



OLLI
AT YAVAPAI COLLEGE

Prescott
Spring 2025
April 7 - May 16

Stay Curious, Stay Engaged - Join OLLI!
www.yc.edu/olli registration opens March 12

Stay Curious, Stay Engaged... OLLI!

Chair Corner

Why does OLLI need money?

OLLI at Yavapai College is fortunate in so many ways. The college provides classrooms, offices, tech support, copy services, accounting... You get the picture. OLLI also has an endowment, provided by the Osher Foundation (hence our name) that covers about one third of our expenses.

While we are a volunteer organization, we have dedicated staff, operational costs, and we subsidize various programs and scholarships for our members. We maintain a balanced budget and the Governing Council reviews it quarterly. Fundraising is essential for our financial health. If you're inspired to support OLLI Prescott, please consider making a charitable contribution using the link below:

www.yc.edu/ollidonate

Did you know if you have required minimum distributions from an IRA, you can donate directly to OLLI through the Yavapai College Foundation, and avoid paying taxes on that portion of your distribution?

We invite you to consider making a one-time donation or joining our 360 club! You can set up a monthly donation of \$30 as an automatic charge, and help OLLI continue its important mission in serving the retired community in Yavapai County!

Andy Newton (GC)

Andy Newton, Chair
Prescott Governing Council

Sharon Sherman

Sharon Sherman, Chair
Sedona/VV Council

Table of Contents:	Pages
Grid	2-4
Free Offerings	5-6
Local and Online Classes	7-17
Osher Online	18

Throughout the schedule you will see (GC) – designating a **Governing Council Member**. These volunteers steer the direction of OLLI – if you have questions, or interest in serving – please approach them!

**Register: (928) 717-7634 or
www.yc.edu/prescottolli**

Membership Fee Options

All Membership levels cover 5 consecutive terms (one year), and include unlimited Munch and Learns.

Osher Online classes are \$60 each, no matter your membership level.

Basic Membership for \$65,
multi-week classes are \$35, 1-day classes are \$15 from Prescott and Sedona/VV OLLI offerings.

Deluxe Membership for \$185
includes 20 free multi-week and 1-day classes per year from both Prescott & Sedona/Verde Valley.

Premium Unlimited Membership for \$350, includes *unlimited* classes from Prescott and Sedona/VV OLLI offerings.

Memberships are not eligible for refunds or extensions. Classes are refundable through the first week, 1 day offerings are refundable up to one week prior.

OLLI needs your support for scholar-

ships for our members, special projects, and preparing for our future growth, to give:

www.yc.edu/ollidonate

Important Dates

Spring: April 4-May 16

Summer: June 9—July 24

OLLI Staff

Tricia Berlowe – Director
Glennis Yazzie – Admin Assistant
Danielle Gervasio – Admin Assistant
Colin Evans – Admin Assistant
Solaris Walsh – Admin Assistant
Cheri Baumgarten – Admin Assistant
Francis Beegle – Admin Assistant

OLLI at Yavapai College Prescott Spring 2025
Classes by Day, Time and Date

Monday	Time	Building	Room	Class	Facilitator(s)
4/7 - 5/12	8:00 - 12:00	Offsite		#79 Hike The Prescott Circle Trail	J Pillman, K Paris
4/7 - 4/21	9:30 - 10:45	Prescott Bldg 30	- 126	#113 Journaling	M Crider
4/14	10:00 - 11:30	Zoom		#55 Jimmy Carter and Our National Park System	D Kroese
4/7 - 5/12	10:30 - 12:00	Zoom		#49 New Ideas	B Brown*
4/7 - 5/12	11:00 - 12:15	Prescott Bldg 31	- 101	#63 The World According to Zeihan	J Veney* (GC)*
3/31 - 5/5	12:00 - 1:30	Zoom		Women: The Forgotten "Men" in History \$	D Carlin
4/7 - 5/12	12:30 - 1:45	Prescott Bldg 31	- 101	#42 Restaurant Reviews & Recommendations (Mon)	Velling* ,
4/21	1:00 - 4:00	Prescott Bldg 30	- 126	#H Craft Supply Swap	Neville,Riggenbach
3/31 - 5/5	2:00 - 3:30	Zoom		The Essential Jane Austen \$	J Wells
4/7 - 5/12	2:00 - 4:00	Prescott Bldg 3	- 203	#8 Monet to Van Gogh, A History of Impressionism	J Kohlenberger*
4/7 - 5/12	2:00 - 3:30	Zoom		#85 The New Science of Consciousness Survival	D Freeman
4/7 - 4/28	2:00 - 3:15	Prescott Bldg 3	- 205	#115 Basic Conversational Spanish I	M Dellinger, PhD
4/7 - 5/12	2:30 - 3:45	Prescott Bldg 31	- 101	#78 Chair Yoga and More (Monday)	C Young
3/31 - 5/5	4:00 - 5:30	Zoom		Bonsai, An Ancient Art in Modern Times \$	C Baker
Tuesday					
4/1 - 5/6	8:00 - 9:30	Zoom		Mainstreaming the Margins: A History of LGBTQ+ \$	A Kocurek
4/8 - 4/29	9:30 - 10:45	Zoom		#24 TED Talks Online Version	C Maxwell*
4/8 - 4/22	9:30 - 10:30	Prescott Bldg 30	- 126	#88 A Taste of Judaism	S Schanerman
4/8 - 5/13	10:00 - 11:30	Zoom		Cinema in Transition: Exploring Change thru Films \$	J Fackenthal
4/8	11:00 - 12:15	Prescott Bldg 4	- 102	#7 Spiritual Landscapes: The Journey of Art	DLarson, SKollasch
4/8 - 5/13	11:00 - 1:00	Zoom		#110 Telling Our Stories	B Gunn (GC)*
4/22	11:00 - 2:00	Prescott Bldg 30	- 126	#86 The Karma of Forgiveness	M Karayan
4/1 - 5/6	12:00 - 1:30	Zoom		Jinas, Jivas & The Three Jewels: The Jain Tradition \$	E Goddard
4/15 - 5/13	12:00 - 1:00	Prescott Bldg 3	- 206	#29 The Visual Designer's Eye	R Diehl
4/8 - 4/29	12:30 - 1:45	Prescott Bldg 3	- 203	#22 TED Talks	C Maxwell*
4/8 - 5/13	12:30 - 1:15	Zoom		#39 Your Awesome Body	H Huffman
4/8 - 5/13	12:30 - 1:45	Prescott Bldg 31	- 101	#50 World War I and the Evolution of Warfare	C Evans
4/22	12:30 - 2:30	Zoom		#21 Protecting Your PC	J Burke*, C Taylor
5/6	12:30 - 2:30	Zoom		#20 Intro to Home Automation	J Burke*, J Rogan
4/8	1:00 - 3:00	Offsite	Camp Verde	#70 Verde Valley Archaeology Center and Museum	TBA
4/8 - 5/13	1:00 - 4:00	Prescott Bldg 4	- 102	#18 Movie Matinee - Musicals in the Spring	Baier,Reynolds,Manko
4/15 - 5/15	1:00 - 3:00	Prescott Bldg 3	- 205	#80 Gardening Talk and Walk (Tues&Thurs)	Mazella,Janowski
4/22	1:00 - 3:00	Zoom		#104 Feel Good and Awe Meditation	S Villaescusa
4/1 - 5/6	2:00 - 3:30	Zoom		The Soundtrack of Rock & Pop in the 50s & 60s \$	M Agron
4/8	2:00 - 4:00	Zoom		#25 Android Smartphone Tips & Tricks	J Burke*
4/15	2:00 - 4:00	Prescott Bldg 3	- 119	#47 High Places: Prehistoric Hilltop Architecture	M Kellett, J Tutone
4/22	2:00 - 4:00	Prescott Bldg 3	- 119	#48 Prehistoric Obsidian Exchange in Central Arizona	M Kellett, J Tutone
4/8 - 5/13	2:00 - 4:00	Prescott Bldg 3	- 271	#51 Great Pharaohs of Ancient Egypt (Part 2)	J Jones*
4/8 - 5/13	2:00 - 4:00	Prescott Bldg 31	- 101	#66 Foreign Affairs: Events & Discussions	J Lowe
4/8 - 4/29	2:00 - 4:00	Prescott Bldg 3	- 203	#103 Thinking Outside the Box	C Maxwell*
4/1	2:30 - 3:30	Zoom		#D Member Welcome (Zoom)	B Thurber

\$ Osher ONLINE in partnership with Northwestern University—extra fees apply for ALL OLLI Memberships.

OLLI at Yavapai College Prescott Spring 2025
Classes by Day, Time and Date

Wednesday		Location	Class	Facilitator(s)
4/9 - 5/14	8:00 - 10:30	Offsite	#76 Moderate Hiking	Neakrans, Troester*
4/9	9:00 - 12:00	Prescott Bldg 3 - 203	#87 Beyond The Veil: Let's Talk Metaphysics	M&R Karayan
5/7	9:00 - 10:00	Prescott Bldg 31 - 101	#1 SCAMS! Tips On How To Avoid Them	Y Safety Staff
4/16 - 4/30	9:30 - 10:30	Zoom	#27 Artificial Intelligence: A Case Study	J Thurber (GC)
4/9 - 5/14	9:30 - 10:45	Prescott Bldg 30 - 126	#114 Writing Poetry	J Veney* (GC)*
4/9 - 5/14	10:00 - 11:30	Prescott Bldg 15 - 260	#75 T'ai Chi for Beginners	A Chan*
4/2 - 5/7	10:00 - 11:30	Zoom	Future Proofing Your Healthspan and Longevity \$	S Fulton
4/9 - 5/14	10:30 - 12:00	Zoom	#67 Armchair Adventures	B Brown*
4/9 - 4/23	11:00 - 12:15	Prescott Bldg 31 - 101	#90 Brain-Behavior Relationships	V Conner
4/9 - 4/16	11:00 - 12:30	Prescott Bldg 4 - 118	#84 Transitioning an End of Life Journey	M Towne
4/9 - 4/23	12:00 - 1:15	Prescott Bldg 31 - 102	#43 Tastes of the Canadian Maritimes	BThurber, Schaffer
4/2 - 5/7	12:00 - 1:30	Zoom	Crossword Puzzle Creation \$	S Weyer
4/9 - 5/14	12:30 - 1:45	Prescott Bldg 31 - 101	#34 Restaurant Reviews and Recommendations (Wed)	J Velling*
4/9 - 4/16	1:00 - 2:30	Zoom	#19 Photo Organization: Simple and Done	C Soong-Tang
4/9	1:00 - 4:00	Prescott Bldg 3 - 271	#41 So Sweet, So Deadly (Sugar)	R Branstrator
4/9 - 5/14	2:00 - 4:30	Prescott Bldg 30 - 126	#3 Texas Hold'em poker	K Paris, J Pillman
4/9 - 5/7	2:00 - 4:00	Prescott Bldg 3 - 205	#111 Memoir Writing	J Ashlock*
4/9	2:00 - 5:00	Prescott Bldg 31 - 102	#6 Make & Take Project - Gourd Art Bowl	A Kells
4/9 - 4/23	2:00 - 3:30	Prescott Bldg 3 - 203	#54 Immigration Pt 2	Ashlock, Throckmorton
4/9 - 5/14	2:00 - 4:00	Prescott Bldg 31 - 101	#64 The American West Pt 1	C Lovin*
4/9 - 5/14	2:00 - 4:00	Prescott Bldg 4 - 102	#98 A Visual Guide to the Universe	DHoffman*, JKangal*
4/16 - 5/7	2:00 - 4:00	Prescott Bldg 31 - 102	#5 Hand and Foot Card Game	L Morfitt, L Neville
4/16 - 5/21	2:00 - 3:30	Zoom	Virtuosos in Classical Music \$	E Abramovits
4/23 - 5/14	2:00 - 3:15	Prescott Bldg 3 - 271	#100 The Impact of Trauma	V Fedorschak
4/9 - 5/14	4:00 - 5:30	Zoom	Car Crazy: 1950s Onward \$	P Paul
Thursday				
4/10 - 5/8	9:30 - 10:45	Zoom	#71 Travel Destinations	B Maxwell*, DDillon*
4/3 - 5/8	10:00 - 11:30	Zoom	Russia Beyond Russians \$	A Pereltsvaig
4/10 - 5/1	10:00 - 11:00	Prescott Bldg 31 - 102	#10 Explore Abstract Art: 4 Diverse Female Artists	P Bennan
4/10 - 5/15	10:00 - 11:30	Prescott Bldg 15 - 260	#17 English Country Dance	S Taylor
4/10 - 4/24	11:00 - 12:30	Prescott Bldg 3 - 203	#57 Random Acts of History	B Weiss*
4/10 - 5/15	12:00 - 1:30	Zoom	Neurology in a Nutshell: The Brain Explained \$	P Schanfield
4/10	12:30 - 2:30	Zoom	#23 Protect Yourself from ID Theft	J Burke*, J Taylour
4/10	12:30 - 1:45	Verde - Bldg.M - 137 or Zoom	#J/#K Munch & Learn: Aging in Reverse	S Srikanth
4/17	12:30 - 1:45	Sedona Center - 34 or Zoom	#L/#M Munch & Learn: Upper Verde River	S Srikanth
4/24	12:30 - 1:45	Verde - Bldg.M - 137 or Zoom	#N/#O Munch & Learn: Artificial Intelligence	S Srikanth
5/1	12:30 - 1:45	Prescott Bldg 4 - 102 or Zoom	#P/#Q Munch & Learn: The Electoral College	K Boryca*
5/8	12:30 - 1:45	Prescott Bldg 4 - 102 or Zoom	#R/#S Munch & Learn: Advance Directives/Long-Term Care	K Boryca*
5/15	12:30 - 1:45	Prescott Bldg 4 - 102 or Zoom	#T/#U Munch & Learn: Judge Krista Carman	R Arena*

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OLLI at Yavapai College Prescott Spring 2025

Classes by Day, Time and Date

Thursday Continued

4/3	1:00 - 2:00	Prescott 31	Outside	#68 Hidden Secrets of Yavapai College	P Berlowe
4/10	1:00 - 2:00	Prescott Bldg 31	- 101	#72 From Stray to Star	C Bolger Wathen
4/3 - 5/8	2:00 - 3:30	Zoom		Science Charcuterie \$	K Hendrickson
4/24	2:00 - 4:00	Prescott Bldg 3	- 203	#14 The MET - Metropolitan Museum of Art	A Newton
4/10 - 5/15	2:00 - 3:15	Zoom		#15 Tom Hanks: A Cinematic Journey Through Excellence	B Mains
4/10 - 5/8	2:00 - 3:15	Prescott Bldg 31	- 102	#30 Monitoring Your Health with Apple watch & iPhone	F Croft
4/10 - 5/15	2:00 - 4:00	Prescott Bldg 3	- 205	#108 Thrive in Retirement: Design the Life You Desire	KBradstreet,LHosking
5/1	2:00 - 4:30	Prescott Bldg 4	- 102	#46 Legacy of Prescott's Smoki People	J Chinn
5/8	2:00 - 4:00	Prescott Bldg 4	- 102	#56 Crash of the Constellation	D Baier
4/3	2:30 - 3:45	Prescott Bldg 31	- 101	#E Member Welcome (In Person)	B Thurber
4/10 - 5/15	2:30 - 3:45	Prescott Bldg 31	- 101	#77 Chair Yoga And More (Thursday)	C Young

Friday

4/11 - 5/16	8:45 - 10:45	Prescott Bldg 31	- 102	#2 Let's Play Bridge	D Dimmel
3/28	9:30 - 10:45	Prescott Bldg 31	- 101	#B Thinking about Facilitating	C Maxwell*
4/11 - 5/2	10:00 - 11:30	Prescott Bldg 3	- 203	#44 A Republic If You Can Keep It: Constitutional Conv	Montoya,Dekker,Swain
4/11 - 5/16	10:00 - 12:00	Prescott Bldg 31	- 101	#53 Viewpoints	J Wilson, A Lopez
4/11	10:00 - 11:30	Prescott Bldg 4	- 102	#69 Fire Adapted Communities & Wildfire Resilience	C Jackson, F Croft
4/11 - 5/16	10:00 - 11:30	Zoom		<i>Bella Napoli: Italy's (Other) "Eternal City" \$</i>	A Antonucci
4/25 - 5/9	10:00 - 12:30	Prescott Bldg 4	- 102	#16 Magic & Making of Pixar Animated Short Films	D Baier
4/11 - 5/9	11:00 - 1:00	Prescott Bldg 31	- 102	#1 Beginning Mah Jongg	BHickman,GZemble
4/11 - 5/16	11:00 - 12:15	Prescott Bldg 15	- 260	#9 Western Line Dancing for Beginners	C Reynolds
4/11 - 5/16	12:30 - 2:00	Zoom		#40 Energy First Aid-Activate Your Healing Abilities	D Archer
4/11 - 5/16	1:00 - 3:00	Zoom		#59 Current Economic Issues (Zoom)	C Blum
4/11 - 5/16	1:00 - 4:00	Prescott Bldg 4	- 102	#13 Foreign Films	L Danaher, A Lopez
5/2	1:00 - 3:30	Prescott Bldg 31	- 101	#35 Medicare - What are you missing?	KBoryca*,PWickstrom
4/11 - 4/25	1:00 - 3:30	Prescott Bldg 31	- 101	#36 Wellness in a Changing World	K Law,BBranstrator
4/11 - 5/16	1:30 - 3:30	Prescott Bldg 31	- 102	#4 6 crafts in 6 weeks	S Lavalee
4/18 - 4/25	2:00 - 3:00	Zoom		#28 Free and Easy: Streaming Movies Online	B Mains

Email Only

- #11 Triumph over Adversity: Beethoven's Symphony no. 5 N Dubow*
- #12 In Concert with Pianist Josef Hofmann N Dubow*
- #52 Great Courses Potpourri P Berlowe



OLLI Special Interest Groups (SIGs)

Free for OLLI members!
Join one or start your own!

More information:
www.yc.edu/sig

Registration: www.yc.edu/OLLI

#B Thinking about Facilitating

Fri, 3/28 • 9:30-10:45 • Free

1 Meeting • Prescott Bldg 31-101 • OP-402-SP25

Facilitator: Chris Maxwell*

This workshop is for new facilitators who are ready to start exploring the world of facilitating for OLLI and experienced facilitators who might want to try something new. We will talk about how to plan both in person and online classes, options, and how to hold effective discussions. We will show you all the tools OLLI has to offer.

#D Member Welcome (Zoom)

Tues, 4/1 • 2:30-3:30 • Free

1 Meeting • Zoom • OZP-404-SP25

Facilitator: Bev Thurber

Did you know that OLLI is more than a classroom? Whether brand new or a continuing member, join us to hear about all OLLI offers, how to get involved, and meet people. Also, find out important details like parking, food options on campus, and finding your classroom! Our Member Welcome will reveal the answers to these and many more questions. Bring a friend. We look forward to meeting you!

#E Member Welcome (In Person)

Thurs, 4/3 • 2:30-3:45 • Free

1 Meeting • Prescott Bldg 31-101 • OP-405-SP25

Facilitator: Bev Thurber

See #D

#H Craft Supply Swap

Mon, 4/21 • 1:00-4:00 • Free

1 Meeting • Prescott Bldg 30-126 • OP-408-SP25

Facilitators: Linda Neville (GC,) Judy Riggerbach

Are your craft drawers overflowing with supplies you no longer use? Join us for a Craft Supply Swap. Bring your new or gently used craft supplies: fabric, yarn, beads, paper, paints, tools, etc., and have fellow crafters put them to use. If you're looking to clear space or find new inspiration, this is the perfect opportunity to refresh your stash. This just may be the incentive you need to begin a new project! Anything not grabbed up will be donated to the PUSD Teacher's Closet.

#I SCAMS! Tips On How To Avoid Them

Wed, 5/7 • 9:00-10:00 • Free

1 Meeting • Prescott Bldg 31-101 • OP-409-SP25

Facilitators: YC Campus Safety Staff

This course, presented by The Yavapai College Police Department reviews the most current types of scams, and teaches ways to stay safe online, and how to protect yourself from scammers.

Munch & Learn: Aging in Reverse

Thurs, 4/10 • 12:30-1:45 • Free

#J • Zoom • OZV-410-SP25

#K • Verde Campus Bldg.M-137 • OV-411-SP25

Facilitator: Shri Srikanth

This informative educational presentation by Dr. Perry Baker, Dean at Yavapai College, reviews research in epigenetics and applied science of longevity to discover how lifestyle and behavior impact our genes and our aging. We will focus on practical applications and "bio-hacks" used today to slow aging and extend lifespan.

Munch & Learn: Upper Verde River

Thurs, 4/17 • 12:30-1:45 • Free

#L • Sedona Center-34 • OS-412-SP25

#M • Zoom • OZS-413-SP25

Facilitator: Shri Srikanth

Gary Beverly, Chair of the Sierra Club, has worked for 20 years to protect the Verde River. The upper Verde contains some of Arizona's best surviving riparian habitats that support many species protected by the Endangered Species Act. Yet, groundwater pumping and climate change threaten the river's existence. National, state, and local conservation groups are actively working to protect the upper Verde.

Munch & Learn: Artificial Intelligence

Thurs, 4/24 • 12:30-1:45 • Free

#N • Verde Campus Bldg.M-137 • OV-414-SP25

#O • Zoom • OZV-415-SP25

Facilitator: Shri Srikanth

Artificial Intelligence (AI) has burst upon the scene overnight. Its potential is seen by some as a great boon while others see it as an existential threat. Robyn Bryce and Kathleen Tallman with Yavapai College, and Shri Srikanth from OLLI, will discuss the rise of AI, a basic understanding of how it works, the pros and cons of technology and its current state. We will also discuss the application of AI in education. Yavapai College is in the forefront of this new technology.



Registration: www.yc.edu/OLLI

Munch & Learn: The Electoral College

Thurs, 5/1 • 12:30-1:45 • Free

#P • Prescott Bldg 4-102 • OP-416-SP25

#Q • Zoom • OZP-417-SP25

Facilitator: Kelly Boryca*

Loraine West, the current president of the local chapter of the League of Women Voters, shares her knowledge about the electoral college. In this class we will be presenting the origins of the electoral college, and the changes made to it over time. We will look at the reasons people support or oppose it. Lastly, we will discuss alternatives to the electoral college including the popular vote for president, and the National Popular Vote Compact.

Munch & Learn: Advance Directives & Long-Term Care

Thurs, 5/8 • 12:30-1:45 • Free

#R • Prescott Bldg 4-102 • OP-418-SP25

#S • Zoom • OZP-419-SP25

Facilitator: Kelly Boryca*

Melissa Henak, an Elder Care Advisor with Jackson White Elder Law since 2009, will present an overview of advance directives, guardianship/conservatorship, estate planning, and probate. We will also be discussing, how to better understand and navigate long-term care benefits, including those available through ALTCS (Arizona Long-Term Care System).

Munch & Learn: Judge Krista Carman

Thurs, 5/15 • 12:30-1:45 • Free

#T • Zoom • OZP-420-SP25

#U • Prescott Bldg 4-102 • OP-421-SP25

Facilitator: Rudy Arena*

Judge Krista Carman wears many hats: she is a member of the Yavapai Superior Court and an active member of Prescott's local community. Today her talk will be about the Superior Court, the judges and the process of selections and appointments to the Superior Court. She will speak about the criminal justice system and will include an overview of the Arizona Court structure as well as the current Chief Justice of the Arizona Court's Strategic Plan for the courts.

***Master Facilitators – have offered 25 or more OLLI Classes**

Yavapai
COLLEGE
MAIL CENTER

Serving the Public

TUESDAY - WEDNESDAY - THURSDAY
9 AM - 4 PM

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Sign up for our
Annual Chili Cook Off

as a cook or a taster!

March 25

www.yc.edu/olli



We are proud to announce our newest
OLLI offerings - international travel!

- Canadian Maritimes Oct 3 - 11
- Ireland May 2026
- Hiking based, location?? Fall 2026

www.yc.edu/ollitravel

Registration: www.yc.edu/OLLI

ARTS & CRAFTS

#1 Beginning Mah Jongg

Fri, 4/11-5/9 • 11:00-1:00 • \$35

5 Meetings • Prescott Building 31-102 • OP-201-SP25

Facilitators: Barbara Hickman, Gail Zemle

Learn to play mahjong, a complicated game that takes time and concentration to learn, but is loved by many around the world. We will play American mahjong, following the National Mahjong League rules. All students will need the 2025 National Mahjong League card, which OLLI will purchase at an additional cost to you of \$14. An easy to use mahjong guide will be available for purchase, but is not required. Please commit to attendance as space is limited.

#2 Let's Play Bridge

Fri, 4/11-5/16 • 8:45-10:45 • \$35

6 Meetings • Prescott Bldg 31-102 • OP-202-SP25

Facilitator: Don Dimmel

Casual supervised bridge play for people who have a basic knowledge of bridge and are interested in improving their game. Discussion of bidding and playing strategies will also be part of the class.

#3 Texas Hold'em poker

Wed, 4/9-5/14 • 2:00-4:30 • \$35

6 Meetings • Prescott Bldg 30-126 • OP-203-SP25

Facilitators: Ken Paris, John Pillman

Learn to play Texas Hold'em poker, the world's most popular poker game. You will be introduced to poker terminology, ranking of hands, table action, etc. You will learn when to bet, raise and fold. By the end of the class you will have played in live and tournament games for fun and should be comfortable playing at any hold'em table anywhere. Knowledge of playing poker is helpful but not mandatory. Please be able to attend all (or at least most) of the classes so we'll have a full table.

#4 6 crafts in 6 weeks

Fri, 4/11-5/16 • 1:30-3:30 • \$35

6 Meetings • Prescott Bldg 31-102 • OP-204-SP25

Facilitator: Stacey Lavalee

Week one we will be exploring alcohol ink. Week two, paint pouring. Week three, we will do bottle painting. Week four dried flower application. Week five fabric painting. And finally week six we will make cards. On top of the OLLI class fee, a \$35 supply fee is due to the facilitator the first day of class. This will include all the paints, ink and dried flowers needed to complete the projects.

#5 Hand and Foot Card Game

Wed, 4/16-5/7 • 2:00-4:00 • \$35

4 Meetings • Prescott Bldg 31-102 • OP-205-SP25

Facilitators: Lisa Morfitt, Linda Neville (GC)

Popular canasta style card game. Does not require a lot of strategy, anyone can learn this fun game. The goal is to accumulate the most points by creating "melds" (sets of cards) and going out before your opponents. It is ideal for fostering engagement because of its simplicity, teamwork, and the strategic balance between individual and group play.

#6 Make & Take Project Gourd Art Bowl

Wed, 4/9 • 2:00-5:00 • \$15

1 Meeting • Prescott Bldg 31-102 • OP-206-SP25

Facilitator: Ann Kells

This is a fun, and easy project. In this workshop, participants will apply dye colors to their own gourd bowl, then lash on a pine needle rim and embellishments. (Gourd will be cleaned and prepped for you.) No artistic background or previous experience is needed. Manual dexterity and attention to detail is helpful. You will take your completed bowl with you. Supplies will be provided; \$15 fee payable to the facilitator.

ARTS-VISUAL & PERFORMING

#7 Spiritual Landscapes: The Journey of Art

Tues, 4/8 • 11:00-12:15 • \$15

1 Meeting • Prescott Bldg 4-102 • OP-207-SP25

Facilitators: Donna Larson, Sheila Kollasch

Artists Donna Larson and Sheila Kollasch, are exhibiting paintings and drawings at the Natural History Institute Gallery [NHI], 126 N. Marina St., to April 11, 2025. This presentation describes the philosophy and inspiration behind their work. The show, "Spiritual Landscapes," features the variety and beauty of the Southwest, interpreted by the artists' attachment to the land. Both have hiked and explored the multiple environments in the Southwest. Their work embraces the critical relationships of life cycles therein. The well-being of all life depends on human awareness and the reciprocal relationship between people and the natural world. Donna's and Sheila's work celebrates this mission.

ARTS-VISUAL & PERFORMING CONT.

#8 Monet to Van Gogh, A History of Impressionism Pt 1

Mon, 4/7-5/12 • 2:00-4:00 • \$35

6 Meetings • Prescott Bldg 3-203 • OP-208-SP25

Facilitator: John Kohlenberger*

Enjoy virtual museum tour videos about the lives and times, the genius and enduring accomplishments of the Impressionists as our modern world was taking shape. Find a new appreciation of art and painting. Enjoy the style and function of Impressionist painting by artists such as Monet, Renoir, Cassatt, Cézanne, Toulouse-Lautrec, and Van Gogh. Facilitator will share personal photos and stories of some of the places and artists covered.

#9 Western Line Dancing for Beginners

Fri, 4/11-5/16 • 11:00-12:15 • \$35

5 Meetings • Prescott Bldg 15-260 • OP-209-SP25

Facilitator: Cindy Reynolds

Line Dancing for Seniors! Come join the fun and learn 6 new line dances. No previous experience needed, we promise to go slowly. Wear your cowboy attire and dance to some Country Western music. Line Dancing is a great exercise and you will learn the steps in no time!

#10 Explore Abstract Art: 4 Diverse Female Artists

Thurs, 4/10-5/1 • 10:00-11:00 • \$35

4 Meetings • Prescott Bldg 31-102 • OP-210-SP25

Facilitator: Patricia Bennan

Each week one of 4 different speakers will discuss one diverse, fascinating female 20th century artist famous for her abstract art. Hilma af Klint, a pioneering abstract mystical painter. Lee Krasner, painter and visual artist, married to Jackson Pollack. Ani Albers, artist and printmaker, wife of Josef Albers. Maya Lin, architect, designer and sculptor renowned for Viet Nam Memorial.

#11 Triumph over Adversity: Beethoven's Symphony no. 5

Email Only • OZP-211-SP25 • \$15

Facilitator: Nancy Dubow*

Two stellar lectures by Robert Greenberg will forever change how you listen to and appreciate this iconic symphony. A great performance and extras round out this amazing presentation of this magnificent masterpiece.

#12 In Concert with Pianist Josef Hofmann

Email Only • OZP-212-SP25 • \$15

Facilitator: Nancy Dubow*

Attend an amazing piano recital given by one of the lions of the piano. Our program includes Beethoven's Waldstein Sonata and selections by Schumann, Chopin, and encores. Program notes about Hofmann and the music, and bonus music add to your enjoyment.

#13 Foreign Films

Fri, 4/11-5/16 • 1:00-4:00 • \$35

6 Meetings • Prescott Bldg 4-102 • OP-213-SP25

Facilitators: Lee Danaher, Armando Lopez

We show recent films that have garnered international recognition. All are thought-provoking, with great acting. We may include an older film shown over the years in our collection. We show the film right through, take a break, then have a discussion. It's always interesting to hear the class members' impressions.

#14 The MET Metropolitan Museum of Art

Thurs, 4/24 • 2:00-4:00 • \$15

1 Meeting • Prescott Bldg 3-203 • OP-214-SP25

Facilitator: Andrew Newton

The Metropolitan Museum of Art, in Central Park, New York City, is one of the best art museums in the world. While it may be too far way to visit, we can still enjoy much that it has to offer. We will explore their extensive website and learn how to find, examine, and download images, exhibit publications, and curator studies. We will also explore their virtual tours available on their web application. If time permits, we will explore the digital holdings of other museums.

#15 Tom Hanks: A Cinematic Journey Through Excellence

Thurs, 4/10-5/15 • 2:00-3:15 • \$35

6 Meetings • Zoom • OZP-215-SP25

Facilitator: Bill Mains

Dive into six great films featuring Tom Hanks. This course spotlights Hanks' diverse characters, from leaders, heroes and advocates for justice to flawed but redemptive human beings. This course offers an intimate look at Hanks' unique contributions to cinema while fostering spirited discussions among participants. Movies: Sully (2016), Greyhound (2020), News of the World (2020), Bridge of Spies (2015), The Green Mile (1999), Philadelphia (1993). Movies are watched on your own.

note: this zoom class will not be recorded

ARTS-VISUAL & PERFORMING CONT.

#16 Magic & Making of Pixar Animated Short Films

Fri, 4/25-5/9 • 10:00-12:30 • \$35

3 Meetings • Prescott Bldg 4-102 • OP-216-SP25

Facilitator: Don Baier

Pixar's feature-length productions are well-known, but their short films have won four Academy Awards and eight nominations. Join us for a fun exploration of the history & magic. We'll dive into the innovative technology and programming that goes into these fantastic works of art and review some of their most beloved short films. There's no homework to do, just bring your happy, smiling disposition to class where we will see, review, and discuss some of the great animated magic from Pixar.

#17 English Country Dance

Thurs, 4/10-5/15 • 10:00-11:30 • \$35

6 Meetings • Prescott Bldg 15-260 • OP-217-SP25

Facilitator: Susan Taylor

English Country Dance (ECD) is the sort of dancing you've seen in Jane Austen movies. It's fun, friendly, not too strenuous, and doesn't require dance experience. This form of dance involves two or more couples dancing a series of patterns in a variety of formations like circles, squares, and two long lines. Whether the music is jaunty or lyrical, historical or contemporary, you will enjoy moving to music in this "on-your-feet" and social class. No partner required. \$5.00 fee to facilitator to cover music costs.

#18 Movie Matinee Musicals in the Spring

Tues, 4/8-5/13 • 1:00-4:00 • \$35

6 Meetings • Prescott Bldg 4-102 • OP-218-SP25

Facilitators: Don Baier, Cindy Reynolds, Bonnie Manko

Nothing says Springtime like April showers or Easter or Opening Day of the baseball season. During this session we learn all about, enjoy, and review some Springtime offerings from the heyday of the Musical. Singin' in the Rain, Easter Parade, and Take Me Out to the Ball Game are just part of the lineup this time! There's also Calamity Jane, 7 Brides for 7 Brothers, and Gigi. Come join the fun & camaraderie of the Movie Matinee as Cindy, Bonnie, and Don welcome you to Springtime in the Movies!

COMPUTER & TECHNOLOGY

#19 Photo Organization: Simple and Done

Wed, 4/9-4/16 • 1:00-2:30 • \$35

2 Meetings • Zoom • OZP-219-SP25

Facilitator: Celeste Soong-Tang

Imagine your photos organized in one place, permanently, safely, and find any photo in seconds. This includes old slides and movies. We will talk about digitizing old media, cloud storage, software for creating photo projects and photo restoration. You will learn techniques to use with any photo management system. Enjoy your photos again and leave a legacy through photos and stories in a way that is simple, manageable, and stress free.

#20 Intro to Home Automation

Tues, 5/6 • 12:30-2:30 • \$15

1 Meeting • Zoom • OZP-220-SP25

Facilitator: JB Burke* Jerry Rogan

Introduction to Home Automation. In this presentation, you can learn how simple it is to use home automation for your safety and security with a minimal investment of under \$200. If time allows, we may also look a step or two further.

#21 Protecting Your PC

Tues, 4/22 • 12:30-2:30 • \$15

1 Meeting • Zoom • OZP-221-SP25

Facilitators: JB Burke*, Chris Taylor

The average time it takes for an unprotected computer to be compromised after connecting to the Internet is under 15 minutes, don't let it be yours. Chris Taylor, President of the Ottawa PC Users' Group will show you the simple steps you need to take to keep your PC from being hacked. And best of all, it can be done for free.

#22 TED Talks

Tues, 4/8-4/29 • 12:30-1:45 • \$35

4 Meetings • Prescott Bldg 3-203 • OP-222-SP25

Facilitator: Chris Maxwell*

TED is a nonprofit devoted to spreading ideas via short powerful talks on variety topics. You'll receive an email with links to the 3-5 TED talks to watch before our scheduled discussion, background information, additional resources, and questions to keep in mind while viewing on your own. Then we'll meet in person to discuss the thought provoking, innovative, and inspiring talks.

Registration: www.yc.edu/OLLI

COMPUTER & TECHNOLOGY CONT.

#23 Protect Yourself from ID Theft

Thurs, 4/10 • 12:30-2:30 • \$15

1 Meeting • Zoom • OZP-223-SP25

Facilitators: *JB Burke**, *Judy Taylour*

Protect Yourself from ID Theft. Identity theft is a serious crime. It's when someone uses information about you without your permission. Judy's presentation covers how your ID can be stolen, how to help prevent it, and what to do if you become a victim.

#24 TED Talks Online Version

Tues, 4/8-4/29 • 9:30-10:45 • \$35

4 Meetings • Zoom • OZP-224-SP25

Facilitator: *Chris Maxwell**

TED is devoted to spreading ideas via short talks on variety topics. You'll receive an email with links to the 3-5 TED talks to watch before our scheduled discussion, background information, and questions to keep in mind while viewing the talks. We'll meet via Zoom to discuss the thought provoking, innovative, and inspiring talks.

note: this zoom class will not be recorded

#25 Android Smartphone Tips & Tricks

Tues, 4/8 • 2:00-4:00 • \$15

1 Meeting • Zoom • OZP-225-SP25

Facilitator: *JB Burke**

The world of Android smartphones (pocket computers) advances quickly. New apps (many of them free), new features via updates to the Android OS and new security threats. JB will bring you the latest hints & tips to get the best out of your Android smartphone, including security, keyboard tricks, performance help, Google Lens, connecting to your PC and many other topics.

#27 Artificial Intelligence: A Case Study

Wed, 4/16-4/30 • 9:30-10:30 • \$35

3 Meetings • Zoom • OZP-227-SP25

Facilitator: *Jerry Thurber (GC)*

A laymen's exploration of A.I. and why we might (or might not) care. What does AI mean, how will it affect jobs, products, services and – most concerningly – our personal privacy. Five years ago, the facilitator teamed with the former head of the Machine Learning Lab at Stanford to start a company using AI to help predict job success. Using this experience as a “case study” this course will explain – in terms we can all understand – what AI means and what it might mean for us.

#28 Free and Easy: Streaming Movies Online

Fri, 4/18-4/25 • 2:00-3:00 • \$35

2 Meetings • Zoom • OZP-228-SP25

Facilitator: *Bill Mains*

Stream free movies online with ease! Learn how to watch free movies online in this two-session Zoom class! Session 1 covers the tools Reel good and Just Watch to find movies, plus free services like Tubi, Free vee, and YouTube Movies. Session 2 explores Pluto and Plex streaming services. **note: this zoom class will not be recorded**

#29 The Visual Designer's Eye

Tues, 4/15-5/13 • 12:00-1:00 • \$35

5 Meetings • Prescott Bldg 3-206 • OP-229-SP25

Facilitator: *Rick Diehl*

What pamphlets, PowerPoints, web pages, and publications have in common? They're all designed or they should be. A course for anyone who creates, publishes, or produces. Learn the principles of graphic and visual designers. In 5-one hour classes we'll look at the good, the bad, and the ugly of design as we build your visual design prowess.

HEALTH & NUTRITION

#30 Monitoring Your Health with Apple watch & iPhone

Thurs, 4/10-5/8 • 2:00-3:15 • \$35

5 Meetings • Prescott Bldg 31-102 • OP-230-SP25

Facilitator: *Frank Croft*

The iPhone Health App and Apple Watch have been out for a decade, helping people monitor their health. We will explore the watch sensors and their measurements, how to understand the information they provide and how to get more from them. You must have an Apple Watch Series 6 or later, and an Apple iPhone XR or later. I will be teaching course based on features contained in the Apple Watch iOS 11 and iPhone iOS 18. I recommend you upgrade to these versions.

#34 Restaurant Reviews and Recommendations (Wed)

Wed, 4/9-5/14 • 12:30-1:45 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-234-SP25

Facilitator: *Jeanne Velling**

This class will offer suggestions of restaurants to review in the Tri-City area. We'll go to new places, some favorites, dine, and report to class the experience. This class will immerse you in the social aspect of OLLI.

Registration: www.yc.edu/OLLI

HEALTH & NUTRITION CONT.

#35 Medicare: What are you missing?

Fri, 5/2 • 1:00-3:30 • \$15

1 Meeting • Prescott Bldg 31-101 • OP-235-SP25

Facilitators: Kelly Boryca*, Pam Wickstrom (GC)

Do you wonder why you get the Medicare Summary Notice (MSN) of benefits? Pam Wickstrom will show you how to read the summary of services received and be alert to fraud. Do you know of someone who struggles to pay their Medicare costs including premiums, copays and pharmacy costs? Kelly Boryca will share the ins and outs of the Medicare Savings Programs.

#36 Wellness in a Changing World

Fri, 4/11-4/25 • 1:00-3:30 • \$35

3 Meetings • Prescott Bldg 31-101 • OP-236-SP25

Facilitators: Kristen Law (GC), Bob Branstrator

Natural selection hasn't always advanced human health. The gap between slow biological development and fast cultural change may drive current health issues like obesity, cancer, and dementia. This science-based class will examine these issues and offer wellness strategies.

#39 Your Awesome Body

Tues, 4/8-5/13 • 12:30-1:15 • \$35

6 Meetings • Zoom • OZP-239-SP25

Facilitator: Holly Huffman

Our bodies are designed to maintain health and function. Every cell contains an innate intelligence to maintain balance even when faced with episodic stressors by possessing the resilience and vital reserves to combat challenges. If stress becomes chronic and unresolved it will cause imbalances, loss of function, and ultimately disease. We will look at how our bodies are designed to maintain wellness, the effect of imbalances, and how to restore and maintain vitality as nature intended.

#40 Energy First Aid-Activate Your Healing Abilities

Fri, 4/11-5/16 • 12:30-2:00 • \$35

6 Meetings • Zoom • OZS-240-SP25

Facilitator: Darielle Archer

Learn how to create a healing mindset and stop Energy Vampires from draining you. Let Darielle's Energy First Aid system help protect you from symptoms like sudden tiredness, brain fog, and low energy. Boost your energy quickly by scanning your body using the "turn down the pain and turn up your energy" technique. Employ the power of color for pain and release the imprinting and associations that keep you stuck. Experience how amazing you truly are.

#41 So Sweet, So Deadly (Sugar)

Wed, 4/9 • 1:00-4:00 • \$15

1 Meeting • Prescott Bldg 3-271 • OP-241-SP25

Facilitator: Robert Branstrator

Sugar is making us very ill. Sugar has been cleverly disguised in foods we purchase by corporations with few real concerns for our health or the many diseases their products cause. Learn how to lose weight without actually counting calories. Learn what are good sugars and bad sugars and how to spot and avoid the bad. Learn how our taxes are being used to promote cheap sugar resulting in poor health that requires additional dollars to treat. What can we do about it?

#42 Restaurant Reviews and Recommendations (Mon)

Mon, 4/7-5/12 • 12:30-1:45 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-242-SP25

Facilitator: Jeanne Velling*

This class will offer suggestions of restaurants to review in the greater Tri-City area. We'll go to new places and some former favorites, order, dine, and report back to class regarding the entire experience. Plan to eat out by yourself, with someone special or a group, your choice. The reviews are mostly informational and sometimes quite funny. This class will immerse you in the social aspect of OLLI. Sign up and join the fun.

#43 Tastes of the Canadian Maritimes

Wed, 4/9-4/23 • 12:00-1:15 • \$35

3 Meetings • Prescott Bldg 31-102 • OP-243-SP25

Facilitators: Bev Thurber, MaryAnn Schaffer* (GC)

Whether or not you are joining OLLI's Canadian Maritimes trip, come sample the region's foods! In the 1st class, we will explore the influences of the area's history and geography on the cuisine. Armed with this information, class members will be asked to sign up for a category of Canadian Maritime food to prepare and bring to either the 2nd or 3rd class. Come share food, recipes and stories about the Maritime Provinces. Learn new information, sample new recipes, make new friends and have fun.



HISTORY & CURRENT AFFAIRS

#44 A Republic If You Can Keep It: Constitutional Conversations

Fri, 4/11-5/2 • 10:00-11:30 • \$35

4 Meetings • Prescott Bldg 3-203 • OP-244-SP25

Facilitators: *Brandon Montoya, Lori Dekker, Barbara Swain-Estes*

Let's go on an exhilarating journey through key concepts of the Constitution & constitutional law and their impact on our daily lives. From right to privacy and free speech to state/federal balance of power, explore how constitutional principles influence healthcare, education, civil rights & more. Discover how these foundational ideas shape society and protect freedoms. Join us for respectful, thoughtful discussions that may challenge your perceptions and deepen your understanding.

#46 Legacy of Prescott's Smoki People

Thurs, 5/1 • 2:00-4:30 • \$15

1 Meeting • Prescott Bldg 4-102 • OP-246-SP25

Facilitator: *Jerry Chinn*

Screening of documentary film, *Raindance in a Storm, Prescott's controversial snake dance*. Featuring local guest speakers, questions and answers after the film.

#47 High Places: Prehistoric Hilltop Architecture

Tues, 4/15 • 2:00-4:00 • \$15

1 Meeting • Prescott Bldg 3-119 • OP-247-SP25

Facilitators: *Michael Kellett, Jennie Tutone*

Join the Natural History Institute and OLLI for a talk by archeologist Michael Kellett, who will share his original research on the Prescott Culture area. His research involves drone imagery and 3-D modeling from over 60 hilltop sites and spatial analysis using GIS. Kellett examines whether the diversity of form in hilltop architecture indicates a diversity of site functions. Discover this innovative archaeological research where modern technology investigates the past.

#48 Prehistoric Obsidian Exchange in Central Arizona

Tues, 4/22 • 2:00-4:00 • \$15

1 Meeting • Prescott Bldg 3-119 • OP-248-SP25

Facilitator: *Michael Kellett Jennie Tutone*

Join the Natural History Institute and OLLI for a talk by archaeologist Michael Kellett on his research on obsidian trade routes among prehistoric peoples in West-Central Arizona. Kellett will discuss his findings on obsidian acquisition in the Northern and Southern Sinagua, Prescott, and Cohonina cultures. He'll share the exchange routes he mapped.

#49 New Ideas

Mon, 4/7-5/12 • 10:30-12:00 • \$35

6 Meetings • Zoom • OZP-249-SP25

Facilitator: *Barbara Brown**

Please join us on a journey into the world of new ideas. We will explore a different subject each week from science, technology, space, the arts and culture.

#50 World War I and the Evolution of Warfare

Tues, 4/8-5/13 • 12:30-1:45 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-250-SP25

Facilitator: *Colin Evans*

We will discuss The War to End All Wars and its effects on the world and the strategies and technological evolution. We'll cover the strategies employed in previous wars. Next, move into the evolution of trench warfare and the tactics employed to break through the lines of stagnant warfare. We will discuss the adoption of new tactics such as specialized units, tanks, artillery, chemical weapons, and the growing idea of air superiority.

#51 Great Pharaohs of Ancient Egypt (Part 2)

Tues, 4/8-5/13 • 2:00-4:00 • \$35

6 Meetings • Prescott Bldg 3-271 • OP-251-SP25

Facilitator: *Jerry Jones**

This course is for anyone interested in ancient Egyptian civilization. We will trace the rise of Egypt from a scattering of villages along the Nile to the greatest power the world has ever seen, through the lives of the pharaohs. Egypt ruled the Near East because of its great kings and queens. As the world's first nation, Egypt's power was concentrated in the hands of the Pharaoh.

**Great Courses*

#52 Great Courses Potpourri

Email Only • OZP-252-SP25 • \$35

Facilitator: *Patricia Berlowe*

We have access to over 250 Great Courses titles that can be streamed from your home. You could be given access to the Prescott OLLI account, and can stream at will for the session. Learn about music, history, mindfulness, science and travel.

#53 Viewpoints

Fri, 4/11-5/16 • 10:00-12:00 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-253-SP25

Facilitators: *Jack Wilson, Armando Lopez*

Aristotle says, "It is the mark of an educated mind to be able to entertain a thought without accepting it." No idea, belief, or opinion is out of bounds in this class. Let us have a lively and, most of all, informative discussion.

HISTORY & CURRENT AFFAIRS CONT.

#54 Immigration Pt 2

Wed, 4/9-4/23 • 2:00-3:30 • \$35

3 Meetings • Prescott Bldg 3-203 • OP-254-SP25

Facilitators: Steve Ashlock, Debbie Throckmorton

This session is Part II of the Immigration Series. We'll discuss past immigration policies comparing these policies to current situations. The class will be lectures, videos, guest speaker(s), and discussion. New students are welcome, space permitting.

#55 Jimmy Carter and Our National Park System

Mon, 4/14 • 10:00-11:30 • \$15

1 Meeting • Zoom • OZS-255-SP25

Facilitator: David Kroese

No president has had a greater lasting impact on our national parks than Jimmy Carter. The U.S. National Park System doubled in acreage during the Carter administration, the only presidential term to see over fifty new NPS units created spanning a remarkable collection of diverse natural and historical resources.

#56 Crash of the Constellation

Thurs, 5/8 • 2:00-4:00 • \$15

1 Meeting • Prescott Bldg 4-102 • OP-256-SP25

Facilitator: Don Baier

On a clear winter's day in February of 1959, a USAF C-121G Super Constellation crashed in the Granite Dells of Prescott. What do we know about that tragedy in our backyard? With the perspective of thousands of hours of flight experience, including Flight Training, Accident investigation, Don talks with you about what we know, what we don't know about the loss, what would be going on onboard the aircraft, where the wreckage is, and the trail there that honors those who lost their lives that day.

#57 Random Acts of History

Thurs, 4/10-4/24 • 11:00-12:30 • \$35

3 Meetings • Prescott Bldg 3-203 • OP-257-SP25

Facilitator: Bill Weiss*

Bill Weiss continues his famous history series with a series of well researched talks. He will cover: Sexual Pioneers of the Uptight Fifties; The Fox in the White House Eisenhower's Hidden Hand Presidency; and "Crime of the Century" the Rosenberg Spy Case.

#59 Current Economic Issues (Zoom)

Fri, 4/11-5/16 • 1:00-3:00 • \$35

5 Meetings • Zoom • OZS-259-SP25

Facilitator: Charles Blum

By presenting relevant concepts and data, this on-going course aims to equip each participant to be an educated consumer of news on a wide range of economic topics. Discussions will be fact-driven and nontechnical; no formal economics training is required. **Note:** This class will skip Friday April 25.

#63 The World According to Zeihan

Mon, 4/7-5/12 • 11:00-12:15 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-263-SP25

Facilitator: Jim Veney* (GC)*

Peter Zeihan is a geopolitical analyst who comments on the world at large. He is the author of four books including The Accidental Superpower, 2014, The Absent Superpower, 2017, Disunited Nations, 2020, and The End of the World is Just the Beginning, 2022. This class will follow the logic of Zeihan's arguments as he comments on the effect of demographic change and the withdrawal of the United States from the World stage and the future as a consequence of these changes.

#64 The American West Pt 1

Wed, 4/9-5/14 • 2:00-4:00 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-264-SP25

Facilitator: Claxton Lovin*

This is a DVD course by OLLI favorite Patrick N Allitt. We explore the Western history and show how they become myths, legends, movies, political speeches, and continuing claims about the exceptional character of the United States. Explore the expansion of the original 13 colonies, the discoveries of Lewis and Clark, the struggles of the native Indian people, the Mexican War, and acquisition of the southwest from Mexico, and the role of the West in the American Civil War. **Great Courses*

#66 Foreign Affairs: Events & Discussions

Tues, 4/8-5/13 • 2:00-4:00 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-266-SP25

Facilitator: John Lowe

Interactive discussions about foreign affairs, major international events, and selected global issues of interest. We review recent events, headlines, lesser-reported events, and follow up on previous discussions. Bring your viewpoint and share opinions and comments.

LOCAL INTEREST & TRAVEL

#67 Armchair Adventures

Wed, 4/9-5/14 • 10:30-12:00 • \$35

6 Meetings • Zoom • OZP-267-SP25

Facilitator: Barbara Brown*

Join us to travel the world without passports, expense, long lines at airports, cathedrals or fatigue. We will explore cultures, history and do lots of sightseeing.

#68 Hidden Secrets of Yavapai College

Thurs, 4/3 • 1:00-2:00 • \$15

1 Meeting • Outside 31 • OP-268-SP25

Facilitator: Patricia Berlowe

Join us for an exploration of all that Yavapai College's Prescott Campus has to offer! Did you know we have an Art Gallery? A post office the public can use? A beautiful sculpture garden? Join us for a walking campus tour and learn all the hidden secrets! We will start our tour in front of the OLLI Office, Building 31. Dress for the weather and wear comfortable shoes!

#69 Fire Adapted Communities & Wildfire Resilience

Fri, 4/11 • 10:00-11:30 • \$15

1 Meeting • Prescott Bldg 4-102 • OP-269-SP25

Facilitators: Conrad Jackson, Frank Croft

Prescott's largest natural disaster threat is wildfire. The nature of our fire-prone region and our ever-increasing encroachment into the Wildland-Urban Interface is only increasing that threat. While many residents of Prescott have heard the term "Firewise" or "Defensible Space", the actual practice is underutilized and misunderstood. Topics covered in class include, but not limited to, resident mitigation, wildfire response, evacuations, planning, policy, partnerships, and recovery.

#70 Verde Valley Archaeology Center and Museum Trip

Tues, 4/8 • 1:00-3:00 • \$15

1 Meeting • Museum in Camp Verde • OS-270-SP25

Facilitator: TBA

A behind the scenes tour of the Verde Valley Archaeology Center and Museum! The VVAC's mission is to preserve archaeological sites and collections, to curate the collections locally, and to make them available for research and education; to develop partnerships with American Indians, cultural groups and the communities we serve; and to foster a deeper understanding of prehistory and American Indian history in the Verde Valley through the science of archaeology.

#71 Travel Destinations

Thurs, 4/10-5/8 • 9:30-10:45 • \$35

5 Meetings • Zoom • OZP-271-SP25

Facilitators: Bill Maxwell*, Deb Dillon*

Whether you are an armchair traveler or someone who never unpacks, come and join Deb & Bill to travel to destinations around the world. We will spend the 5 weeks exploring everything from exotic locations to points of interest in the USA. Expect to experience: nature, adventure, exotic locations, and history. Deb & Bill will try to provide information as well as fun stories about their experiences traveling the world. Maybe you will find some new destinations to add to your bucket list.

#72 From Stray to Star

Thurs, 4/10 • 1:00-2:00 • \$15

1 Meeting • Prescott Bldg 31-101 • OP-272-SP25

Facilitator: Chelly Bolger Wathen

"Chelly" Bolger Wathen grew up in San Diego and worked as a government paralegal for almost 30 years. Then one day, her world changed forever. On that day, she and her husband, George welcomed Shayla, a very special dog from Ukraine. This remarkable Shepherd/Wolf dog overcame abandonment in a harsh, cruel world and chose to trust and love new friends who raised her at the orphanage "Otichiy Dim" (Father's House). Everyone loves her lessons of love, friendship, adventure, and courage.

NATURE & THE OUTDOORS, ACTIVE MIND & BODY

#75 T'ai Chi for Beginners

Wed, 4/9-5/14 • 10:00-11:30 • \$35

6 Meetings • Prescott Bldg 15-260 • OP-275-SP25

Facilitator: Arlo Chan*

Learning this Yang-style long form requires a six-month commitment, and prior approval is required. It is not a casual class and is physically and mentally demanding. Regular practice outside of class is critical. Yang Style Long Form (108 postures). A practitioner since 1975, with 25 years under Master Mary Chow and 22 years of teaching experience, Arlo Chan has a direct, 5th-generation lineage to Yang Lu Chan, the founder of Yang Style t'ai chi.

***Master Facilitators – have offered 25 or more OLLI Classes**

Registration: www.yc.edu/OLLI

NATURE & THE OUTDOORS, ACTIVE MIND & BODY

#76 Moderate Hiking

Wed, 4/9-5/14 • 8:00-10:30 • \$35

6 Meetings • Offsite • OP-276-SP25

Facilitators: *Lynn Neakrans, Mark Troester* (GC)**

Join us on moderate hikes of up to 5 miles on rocky and sometimes steep terrain and experience the beauty and diversity of some of the many trails in our area. You will need to be in good physical condition and accustomed to hiking at higher elevations and temperatures. A description of the hike and directions to the trailhead will be emailed to participants before each hike.

#77 Chair Yoga And More (Thursday)

Thurs, 4/10-5/15 • 2:30-3:45 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-277-SP25

Facilitator: *Candice Young*

Our bodies are our vehicles throughout life, it is essential to maintain them. We will establish a strong body awareness with slow, controlled movements focusing on balance, lengthening spine, symmetry, coordination, flexibility, and building core strength. As our bodies change with time, physical issues, and limitations, we must honor precisely where we are. If we learn to pay attention, we can avoid pain, downtime, and medications. Since our Chair Yoga classes are SO POPULAR, please only enroll in one.

#78 Chair Yoga and More (Monday)

Mon, 4/7-5/12 • 2:30-3:45 • \$35

6 Meetings • Prescott Bldg 31-101 • OP-278-SP25

Facilitator: *Candice Young*

See #77. Since our Chair Yoga classes are SO POPULAR, please only enroll in one.

#79 Hike The Prescott Circle Trail

Mon, 4/7-5/12 • 8:00-12:00 • \$35

6 Meetings • Offsite • OP-279-SP25

Facilitators: *John Pillman, Ken Paris*

The PCT is a roughly 56 mile trail around the City of Prescott, divided into 11 segments. We will hike segments 1-6 which range in length from 5-9 miles and contain a lot of elevation change. These are the prettiest and most challenging segments of the PCT and are not beginning or easy hikes. They range from 2 to 4+ hours. Breaks will be taken as needed. Each week I will send an email describing the segment we are about to hike and directions for where and when to meet. Hope you will join us.

#80 Gardening Talk and Walk (Tues&Thurs)

Tues&Thurs, 4/15-5/15 • 1:00-3:00 • \$35

8 Meetings • Prescott Bldg 3-205 • OP-280-SP25

Facilitators: *Angela Mazella*, Lois Janowski*, Rennie Anderson*

This is a paired lecture/tour combination with a topic in the classroom on a Tuesday and then guide the group on a tour to see the ideas in action that Thursday. Our first week will feature Eric Moore on birds of Yavapai County, and a bird walk at Watson Lake. Our second week Rich Peterson will present on hydroponic flower and vegetable gardening, with a tour of Yavapai College Greenhouses, Chino Valley. The third week will feature Michael Byrd on Yavapai County water restoration and quality, and a tour of the Urban Creek Restoration Project, downtown Prescott, (\$15 for the tour.) Finally, Jeff Schalau will present on planning, planting, and maintaining a 12-month vegetable garden and a tour of his home garden.

Note: skips the week of April 21.

PHILOSOPHY & RELIGION & UNEXPLAINED

#84 Transitioning an End of Life Journey

Wed, 4/9-4/16 • 11:00-12:30 • \$35

2 Meetings • Prescott Bldg 4-118 • OP-284-SP25

Facilitator: *Mary Towne*

Will you know how to care for your loved one at home when they are transitioning from this earth? Join Mary as she takes you thru the stages and how you can assist during this time. Medicare (Hospice) benefits, pain management, and the DNR guidelines will be discussed. Included will be resources for healthcare agencies, volunteers, and care providers. Time for questions and answers will be provided.

#85 The New Science of Consciousness Survival

Mon, 4/7-5/12 • 2:00-3:30 • \$35

6 Meetings • Zoom • OZP-285-SP25

Facilitator: *DeeDee Freeman*

Scientist Dr. Alan Hugenot had a near death experience in his 20s, sparking a lifelong investigation into consciousness survival. In his book he clearly explains how Quantum Theory provides the scientific basis for this, and how it refutes the First Principles of Newtonian Physics. His conclusions are based on scientific research into past lives, evidential mediumship and remote viewing. Following his book and related videos, we'll explore how this impacts our understanding the material world.

Registration: www.yc.edu/OLLI

PHILOSOPHY & RELIGION & UNEXPLAINED

#86 The Karma of Forgiveness

Tues, 4/22 • 11:00-2:00 • \$15

1 Meeting • Prescott Bldg 30-126 • OP-286-SP25

Facilitator: Mathias Karayan

Karma is often thought of in negative ways, but it is neither good nor bad. It comes back through emotionally charged situations in our life. These situations are opportunities to undo fixed perceptions that make you psychologically stuck and gives you feelings that block your peace of mind. Examples would be anger, guilt, anxiety, grieving & depression. We will talk about how we all get stuck and what part "real forgiveness" plays in getting unstuck so you can continue your journey to peace of mind. Bring your lunch!

#87 Beyond The Veil: Let's Talk Metaphysics

Wed, 4/9 • 9:00-12:00 • \$15

1 Meeting • Prescott Bldg 3-203 • OP-287-SP25

Facilitators: Mathias Karayan, Rita Karayan

Metaphysics addresses the experience of brushing up against the veil; the borderland between your experience as a body of sensation & perception and your experience of "yourself" apart from a body. We have all had experiences apart from a body but have dismissed them as fanciful dreams. Topics may include Dreams, Near Death Experiences and the relationship between Reincarnation, Karma and Past Life Recollection.

#88 A Taste of Judaism

Tues, 4/8-4/22 • 9:30-10:30 • \$35

3 Meetings • Prescott Bldg 30-126 • OP-288-SP25

Facilitator: Susan Schanerman

wE will explore Judaism: Holidays and Life Cycle; History and Important Jewish Texts; and God and Spirituality.

SCIENCE & MATH

#90 Brain-Behavior Relationships

Wed, 4/9-4/23 • 11:00-12:15 • \$35

3 Meetings • Prescott Bldg 31-101 • OP-290-SP25

Facilitator: Virginia Conner

Dr. Conner is a neuropsychologist, and her job was to evaluate brain dysfunction when there were changes in behavior and personality due to a medical or neurological event—understanding what happened and why, and developing compensatory strategies to improve function. Day 1: overview of the brain and how cognitive brain function can be evaluated. Day 2: the basic units of the brain. Day 3: look at dementias and brain anatomy related to specific behaviors.

#98 A Visual Guide to the Universe

Wed, 4/9-5/14 • 2:00-4:00 • \$35

6 Meetings • Prescott Bldg 4-102 • OP-298-SP25

Facilitators: Dave Hoffman*, Johanna Kangal*

We live in an age where the cosmos is being imaged in ways that are not possible from Earth's surface. We will discuss the stories behind some of these images starting with the Sun through the eyes of the Solar Dynamics Observatory. Then some of our planets courtesy of the Cassini and Galileo orbiters. We will examine our galaxy Through the Kepler and Spitzer Space Telescopes. Beyond we use GALEX and Hubble space telescopes, Chandra X-ray Observatory, and the WMAP space observatory. **Great Courses Based*

#100 The Impact of Trauma

Wed, 4/23-5/14 • 2:00-3:15 • \$35

4 Meetings • Prescott Bldg 3-271 • OP-300-SP25

Facilitator: VJ Fedorschak

Trauma is pervasive in America and throughout the world. We can't avoid relating to it as part of life today. Discussion will occur in this class about types of trauma, the impact of early childhood trauma on the brain and biochemistry, the Adverse Childhood Experiences study, attachment and trauma, symptoms, and intergenerational trauma. This class is offered for informational purposes only and not to provide any kind of counseling, medical, or professional advice.

#103 Thinking Outside the Box

Tues, 4/8-4/29 • 2:00-4:00 • \$35

4 Meetings • Prescott Bldg 3-203 • OP-303-SP25

Facilitator: Chris Maxwell*

If you are looking to exercise your mind in new and interesting ways, then this course is for you! You will work cooperatively to solve a variety of different kinds of puzzles (lateral thinking, visual, language, and reasoning), decode brain teasers and riddles, learn how optical illusions work, and perform group activities in a FUN and non-stressful environment. Leave your preconceptions behind and engage in a stimulating mental workout for your brain.



Registration: www.yc.edu/OLLI

#104 Feel Good and Awe Meditation

Tues, 4/22 • 1:00-3:00 • \$15

1 Meeting • Zoom • OZS-304-SP25

Facilitator: Stephen Villaescusa

Many people believe meditation is difficult or boring. Mindfulness is about building attentional skills: concentration, sensory clarity, and equanimity. Fundamentally, it's about happiness. And it can be easy when you practice on things you are passionate about. Mindfulness practice deepens when you bring it into everyday life. Feel-good micro hits, from a few seconds to minutes, activate positive neurotransmitters and diminish cortisol. They rewire your nervous system. Come learn to rewire.

#108 Thrive in Retirement: Design the Life You Desire

Thurs, 4/10-5/15 • 2:00-4:00 • \$35

6 Meetings • Prescott Bldg 3-205 • OP-308-SP25

Facilitators: Kelli Bradstreet, Lisa Hosking

Retirement is one of the most anticipated times in life. But many focus solely on financial planning overlooking other aspects of personal fulfillment. Join us and empower yourself to design a future where you will truly thrive. This class will be a supportive environment where members can engage in lively discussions, connect with like-minded individuals and gain tools and insights to design a retirement that aligns with your values, passions and dreams. Please bring a notebook to write in.

WRITING, LITERATURE & LANGUAGES

#110 Telling Our Stories

Tues, 4/8-5/13 • 11:00-1:00 • \$35

6 Meetings • Zoom • OZP-310-SP25

Facilitator: Becky Gunn (GC)*

Memoir writing begins with writing down your life's stories. Each week participants write a short thematic story. We read them aloud and then receive constructive comments. We create a safe and confidential environment where we hear and appreciate our stories.

note: this zoom class will not be recorded

***Master Facilitators – have offered 25 or more OLLI Classes**

#111 Memoir Writing

Wed, 4/9-5/7 • 2:00-4:00 • \$35

5 Meetings • Prescott Bldg 3-205 • OP-311-SP25

Facilitator: Joann Ashlock*

Ready to write your memoirs? This class is for you. Your stories may be for your family or for yourself to better understand your own history. You'll discover ways to organize your thoughts in memoir form using the "I" point of view. We'll practice some writing tips and receive supportive positive feedback from class members. New members are welcome.

#113 Journaling

Mon, 4/7-4/21 • 9:30-10:45 • \$35

3 Meetings • Prescott Bldg 30-126 • OP-313-SP25

Facilitator: Margie Crider

Introduction to journaling for fun, self awareness, silliness or even self improvement. We will learn different kinds of journaling and practice some options to share with the class. Gratitude journaling is a good way to deal with depression and daily stress. It helps you to remember the good things in life.

#114 Writing Poetry

Wed, 4/9-5/14 • 9:30-10:45 • \$35

6 Meetings • Prescott Bldg 30-126 • OP-314-SP25

Facilitator: Jim Veney* (GC)*

This class will look at the writing of poetry. Included will be short poems and haikus, free verse poems, rhymed poems, nonsense poems and whatever. Participants will be urged to try their hand at each of the poetry types and read their work in the classroom setting. Zoom will be an option if a participant can't attend one week.

#115 Basic Conversational Spanish I

Mon, 4/7-4/28 • 2:00-3:15 • \$35

4 Meetings • Prescott Bldg 3-205 • OP-315-SP25

Facilitator: Mary Ann Dellinger

Aimed at learners with little or no knowledge of Spanish, this class is designed to facilitate competence in very basic survival Spanish. By the end of the course, participants should be able to: 1) introduce themselves and others; 2) use numbers from 1-10,000 in the context of personal contact information, travel, and monetary transactions; 3) describe, order, and purchase food. This class includes no formal instruction in vocabulary and grammar.

OLLI Spring: Osher Online Classes in Partnership with Northwestern University

Registration: www.yc.edu/OLLI Enrollment Deadline 3/24 Extra fees apply for ALL membership levels

Bella Napoli: Italy's (Other) "Eternal City"

Fri, 4/11-5/16 • 10:00-11:30 • \$60

6 Meetings• Zoom •OZ-901-SP25

We will examine la storia e tradizioni of bella Napoli—a city famously pieno di contradizione ("full of contradictions"). Aimed at students and travelers alike.

Bonsai, An Ancient Art in Modern Times

Mon, 3/31-5/5 • 4:00-5:30 • \$60

7 Meetings• Zoom •OZ-902-SP25

Bonsai is a centuries-old practice of training trees in containers to resemble those in nature. We will explore the key components of bonsai: horticulture, design, and technical skills.

Car Crazy: 1950s Onward

Wed, 4/9-5/14 • 4:00-5:30 • \$60

8 Meetings• Zoom •OZ-903-SP25

We will explore key eras of automotive history, as a way of understanding the profound impact cars have on society and culture.

Cinema in Transition: Change through Films

Tues, 4/8-5/13 • 10:00-11:30 • \$60

9 Meetings• Zoom •OZ-904-SP25

An introduction to film movements and styles. We will watch several classic films, discussing film genres, film history, and how films are made.

Crossword Puzzle Creation

Wed, 4/2-5/7 • 12:00-1:30 • \$60

10 Meetings• Zoom •OZ-905-SP25

For those who want to construct their own crosswords, those who are simply curious about the process, and those who want to be better solvers

Future Proofing Your Healthspan and Longevity

Wed, 4/2-5/7 • 10:00-11:30 • \$60

11 Meetings• Zoom •OZ-906-SP25

Resilience is our ticket to extended healthspan. A condensed version of Fulton's Whealthspan Masterclass focusing on five foundations for extending healthspan.

The Jain Tradition and Its Legacy of Non-violence

Tues, 4/1-5/6 • 12:00-1:30 • \$60

12 Meetings• Zoom •OZ-907-SP25

An introduction to Jain traditions and their historical roots in South Asia from the time of Mahāvīra (fifth century BCE) to the present.

Mainstreaming Margins: History of LGBTQ+

Tues, 4/1-5/6 • 8:00-9:30 • \$60

13 Meetings• Zoom •OZ-908-SP25

We will immerse ourselves in the intricate history of LGBTQ+ Americans, examining political organizations, cultural contributions, and profound ways they have helped shape the nation.

Neurology in a Nutshell: The Brain Explained

Thurs, 4/10-5/15 • 12:00-1:30 • \$60

14 Meetings• Zoom •OZ-909-SP25

This course begins by unraveling the mysteries of the brain, simplifying common neurological conditions, with a focus on illness prevention through healthy lifestyles.

Russia Beyond Russians

Thurs, 4/3-5/8 • 10:00-11:30 • \$60

15 Meetings• Zoom •OZ-910-SP25

This course focuses on recent events in Russia and the post-Soviet space, many of which stem from enduring ethnic tensions of the 180 nationalities in Russia

Science Charcuterie

Thurs, 4/3-5/8 • 2:00-3:30 • \$60

16 Meetings• Zoom •OZ-911-SP25

This will be a six-week romp through science including a little bit of color theory, a morsel of genetic testing science, a dash of airplane physics, and more.

The Essential Jane Austen

Mon, 3/31-5/5 • 2:00-3:30 • \$60

17 Meetings• Zoom •OZ-912-SP25

In honor of Jane Austen's 250th birthday in 2025, we will explore her life, works, and legacy from a fresh perspective.

The Soundtrack of Rock & Pop in the 50s & 60s

Tues, 4/1-5/6 • 2:00-3:30 • \$60

18 Meetings• Zoom •OZ-913-SP25

This course is a journey into the melodies, stories, and vibrant personalities behind the Brill Building era of the late 1950s and 1960s.

Virtuosos in Classical Music

Wed, 4/16-5/21 • 2:00-3:30 • \$60

19 Meetings• Zoom •OZ-914-SP25

Using anecdotes, stories, humor, and audiovisuals, we will explore the legacy and artistry of influential performers whose technical brilliance, richness of tone, and showmanship have shaped music history.

Women: The Forgotten "Men" in History

Mon, 3/31-5/5 • 12:00-1:30 • \$60

20 Meetings• Zoom •OZ-915-SP25

This course looks at nine women, whose achievements are not commonly known. Among the nine women are a scientist, a winner of the Nobel Peace Prize, a pioneering pilot, a suffragist, a candidate for the US presidency, an activist for women's and African-American's rights, a British anthropologist, and a pioneering politician from the Western US.

Osher Online classes enrollment

deadline March 24, note classes start a week before Yavapai College OLLI classes start



1100 E. Sheldon St. pmb 6912

Prescott, AZ 86301-3297



www.yc.edu/olli
registration opens March 12

Prescott
Spring 2025
April 7 - May 16



JULY 16-20
2025

prescottfilmfestival.com
Tickets: 928.776.2000

