE WANTING TO GET OUT OF DEBT

PCE-WS26-115 • Fri, 3/6/2026

2 - 3 pm

Zoom •

PCE-WS26-116 • Sat, 4/4/2026

11 am - 12pm

Zoom • Online

You will look at your financial life and identify what's working for you, what's going against you and how to make the shift to becoming financially wealthy. We look at your larger financial picture - together. Our relationship with money and how we feel about money dramatically affects our wallet. A rich mindset matters. Have multiple sources of income. Say no to continuously picking up a family member's financial burdens and irresponsible behavior. What are your money leaks? Don't fall for financial scams. Start a side hustle from home and increase your ability to earn.

Preethi Fernando • \$55

COMMUNITY EDUCATION COURSES

■ KEEP IT SIMPLE! AN INTRODUCTION TO INVESTING

PCE-WS26-117 • Wed, 1/28 to 2/11/2026

2 - 4 pm

Bldg 3, Room 206 • Prescott Campus

PCE-WS26-118 • Wed, 4/1 to 4/15/2026

2 - 4 pm

Bldg 3, Room 269 • Prescott Campus

Do you understand the difference between an exchange-traded fund and a mutual fund? How about a municipal bond or how annuities work? Investing doesn't have to be complicated. With so many options, research, and analysis available to today's investors, making good decisions can seem overwhelming. Gain a working glossary to understand the world of investing. Learn a basic structure to assist in deductive decisions, and a fundamental framework to discuss the global marketplace. There will be time to learn about some of the pitfalls in financial planning and shared tips and insights on working with attorneys, accountants and advisors.

John Farmer • \$45

■ MEDICARE & MEDICARE COVERAGE BASICS

PCE-WS26-119 • Wed, 4/15 & 4/22/2026

9:30 am - 11 am

Bldg 4, Room 114 • Prescott Campus

Medicare will be explained in everyday terms: what it does and does not cover, what to expect and how to navigate the system. Learn the ins and outs of Medicare prescription drug plans, Medicare supplements, and Advantage plans. Get a comprehensive overview from a specialist with over 28 years of experience in Arizona. ***This is an educational event designed to inform about Medicare and Medicare related programs.***

Shauna Brown • \$75

■ THE BASICS OF ESTATE PLANNING

PCE-WS26-120 • Wed, 2/18/2026

2 - 4 pm

Bldg 3, Room 206 • Prescott Campus

PCE-WS26-121 • Thu, 4/2/2026

2 - 4 pm

Bldg 3, Room 206 • Prescott Campus

This class will unpack the three pillars of estate planning: Financial Planning, Tax Planning, and Beneficiary Planning. You will understand the basic concepts of how your estate transfers when you pass away. Attendees will examine the critical nuances of estate planning and key principals of trusts, wills, probate, power of attorney, etc. and much more!

John Farmer • \$45

■ SECURE A LASTING LEGACY: PLANNED GIVING

PCE-WS26-122 • Thu, 2/12/2026

2 - 4 pm

Bldg 3, Room 269 • Prescott Campus

PCE-WS26-123 • Thu, 4/9/2026

2 - 4 pm

Bldg 3, Room 206 • Prescott Campus

Learn how to secure a lasting legacy for the causes you care about. This class on planned giving will demystify the process of making future gifts, such as bequests in a will, charitable trusts, and gift annuities. Discover how these powerful tools can help you achieve your financial goals while ensuring our mission continues for generations to come. We'll cover the basics of planned gifts and their potential tax benefits, showing you how to make a significant impact without affecting your current lifestyle. Create your personal legacy and secure a brighter future for our work.

John Farmer • \$45

■ SOCIAL SECURITY AND RETIREMENT

PCE-WS26-124 • Tue, 4/7/2026

6 - 9 pm

Bldg 3, Room 269 • Prescott Campus

Learn what you need to know about social security and retirement. We will discuss how your social security is calculated, the taxation of benefits, and ways to calculate when to take benefits. This class will help you understand the risks you face in retirement and help you create a strategy to mitigate those risks. Over 70% of Americans receiving social security today depend on it for half of their income. Planning for retirement can be complicated and knowing when to take your social security benefit can be one of the most important decisions in retirement.

Jonathan Zweifel • \$75

■ UNDERSTANDING ANNUITIES

PCE-WS26-125 • Thu, 2/19/2026

2 - 4 pm

Bldg 3, Room 206 • Prescott Campus

PCE-WS26-126 • Thu, 4/16/2026

2 - 4 pm

Bldg 3, Room 206 • Prescott Campus

Demystify the world of annuities and discover how they can or should not fit into your financial plan. This class will provide a clear, jargon-free overview of different types of annuities, including fixed, variable, and indexed. You'll learn how these financial products can provide a steady income stream in retirement and offer tax-deferred growth. We'll explore the pros and cons, helping you understand their role in managing risk and creating a reliable income for your future. Secure your financial peace of mind by understanding how annuities work.

John Farmer • \$45

■ WHEN CAN I RETIRE?

PCE-WS26-127 • Tue, 2/24/2026

6 - 9 pm

Bldg 3, Room 269 • Prescott Campus

Do you know what you need to retire? Whether or not your social security will be taxable and how to invest your savings to create an income to live on? If you are close to retirement or currently retired come and learn ways improve your retirement income plan or create one. You will be taught financial planning techniques and investments options along with tax considerations for retirement income planning. Former students have commented: "This class helped me understand the investments I own in plain English" and "I learned how much income I can expect to receive from my investments."

Jonathan Zweifel • \$75

FOOD & GARDENING

■ THE LAZY GARDENER: GARDENING WITH NATIVE PLANTS

PCE-WS26-128 • Mon, 2/2 to 3/9/2026

1 - 2:30 pm

Bldg 31, Room 102 • Prescott Campus

PCE-WS26-129 • Mon, 3/30 to 5/4/2026

1 - 2:30 pm

Bldg 31, Room 102 • Prescott Campus

If you love to garden but don't want to devote much time, energy, or just plain muscle power to a garden, native plants are for you! You can transform your garden into a haven for birds, bees, and butterflies, while conserving water, ending dependence on fertilizers, and reducing your gardening workload. There are hundreds of gorgeous native plants that also provide food, nesting material, and shelter for many species of wildlife. Students will assess and map their garden space, learn the basics of planting, and maintaining a native plant garden, and learn to replicate nature's gardening strategies.

Kathleen Dickinson • \$100

■ COOKING CRASH COURSE: BAKING BREADS

PCE-WS26-131 • Tue, 4/7/2026

5:30 - 8:30 pm

Bldg 4, Room 201 (meet here) & Bldg 4, Room 220 (Kitchen) • Prescott Campus

This is a hands-on and hands-in class covering basic bread mixing, dough handling, and baking in several variations. Includes information on a variety flours (from white to whole wheat) and on the science of bread. Recipes and supplies provided. Everyone goes home with samples and a bag of fresh dough to work up and bake at home.

Molly Beverly • \$100

■ COOKING CRASH COURSE: TAMALES

PCE-WS26-132 • Tue, 2/10/2026

5:30 - 8:30 pm

Bldg 4, Room 201 (meet here) & Bldg 4, Room 220 (Kitchen) • Prescott Campus

Learn everything to know about making delicious tamales with hands-on experience. We'll make tamales such as: red chile, green chile, chicken jalapeno, green corn, tomatillo fish, vegan mushroom, pineapple coconut and sweet bean. Take home recipes and samples as part of the learning! Gluten free.

Molly Beverly • \$100



HEALTH & WELLNESS

■ CRYSTAL SOUND BOWL MEDITATION

PCE-WS26-135 • Wed, 2/4 to 3/11/2026

6 - 7:30 pm

Bldg 31, Room 101 • Prescott Campus

Sound Healing is a practice that utilizes vibrations and frequencies from a variety of crystal quart singing bowls, the 7 precious metal bowls, gongs and chimes which promote relaxation and improve wellness. A sound bath session can calm our minds, reduce stress and anxiety, and increase feelings of mindfulness. Aromatherapy, sage and a herbal tea ceremony are also incorporated into this ceremonial event.

Catherine Rousseau • \$185

COMMUNITY EDUCATION COURSES

■ HOW TO FIND YOUR PERSONAL PLANT HEALERS & ALLIES

PCE-WS26-130 • Sat, 4/11 to 4/25/2026
10 - 11:30 am
Bldg 31, Room 102 • Prescott Campus

Modern science has only recently discovered that plants are sentient beings who communicate with each other by creating intricate ecosystems. They have much to tell us as well! For centuries traditional medicine healers have considered the plant world to be a source of teachers, guides and allies. This mini course is designed for plant lovers and curiosity seekers who wish to deepen their connection to the green beings who make up the majority of life forms on planet earth. Content will introduce how plants offer physical, emotional and spiritual medicine that can be healing on both individual and global community levels.

Linda M. Crider • \$80

■ MEDITATION AND MINDFULNESS FOR WELL-BEING

PCE-WS26-136 • Fri, 2/6 to 3/13/2026
10 - 11:30 am
Bldg 3, Room 270 • Prescott Campus

In this 6-week course, students will learn practical techniques to enhance mental, emotional, and physical well-being through mindfulness and meditation. Each week, participants will explore a new practice, including breath awareness, body scanning, stress management, and applying mindfulness in their own lives. Classes will feature guided meditations, interactive discussions, and practical exercises designed to deepen self-awareness and reduce stress. Students will also participate in a group project aimed at bringing mindfulness to the community. Whether new to meditation or looking to strengthen an existing practice, students will gain skills to cultivate inner peace, focus, and resilience.

Dee Anderson • \$95

■ MEN'S HEALTH MATTERS: A FOCUS ON PROSTATE CANCER

PCE-WS26-137 • Thu, 2/5 to 3/5/2026
1 - 2:30 pm
Bldg 4, Room 114 • Prescott Campus

Prostate cancer is the most common cancer among men - but when detected early, it is also one of the most successfully treatable, and most men go on to live long healthy lives after their treatment. Our interactive, evidence-based workshop gives you the supportive space to ask questions, get answers, and discuss key issues with others, including but not limited to enlarged prostate, erectile dysfunction, hormonal imbalance, and the powerful role that nutrition, diet, stress management, and exercise play in improving vitality and reducing the risk of disease.

Jonathan Levy • \$95

■ QIGONG - M/W

PCE-WS26-138 • Mon/Wed, 2/2 to 3/11/2026
10:30 - 11:30 am
Bldg 15, Room 260 • Prescott Campus
PCE-WS26-139 • Mon/Wed, 3/30 to 5/6/2026
10:30 - 11:30 am
Bldg 15, Room 260 • Prescott Campus

Qigong gently and effectively helps us to reduce stress, increase energy, breathe deeply, relax, heal and feel better by allowing our body, mind, and spirit to return to a state of balance, harmony, and health. Practicing Qigong consistently effectively provides stress relief, reduced pain, enhanced immune function, improved balance, increased flexibility, aids in recovery, and so much more. Class consists of gentle warmups, deep breathing exercises, slow flowing movements, meditation, and self-massage. All movements are clearly cued and taught for maximum effectiveness. Movements are done either standing or sitting in a chair. Dress is comfortable clothes. No experience necessary.

Tara "Taja" Tech • \$110

■ QIGONG - T/TH

PCE-WS26-140 • Tue/Thu, 2/3 to 3/12/2026
10:30 - 11:30 am
Bldg 31, Room 102 • Prescott Campus
PCE-WS26-141 • Tue/Thu, 3/31 to 5/7/2026
10:30 - 11:30 am
Bldg 31, Room 102 • Prescott Campus

Qigong gently and effectively helps us to reduce stress, increase energy, breathe deeply, relax, heal and feel better by allowing our body, mind, and spirit to return to a state of balance, harmony, and health. Practicing Qigong consistently effectively provides stress relief, reduced pain, enhanced immune function, improved balance, increased flexibility, aids in recovery, and so much more. Class consists of gentle warmups, deep breathing exercises, slow flowing movements, meditation, and self-massage. All movements are clearly cued and taught for maximum effectiveness. Movements are done either standing or sitting in a chair. Dress is comfortable clothes. No experience necessary.

Tara "Taja" Tech • \$110

■ TAI CHI: THE SIMPLIFIED 24-FORM

PCE-WS26-142 • Fri, 2/6 to 3/13/2026
2 - 3:30 pm
Bldg 2, Room 140 • Prescott Campus

For both beginning and continuing students, this fun class teaches the 24 movements of the most popular Chinese Government-approved Yang style "Simplified Form". You will learn how to maximize the flow of Chi [energy], Tai Chi philosophy, history, and Mindfulness through the series of movements that are slow, continuous, relaxed, and focused. Like all Tai Chi Forms, it combines "moving meditation" with gentle revitalizing exercise as the students benefit from improved strength, conditioning, coordination, flexibility, and balance. Students also report experiencing increased energy, reduced stress, reduced pain, enhanced sleep, and/or feelings of wellbeing.

Larry Bates • \$95

■ TAI CHI: THE FAMOUS 108 LONG FORM, PARTS 1 & 2A

PCE-WS26-143 • Sat, 1/31 to 3/7/2026

2 - 3:30 pm

Bldg 2, Room 140 • Prescott Campus

This exciting class will capture all the information and benefits of the 24 Form as you learn this Yang Style Form. Previous Tai Chi experience of ANY style Tai Chi is recommended (at least four classroom hours) BUT not required. The class emphasis/focus will be on health and wellness and “cultivating your inner chi”. We will emulate our “virtual mentor”, Grand Master Kai Ying Tung’s (Tung Family Tai Chi) approach as you assimilate the major Tai Chi principles. For a demo of his approach please search “Tai Chi Tung” on YouTube. Choose the 16’01” video.

Larry Bates • \$95

■ THE 5 ELEMENTS OF WHOLENESS

PCE-WS26-144 • Thu, 2/5 to 3/12/2026

6 - 7 pm

Bldg 3, Room 270 • Prescott Campus

In this class students will explore five teachings that support overall wellness: stillness, sound, intuition, movement, and ether. Each class offers an experiential dive into these elements, fostering stress reduction, improved mood, deeper alignment, novel insights, and increased creativity. For example, in ‘sound’, students will learn how to use their own voice as a mechanism of self-healing. Participants will develop a tangible relationship with these tools, gaining confidence to apply them in their lives. This course is both an excellent introduction for anyone new to self-connection and serves as a meaningful deepening experience for people on a journey of self-care and knowing.

Anayza Stewart • \$85

■ UNLOCK YOUR CREATIVE POTENTIAL: HYPNOSIS FOR ARTISTS AND CREATIVES

ZCE-WS26-125 • Thurs, 2/11/2026 - 3/4/2026

5 - 6:30 pm

Zoom • Online

Are you looking to break through creative blocks and unlock new levels of artistic expression? In this class, you’ll learn how to use hypnosis to access your creativity, overcome self-doubt, and silence the inner critic. With guided hypnosis sessions, explore ways to enhance your focus, boost your imagination, and access a deeper state of flow in your creative process. This course provides you practical tools/techniques to unleash your full creative potential. Enhance focus and mindfulness in your creative practice. Access deeper levels of inspiration. No prior experience with hypnosis needed. Class is open to artists and creatives of all levels.

Jerry Zaryczny • \$95

■ WOMEN’S SELF PROTECTION TRAINING

PCE-WS26-145 • Sat, 1/31 to 3/7/2026

10 - 11 am

Bldg 31, Room 101 • Prescott Campus

PCE-WS26-146 • Sat, 4/4 to 5/9/2026

10 - 11 am

Bldg 31, Room 101 • Prescott Campus

This course is designed to empower women to effectively recognize, respond to, and recover from physical, emotional and psychological threats. This course will teach real world self-defense skills, situational awareness, boundary setting, de-escalation techniques, emotional resilience and mindset mastery, as well as empowerment through community and knowledge.

Donald Stamile • \$85

■ YOGA DECONSTRUCTED

PCE-WS26-147 • Mon, 2/2 to 3/9/2026

5:30 - 6:30 pm

Bldg 2, Room 140 • Prescott Campus

PCE-WS26-148 • Mon, 3/30 to 5/4/2026

5:30 - 6:30 pm

Bldg 2, Room 140 • Prescott Campus

Discover the basic foundations of yoga in this beginner-friendly workshop. Designed for those new to yoga or looking to revisit the basics. This interactive course focuses on safe movement and adapting common yoga poses to suit individual needs and mobility levels. This workshop environment will allow you to create a personalized practice and stretching routine you can do at home. No previous experience is required. **Please bring a yoga mat.**

Sarah Luchetta • \$85

HISTORY & CULTURE

■ ARIZONA MINING HISTORY

ZCE-WS26-124 • Tues, 2/10/2026 - 3/10/2026

5:30 - 6:30 pm

Zoom • Online

This course will focus on the history of mining throughout Arizona. From minerals mined by Native Americans to the mineral discoveries made by European settlers followed by the United States during its westward expansion. Learn why copper is one of the 5Cs in Arizona. Coverage includes some of the individuals who sought to exploit Arizona’s vast mineral wealth. Learn about Arizona’s Copper Kings and the towns they founded based upon the mineral wealth extracted. Understand the significance of Arizona’s vast mineral wealth and its contribution to industry in the United States and the world.

William Ascarza • \$95

COMMUNITY EDUCATION COURSES

LANGUAGE

■ CONVERSATIONAL FRENCH

PCE-WS26-157 • Mon, 2/2 to 3/9/2026

3:15 - 5:15 pm

Bldg 3, Room 206 • Prescott Campus

PCE-WS26-158 • Mon, 3/30 to 5/4/2026

3:15 - 5:15 pm

Bldg 3, Room 206 • Prescott Campus

This course is made for those who have already taken French classes and would like to brush up on their conversational skills. If you would like the opportunity to fully immerse yourself in the language, this class is for you! Review grammar and language through interactive activities and conversations with the instructor. *Please note: This class is entirely in French.*

Sarah Luchetta • \$125

■ CONVERSATIONAL SPANISH 2 - ONLINE

PCE-WS26-163 • Wed, 2/4 to 3/4/2026

5:30 - 7 pm

Zoom • Online

This online course seeks to build on an understanding of basic elements of Spanish used daily when interacting with Spanish speakers. This focuses primarily on speaking and listening in Spanish, so expect to practice a lot with those two skills. We'll be primarily speaking and listening a lot and doing that in class, so coming to our weekly Zoom meetings is absolutely essential! Outside of class, I encourage you to be doing some speaking and listening as well!

Beth Van Oss • \$95

■ GERMAN CONVERSATION 1

PCE-WS26-159 • Mon, 2/2 to 3/9/2026

6 - 7:30 pm

Bldg 3, Room 206 • Prescott Campus

PCE-WS26-160 • Mon, 3/30 to 5/4/2026

6 - 7:30 pm

Bldg 3, Room 206 • Prescott Campus

German is back! The class everyone has been asking for: a chance to practice speaking and hearing German and improve your conversational skills. This basic German conversation course will prepare you for traveling in the many German-speaking countries. Master everyday phrases for survival situations such as shopping, dining, and what to say when you are lost. Cultural background information and fun learning will be tailored to the participants to boost confidence and excitement about speaking and understanding German. All new materials provided! Classwork will be enhanced by use of excellent internet resources.

June Mann • \$100



■ GERMAN CONVERSATION 2

PCE-WS26-161 • Thu, 2/5 to 3/12/2026

6 - 7:30 pm

Bldg 3, Room 206 • Prescott Campus

PCE-WS26-162 • Thu, 4/2 to 5/7/2026

6 - 7:30 pm

Bldg 3, Room 206 • Prescott Campus

German is back! Continue to practice your German in this fun conversational course. Using games and role-playing to boost your confidence in German communication skills, you will be amazed at how much progress you make! Language is a "use it or lose it" skill, and this is the way to help make the most of your trip to any German-speaking country, surprise German family members, or chat with your new German-speaking friends. Prerequisite: Beginning German Conversation or conversational familiarity with the language. All new materials provided! Classwork will be enhanced by use of excellent internet resources.

June Mann • \$100

■ INTERMEDIATE CONVERSATIONAL ITALIAN

ZCE-WS26-133 • Mon, 2/2/2026 - 3/9/2026

4 - 6 pm

Zoom • Online

ZCE-WS26-135 • Mon, 3/30/2026 - 5/4/2026

4 - 6 pm

Zoom • Online

Our most popular course for nearly a decade running, Conversational Italian with Sandy Immerso is a showcase for what makes community education so powerful: An excellent teacher, an engaged class-room community, and a fantastic subject. Join one of the most exciting groups of learners west of the Mississippi [but only a hop, skip, and a jump from Italy] today! Please note: This class is intended for individuals with an intermediate-level conversational grasp of the language. This is not a beginner course; if you are interested in Beginning Italian, please contact us at 928-634-6537.

Sandy Immerso • \$118

■ INTERMEDIATE CONVERSATIONAL SPANISH

ZCE-WS26-134 • Mon, 2/2/2026 - 3/9/2026

2 - 4 pm

Zoom • Online

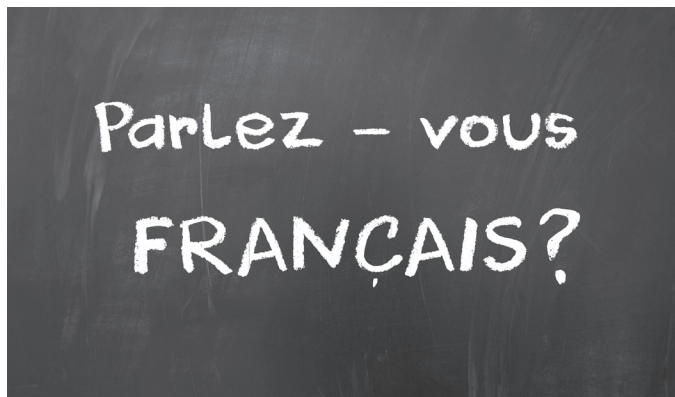
ZCE-WS26-136 • Mon, 3/30/2026 - 5/4/2026

2 - 4 pm

Zoom • Online

After years of teaching the incredibly popular Conversational Italian, beloved instructor Sandy Immerso began teaching a similarly-styled Spanish course in 2019. To no one's surprise, it immediately became a massive hit. Come learn with a welcoming community of Spanish enthusiasts – learn to speak better to communicate with Español speakers every day, or use the occasion to plan for your next trip to a Spanish-speaking country! Please note: This class is intended for individuals with an intermediate-level conversational grasp of the language. This is not a beginner course; if you are interested in Beginning Spanish, please contact us at 928-634-6537.

Sandy Immerso • \$118



■ INTRO TO FRENCH

PCE-WS26-155 • Mon, 2/2 to 3/9/2026

1 - 3 pm

Bldg 3, Room 206 • Prescott Campus

Never taken a French class before? Traveling to France and would like to know how to get around? This course is for you! This is an introduction to French language, culture, and customs. Topics Include: French pronunciation, basic greetings and introductions, numbers and Euros, and everyday vocabulary [food, travel, family, etc.].

Sarah Luchetta • \$125

■ INTRO TO FRENCH - PART 2

PCE-WS26-156 • Mon, 3/30 to 5/4/2026

1 - 3 pm

Bldg 3, Room 269 • Prescott Campus

This is a follow up course for those who have taken the "Intro to French" class. While still an introduction to French language and culture, this class digs a little deeper. Widen your vocabulary, learn more about French customs and traditions, and develop basic conversational skills!

Sarah Luchetta • \$125

■ SPANISH LEVEL 1

PCE-WS26-149 • Tue, 2/3 to 3/10/2026

5:30 - 7:30 pm

Bldg 3, Room 203 • Prescott Campus

PCE-WS26-150 • Thu, 4/2 to 5/7/2026

5:30 - 7:30 pm

Bldg 3, Room 203 • Prescott Campus

Did you know that Spanish is the 4th most spoken language in the WORLD? And if you speak English and Spanish, you can communicate with most of the people on 2 entire CONTINENTS? So, let's start you on your journey to becoming bilingual! In this class you will learn some basic words and phrases in order to count small amounts of money, order food at a restaurant and buy a plane/boat/bus ticket. We will use real objects to learn new vocabulary, play-act various situations and work with a partner or group to practice speaking, all the while having fun!

Rachel Lord • \$160

■ SPANISH LEVEL 2

PCE-WS26-151 • Wed, 2/4 to 3/11/2026

12 - 2 pm

Bldg 3, Room 270 • Prescott Campus

PCE-WS26-152 • Wed, 4/1 to 5/6/2026

12 - 2 pm

Bldg 3, Room 270 • Prescott Campus

Take what you learned in Level 1 and add to it by counting to higher numbers, introducing family, discussing weather, asking for and giving directions, and finding locations on a map. Just like in the Level 1 class, we will use real objects to learn new vocabulary, play-act various situations and work with a partner or group to practice speaking, all the while having fun!

Taking the Level 1 class is not a prerequisite, but being able to count to 20, say a few conversational phrases and conjugate a few verbs is strongly suggested.

Rachel Lord • \$160

■ SPANISH LEVEL 3

PCE-WS26-153 (A) • Thur, 2/5 to 3/12/2026

12 - 2 pm

Blg 31, Room 102 • Prescott Campus

PCE-WS26-154 (B) • Thur, 4/2 to 4/30/2026

12 - 2 pm

Bldg 3, Room 269 • Prescott Campus

In this class we will learn about a number of Latino holidays including in Term A: Dia de los Reyes Magos [3 Kings Day], Candelaria [Candlemas], and Carnaval [Fat Tuesday and extended celebrations], and in Term B: Semana Santa y La Pascua [Holy Week and Easter], Dia de los Ninos [Children's Day] and Cinco de mayo [May 5]. We will also dive more deeply into grammar. After reviewing present tense verbs, we will learn past and future tenses of verbs, as well as prepositions and pronouns. Be prepared to work hard, then play hard as we have fun with a few little celebrations!

Rachel Lord • \$160

COMMUNITY EDUCATION COURSES

LIFE SKILLS

■ LIFE SKILLS ACADEMY - AM

PCE-WS26-164 • Fri, 2/6 to 5/8/2026

9 - 11 am

Bldg 1, Room 226 • Prescott Campus

Ready to experience college life? Join the Life Skills Academy as we explore building skills for a balanced life! Life Skills Academy is specifically designed for young adults with disabilities who are looking to strengthen their skills in a vibrant, fun college setting. You'll gain hands-on practice for a balanced, independent life while learning right here on campus. This semester, we'll dive into essential skills like exploring hobbies, social skills & communication, self-advocacy & goal setting, social etiquette, budgeting, and more. Join us to make the college experience a reality! ***This same class is also offered in the afternoon. No class on 3/20/2026.***

Christine Felton • \$195

■ LIFE SKILLS ACADEMY - PM

PCE-WS26-165 • Fri, 2/6 to 5/8/2026

12:30 - 2:30 pm

Bldg 1, Room 226 • Prescott Campus

Ready to experience college life? Join the Life Skills Academy as we explore building skills for a balanced life! Life Skills Academy is specifically designed for young adults with disabilities who are looking to strengthen their skills in a vibrant, fun college setting. You'll gain hands-on practice for a balanced, independent life while learning right here on campus. This semester, we'll dive into essential skills like exploring hobbies, social skills & communication, self-advocacy & goal setting, social etiquette, budgeting, and more. Join us to make the college experience a reality! ***This same class is also offered in the morning. No class on 3/20/2026***

Christine Felton • \$195

■ CLEAR CONNECTING: BRAIN-BASED COMMUNICATION

PCE-WS26-166 • Fri, 2/6 to 2/27/2026

10 am - 12 pm

Bldg 3, Room 206 • Prescott Campus

Communication is the cornerstone of human interaction and the bridge that connects you to your own decisions, emotions, and ideas - as well as linking you to others. However, being genuine and effective in work and personal relationships requires more than merely appropriate words and gestures. If you want to increase the quality of your interactions with others, this is the opportunity to learn and practice research-based techniques in brain basics, emotional intelligence, and teamwork. Let's collaborate to maximize our interpersonal skills with the nuances of effective communication!

Julia Watson • \$95

■ LEAVING LIGHTLY: HOW TO GET YOUR AFFAIRS IN ORDER

PCE-WS26-167 • Tue/Thu, 2/3 to 2/17/2026

1 - 2:30 pm

Bldg 3, Room 206 • Prescott Campus

Getting your affairs in order is a vitally important task, regardless of your age or health. And the best time to do it is now while you are still healthy. This series looks at several different aspects of getting your affairs in order: recording administrative and financial details, health care and legal documents, ten options for postmortem care, and becoming immortal through digital recording. Getting your affairs in order now gives you the last word, saves your family significant money at the end of life, and is the kindest, most compassionate thing you can do.

Jan Kraft Leinweber • \$95

■ THE CHILD IN YOUR LIFE

PCE-WS26-168 • Thu, 2/5 to 3/12/2026

6 - 7 pm

Bldg 3, Room 269 • Prescott Campus

This introductory course informs participants about the nature of children and the essential skills for working effectively with them. Discover the communication tools, and strategic building blocks to engage youngsters, foster emotional growth, and support the "wild child". This course is ideal for educators, caregivers, parents, babysitters or anyone working with children. This course provides a solid foundation for creating meaningful, supportive connections with the child in your life.

Ben Jensen • \$85

■ TRAVEL MORE, SPEND LESS: POINTS & MILES 101

PCE-WS26-169 • Sat, 4/4/2026

12 - 2 pm

Bldg 31, Room 102 • Prescott Campus

Discover how to make your travel dreams a reality without overspending. This beginner-friendly workshop introduces the essentials of using credit card rewards, airline miles, and hotel points to dramatically cut the cost of trips. Students will learn how to earn points through everyday spending, redeem them for high-value flights and accommodations, and avoid common pitfalls that waste rewards. Real-life examples will illustrate how international and domestic travel can be booked for a fraction of the price. By the end of class, participants will have practical steps to begin planning affordable adventures of their own.

Jennifer Hernandez • \$65

MARTIAL ARTS

■ TAEKWONDO

PCE-WS26-170 • Tue/Thu, 2/3 to 3/12/2026

6:45 - 7:45 pm

Chino Valley Campus Aerobics - Bldg 57, Room 113 • Chino Valley Campus

A non-traditional International Taekwondo Federation class that teaches the Chang Han School katas, forms, side by side with Jiu-Jitsu basics and Kenpo hand techniques. Discover how to balance your mind and body while learning to protect yourself and your loved ones. Students will learn the importance of exercise, diet, and meditation from Master Kirk LaPlace, 6th dan, Aranda's Martial Arts. Ranking is earned, not given. You will learn to excel at life. Perfection is a road, not a destination. Master Kirk will guide you down that road and teach you how to develop the self-confidence to stay on the path.

Master Kirk LaPlace • \$100

MUSIC, MOVEMENT & DANCE

■ BELLY DANCE BASICS AND BEYOND

PCE-WS26-171 • Wed, 2/4 to 5/6/2026

6 - 7:30 pm

Bldg 2, Room 140 • Prescott Campus

Belly Dance is a dance of joy with roots in North Africa and Southwest Asia. Also known as Raqs Sharqi or Oriental Dance, this elegant style is celebrated around the world. This course is perfect for beginners or anyone looking to review and strengthen their technique. The first part of class will focus on teaching, reviewing and refining the basics; the second part will build on the basics to create combinations and choreography. Everyone is welcome. Please wear comfortable clothing and soft dance shoes (or bare feet). **Bring a hip scarf if you have one, loaners will be provided if you don't. No class 3/18/25.**

Kirsten Maclellan • \$165

■ BEGINNING GUITAR 1

PCE-WS26-172 • Mon, 2/2 to 3/9/2026

7 - 8 pm

Bldg 31, Room 102 • Prescott Campus

An introduction to guitar as a musical instrument, that will include Anatomy of a Guitar, basic music Theory for guitar, intro to rhythm and strumming patterns, how to read Tablature, intro to open string chords, how to practice, intro to finger picking, how to hold a guitar, how to hold a pick. Instruction on how to play a melody. Personal instruction and performance feedback on class assignments. This class is for the beginner and would be a good refresher for those with experience. **Suggested items to bring are guitar, tuner, two picks one med and one light, strap or footstool.**

Andy Thacker • \$85

■ BEGINNING GUITAR 2

PCE-WS26-173 • Mon, 3/30 to 5/4/2026

7 - 8 pm

Bldg 31, Room 102 • Prescott Campus

Guitar instruction for those who have completed the Beginning Guitar Class One, or have developed skills from prior guitar instruction. This class is for the Intermediate guitar player and would be a good refresher for those with extensive experience. Theory, song structure, how to choose song materials, and practice strategy to be able to perform the song. **Suggested items to bring are guitar, tuner, two picks one med and one light, strap or footstool.**

Andy Thacker • \$85

PHILOSOPHY, PSYCHOLOGY & SPIRITUALITY

■ CRYSTAL ALLIES

PCE-WS26-174 • Wed, 2/4 to 3/11/2026

6:30 - 7:30 pm

Bldg 31, Room 102 • Prescott Campus

Ready to awaken your inner mystic and dive deep into the world of metaphysical energy? Join us for an electrifying journey through the sacred arts of crystals, divination, intuition, and pendulum work. This isn't just a class—it's a portal to higher consciousness. **\$15-30 supplies payable to the instructor at class: pendulums, energy grids, tumblers stones and crystals.**

Luisa Alvarez • \$100

■ THE KARMA OF FORGIVENESS

PCE-WS26-175 • Tue, 4/14/2026

5:30 - 8:30 pm

Bldg 31, Room 102 • Prescott Campus

Karma is often thought of in negative ways but karma is neither good or bad. It shows up as emotionally charged unresolved situations in our present life. These situations are opportunities to undo fixed perceptions that make you psychologically stuck and gives you feelings that block your peace of mind. Symptoms of being stuck will show itself as anger, guilt, grieving, anxiety, depression and fear. We will talk about the ways we all get stuck and what part "real forgiveness" plays in getting unstuck so that you can continue your journey to peace of mind. Should you choose, you will have an opportunity to share your forgiveness challenges.

Mathias "Matt" Karayan • \$75

COMMUNITY EDUCATION COURSES

■ TREMENDOUS TAROT FOR BEGINNERS

PCE-WS26-176 • Tue, 2/3 to 3/10/2026

12 - 3 pm

Bldg 31, Room 102 • Prescott Campus

We will focus on the basics of tarot: what the cards mean, how to do a basic reading & how to do it intuitively. This beginner's course will introduce the concepts necessary for learning tarot. We'll go through the Minor Arcana, the Court Cards & the Major Arcana. We'll talk about what you need to do before, during & after a reading. The instructor will also introduce some sister disciplines, such as numerology & semiotics. There will be *optional* work given between sessions. **\$20 payable to the instructor at class for each student to get their own tarot deck.**

Raven Legacy • \$150

■ YOUR PATH OF INDIVIDUATION

PCE-WS26-177 • Sat, 1/31 & 2/7/2026

8:30 am - 12:30 pm

Zoom • Online

An introduction to C.G. Jung's key concepts of transpersonal psychology, philosophy, and spiritual growth. The course will explore the five stages of individuation, the Self, persona and shadow, archetypes, the collective unconscious, dreams and active imagination. Through storytelling, writing, and sharing we'll explore archetypes, symbols, dreams, and myths from different cultures to gain access to self-knowledge, creativity and inspiration. This course will be both enjoyable and experiential within a safe space of community and sharing.

Mary Angelon Young, M.S. • \$95

PHOTOGRAPHY

■ INTRODUCTION TO DIGITAL PHOTOGRAPHY

PCE-WS26-178 • Sat, 2/7/2026

8 - 11 am

Zoom • Online

This course is for students that are new to digital photography. You will learn what a RAW and JPEG file are and how they relate to digital images. We will learn about Aperture, Shutter Speed, Manual Mode, and automatic settings. You will be introduced to Color Space, White Balance, and some of the settings on your camera. We will talk about Telephoto and Prime lens, and photo editing programs like Lightroom and Photoshop. **Requirements: Have a digital camera in good working order with a charged battery and a CF Flash Card in the camera. Have your camera manual, pen/paper, and you should be familiar with how to use a computer and be able to create a folder on your computer.**

Jon-Nolan Paresa • \$75

■ INTRODUCTION TO DIGITAL PHOTOGRAPHY

PCE-WS26-179 • Sat, 4/4/2026

8 - 11 am

Zoom • Online

This course is for students that are new to digital photography. You will learn what a RAW and JPEG file are and how they relate to digital images. We will learn about Aperture, Shutter Speed, Manual Mode, and automatic settings. You will be introduced to Color Space, White Balance, and some of the settings on your camera. We will talk about Telephoto and Prime lens, and photo editing programs like Lightroom and Photoshop. **Requirements: Have a digital camera in good working order with a charged battery and a CF Flash Card in the camera. Have your camera manual, pen/paper, and you should be familiar with how to use a computer and be able to create a folder on your computer.**

Jon-Nolan Paresa • \$75

RECREATION

■ BILLIARDS: AN INTRODUCTION

PCE-WS26-180 • Sat, 3/28 to 5/2/2026

9 - 11 am

8367 E Pecos Dr,

Prescott Valley • Barefoot Bob's Billiards

Want to become a sharpshooter and have a great time learning the basics of pocket billiards? This class will take your pool skills to the next level through individualized instruction on aim, stance, stroke and position play. Use practice drills to elevate your shooting skills while learning the rules and strategies of 8 Ball. Expert instruction is provided by an Arizona Hall of Fame inductee. Peter Lhotka is also a Collegiate and Billiard Congress of America national champion.

Classes are held at Barefoot Bob's in Prescott Valley. Handouts and cues are provided. **Must be 21 years of age.**

Peter Lhotka • \$110

WRITING & PUBLISHING

■ JOURNALING: A SMALL RETREAT

PCE-WS26-181 • Wed, 3/11/2026

10 am - 12 pm

Bldg 30A, Room 126 • Prescott Campus

If you have ever made a list, written a poem or a story, sent a holiday letter or kept a day planner, you are a journaler. This workshop will take you beyond the everyday to a place where you can hear yourself, collect your hopes and dreams, remember the moments of your life and maybe even clarify and solve some dilemmas. You will expand your journaling through exercises, techniques and new ways to create different types of journals. **Bring pen and paper.**

Kateri Alexander • \$65

■ MEMOIR WRITING

PCE-WS26-182 • Wed, 4/1 to 5/6/2026

10 am - 12 pm

Bldg 30A, Room 126 • Prescott Campus

Your life is full of unique stories. Bring them to paper in this interactive class full of tips, techniques, discovery, writing and camaraderie. Whether you are thinking about or have started your memoir, this class will keep you motivated.

Kateri Alexander • \$100

■ POETRY WRITING: FROM PAGE TO PERFORMANCE

PCE-WS26-183 • Thur, 2/5 to 3/5/2026

5:30 - 7:30 PM

Bldg 3, Room 203 • Prescott Campus

Welcome to the world of Sound, Sense and Suggestion, the five senses, the associations which arise from them, the literal and figurative language which one constantly plays with, but which so seldom reaches the page or stage. We will work with theme and craft-based prompts which utilize contemporary (generally unrhymed) poetry to generate highly personal poems of which one would be proud. Poetry is a performance art, and as a budding poet in this course, you'll be cultivating confidence - the performer in yourself! If possible; a filmic component may be included. If poetry intrigues you, don't pass this up!

Michael McLaughlin • \$95

■ SO, YOU WANT TO WRITE A BOOK?

PCE-WS26-184 • Thu, 2/5/2026

5:30 - 7:30 PM

Zoom • Online

In the first hour of this two-hour workshop, we'll start by identifying what you're writing. Then we'll discuss time management, motivation to write to the end, including writing tools and tips to get the words down. In the second hour, we'll dive into the different paths to publication (indie/hybrid/traditional), the pros and cons of each. You'll leave this workshop with plenty of motivation and resources to start your writing journey. **A PDF of the class slide deck will be available to attendees at the conclusion of the class.**

Tina Radcliffe • \$65

■ YOU WROTE THE BOOK. NOW WHAT?

PCE-WS26-185 • Thu, 2/19/2026

5:30 - 7:30 PM

Zoom • N/A

This two-hour workshop begins with a review of the different options for publication, along with how to approach publishing gatekeepers. Actionable steps and resources for your chosen publishing path will be provided. The second hour is all about how to find your readers and the best practices for marketing you and your book in 2026. We'll discuss marketing options, including social media, websites, and newsletters.

Tina Radcliffe • \$65

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yoga at the



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WINE CENTER
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EST. 2009



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Our expert teacher will guide you through a gentle flow of yoga poses designed to release tension, restore alignment, and deepen your breath - all while surrounded by the calming ambiance of our vineyards, stunning mountain and red rock vistas, and subtle notes of fine wine.

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Saturday, March 14
Saturday, April 11
Saturday, May 9

11am to 12pm

\$30 PER PERSON

includes yoga class (mat rental available if needed), one glass of wine; gratuity not included



For more info, or to register:

YC.EDU/YOGA OR 928-634-6537

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PRE-REGISTRATION REQUIRED



EXPERIENTIAL LEARNING - TRAVEL

TRAVEL. LEARN. EXPLORE.

In Experiential Learning, our tour leaders are eager to share their knowledge and enthusiasm for the colorful local history, fascinating cultures, and inspiring natural features when you travel with us! See trip notes for trip pick up availability in: Chino Valley, Dewey-Humboldt, Camp Verde, and Verde Valley Campus.



EXPLORING YAVAPAI COUNTY



Our home county, one of the original counties of Arizona Territory, has both an incredibly interesting natural landscape, ranging from desert to pine-covered highlands, and a long and fascinating human history that dates back thousands of years. These programs will take you to many varied and remote places down the backroads of the Yavapai County. Some include several miles of hiking; others just short, easy walks. Several of these trips are half-day journeys, returning to campus by lunchtime.

■ EXPLORING YAVAPAI COUNTY: THE WESTERN DESERT

Wednesday, February 18 • EL021826

Reserve by 2/4

As one travels to southwestern Yavapai County, the landscape drops off from mountains and plateau into deep desert, complete with Saguaros and Joshua Trees (and warm winter days). As you look out from the high country, this desert stretches to the horizon like a great gray-green sea, with islands of isolated and rugged mountains looming above. We'll spend a day exploring this fascinating desert landscape, including a little-known oasis of permanent water at Hidden Tank. We'll visit the site of the old Congress Mine and Cemetery and the Nella Meda Mine, in recent years much restored under the name Robson's Mining World, along with a huge collection of vintage mining equipment. Some light hiking (up to a mile) included. Along the way we'll make a brief stop at the trailhead to the Prescott Hotshots Memorial. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$215 per person - Tuition includes transportation, box lunch entrance fees and field instruction. Departs 8AM from Prescott campus.

■ EXPLORING YAVAPAI COUNTY: HISTORIC CAMP DATE CREEK

Wednesday, March 11 • EL031126

Reserve by 2/25

In 1863, one of the early parties of gold-seekers traveling to the Prescott area followed an otherwise obscure desert wash eastward from the Colorado River. They discovered, on the way, what leader Abraham Peeples (after whom Peeples Valley is named) called a "Garden of Eden". This drainage, rising high in the Weaver Mountains of western Yavapai County, became known as Date Creek, after the date-like fruit of the Yucca found along its course. Shortly after this, a military post, Camp Date Creek, was established where the upper forks of the creek join, also an important early wagon road junction. We'll talk about this early history, and about the Yavapai people displaced by settlers, while hiking into the old fort site and into part of the upper canyon of Date Creek, where water flows year-round. We'll see ancient rock art in the canyon, and to the north of Date Creek an interesting and little-known historic rock art site. About two miles total hiking, largely with no visible trail and some rocky and steep sections. **Activity Rating: Level 3.**

Instructor: Chris Wuehrmann

\$190 per person - Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: STEWART RANCH AND THE UPPER VERDE RIVER (NEW)

Friday, March 27 • EL032726

Reserve by 3/11

Not many are aware that there was once a road, the Verde River Road, which followed the Verde from Granite Creek, near the headwaters, down to Duff Springs, about ten miles downstream. This road connected a series of early homesteads, most of which are now abandoned. We'll hike into the old Stewart Ranch site, the uppermost of these homesteads, using the long-abandoned original wagon route into the canyon. Along the way we'll have beautiful views, visit prehistoric sites, and finally the old ranch site, now an Arizona Game & Fish property: The upper Verde River Wildlife Area. The hike is about 4 miles, mostly over easy terrain, although the old wagon road is pretty rocky. We do gain about 300 feet elevation on the walk out. **Activity Rating: Level 3.**

Instructor: Chris Wuehrmann

\$180 per person - Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

EXPERIENTIAL LEARNING - TRAVEL

■ EXPLORING YAVAPAI COUNTY: ASH CREEK AND HECLA (NEW)

Monday, March 30 • EL033026

Reserve by 3/13

Just north of Highway 169 and east of Humboldt-Dewey is the ruins a little-known stage stop and settlement from territorial times. After General George Crook established the military road from Fort Whipple to Camp Verde, a fortified stage station was constructed where this road crossed Ash Creek. Miners then hopefully worked the area [without much result] and it became the short-lived community of Hecla. On this half-day trip we'll be hiking into the stage stop, whose wall is still 6-8 feet high, overlooked by huge Cottonwood trees, while learning about the local history. The hike is fairly flat and easy and under a mile round trip. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

\$115 per person - Tuition includes transportation and field instruction. Departs 8AM from Prescott campus.

■ EXPLORING YAVAPAI COUNTY: HIKE THE VERDE RIVER HEADWATERS

Wednesday, April 1 • EL040126

Reserve by 3/13

The headwaters of the Verde River, just northeast of Chino Valley, is a fascinating area. The springs there are the source of the only perennial river flowing entirely within Arizona. We will hike some distance along the rim and enter the canyon about a mile downstream from the confluence with Granite Creek, hiking upstream to the headwaters springs and a large and little-known rock art site which incorporates both Hopi and Yavapai winter solstice observatory features. We will discuss geology, natural history and prehistory along the way. Total hiking distance about four miles. The climb out, several hundred feet elevation gain, is steep and rocky. We will ford the river once, 12-18 inches deep; suitable barefoot or light water shoe/sandal wading. **Activity Rating: Level 3.**

Instructor: Chris Wuehrmann

\$190 per person - Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: CROWN KING AND THE SOUTHERN BRADSHAW

Thursday, April 9 • EL040926

Reserve by 3/25

In 1904 Frank Murphy, a renowned railroad builder, built a railroad that many believed was impossible. This railroad ran from Mayer to the silver mines at Crown King over an unimaginably rugged landscape. This railroad was so amazing that folks today come from all over the world to view its route. While the railroad has been gone since 1924, its route is closely followed by a gravel road. We'll journey to Crown King, visiting old sites along the railroad route, and talking about the history of the area. We'll stop at the site of Bradshaw City, once with a population of 5,000, the Crown King Saloon, dating from 1898, the old Middleton town site, and the Cleator Yacht Club (not to be missed). Lot's of short easy walks, but a long bumpy road. **Activity Rating: Level 1.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$190 per person - Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.



■ EXPLORING YAVAPAI COUNTY: DRAKE, PERKINSVILLE & JEROME

Wednesday, April 15 • EL041526

Reserve by 4/1

This back road exploration will take you from Drake, just off Highway 89 north of Chino Valley, across to Perkinsville on the Verde River, then down to Woodchute Mountain. There we encounter the grade of the old narrow gauge railroad that once connected Jerome with the railroad from Ash Fork to Phoenix near Chino Valley, site of the long-gone town of Jerome Junction. We'll follow the narrow gauge railbed to Jerome, then return to Prescott over the mountain. Along the way we'll talk about geology, natural history, the Verde River, the Perkins Ranch, the old railroad, and the mines of Jerome. Lots of short walks but no serious hiking. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$190 per person - Tuition includes ground transportation, box lunch and field instruction. Departs 8:30AM from Prescott Campus. [See the April 24 trip for a Verde Valley Campus pick-up option].

■ EXPLORING YAVAPAI COUNTY: VERDE VALLEY ARCHAEOLOGY

Friday, April 17 • EL041726

Reserve by 4/3

Yavapai County's Verde Valley has hundreds of prehistoric village sites, ancestral to both the Hopi of northeastern Arizona and the O'odham peoples of southern Arizona. We'll visit a number of these sites, including Tuzigoot, Montezuma Castle and Montezuma Well [where we'll enjoy lunch under lush Cottonwood and Sycamore trees] as we learn of the prehistory of these ancestral residents of the valley and the story of why they left this seemingly beautiful environment. We'll also visit the Verde Valley Archaeology Center in Camp Verde. Up to a mile or so of walking on mainly paved trails. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$200 per person - Tuition includes transportation, box lunch, park entrance fees and field instruction. Departs 8AM from Prescott campus.



■ EXPLORING YAVAPAI COUNTY: HIKE AND EXPLORE THE HASSAYAMPA RIVER

Wednesday, April 22 • EL042226

Reserve by 4/8

The middle section of the Hassayampa River, which drains the west side of the Bradshaw Mountains south of Prescott, is a beautiful, interesting, and little-visited area. We will spend a day exploring along the river (generally east of Wilhoit) including several short hikes totalling about three miles. One of the hikes has a short and rugged (and optional) scramble at the end. During the day we'll explore a canyon narrows (with waterfall), historic hydraulic mining areas, prehistoric settlements along the river, and take a moderate hike (about 2 miles) into "The Bend" of the Hassayampa. Along the way we'll talk about the archaeology, history, geology and ecology of the area. **Activity Rating: Levels 2-3.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$190 per person - Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: JEROME, PERKINSVILLE AND DRAKE

Friday, April 24 • EL042426

Reserve by 4/10

This back road exploration will take you from Jerome along the old narrow gauge railroad bed that once led to Chino Valley (formerly known as Jerome Junction), then down to the Verde River at Perkinsville. From there, we'll head across to Drake, just off Highway 89 north of Chino Valley. From Drake we'll skirt around Prescott and Prescott Valley and back to campus via Mingus Mountain. Along the way we'll talk about geology, natural history, the Verde River, the Perkins Ranch, the old railroad, and the mines of Jerome. Lots of short walks but no serious hiking. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$190 per person - Tuition includes ground transportation, box lunch and field instruction. Departs 8:00AM from Prescott Campus. ***Verde Valley Campus pick-up available.**

■ EXPLORING YAVAPAI COUNTY: COPPER BASIN, SKULL VALLEY AND WALNUT GROVE

Saturday, April 25 • EL042526

Reserve by 4/10

This road trip will take us out Thumb Butte Road, along the crest of the Sierra Prieta Mountains above Prescott, the setting for Gail Garner's famous cowboy poem, "Tying the Knot in the Devil's Tail", then down through Copper Basin to Skull Valley for lunch. We'll then head over to Walnut Grove on the Hassayampa River, returning to Prescott via Highway 89. Along the way we'll see incredible scenery, historic mining activity, the Skull Valley Historic Museum, the historic Hassayampa River Bridge, and the site of the Walnut Grove Dam. This dam failed in 1890, killing over 100 people and causing downstream devastation as far as Wickenburg. There will be a few short walks of up to a quarter mile, but no serious hiking. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$190 per person - Tuition includes transportation, box lunch, museum fees and field instruction. Departs 8AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: LITTLE HELL CANYON

Monday, May 11 • EL051126

Reserve by 4/27

Little Hell Canyon, north of Chino Valley, is actually Hell Canyon, upstream from the high bridge, where the canyon is much smaller. There are two interesting early transportation-linked sites in the area: an old stage station site and stage road from the early 1880s and an airmail contractor directional sign from about 1920. The latter is a extremely unusual site. We'll visit both of these sites in this half-day trip, as well as stopping by a second old stage stop, incorporated into a residence near Del Rio Ranch. About a half-mile of walking over mostly easy terrain. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

\$115 per person - Tuition includes transportation and field instruction. Departs 8AM from Prescott campus.

■ EXPLORING YAVAPAI COUNTY: WILLIAMSON VALLEY AND BEYOND

Saturday, May 16 • EL051626

Reserve by 5/1

This road trip will take us out Williamson Valley Road, all the way to Seligman. We will return via Ash Fork and Highway 89. We'll be visiting the areas of many early historic sites, including the town site of Simmons, old Camp Hualapai and, of all the strange things, an iron mine. On our way back down from Ash Fork we'll be stopping at the old Little Hell Canyon stage stop and a mysterious and unique signpost from the earliest days of air travel in the county (this will be an unusual surprise). Along the way we'll discuss the geology and natural history and touch on many aspects of the human history of the area. There will be a few short walks of up to a quarter mile, but no serious hiking. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$190 per person - Tuition includes ground transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

EXPERIENTIAL LEARNING - TRAVEL

■ EXPLORING YAVAPAI COUNTY: LIMESTONE CANYON

Monday, May 18 • EL051826

Reserve by 5/4

When Frank Murphy built his railroad from Ash Fork to Phoenix via Prescott in 1892, near Hell Canyon he chose a route through Limestone Canyon; the route had over 4 miles of wood trestle in six miles of track. An Ohio man, George Puntenney, then established a limestone mine and lime kilns near these tracks. In 1907 the Limestone Canyon route was abandoned and the line relocated to a steel bridge over Hell Canyon. Puntenney then opened a new mine and built a cement plant on the south side of Hell Canyon, creating the community of Puntenney. In this half-day trip we'll visit the ruins of the lime kilns, explore some of the old railroad grade, and visit the Puntenney townsite. Less than a half-mile of hiking, although some a little rocky and steep. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

\$115 per person - Tuition includes transportation and field instruction. Departs 8AM from Prescott campus.

■ EXPLORING YAVAPAI COUNTY: THE NORTHERN BRADSHAW

Friday, May 29 • EL052926

Reserve by 5/15

The Northern Bradshaw Mountains overlooking Prescott are the highest range in Yavapai County, peaking out near 8,000 feet. We'll explore south through this region on the old Senator Highway as far as the site of the town of Goodwin, then head east to Mayer and return via Highway 69. Along the way we'll visit old mining and homestead sites on Apple Creek, explore the ruins of the Senator Mine, enjoy distant views from the Mt. Union Divide, see historic Palace Station, and other historic and natural features. We'll also pass through the burn area of the Goodwin fire of 2017 and talk about fire management and the role of fire in the natural ecosystem. The trip will include about two miles of moderate hiking. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$185 per person - Tuition includes transportation, box lunch and field instruction. Departs 8 AM from Prescott Campus.

■ EXPLORING YAVAPAI COUNTY: APPLE CREEK HOMESTEADS AND MINE

Monday, June 1 • EL060126

Reserve by 5/18

Apple Creek (an informal name) is a tributary to the Hassayampa River east of Spruce Mountain and crossed by Senator Highway. Homesteaders and miners have both left their mark on this little drainage. During this half-day trip, we'll hike up the creek (about a mile round trip - fairly easy informal trail) while we visit the old abandoned mine and both homesteads. There's a standing cabin at one, and many blackberries and several apple trees. This time of year, we may find the apples in bloom, although ripe blackberries will have to wait for fall. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

\$115 per person - Tuition includes transportation and field instruction. Departs 8AM from Prescott campus.



EXPLORING COCONINO COUNTY



Coconino County, our immediate neighbor to the northeast, split away from the original Yavapai County in 1891 and is the largest county in Arizona. It includes the eastern end of Grand Canyon, much of the red rock country of Sedona, miles of lush Ponderosa Pine forest, parts of Navajo Land [Diné'tah] and San Francisco Peaks, the highest mountain in Arizona. These programs explore the remote back road regions of the nearer part of the county. Some include several miles of hiking; others just short easy walks.

■ EXPLORING COCONINO COUNTY: RED MOUNTAIN AND KEYHOLE SINK

Thursday, April 30 • EL043026

Reserve by 4/16

Near the northern edge of the great field of volcanos that surrounds Williams and Flagstaff is an otherwise average cinder cone, about 1,000 feet tall, called Red Mountain. What makes this little mountain unique is how erosion has carved a spectacular amphitheater out of the heart of this extinct volcano, creating a magical landscape of cliffs, spires, and little slot canyons. While talking about the history and dynamics of the San Francisco Volcano Field, and the local ecosystems, we will hike into the heart of Red Mountain, enjoying our lunch inside the volcano. After our main hike, we'll travel back roads south to Parks, then west on Historic Route 66 to Keyhole Sink, hiking into this unusual feature with petroglyphs and a seasonal waterfall. Hiking distance is about 4.5 miles, mostly on well-maintained trail; inside Red Mountain there's some optional off-trail exploring. **Activity Rating: Level 3.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$200 per person - Tuition includes ground transportation, box lunch and field instruction. Departs 8AM from Prescott campus. **Chino valley pickup available.*

■ EXPLORING COCONINO COUNTY: JOHNSON CANYON (NEW)

Wednesday, May 20 • EL052026

Reserve by 5/6

Little visited Johnson Canyon begins near Williams and flows along north of I-40 to near Ash Fork. When the railroad was constructed through the canyon in 1882, two very interesting dams were built, both of which still hold water today. Stone Dam has beautiful red rock construction, and Bainbridge Dam is made of steel, one of only three steel dams ever built in the entire U.S., and the only one still standing today. We'll visit these two remote dams and also Steel Crater, a water-filled sinkhole, and talk about both geology and early railroad history. The steel dam requires about a mile roundtrip hike over an eroded roadbed. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

\$185 per person - Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

■ EXPLORING COCONINO COUNTY: SYCAMORE CANYON HEADWATERS

Thursday, May 21 • EL052126

Reserve by 5/7

Sycamore Canyon enters the Verde River near Clarkdale, but begins in the vast Ponderosa Pine forest southeast of Williams. We will travel across to the canyon's headwaters area from Drake, just north of Chino Valley, visiting JD Dam, Sycamore Point (with incredible views down the canyon), White Horse Lake, and Sycamore Falls, where the creek drops over a hundred feet into the beginnings of the canyon. Our journey will reach I-40 just east of Williams and we'll return home. Along the way we'll talk about the geology of the canyon and the varied ecosystems along the way. The trip will include about a mile of easy hiking. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$200 per person - Tuition includes ground transportation, box lunch, and field instruction. Departs 8AM from Prescott campus. ***Chino Valley pickup available.**

■ EXPLORING COCONINO COUNTY: WALNUT CANYON, SUNSET CRATER AND WUPATKI

Wednesday, May 27 • EL052726

Reserve by 5/13

The ancient Sinagua culture, ancestral to the Hopi of Second Mesa, left their picturesque ruins scattered across the landscape east of Flagstaff. Their name comes from the earliest Spanish name for San Francisco Peaks, which they called Sierra Sinagua, meaning waterless peaks. We will visit ruin sites at Walnut Canyon National Monument and Wupatki National Monument while learning the fascinating prehistory of those who once lived here. We'll also view the recent volcano of Sunset Crater, which erupted in 1066 A.D. and played a key role in the history of the Sinaguan people. Along the way we'll visit a very interesting small unexcavated site. Many short walks on mostly paved walkways. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

\$215 per person - Tuition includes transportation, box lunch, admission fees, and field instruction. Departs 7AM from Prescott campus. ***Camp Verde pick up available.**



■ EXPLORING COCONINO COUNTY: THE LAND BETWEEN THE CANYONS

Wednesday, June 3 • EL060326

Reserve by 5/20

North of Verde Valley is a little-visited plateau, surrounded on three sides by rugged wilderness areas. On the east is West Fork Wilderness and Oak Creek Canyon; on the west is Sycamore Canyon Wilderness; and on the south is Redrock/Secret Canyon Wilderness. We will explore this beautiful, forested landscape, culminating with utterly amazing views of the redrock country of Sedona, seen from above. Along the way we'll talk about geology, including visiting a baby sinkhole, forest ecology and the logging railroads of the early 20th century. We'll also talk about the handful of people who have lived out there, including Bear Howard, who literally made his living hunting bear, and the wild Casner Clan, who have multiple local landmarks named after them. Lots of short walks, but no serious hiking. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

\$200 per person - Tuition includes ground transportation, box lunch, and field instruction. Departs 7AM from Prescott campus. ***Chino Valley pickup available.**

■ EXPLORING COCONINO COUNTY: CRATER LAKE AND LAVA TUBES

Friday, June 5 • EL060526

Reserve by 5/22

Northwest of Flagstaff is a little-known crater lake, surrounded by meadow and aspen groves, hidden inside a small volcanic cinder cone just east of the Kendrick's Mountain Wilderness Area. Our day afield will focus heavily on the volcanic history of the San Francisco Volcano Field surrounding Flagstaff and Williams. We'll drive up the access road to the ski area on San Francisco Peaks, hike into Crater Lake for lunch, then in the afternoon visit a lava tube (with optional exploration of the tube) south of Kendrick's Peak. We'll also traverse some of old Route 66 on the way home. Total hiking distance for the day about two miles at elevations near 8,000 feet. **Activity Rating: Level 3**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$215 per person - Tuition includes transportation, box lunch and field instruction. Departs 7AM from Prescott Campus. ***Chino Valley pickup available.**

EXPERIENTIAL LEARNING - TRAVEL

■ EXPLORING COCONINO COUNTY: MORMON LAKE COUNTRY (NEW)

Wednesday, June 10 • EL061026

Reserve by 5/27

The high country east of Verde Valley contains an Arizona rarity, a number of natural lakes, although they do on occasion go dry. We will visit several of these lakes, Stoneman Lake, Ashurst Lake, and the largest of all, Mormon Lake, while exploring the geology and natural history of the area. We will also journey to the historic decommissioned fire tower on Hutch Mountain, at just over 8,500 feet elevation commanding incredible views of the area. This trip includes about a mile of hiking [on an old road] at over 8,000 feet and some other short walks. There's a good chance of seeing Elk and other wildlife.

Activity Rating: Level 2.

Instructor: Kyle Short (trained by Chris Wuehrmann)

\$215 per person - Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus.

***Camp Verde pickup available.**



■ EXPLORING COCONINO COUNTY: BILL WILLIAMS MOUNTAIN

Friday, June 12 • EL061226

Reserve by 5/29

Bill Williams Mountain, visible to the north from most of the Prescott area, is the westernmost 9,000-foot peak in Arizona. The mountain is named for a preacher/guide/mountain man from North Carolina whose story will weave through the day. We will circle the mountain on the Bill Williams Loop Road starting at Devil Dog Lake just off I-40, passing by Coleman Lake [usually dry] then drive to the summit firetower, enjoying distant views across much of northern Arizona. We'll do some short walks, but no significant hiking, as we talk about the geology and ecology of the mountain. There's a good chance of seeing Elk and other wildlife along the way. **Activity Rating: Level 2.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$185 per person - Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus. ***Chino Valley pickup available.**



EXPLORING GRAND CANYON



The Grand Canyon is well-known, but few are aware that much of the canyon is not included in the national park but is the land of several Native American tribes. The Hualapai Nation owns about 40% of the South Rim, and also a unique feature of the canyon: Diamond Creek Road, the only road in Grand Canyon all the way down to the Colorado River. This little-known road follows Peach Springs Canyon to Diamond Creek in the depths of Grand Canyon and allows access to spectacular landscapes in the canyon without the long steep hikes necessary to reach such places in the national park. Choose any of several possibilities, from one requiring little walking or hiking, to several different spectacular hikes, not accessible to the general public, into truly wilderness canyon landscapes.

■ DRIVE TO THE BOTTOM OF THE GRAND CANYON

Saturday, February 14 • EL021426

Reserve by 1/30

Wednesday, March 4 • EL030426

Reserve by 2/18

Saturday, March 28 • EL032826

Reserve by 3/11

Saturday, April 11 • EL041126

Reserve by 3/27

Saturday, April 18 • EL041826

Reserve by 4/3

Saturday, May 2 • EL050226

Reserve by 4/17

If you've ever wanted to visit the bottom of Grand Canyon, but long hikes on steep trails, or riding mules all day isn't your idea of a good time, take a look at this trip. We utilize the little-known Diamond Creek Road to drive right to the Colorado River in the depths of Grand Canyon, enjoying our lunch on a canyon-bottom beach. You can even wet your feet in the river if you choose. We stop at a number of places along the way to talk about Geology, the history of the Hualapai People who own this part of the Grand Canyon, and the formation of the canyon itself. The trip requires minimal walking, but you can take an optional easy hike of a mile or so. **Activity Rating: Level 1-2**

Instructor: TBD

\$230 per person - Tuition includes transportation, Hualapai permits, box lunch and field instruction. Departs at 7:30AM from Prescott Campus. ***Chino Valley pickup available.**



■ HIKING GRAND CANYON: DIAMOND CREEK

Saturday, February 21 • EL022126

Reserve by 2/6

Instructor: Will Ascarza (trained by Chris Wuehrmann)

Saturday, March 7 • EL030726

Reserve by 2/20

Instructor: Chris Wuehrmann

About a mile from the Colorado River, Diamond Creek Road reaches its namesake, Diamond Creek. We will hike up this creek about 3 miles into a spectacular narrows (one short steep place, but mostly gentle gradients with multiple creek crossings about ankle deep), enjoying lunch at a beautiful little waterfall beneath thousand-foot cliffs. We will discuss both the geology and natural history along the way. Our day will culminate with a visit by van to the Colorado River before having dinner in Seligman and then returning to campus. This is an off-trail hike, 6 miles total, with fairly rocky footing and your footwear will get wet; hiking poles advised. Like our other hikes in the area, this route is not open to the general public.

Activity Rating: Level 3+

\$240 per person - Tuition includes ground transportation, field instruction, Hualapai permits and box lunch. Departs 7AM from Prescott Campus. ***Chino Valley pickup available.**

■ HIKING GRAND CANYON: BLACK ROCK CANYON

Saturday, February 28 • EL022826

Reserve by 2/13

About three-quarters of the way down Diamond Creek Road through Peach Springs Canyon is Black Rock Canyon, a little visited tributary containing beautiful displays of ancient metamorphic rocks, several small springs, and a number of prehistoric and historic Hualapai campsites. One of these historic sites is from the "Starving Time" in the 1870s when many Hualapai were hiding in Grand Canyon from the U.S. Cavalry. We will go about 3 miles into this canyon (6 miles round trip), a fairly rugged off-trail hike climbing about 800 feet, returning by the same route. We'll discuss Hualapai history, geology and natural history along the way. Our day will culminate with a visit by van to the Colorado River and dinner in Seligman before returning to campus. Like our other hikes in the area, this route is not open to the general public.

Activity Rating: Level 4+

Instructor: Chris Wuehrmann

\$240 per person - Includes transportation, field instruction, Hualapai permits and box lunch. Departs 7AM from Prescott campus. ***Chino Valley pickup available.**

■ HIKING GRAND CANYON: TONTO RIM

Friday, March 13 • EL031326

Reserve by 2/27

This hike leads out onto the Tonto Rim, nearly a thousand feet above the Colorado River, where we'll enjoy our lunch with spectacular views up and down Grand Canyon. This is a truly wild and adventurous off-trail hike, with fabulous views throughout. **Hiking distance is almost four miles and includes several short steep gradients, lots of rocks and cactus, and narrow game trails - bring your hiking poles.** We will discuss both the geology and natural history along the way. Our day will culminate with a visit by van to the Colorado River and dinner in Seligman before returning to campus. Like our other hikes in the area, this route is not open to the general public. This trip is for experienced hikers. **Activity Rating: Level 3+ to 4.**

Instructor: Chris Wuehrmann

\$240 per person - Tuition includes transportation, box lunch, Hualapai permits and field instruction. Departs 7AM from Prescott Campus. ***Chino Valley pickup available.**



Why limit our educational explorations to our immediate area. Arizona and Four Corners country has numerous other fascinating features to experience, both in the natural world and in our long human history. These trips travel out and away to more distant attractions, some of them as overnight journeys. They range from including short walks to hiking several miles.

■ HASSAYAMPA RIVER PRESERVE AND OLD YARNELL HILL

Wednesday, February 25 • EL022526

Reserve by 2/11

The Hassayampa River Preserve, a Nature Conservancy property just east of Wickenburg, encompasses an incredible oasis of greenery along the Hassayampa River, teeming with birds and wildlife. We'll spend much of our day here, walking several of the trails and enjoying our lunch. We'll be talking about mainly desert ecology and some geology. On the way back to Prescott, we'll detour to take the old Yarnell Hill Road through the ghost town of Stanton (named for an infamous early county resident) in the Weaver Mountains, also visiting the Octave townsite nearby. Several miles of walking, mainly on gentle groomed trails. **Activity Rating: Level 2.**

Instructor: Chris Wuehrmann

\$190 per person - Tuition includes transportation, entrance fees, box lunch and field instruction. Departs 7AM from Prescott campus.

EXPERIENTIAL LEARNING - TRAVEL



■ THE MOTHER ROAD: “GET YOUR KICKS ON ROUTE 66”

Tuesday, April 28 • EL042826

Reserve by 4/14

Spend a day with us as we travel historic Route 66, “The Mother road”, from near Ash Fork to the Colorado River at Topock. At 145 miles, this is the longest surviving stretch of old Route 66 that once connected Chicago to Santa Monica. We'll be stopping at many historic sites: old bridges, roadside attractions, the Historic Route 66 Museum in Kingman (where we'll have lunch) and the old town of Oatman where wild burros wander the streets. Along the way we'll talk about the history of transportation across northern Arizona. At the end of the day we'll return via I-40. Some short walks, but no actual hiking. **Activity Rating: Level 1.**

Instructor: Will Ascarza (trained by Chris Wuehrmann)

\$225 per person - Tuition includes transportation, box lunch, admission fees and field instruction. Departs 7AM from Prescott campus. ***Chino Valley pickup available.**

■ CANYON DE CHELLY OVERNIGHT ADVENTURE

Wednesday & Thursday, May 6-7 • EL050626

Reserve by 4/22

Instructor: Will Ascarza (trained by Chris Wuehrmann)

Wednesday & Thursday, May 13-14 • EL051326

Reserve by 4/29

Instructor: Chris Wuehrmann

Canyon de Chelly, an amazing other-worldly landscape of 800-foot tall red cliffs, includes spectacular cliff dwellings and mystical rock art from centuries in the past. The canyon was once home to the ancestral Hopi and today sustains a living community of Navajo (the Dine') living in spiritual connection with this beautiful landscape. We'll tour the canyon's south rim, viewing its beauty from above, and also take a 4x4 tour into the canyon with Navajo guides who will share their stories with us. During our journey there and back, we'll visit Petrified Forest, the Painted Desert, and historic Hubbell Trading Post as well as traveling paved back road across Navajo land (Dinéshān). A fair amount of walking is included, some optional, but all on easy terrain. **Activity Rating: Levels 1-2**

\$780 per person double occupancy / \$150 single occupancy supplement - Tuition includes transportation, lodging, meals, 4x4 tour, permits, admission fees, gratuities, and field instruction. Departs 7AM from Prescott Campus. ***Camp Verde pickup available.**

■ COURSE PHYSICAL ACTIVITY LEVEL RATING CHART*

Activity Rating Level 1

Participants must be able to carry luggage, packs, and/or equipment, climb stairs, sit, or stand for up to 1 hour, get in and out of vehicles easily, and walk a few blocks indoors or out.

Activity Rating Level 2

Participants must be able to carry luggage, packs, and/or equipment, participate in physical activity for 1-2 hours, climb stairs, sit, or stand for over 1 hour, and walk on uneven and/or varied terrain from three blocks up to one mile at a 2.0-mph pace over the course of the day (may include slight elevation changes.)

Activity Rating Level 3

Participants must be able to carry luggage, packs, and/or equipment, sit, or stand for over 2 hours, be in good health, mobile, able to participate in 3-5 hours of physical activity per day, and walk on uneven and/or varied terrain up to five miles at a 2.5-mph pace over the course of the day and/or for multiple consecutive days (may include moderate elevation changes.)

Activity Rating Level 4

Participants must be able to carry luggage, packs, and/or equipment; sit or stand for over 2 hours; be in excellent health, extremely mobile, and used to an active lifestyle. Program activities may require up to 6 hours of strenuous, moderate- to fast-paced activity per day, equivalent to hiking 6 to 10 miles at a 3-mph pace over uneven and/or varied terrain (may include moderate to intense elevation changes). A conditioning regimen is recommended, beginning at least 2-3 months prior to departure that includes hiking (preferably), walking or some other form of cardiovascular exercise (swimming, cycling) in order to prepare for the activity in this adventure.

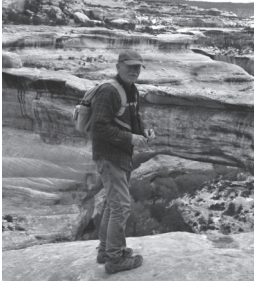
Activity Rating Level 5

Participants must be able to carry luggage, packs, and/or equipment; sit or stand for over 3 hours; have a high level of physical fitness and appropriate expertise in the program activities (e.g. hiking, climbing, rafting, etc.); and should expect full days of fast-paced, strenuous physical challenges (may include moderate to intense elevation changes). A conditioning regimen is recommended, beginning at least 2-3 months prior to departure that includes hiking (preferably), walking or some other form of cardiovascular exercise (swimming, cycling) in order to prepare for the activity in this adventure.

***Trip activities may vary. Not all trips will include all aspects of the assigned activity rating. For more information on individual trip activity levels, or to request special accommodations, please contact Experiential Learning at 928-717-7755.**

MEET THE TRIP LEADERS

■ CHRIS WUEHRMANN



Chris is our senior instructor/trip leader and has been leading trips for Yavapai College since 1981. Chris came to Prescott in 1967 from Illinois and was in the second class at Prescott College

back when it first began. He studied Social Anthropology, Archaeology, and Geology, is something of a self-taught historian and is also a musician (keyboards) who plays regularly around Prescott. Chris has hiked and backpacked all over the Southwest, including hundreds of days spent in Grand Canyon, and has also worked on a number of archaeological projects. He is responsible for developing most of the trips currently in our offerings and is heavily involved with bringing our two new trip leaders online. He's been married to Rita (retired administrator of the college's OLLI Program) for 45 years, and they have three children.

■ KYLE SHORT



Kyle is a new instructor/trip leader for the college this year. He came to the Prescott area in 2012 from Baja, Mexico, having lived there for three years, but is originally from Delaware

where he graduated from the University of Delaware with a degree in Spanish. Kyle brings a wealth of prior experience developing and leading adventure trips around the Southwest, including San Juan River trips, other southwestern destinations, and also trips to our southern neighbors, Mexico and El Salvador. After teaching 12 years at Northpoint Expeditionary Learning Academy in Prescott, he's now teaching at Skyview School. He's married to Jessica (who teaches Spanish in Chino Valley), and they have two children.

■ WILL ASCARZA



Will is a new instructor/trip leader for the college this year and brings extensive prior experience to our program. He came to Arizona from the Southeast in 1999, first living

in southern Arizona and more recently in Flagstaff. Educated in North Carolina and at the University of Arizona, Will has led adventure trips for Pima College, been involved with the Sonoran Desert Museum, and as an author has published seven books, including *Zenith on the Horizon*. He's also the writer of a column for over ten years, "Mine Tales", in the *Arizona Daily Star* in Tucson and has worked with a number of tourism boards, museums, and libraries. Will has a special interest in Arizona history, and especially mining history. He's married to Lorie, an environmental educator, and they have one child.



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■ DUFF SPRINGS

Video ID #ONL1 • \$15

Alexander Duff came to Arizona Territory in 1879, as a trapper, prospector, and market hunter, married to a Shoshone Indian woman. He left the territory in 1906 as a respected hotel and mercantile owner. Duff homesteaded at a beautiful spot on the Verde River, overlooked by a centuries-old cliff dwelling, where a crystal-clear spring bears his name. Join this exploration of Duff's story and of some of the history and natural features.

■ JOHNSON CANYON

Video ID #ONL2 • \$20

When the Santa Fe Railroad was constructing their line across northern Arizona in the early 1880s, they overcame many physical obstacles in the rugged landscapes they traversed. One of the more difficult was the steep drop westwards off the Coconino Plateau, between Williams and Ash Fork. Our explorations will include some strange and interesting natural features, and the story of rancher and homesteader George Johnson, after whom the canyon is named.

■ NORTHERN BRADSHAW

Video ID #ONL3 • \$20

In 1863, during the height of the Civil War, several parties of intrepid prospectors discovered gold in the flanks of what became known as the Bradshaw Mountains. While the Walker party was most notable, the range was named for William Bradshaw, who died under mysterious circumstances in December 1864. We will explore the northern part of the range, which overlooks Prescott, visiting old mine sites, ghost communities, homesteads, and the historic Palace Station, established by the Spence family in 1875.

■ THE MOQUI STAGE ROAD TO GRAND CANYON

Video ID #ONL4 • \$25

In 1903, two young girls traveled to the Grand Canyon with their families. They rode from Flagstaff to the Canyon by stagecoach, stayed in the historic, long extinct Grand View Hotel and took a 3-day trip by burro into the Canyon with Captain John Hance, the Canyon's first tour operator and renowned storyteller. Chris Wuehrmann re-creates their journey to the Canyon via the route of the Moqui Stage. We will hear about their histories as miners and tour operators in the Grandview Point area, and little-known histories of other Northern Arizona pioneers and places.

■ PROSPECTORS, MINERS, AND THE IMPOSSIBLE RAILROAD IN THE SOUTHERN BRADSHAW MOUNTAINS

Video ID #ONL5 • \$25

In 1863, during the height of the Civil War, several parties of prospectors discovered gold in what became known as the Bradshaw Mountains. We'll explore the southern part of the range, visiting desert communities like Cleator, Bumblebee, and the mountain town of Crown King. We will talk about the original Yavapai Indian inhabitants, the challenges of passage via rail, and some history of mining in the rugged and forbidding landscape of the Southern Bradshaws.

■ EXPLORING DATE CREEK: NATIVE PEOPLES AND TERRITORIAL FORTS TO MODERN RANCHERS

Video ID #ONL6 • \$25

Date Creek flows from the crest of the Weaver Mountains above Yarnell west into a vast desert plain, studded with rugged mountain ridges, finally joining the Santa Maria River above Alamo Lake. Originally home to the Yavapai People, Date Creek's first Anglo visitors were led by Charles Genung in 1863, who upon seeing one of the creek's green valleys declared it to be the Garden of Eden. Near this spot the military post of Camp Date Creek operated from 1867-1874. We will explore this little-known landscape, seeing ancient rock art, viewing the ruins of Camp Date Creek, and visiting with modern ranchers.

■ THE LAND BETWEEN THE CANYONS

Video ID #ONL7 • \$25

Leading southwards into Verde Valley are two spectacular red rock canyons. To the east, well-known Oak Creek Canyon is followed by highway, although the west flanks are wilderness area. To the west, lightly visited Sycamore Canyon is entirely a wilderness area. Between the lower ends of these canyons is more wilderness area offering utterly amazing views, exotic volcanic features, and steep and wild canyons. Enjoy exploring this wild country and rugged back roads. We'll talk about geology, natural history, forest management and logging railroads. We'll also talk about the handful of early pioneers who braved this remote wilderness; and the historic logging railroads that once traversed the area.

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Disability parking is located at the second floor level behind Buildings 3 and 4 and in parking lot M. You must have a disability permit to park in these areas. You may take the elevator in Buildings 2, 3 and 4 to the first floor level.

If there are any other disability concerns or requests for accommodations, please do not hesitate to contact Disability Resources for assistance at 928-776-2201.

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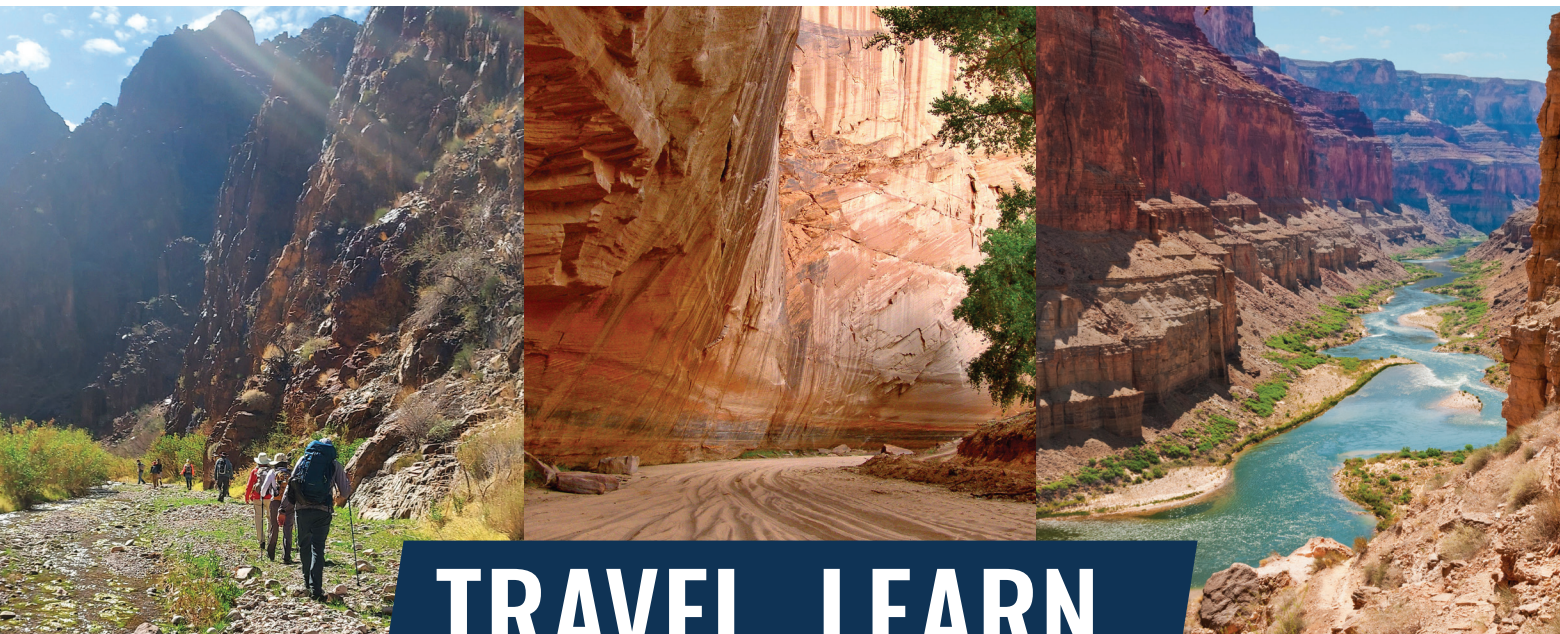
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