OSHER LIFELONG LEARNING INSTITUTE

For the Love of Learning

2015 Winter Program
January 26 - March 6
Classes for mature adults with curious minds and hearts!
Osher Lifelong Learning Institute
“For the love of learning”

Welcome!
Are you curious about the world we live in and wanting to learn more? OLLI (Osher Lifelong Learning Institute) is a unique gathering of people who have a passion for learning, teaching, and creating. OLLI is unique in that it is fully participatory; from the teaching and facilitating of classes, attending and contributing in class, and organizing and creating this on-going learning endeavor. OLLI offers members a rich, continuing educational experience with opportunities for personal growth plus cultural and environmental exploration. There are no educational requirements, no homework, tests or grades – just a love of learning. We encourage full participation from attending classes, to collaborative leadership, facilitating, and social interaction, all in a relaxed atmosphere. Please join with us this Winter quarter.

Staff: Robin Weeks, Director/Coordinator; Ginger Lindquist, Assistant Coordinator; Joan Griffin, Assistant Coordinator; Velda Bice, Administrative Assistant; Gale Grove, Administrative Assistant.


Verde Valley Council members: Shri Srikanth, Kathleen Francis, Pat Murphy, Geri Srikanth, Mary Ann Fanter, Candace Schoonover, Darlene Jordan, Carol Rada and Ann Metlay.

About OLLI
The primary purpose of OLLI of Sedona and Verde Valley is to provide learning and teaching opportunities for intellectually active, mature adults.

OLLI is a self-directed membership organization within Yavapai College that encourages peer learning, member participation, collaborative leadership, and social interaction in a relaxed atmosphere, focused on the joy of learning.

Four times a year OLLI schedules classes, defined as learning groups and workshops, that cover a variety of interests and subject matter. From astronomy and astrology to music appreciation and metaphysics - there is something for everyone at OLLI.

Benefits to OLLI members
• Meet peers actively involved in lifelong learning.
• Serve on committees or council.
• Facilitate a learning group or workshop.
• Make new friends with similar interests.
• Enjoy special social, cultural and member only programs.
• Get discounts on YC Edventures and field trips.
• Access the Yavapai College library and other student services.

Locations where classes are held
OLLI-Sedona: Most Sedona classes are held at the Yavapai College Sedona Center (YCSC)
4215 Arts Village Drive, Sedona • (928) 649-4275

OLLI-Verde: Most Verde classes are held at the Yavapai College Verde Valley Campus
601 Black Hills Drive, Clarkdale • (928) 649-5550

Beaver Creek School Board Room
4810 E Beaver Creek Road, Rimrock

Membership Packages
1. Workshop Only package $30: Take up to two workshops for a low price!*
2. Basic Membership $55: One learning group.
3. Full Membership $80: Take up to five learning groups or workshops.*
4. Supporting Membership $120: Unlimited learning groups and workshops.
*Workshops can be added for $10 ea. Learning Groups can be added for $25 each to some packages. Please call us to ask about this.

Scholarships Available
If you need some financial assistance to become an OLLI member and take a class, we can help. Just check the box on the registration form or call the OLLI office and request scholarship funding.

Facilitator Packages
In addition to becoming a Sedona/Verde OLLI member, facilitating has its benefits! Facilitate a class and you’ll receive one free learning group or workshop. Also, although not required, facilitators can help us by paying a $25 fee because every paying member increases our OSHER endowment income. For this you’ll get another two classes (to be used in the current or following semester). To register for classes call us.

www.yc.edu/ollisv
Cancellation and Refund Policy
Semester fees are refundable through the first week of classes. An administrative charge of $15 applies to any cancellation involving fees. Refunds for special events and trips are only reimbursable prior to the contract deadline unless a substitute participant is arranged. Some programs have specific refund policies noted elsewhere.

Ways to Register
1. Call (928) 649-4275 or (928) 649-5550.
2. In person at the Yavapai College Sedona Center for Arts & Technology, Room 4; or at the Yavapai College Verde Valley Campus, Building L, Room 210.
3. Mail registration form and payment to: Yavapai College, OLLI-Sedona, 4215 Arts Village Dr, Sedona, AZ 86336 or Yavapai College, OLLI-Verde, 601 Black Hills Dr, Clarkdale, AZ 86324.
4. FAX: Sedona (928) 204-2683
MAKE CHECKS PAYABLE TO “YAVAPAI COLLEGE.”
We accept VISA, MasterCard, American Express, Discover.

Satisfaction Guaranteed!
We want you to love your OLLI classes and to ensure that you do:
1. Learn more about the classes before you enroll:
   a. Talk with an OLLI member or staff person.
   b. Attend one session to see if the class suits you.
2. After you enroll, if you don’t like the first class:
   a. You may drop it and add another.
   b. You may request a refund.

Calendar of Events

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Directions to OLLI Locations

Directions to Yavapai College, Clarkdale campus
Take 89A South
Turn left onto E Cottonwood Street (89A)
Exit roundabout indicating Black Hills Drive
Go up Black Hills Drive, Yavapai College will be on your left. Look for building letters on the corner of the building for your class. For classes in L, M follow the second entrance to park in back.
For classes in G, I park in front lots.

Directions to Yavapai College, Sedona Center for Arts and Technology, Sedona Campus

► From Sedona and Village of Oak Creek
Take AZ 89A towards Cottonwood
Turn right onto Cultural Park Place
Yavapai College, Sedona Campus will be on the left

► From the Verde Valley
Take AZ 89A towards Sedona
Turn left onto Cultural Park Place
Yavapai College, Sedona Campus will be on the left

Directions to Beaver Creek School Board Room

► From Cottonwood
Take 260 to I-17 north; get off 1-17 at McGuireville (exit 293)
Exit is right onto E. Beaver Creek Road - drive ahead for 2 miles.
Road forks at gas station – stay to the left (East Beaver Creek Road)
Drive 2 miles past Rimrock Post Office to the blue Public Library sign.
(Board Room is next to Library)

► From Sedona and Village of Oak Creek
Take I-17 south – take exit at McGuireville (Exit 293)
Exit is left onto E. Beaver Creek Road - drive ahead for 2 miles.
Road forks at gas station – stay to the left (East Beaver Creek Road)
Drive 2 miles past Rimrock Post Office to the blue Public Library sign.
(Board Room is next to Library)

► From Cornville
Cornville Road goes straight through from Cottonwood to McGuireville.
You’ll pass the I-17 intersection – road becomes E. Beaver Creek Road - drive ahead for 2 miles.
Road forks at gas station – stay to the left (East Beaver Creek Road)
Drive 2 miles past Rimrock Post Office to the blue Public Library sign.
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Winter Warning: watch for possible college closure during Winter storms at yc.edu
Monday Learning Groups
Clarkdale (Verde Valley Campus)

VERDE NEWS AND VIEWS (V-500-15)
Jan. 26-Mar. 2, 6 weeks, 9:00-10:30, Room L-216
Bring your news; bring your views - even bring your morning coffee. Let's talk the news. Participants will discuss current local, national, and international stories - a great opportunity to learn more about current events from various viewpoints in a relaxing environment. Limited to 12 participants.
Curt Ireland & Joe Stack are experienced OLLI facilitators with an avid interest in history and current events, and they enjoy exploring divergent viewpoints.

GREAT PRESIDENTS, PART 1 (V-501-15)
Jan. 26-Mar. 2, 6 weeks, 10:45-12:15, Room L-215
What is the impact of presidential decisions? How does the person holding this office transform the presidency? Starting with Washington, Jefferson, and Jackson (subject to change), this learning group will examine their lives and decisions to learn how they and our nation responded to national and global challenges. This will be a series of lectures provided by The Teaching Company.
Joe Stack is an experienced OLLI facilitator who enjoys sharing his long-time interest in history and current events.

WHAT IS AN “ASSISTED LIVING FACILITY”? (V-502-15)
Jan. 26-Mar. 2, 6 weeks, 10:45-12:15, Room L-216
When you mention those words, do you hear, “I’m not going to a nursing home!” Let me help you understand what an assisted living facility and home really are. We will review the regulations and how they actually operate and options they can provide. Limited to 15 participants.
Cindy Bond has a Master’s in healthcare administration and a bachelor’s in business. She is a team-driven leader with over 30 years’ management experience in healthcare business and educational management. Currently managing owner of The Bond Group, LLC.

KOGIN: EASY-TO-LEARN JAPANESE EMBROIDERY DARES YOU TO BE CREATIVE (V-503-15)
Feb. 9-Mar. 2, 4 weeks, 1:15-2:45, Room L-215
Learn how to do this dramatic folk embroidery. Learning materials at cost, $6-$8, payable to instructor. Follow up individualized needle-art project of student’s choice to be done and optional design book available for purchase. Take home your own one-of-a-kind creation. Limited to 15 participants.
Beatrice Fulton Keeber is an internationally trained teacher of embroidery for the past 45 years, a wearable art designer and needlework author of over 5,000 sold designs and/or books.

A FEW FRENCH FILMS (V-504-15)
Jan. 26-Feb. 16, 4 weeks, 3:00-6:00, Room G-107
We will be watching some French films that are based on thrillers by American authors.
Betsy Fader has been watching movies since the admission price was 50 cents.

DRUMMING VISION QUEST (V-505-15)
Jan. 26-Mar. 2, 6 weeks, 3:00-4:30, Room L-215
Native Alaskan vision quest using shamanic drumming. Find your totem animal and heal your heart. Limited to 12 participants.
Nancy Cohen is a marriage and family therapist, astrologer, and a mystic for 21 years. Her website is www.astronomy.org.

Picazzo’s Organic Italian Kitchen generously supported OLLI’s Fall Open House. We thank them and ask OLLI members to support Picazzo’s Organic Italian Kitchen.

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Monday Learning Groups
Clarkdale (Verde Valley Campus)

OBSERVATIONAL ASTRONOMY (V-506-15)
Jan. 26-Mar. 2, 6 weeks, 6:30-8:30, Room G-103 for first 5 classes. Last class at local observatory.
Learn the constellations of the winter and spring skies and the various objects in them. Clusters, Double Stars, Globular Clusters, Planetary Nebula, Emission Nebula, Reflection Nebula, Asterisms and Galaxies are among the objects viewed after each class.

JD Maddy is president of Astronomers of Verde Valley, VIP Astronomer for National Parks Service, RIM Astronomer for Arizona State Parks System, and an avid DSLR astro photographer.

Sedona Center

SACRED TOOLS TO EXPLORE (S-901-15)
Jan. 26-Mar. 2, 6 weeks, 10:00-12:00, Room 40
Come, share and explore your truths and the gifts you carry. Each week we will discover the basics of various sacred tools, including intuitive connections, essential oils, swan feather blessings, clearing, setting space, crystals, healings grid work, sacred geometry, card readings, earth ceremonies, meditations, violet flame, angels and more. A schedule will be provided.

Laurie Hutchinson is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

WHAT IS MATHEMATICS? (S-902-15)
Jan. 26-Mar. 2, 6 weeks, 10:45-12:15, Room 15
We will study the history of math and its various branches, including arithmetic, geometry, algebra, and calculus. Presentations will be suitable for the non-specialist, and include stories of some of the great mathematicians, starting with Archimedes.

Richard Painter taught math in the US and overseas for 40 years and has a Ph.D. in mathematics education.

ADVANCED GRANT WRITING (S-903-15)
Jan. 26-Feb. 16, 4 Weeks, 10:45-12:15, Room 39
This course features the use of a Grant Writing Toolbox DVD containing: - How to apply for Federal, Corporate, and Foundation grants; Case studies based on real-life scenarios; Opportunities to apply lessons to your own work/agency; Additional resources including helpful Internet links; How to Build a Better Budget and How to Develop and Conduct Project Evaluations.

Anthony Caetano is Certified Grant Trainer and Writer with over 40 years of experience. He has written over $18.5M of federal/state/foundation/corporate grants, and trained non-profits nation-wide.

INVESTING STUDY GROUP (S-904-15)
Jan. 26-Mar. 2, 6 weeks, 1:15-2:45, Room 15
We will discuss various investing strategies and techniques, market and sector trends, ETFs, and specific stock ideas. There will be an emphasis on online sources of investing information. Become an educated investor, whether to manage your own portfolio or just to ask your broker intelligent questions.

Rae Ebeling has managed her own investments since 1980. She is a retired systems analyst and artist, with a BA from Wellesley and SMFA of Boston.

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Monday Learning Groups
Sedona Center

THE PATMOS VISIONS™ (S-905-15)
Jan. 26-Mar. 2, 6 weeks, 2:30-4:30, Room 12

Anyone interested in a basic understanding of the symb-
ols in the most mysterious part of the Bible will
enjoy this class, as we explore the fascinating unveiling of
Earth’s future. Everyone is invited to explore the pictorial
language of The Book of Revelation with a professional
artist, whose unique vision contributed to the design of
the aliens in the blockbuster movie, Avatar. The Patmos Vi-
sion is presented with simplicity in a non-religious manner,
utilizing live demonstration and new digital media.

Nubia W. Owens is a multidisciplinary visual artist and
teacher, with Master degrees in both fine art and education.
She is known for creative excellence, sophisticated concepts,
and a gift for simplifying complex subject matter. A diverse
and prolific artist, Nubia was included in the 2001 museum
exhibition, “In Celebration: A Century of Arizona Women
Artists.”

Tuesday Learning Groups
Clarkdale (Verde Valley Campus)

ELEMENTS OF LANDSCAPE PHOTOGRAPHY
(V-511-15)
Jan. 27-Mar. 3, 6 weeks, 9:00-10:30, Room L-216

Discussion topics will include technical considerations
such as ISO, focal length, depth of field, lenses, shutter
speed; elements of a great photography such as composi-
tion, light, color, “wow” factor, “staying power,” weather; use
of Photoshop; presenting your work; breaking the rules;
and publishing your work. Limited to 15 participants.

Tom Narwid owned and operated The American Landscape
gallery in Jerome from 1998 to 2008. The gallery featured fine
art giclee prints of his work. His photographs have appeared
in numerous publications and advertising in the U.S. and
Europe.

INTERMEDIATE TAROT (V-512-15)
Jan. 27-Feb. 17, 4 weeks, 10:45-12:15, Room L-215

Not for beginners. Learn to use intuition, color and position
of cards, not each card. This is a hands-on class, so bring
your cards and let’s learn while we play.

Nancy Cohen is a marriage and family therapist and a
healer/astrologist. She has been a tarot reader since 1969. Her
website is www.astronancy.org.

FUN WITH ARTS AND CRAFTS (V-510-15)
Jan. 27-Feb. 17, 4 weeks, 10:45-12:15, Room H-103

Bring your art/craft project to the class. You’ll get compli-
ments, learn new techniques and have great conversa-
tions. Bring your ideas, imagination and supplies and let’s
have fun. A small fee may be asked for special projects.

Babe Gerstner taught ceramics and different clay
techniques, and enjoys sewing and crafts projects.

AMERICAN REGIONALISMS (V-513-15)
Feb. 10-Mar. 3, 4 weeks, 1:15-2:45, Room L-215

Do you say faucet or spigot? Frying pan or skillet? Teeter-
totter or seesaw? Come and learn more about regional vo-
cularies – and how words and expressions have spread
from one section of the country to another.

Joan Prefontaine has taught several OLLI classes about
words.

A FOOD OASIS: GARDENING HERE IN THE “HOT-DRY”
(V-541-15)
Jan. 27-Feb. 17, 4 weeks, 3:00-4:30, Room L-215

Gardening here is a challenge. Make a landscape and
garden that works for your enjoyment and nourishment,
with less stress on your energy, back, and water bill. From
containers to in-ground, discussion of new ideas and tech-
niques. Focus will be on soil and water management for
veggies to flourish.

Rae Ebeling has gardened in Cottonwood for 10 years.
She maintains a year-round veggie garden, plus a desert
landscape. She grew up in Maryland and has built gardens in
various parts of the country.

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Tuesday Learning Groups
Sedona Center

MEDITATIONS USING SACRED GEOMETRY (S-906-15)
Jan. 27-Mar.3, 6 weeks, 9:00-10:30, Room 15

We will learn about the energy field that surrounds our body. We will discuss logical and intuitive thinking, and operating from the 3rd, 4th, and 5th dimensions. Experience guided meditations to help you free yourself from the old 3D patterns and shift into the new 5D consciousness. Experience your multi-dimensional self. We will work with the Octahedron and the Star Tetrahedron.

James Newland is an awareness coach and has been practicing meditation and healing using Reiki, quantum touch, matrix energetics, psychic surgery, alchemy, sacred geometry, and other healing modalities.

DANTE’S INFERNO (S-915-15)
Feb. 3-Feb. 26, (Tues. & Thurs.) 4 weeks, 9:00-10:30, Room 8

Do you know the difference between Limbo and Purgatory? What happens to the unrepentant? The lustful? The deceitful? To those who just refuse to take a stand? We will find out by tagging along with Dante and Virgil as they descend into the lowest depths of hell.

Marilee Richards recently studied the “Commedia” at the Monastery of the Ascension. Her poems have been widely published, and one is coming in the spring 2015 issue of Tar River Poetry.

EXPLORING THE CIVIL WAR ERA: 1860–1865 (S-907-15)
Jan. 27-Mar.3, 6 Weeks, 10:45-12:15, Room 23

Join us as we explore the Civil War, year by year, beginning in 1860 with the election as United States President of a western lawyer so little known that some newspapers referred to him as “Abram,” and concluding in 1865 with the end of the war and the controversial efforts at Reconstruction. Each session will concentrate on one year of this period, highlighting the critical events.

Scott Love is a retired educator and lifelong student of the Civil War. He has read extensively and traveled widely to study at the battlefields. He has taught several OLLI classes on the Civil War.

PERSONAL TOOLS FOR SHIFTING INTO THE 5TH DIMENSION (S-908-15)
Jan.27-Mar.3, 6 Weeks, 10:45-12:15, Room 15

The Earth is shifting into the 5th Dimension (5D). We will use guided meditations to work consciously with the 5D energies in our chakras and energy system. We will increase our awareness of our 3rd, 4th, and 5th dimensional consciousness so we can choose how we live our lives. We will release old beliefs and clear stuck energies, allowing us to keep up with the shift to the new 5D consciousness.

James Newland is an awareness coach and has been practicing meditation and healing using Reiki, quantum touch, matrix energetics, psychic surgery, alchemy, sacred geometry, and other healing modalities.

THE POETRY OF EMILY DICKINSON (S-909-15)
Jan. 27-Mar. 3, 6 Weeks, 10:45-12:15, Room 39

This learning group will explore the eccentric life and extraordinary poetry of Emily Dickinson, one of the most profound, original voices in the history of American literature.

William Ward is a retired psychologist who has taught OLLI courses on poetry (Eliot, Dickinson, Stevens) and philosophy (Plato, Spinoza, Heidegger).

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Lunch & Learn

KEYNOTE SPEAKER WEEKLY SERIES
Beginning January 28th
Wednesdays, 12:30 – 2:00pm

Bring your lunch, enjoy conversation, and listen to prominent local speakers, or a panel of experts.
Sedona Center, Room 34

FREE! NO NEED TO ENROLL & EVERYONE WELCOME!

928.649.4275 • 928.649.5550
Tuesday Learning Groups
Sedona Center

LET’S SPEAK SPANISH (S-910-15)
Jan. 27-Mar. 5, (Tues. & Thurs.) 6 weeks, 10:45-12:15, Room 8
This is an introduction to the Spanish language, appropriate for beginners or for those who have studied Spanish in the past and would like a review. Limited to 15 people.
Art Smith lived in Madrid and has studied Spanish in Spain, Argentina, and Mexico.

BRAIN EXERCISE THROUGH PUZZLES (S-912-15)
Jan. 27-Mar. 3, 6 weeks, 1:15-2:45, Room 8
Your brain: use it or lose it. Research has shown that our brains are just like our muscles. If we don’t exercise them, they atrophy. Join us for brain gym. You will feel more alert, be quicker to solve life’s problems, and learn how to banish frustration. This is a hands-on class where each participant will have the opportunity to solve mechanical puzzles in a supportive environment. Each participant will have at least one “Aha!” experience. Limited to 12 people.
Tyler Barrett is a psychologist, teacher, author, musician, magician, and puzzle master.

PRACTICAL EXPERIENCE OF FOOT REFLEXOLOGY
(S-914-15)
Jan. 27-Feb. 24, 5 weeks, 3:00-4:30, Room 15
This is a hands-on class, so get ready to take your socks off. You will learn where the reflexes of your organs are located on the foot. It is good to bring a partner, but not necessary. Limited to 10 people.
Elke Schreiber is a retired registered nurse, massage therapist, and reflexologist. She studied in Munich, Germany, and Jacksonville, Florida, where she practiced for over 15 years. Her passion is reflexology because of the profound effect it has on the body. She enjoys giving one-on-one attention to her clients.

HIGHER 5TH DIMENSIONAL CHAKRAS 8-12
(S-911-15)
Jan. 27-Mar. 3, 6 weeks, 1:15-2:45, Room 15
On 12-12-12, our 7 Chakra System was upgraded to a 12 Chakra System. Chakras 1-7 assist us to function in the world. The 5 additional Chakras (8-12) are our spiritual centers and relate to our higher self and our place in the Universe. Using guided meditations, we will explore these higher centers, experiencing the contents of these centers.
James Newland is an Awareness Coach and has been practicing meditation and healing using Reiki, quantum touch, matrix energetics, psychic surgery, alchemy, sacred geometry, and other healing modalities.

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Wednesday Learning Groups
Clarkdale (Verde Valley Campus)

EXPLORING THE VERDE VALLEY (V-520-15)
Jan. 28-Mar. 4, 6 weeks, 9:00-10:30, Room L-216 first class only. Then offsite

The journey continues! Discover the treasures that await you in our valley. Guided field trips visit places of educational, historic, cultural, and artistic interest. THIS IS NOT A HIKING GROUP. Participants provide their own transportation to the sites. The first class meets in a room at the Clarkdale campus. After the first meeting the group will meet at the site. Directions will be given out at the first session. Limited to 25 participants.

John Erickson is a geographer and historian. He is a retired Wisconsin educator and a former Rocky Mountain National Park Ranger.

CONQUERING THE “EMPTY NEST SYNDROME” AND LETTING YOUR LIFE BEGIN AGAIN (V-521-15)
Feb. 11-Mar. 4, 4 weeks, 9:00-10:30, Room L-216

Feeling your life is over, not leaving the house: these come with ENS. We will discuss challenges and ideas to overcome and help you get through that emptiness. Workshop will contain some writing and sharing about beginning life again. Grab coffee and writing material, and let’s share! Limited to 20 participants.

Cindy Bond has a master’s in healthcare administration and a bachelor’s in business. She is a team-driven leader with over 30 years’ management experience in healthcare business and educational management. Currently managing owner of The Bond Group, LLC.

CHASIN’ THAT DEVIL MUSIC (V-522-15)
Jan. 28-Mar. 4, 6 weeks, 10:45-12:15, Room L-215

A journey down the blues highway, from Robert Johnson’s “Crossroads” to Eric Clapton’s “Crossroads.” We’ll travel across the land and back in time via YouTube, videos, the printed word and plenty of that “devil music” from W.C. Handy to the present.

Ron Grafe, after decades spent in smoky bars, night clubs and juke joints, has finally realized “I’ll never get out of these Blues alive!”

MANTRA MEDITATION (V-523-15)
Jan. 28-Feb. 18, 4 weeks, 1:15-2:45, Room G-107

Meditation is great for prompting inner peace and happiness. Mantra is a sound which provides a focus and a place for the mind to rest. Each week we’ll learn 1 to 2 mantras and listen to a CD for 15-minute practice.

Rosalie Malter has been teaching yoga and meditation for 29 years. She has been facilitating OLLI classes since 2005. She is a retired counselor.

“CARMEN” THE OPERA (V-524-15)
Jan. 28-Mar. 4, 6 weeks, 3:00-4:30, Room G-107

We will watch the 1984 Francesco Rosi film version of the Bizet opera “Carmen,” leaving plenty of time for discussions of the plot and music. We will also watch concert versions of the most popular arias and listen to jazz versions from the album by Barney Kessel.

Art Smith is a non-musician who enjoys many styles of music, including opera and jazz.

TED TALKS (V-525-15)
Feb. 4-Feb. 25, 4 weeks, 3:00-4:30, Room G-106

TED, originally devoted to Technology, Entertainment and Design, is a nonprofit devoted to spreading ideas with powerful talks. TED’s scope broadened to include a wide range of topics, from science to business to global issues. As a global community, TED believes in the power of ideas to change attitudes, lives and, ultimately, the world. Each week we will view an assortment of thought-provoking, innovative, or inspiring talks followed by a lively classroom discussion.

Velda Bice is an excited viewer of many TED Talks.

Thank you!

To the 100 plus facilitators that support OLLI each term by gifting their classes and workshops. Thanks for your generosity in sharing your passions, interests and knowledge.
THE SCIENCE BEHIND LIFE’S ORIGIN IN THE STARS (S-916-15)
Jan. 28-Mar. 4, 6 weeks, 9:00-10:30, Room 23
This class will give you a basic understanding of the formation of the elements in the stars. We will discuss especially elements important to life (CHNOPS, etc.) and the unique properties of carbon (C) and water (H2O), essential to life as we know it. The course will be descriptive, and there are no prerequisites.

Dennis Rayner has a Ph.D. in organic chemistry from Princeton and 32 years R & D experience at E.I.DuPont.

Marlene Rayner has a BA in chemistry from SUNY, Buffalo, with graduate courses and broad research experience in microbiology/molecular biology/biochemistry and HIV virology at Univ. of Delaware and DuPont Pharmaceuticals.

WINSTON CHURCHILL-LAST LION (S-917-15)
Jan. 28-Mar. 4, 6 weeks, 9:00-10:30, Room 34
Using the three-volume biography written by William Manchester and the DVD narrated by Orson Welles, this class will study and discuss Churchill’s early life, his involvement in the Boer War and WWI, his rise in politics, and his political exile for a decade in the 1930s until he became Prime Minister of Britain in 1940. Discussion will include comparing and contrasting the foreign events of today with those that faced Europe before WWII.

Curt Ireland was a trial lawyer in South Dakota for 40 years, a teacher of history at Camp Verde Middle School, and has taught many history classes at OLLI.

CREATION VS NATURALISM (S-918-15)
Jan. 28-Mar. 4, 6 weeks, 9:00-10:30, Room 15
This class will look at the scientific evidence for creation. You may disagree with the idea of creation science, but if you have heard about creation science only from naturalists, you haven’t actually heard the creation argument. Discussion and questions regarding creation science and naturalism will be encouraged.

Guy Forsythe is a researcher, writer, and speaker on the subject of creation science. Guy has studied the arguments of naturalists and creationists since 1980.

ASTROLOGY AND YOU, PART 2 (S-933-15)
Jan. 28-Mar. 4, 6 weeks, 10:45-12:15, Room 23
Using your own birth chart, you will learn the basics of astrology, then how to interpret your chart in order to meaningfully apply it to your life. Gaining clarity and insight into who you are, you will study your most fascinating subject—YOU! Birth information (date, place and time to the minute) is required prior to the first class. This is a continuation of the Part 2 class.

Jill Sands has had a lifelong interest in astrology and psychology, and has been a practicing astrological counselor for over 30 years.

INTEGRATIVE MEDICINE (S-924-15)
Jan. 28-Feb. 18, 4 weeks, 10:45-12:15, Room 15
This is a discussion on new methods in integrative medicine, including energy medicine, digestion, and bio-identical hormones.

Eugene Steiner is an expert in geriatric pharmacology, clinical nutrition, digestive issues, energy medicine, and integrative techniques. He has devoted much of his time to educating the community.

Brown Bag Brain Buzz

KEYNOTE SPEAKER WEEKLY SERIES
Beginning January 29th
Thursdays, 12:15 – 1:15pm
Bring your lunch, enjoy conversation, and listen to talks on great minds and great ideas that have shaped human history - prominent OLLI speakers, or a panel of experts...
Verde Valley Campus, Room M-202
FREE! NO NEED TO ENROLL & EVERYONE WELCOME!
Wednesday Learning Groups
Sedona Center

STORIES: IN THOUGHT AND TALK (S-919-15)
Jan. 28-Mar. 4, 6 weeks, 10:45-12:15, Room 34

In our mind, we integrate the events we experience and observe into stories. A good story is more engaging and persuasive than any other kind of message. Since stories operate on us unconsciously and powerfully, we do well to understand and learn to use them for enhancing our day-to-day life.

Paul Friedman, Ph.D., a retired professor of communication studies (U. of Kansas), has worked with and studied the role of narratives in language and life for decades.

LUNCH & LEARN: KEYNOTE SPEAKERS SERIES
Jan. 28-Mar. 4, 6 weeks, 12:30-2:15, Room 34

Lunch & Learn is an enjoyable, informative, weekly “town hall” that is free and open to all. At each session a fascinating speaker or panel provides a lively presentation on an important aspect of community life or OLLI’s curriculum. Bring your lunch and join the conversation at 12:30, or come from 1:00 – 2:00 to hear the speaker. No need to enroll; everyone is welcome!

Paul Friedman, Ph.D., has organized and hosted L&L for the past five years, along with several OLLI volunteers who value and enjoy co-creating this community-building experience.

THE BEST OF TED TALKS (S-920-15)
Jan. 28-Mar. 4, 6 weeks, 2:30-4:00, Room 34

TED talks provide “ideas worth sharing” by the most brilliant, creative, and successful individuals alive today, delivered in a dynamic, engaging manner within an 18-minute time limit. We will watch and then discuss three of the best TED talks (chosen from over 1,000 available online) at each class session.

Paul Friedman, Ph.D., is a retired professor of communication studies (U. of Kansas), who has facilitated this lively learning group annually over the past four years.

Thursday Learning Groups
Clarkdale (Verde Valley Campus)

THE THREE “E’S”: WHAT LIES AHEAD (V-530-15)
Jan. 29-Mar. 5, 6 weeks, 9:00-10:30, Room L-216

This will be a deep examination of the history, current status and future trends of the economy, energy production, and the environment; and how they impact each other and our future. We will utilize the work of Chris Martenson to understand the critical juncture where we find ourselves and what each of us can do to clearly face the challenges ahead.

Lyle Oberg is a licensed contractor and Realtor who has been studying the way the world works from a broad perspective for many years and wants to share and compare with others.

Red Rock Jeep Tours, generously supported OLLI in Fall 2014. We thank them and ask OLLI members to support Red Rock Jeep Tours.

Winter Warning: watch for possible college closure during Winter storms at yc.edu
Thursday Learning Groups
Clarkdale (Verde Valley Campus)

THE POETRY OF EMILY DICKINSON (V-531-15)
Jan. 29-Mar. 5, 6 weeks, 10:45-12:15, Room L-215

Explore the eccentric life and extraordinary poetry of Emily Dickinson, one of the most profound, original voices in the history of American literature.

William Ward is a retired psychologist who has taught OLLI courses on poetry (Eliot, Dickinson, Stevens) and philosophy (Plato, Spinoza, Heidegger).

BROWN BAG BRAIN BUZZ
(FREE AND OPEN TO THE PUBLIC)
Jan. 29-Mar. 5, 6 weeks, 12:15-1:15, Room G-104

In this lunch hour series we will examine the great minds and big ideas that have shaped human history. Topics will come from all fields – science, arts, philosophy, history – and require no prior knowledge or expertise. We will examine the impact of these topics on all walks of life. Bring your brown bag lunch (or buy lunch at the café in Building F) and awaken your brain by participating in a discussion group that will enlighten your sense of human greatness and human history.

Shri Srikanth and other seasoned OLLI facilitators.

THERAPY DOG TRAINING (V-532-15)
Jan. 29-Mar. 5, 6 weeks, 1:15-2:30, Offsite

Are you interested in having your dog become a registered therapy dog and visit nursing homes, assisted living, schools? Then this is the class for you. We will take the handler and dog through the steps of becoming a therapy dog, and the last class will be the evaluation to become registered with Therapy Pets Unlimited, a national therapy dog organization. There is a $10.00 additional site fee payable to the instructor. Class limited to 6 dogs.

Jan Tomlinson is a retired college professor, has been involved in dog training for 25 years, and has taught a Therapy Dog class in Cottonwood. All Jan’s dogs have been registered therapy dogs.

6 WEEKS, 6 REASONS TO WRITE (V-533-15)
Jan 29-Mar. 5, 6 weeks, 3:00-4:30, Room L-216

Let’s come up with different genres, then enjoy and support each other’s creative efforts.

Ann Metlay is a lover of all creative writing. She’s been doing it for over 60 years.

Thursday Learning Groups
Sedona Center

NEWS AND VIEWS (S-922-15)
Jan.29-Mar.5, 6 Weeks, 9:00-10:30, Room 15

Bring your news, bring your views, even bring your morning coffee. Let’s talk the news. Participants will discuss current, local, national, and international stories - a great opportunity to learn more about current events from various viewpoints in a relaxing environment. Limited to 12 people.

Scott Love is a retired educator with a Doctorate in Education. He has been a lifelong student of the Civil War and Pres. Lincoln. He has taught several OLLI classes. He calls himself a “news junkie.”

DANTE’S INFERNO (S-915-15)
Feb. 3-Feb. 26, (Tues. & Thurs.) 4 weeks, 9:00-10:30, Room 8

Do you know the difference between Limbo and Purgatory? What happens to the unrepentant? The lustful? The deceitful? To those who just refuse to take a stand? We will find out by tagging along with Dante and Virgil as they descend into the lowest depth of hell.

Marilee Richards recently studied the “Commedia” at the Monastery of the Ascension. Her poems have been widely published, and one is coming in the spring 2015 issue of Tar River Poetry.

Winter Warning: watch for possible college closure during Winter storms at yc.edu
Thursday Learning Groups

Sedona Center

HIGHER CONSCIOUSNESS LANGUAGE & ASSERTIVE COMMUNICATION (S-926-15)
Feb. 12-Mar. 5, 4 weeks, 10:00-12:00, Room 4
Discover how to create harmony in your life. You will learn how to create Divine ways of expressing yourself and build relationships through communication skills. We will discuss passive, aggressive, and assertive qualities. You will learn to recognize triggers, life patterns, and understand “volcano” responses in relationships. You will also learn to clear any destructive habits and to flip into the beautiful gifts you are here to master.

Laurie Hutchinson is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

LET’S TALK DOGS (S-923-15)
Jan. 29-Mar. 5, 6 weeks, 10:45-12:15, Offsite
This is a comprehensive course on why your dog acts like he/she does. Learn how your dog can be “man’s best friend” and an asset to your family. Study dog breeds and the differences in socialization, obedience training, and house manners. You will learn how to introduce your dog to the community. Class will be held at the Pine Creek Villas in the VOC. Limited to 20 people.

Jean Hall has been an AKC professional handler, AKC canine ambassador to schools, and certified canine hygienist. She owned and operated a boarding, grooming and training center in Phoenix with emphasis on owner participation and K-9 mentoring.

PRIVACY VS. THE GOVERNMENT’S RIGHT TO KNOW (S-934-15)
Jan. 29-Mar. 5, 6 weeks, 10:45-12:15, Room 34
Learn how the US Government came to monitor the communications of millions of people worldwide. Understand the context and meaning of the Edward Snowden affair. The class will encourage debates over the issues of privacy and “the government’s right to know.”

Jim Molans practiced law in Florida for over 40 years. He graduated cum laude from the University of Miami, with a major in government and minor in history.

LET’S SPEAK SPANISH (S-910-15)
Jan. 29-Mar. 5, (Tues. & Thurs.) 6 weeks, 10:45-12:15, Room 8
This is an introduction to the Spanish language, appropriate for beginners or for those who have studied Spanish in the past and would like a review. Class limited to 15 people.

Art Smith lived in Madrid and has studied Spanish in Spain, Argentina, and Mexico.

TRANSFORMING FEARS INTO PERSONAL POWER (S-925-15)
Jan. 29-Mar. 5, 6 weeks, 10:45-12:15, Room 23
Many times we feel controlled and stuck by our old fear patterns, created by painful life experiences. We will challenge these fears by identifying, releasing, and re-directing. Through this process we discover our own inner strength. Come prepared to share openly and honestly and with trust as we support one another through this transformation. Limited to 10 people.

Gretchen Weberling previously published “Contra Costa Woman,” a magazine that shared life experiences about overcoming impossible life challenges. She is a hypnotherapist, and a truth seeker who has transformed many fears from her own life challenges. She now assists others to turn their fears into personal power.

Facilitator Proposal Guidelines

When you submit your proposal by the due date it will ensure that you will be included in the catalog. (Spring proposals due on January 5th) Proposals received after this date are not guaranteed to be included in the catalog.
Thursday Learning Groups

Sedona Center

KEEP IT SIMPLE: AN INTRODUCTION TO INVESTING (S-927-15)
Feb. 5, 12 & 19, 3 weeks, 1:30-3:30, Room 15
This class will provide a working glossary to understand the world of investing. It will provide a basic structure to assist in deductive decisions, and a fundamental framework to discuss the global marketplace. It will highlight some of the pitfalls in financial planning, and provide tips and insight on working with attorneys, accountants, and advisors.

John Farmer is a licensed financial adviser who is passionate about educating investors so they can make wise decisions about life and money.

REFLEXOLOGY FOR HEALTH AND LONGEVITY (S-928-15)
Jan. 29-Mar. 5, 6 weeks, 3:00-4:30, Room 40
Has your step lost some of its pep? Many of us have experienced a decline in mobility and comfort with the passing years. In this class we can learn self-help reflexology for greater vitality, mobility, and comfort. This is hands-on; participants will be working on their own hands and feet.

Thomas Brennan works as a reflexologist in private practice. He has 6 years’ experience teaching professional training in reflexology. Thomas is certified by The American Reflexology Certification Board.

FINANCIAL WORKSHOP: YOUR SOURCE FOR FINANCIAL EDUCATION (S-929-15)
Jan. 29-Mar. 5, 6 weeks, 3:00-4:30, Room 23
Financial education is an important step in helping you achieve a better future. This class offers clear and practical investment education in a convenient and comfortable format. By attending this class, you'll gain a better understanding of the key principles of saving and investing, and learn specific strategies to help reach your long-term goals.

Mary Millar is a Series 7 licensed financial advisor assisting in retirement planning, financial strategies for income in retirement, annuities, and insurance.

Friday Learning Groups

Clarkdale (Verde Valley Campus)

WRITING FOR SELF-DISCOVERY (V-540-15)
Feb. 6-Feb. 20, 3 weeks, 10:45-12:15, Room L-216
Each class begins with meditation. From our inner stillness, we will write for five minutes after a prompt is provided. Everyone will share -- there is no feedback because the group's gift is to receive. Limited to 6 participants.

Jean Ford has explored many forms of writing. She finds that writing and sharing in groups allows everyone to embrace vulnerability with insights.

EVOLUTIONARY BIOLOGY FOR DUMMIES (S-930-15)
Jan. 30-Feb. 27, 5 weeks, 9:00-11:00, Room 34
Episodes from the recent BBC series “Wonders of Life” will provide our points of departure for investigating the most significant events in the evolution of planet Earth's biosphere. We will identify and explore the relationships between the biosphere, the geosphere, the hydrosphere, and the atmosphere.

Sandy Unger earned his Ph.D. in Human Ecology at Cornell University. As a research scientist at the National Institutes of Health (NIH), he published many articles in various sub-fields of the earth sciences.

WORKSHOP COMBO (S-931-15)
Jan. 30-Mar. 6, 6 weeks, 1:00-3:00, Room 8
By signing up for this learning group, you will be able to attend three workshops: Soul Recognition, You Are The Right Person, and Communicating With Angels. See the descriptions under Friday Workshops at the Sedona Center. Cost is $40.

Thomas Brennan works in private practice as a reflexologist and in facilitating inner transformation. He has been helping people and teaching for over 30 years. Thomas has a Master of Education degree.

Winter Warning: watch for possible college closure during Winter storms at yc.edu
Friday Learning Groups
Sedona Center

REAL ESTATE SALES SUCCESS (S-932-15)
Jan. 30-Mar. 6, 6 weeks, 3:00-4:30, Room 15
Boost your career and motivate your sales. You will learn about successful open-house strategies, title and escrow procedures, website development, and how to spend your money and use your time wisely in advertising and marketing.

This class is for new licensees or just to jump-start a “slump.” Real estate is competitive—find your edge. This class is given by a newly retired agent from California.

Denise Grant has 13 years of title and escrow procedure experience. She worked from the bottom of the ladder up, and then real estate sales for many years.

BECOMING AWARE OF THE GREAT WAY (S-935-15)
Feb. 13-Mar. 6, 4 weeks, 1:00-4:00, Room 34
Most ancient spiritual traditions have the concept of there being a cosmic order. In the Vedas this was called “Rta” and in Taoism “The Way” and in ancient Greece and western traditions the “Musica Universalis” (Harmony of the Spheres). The natural order revealed by science is a reflection of this deeper cosmic order. The highest goal of the ancient spiritual traditions was to align oneself with The Way. But, how do we become aware of, or sensitive to, The Way? This class – a series of 3 workshops – explores this question through dialogue and our relationship with nature. Cost is $40.

Andrea Houchard, along with Matthew Goodwin, founded the Sedona Philosophy Circle in 2014. Andrea also directs Philosophy in the Public Interest at Northern Arizona University (which last year received national recognition from the American Philosophical Association). Andrea’s passion is making philosophy relevant to our everyday lives and drawing on it as a resource to address environmental and political challenges.

Jim Gandee is retired from corporate management. He has an interest in interactive groups; helping people come together to resolve conflicts; and in forming positive environments for collaborative creations. He is trained in Nonviolent Communications and Restorative Justice. Jim is the current chair of the Sedona OLLI council.

Robin Weeks has a Ph.D. in Geophysics and an M.A. in Religious Studies. He has a long-time interest in understanding science from a spiritual or mystical perspective.

Monday Workshops
Clarkdale (Verde Valley Campus)

UNLOCKING MESSAGES FROM THE SOUL (V-550-15)
Feb. 9, 1:00-3:00, Room L-216
Discover key symbols and hidden messages in the magical world of dreams.

Laina Lloyd is the author of “Do Butterflies Dream?”, a guidebook for interpreting dreams and visions. She believes that dreams hold the keys to understanding emotions located within the soul.

UNLOCKING MESSAGES FROM THE SOUL (S-156-15)
Feb. 2, 1:00-3:00, Room 39
Discover key symbols and hidden messages in the magical world of dreams.

Laina Lloyd is the author of “Do Butterflies Dream?”; a guidebook for interpreting dreams and visions. She believes that dreams hold the keys to understanding emotions located within the soul.

The Java Love Café – Sedona’s best café, generously supported OLLI’s Fall Open House. We thank them and ask OLLI members to support Java Love Café.
Monday Workshops

**Sedona Center**

**BRAIN EDUCATION FOR SUCCESSFUL AGING**
**(S-157-15)**
**Feb. 16 & Mar. 2, 1:00-4:00, Room 39**

As we age it is still possible to maintain and even restore our physical vitality and emotional contentment through a low impact movement practice known as Brain Education. No experience is necessary to integrate both sides of the brain and make the body-brain connection work for you.

_Haejung Jung_ received advanced training in South Korea from the Founder of Dahn Yoga, Ilchi Lee. She is the director of the Sedona Meditation Center in uptown Sedona.

**CLAIMING YOUR SOUL’S ESSENCE**
**(S-120-15)**
**Feb. 23, 1:00-4:30, Room 23**

In one’s lifetime, the soul goes through many experiences that create a low or high energy. Through all the shifting in humanity and energy, it is time to clear any lower energies affecting one’s personal power. Let’s see how we claim our soul’s essence in this lifetime.

_Laurie Hutchinson_ is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

**Tuesday Workshops**

**Sedona Center**

**AWAKEN TO YOUR HEART IN SEDONA, PART 1**
**(S-121-15)**
**Feb. 24, 9:00-1:00, Offsite**

This is a sacred land hike. Walk on Mother Earth, fly in the wind, touch your heart strings, and connect to your past gifts. Bring your tools and musical instruments, and be open to create an experience of awakening. Bring water and snacks, wear hiking shoes and warm clothing. Meet at the YC parking lot and carpool.

_Laurie Hutchinson_ is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

**AWAKEN TO YOUR HEART IN SEDONA, PART 2**
**(S-122-15)**
**Mar. 3, 9:00-1:00, Offsite**

This is a sacred land hike. Walk on Mother Earth, fly in the wind, touch your heart strings, and connect to your past gifts. Bring your tools and musical instruments, and be open to create an experience of awakening. Bring water and snacks, wear hiking shoes and warm clothing. Meet at the YC parking lot and carpool.

_Laurie Hutchinson_ is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

**Tuesday Workshops**

**Clarkdale (Verde Valley Campus)**

**ANIMAL COMMUNICATION**
**(V-563-15)**
**Jan. 27, 1:00-4:30, Room G-107**

Learn how to communicate with your pets, how animals think, and how we can better listen and meet their needs.

_Nancy Cohen_ has been a pet owner since childhood and is an intuitive/astrologer. Her website is www.astronancy.org.

**AWAKEN TO YOUR HEART IN SEDONA, PART 2**
**(S-122-15)**
**Mar. 3, 9:00-1:00, Offsite**

This is a sacred land hike. Walk on Mother Earth, fly in the wind, touch your heart strings, and connect to your past gifts. Bring your tools and musical instruments, and be open to create an experience of awakening. Bring water and snacks, wear hiking shoes and warm clothing. Meet at the YC parking lot and carpool.

_Laurie Hutchinson_ is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.
Wednesday Workshops
Clarkdale (Verde Valley Campus)

BEGINNING PALMISTRY (V-570-15)
Jan 28, 2:00-4:30, Room G-103
Learn lines and how hands change and how they stay the same. For beginners.
Nancy Cohen has been a metaphysician/astrologer since 1971. Her website is www.astronancy.org.

MAKING SENSE OF SOCIAL SECURITY (V-571-15)
Feb. 4, 9:00-10:00, Room L-216
Attend this one-hour class and discover what your local Social Security representative is instructed not to tell you. Discover the six common mistakes that people make as they plan for retirement. Learn why 90% of those receiving Social Security fail to maximize their social security benefits. This class is reserved only for those who have not yet started taking their own personal social security benefits.
Andy Lockridge was the first person in Arizona to receive the National Social Security Advisor Certification. His social security website is www.nssconsult.com.

MAKING SENSE OF MEDICARE (V-572-15)
Feb. 4 & 11, 10:00-12:00, Room M-203
Take the mystery out of Medicare by attending this two part course. Topics covered include an overview of Medicare, Medicare Supplement Plans, Medicare Advantage Plans, and Part D Prescription Drug Plans. This workshop is free to OLLI members; for the general public the fee is $15.
Andy Lockridge teaches this class at several community colleges throughout Arizona. His Medicare website is www.aboutmedicare.org.

RETIREMENT: MAKING YOUR MONEY LAST (V-562-15)
Feb. 11, 10:45-12:15, Room L-216
This workshop discusses ideas to help build a reasonable and sustainable strategy for managing income and expenses during retirement, utilizing the framework of Plan for the Expected, Prepare for the Unexpected, and Position the Portfolio for Both.
Amy S. Brown is a series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.

STANDING GUARD: PROTECT WHAT YOU’VE WORKED FOR (V-561-15)
Feb. 18, 10:45-12:15, Room L-216
Whether you are approaching retirement or recently retired, this workshop will share strategies designed to help you guard your most valuable assets and protect your pre-and post-retirement income.
Amy S. Brown is a series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.

PREPARING YOUR ESTATE PLAN (V-560-15)
Feb. 25, 10:45-12:15, Room L-216
This seminar is designed to help people better understand the basics of estate planning so they can choose the options that make sense for their specific situations. Estate Planning Attorney Alma Dumitru will make part of the presentation
Amy S. Brown is a series 7 licensed Edward Jones financial advisor, assisting in retirement planning, financial strategies for income in retirement, annuities and insurance.

Invitation to Facilitate

- Is there a particular topic or craft that you would enjoy sharing with mature, inquisitive, and dynamic adults?
- You do not have to be a retired professor from a university to facilitate a class. The main requirement is a passionate interest in something.
- Ask us for a class/workshop proposal form – these are due a few months in advance of each session/quarter: Spring session proposals are due by January 5.

Write to us at olli.sv@yc.edu or call (928) 649-4275 or (928) 649-5550
Wednesday Workshops
Clarkdale (Verde Valley Campus)

SOLAR OBSERVING (V-573-15)
Feb. 25, 1:00-3:00, Room L-216
A one-hour presentation on the sun and what makes it work. Then one hour viewing the sun through special Hydrogen Alpha, CaK (ultraviolet) and visual telescopes. Hydrogen Alpha telescopes allow the viewer to safely see solar flares and prominences as they come off the edge of the sun. CaK ultraviolet telescopes allow details to be seen on the surface of the sun. Visual telescopes allow the safe viewing of sun spots.

JD Maddy is president of Astronomers of Verde Valley, VIP Astronomer for National Parks Service, RIM Astronomer for Arizona State Parks System, and an avid DSLR astro photographer.

Wednesday Workshops
Sedona Center

ADOPT A RESCUED BIRD (S-123-15)
Jan. 28, 1:00-4:00; Room 15
This pet holiday is honored during the month of January. Is a bird the appropriate companion for you? You'll gain a greater awareness on caring as well as understanding a bird's personality. Did you know pets are outnumbering children in the United States 4 to 1?

Gloria Rodriguez is an educator, author of a pet book series, and was an award-winning pet talk radio show host.

ADOPT A RESCUED RABBIT (S-124-15)
Feb. 4, 9:30-12:30, Room 40
This pet holiday is honored during the month of February. Yes, rabbits can be indoor companions and trained to use a little box. Experts suggest children 12 years of age and older are the best candidates to adopt a house rabbit. We will review the aspects of adopting an indoor rabbit. Did you know Americans celebrate 136 pet holidays each year?

Gloria Rodriguez is an educator, author of a pet book series, and was an award-winning pet talk radio show host.

INTERACTIVE ART WORKSHOP (S-125-15)
Feb. 4, 1:00-4:00, Room 23
This is a collaborative process where each person participates in your painting. We will start the painting then pass it on to the next person who will add their own style, colors and design. Then it will pass to the next person to add a splash of color, lines, squiggles, or texture. Watch the painting emerge. This is a chance to paint what you feel and be outrageously creative using brushes, sponges or fingers. Please bring an apron or wear painter's clothes. You will go home with a completed painting ready for framing. Supply cost to be paid to facilitator is $15. Class is limited to 12 people.

Grace Kirkwood is a floral designer, balloon artist, event decorator, photographer, seeker of adventure and awareness. She is a Reiki healer. Grace uses art as a means of expression and awareness.

PET DENTAL HEALTH (S-126-15)
Feb. 4, 1:00-4:00, Room 15
This pet holiday is recognized during the month of February. Pets can be in pain due to unhealthy oral cavity with unfavorable bacteria, receding gums, root exposure or plaque buildup. We will explore and discuss dental care for your beloved companion during this workshop.

Gloria Rodriguez is an educator, author of a pet book series, and was an award-winning pet talk radio show host.

MAKING SENSE OF MEDICARE (S-127-15)
Feb. 4 & Feb. 11, 2:00-4:00, Room 28
Take the mystery out of Medicare by attending this two-part course. Topics covered include an overview of Medicare, Medicare Supplement plans, Medicare Advantage plans, and Part D prescription drug plans. Free to members and $15 to non-members.

Andy Lockridge teaches this class at several community colleges throughout Arizona. His Medicare website is www.aboutmedicare.org.
Wednesday Workshops

SMUDGING AND SIMPLE SHAMANIC CLEARINGS
(S-128-15)
Feb. 18, 1:00-4:00, Offsite
We will explore techniques for clearing of people, places, and things, as well as your heart, throat, blockages, body, mind, soul, and energy. You will be introduced to clearing tools and techniques to transmute into the highest vibrations. Optional supplies will be available to assist in the clearing. Cost of supplies is $20.

Laurie Hutchinson is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

ADOPT A RESCUED GUINEA PIG (S-129-15)
Mar. 4, 1:00-4:00, Room 15
This pet holiday is recognized during the month of March. A Guinea Pig is a precious small companion who is very social with sensitive paws. Caring for them is fun provided their environment is setup accordingly. We will explore their requirements for a healthy human/pet relationship.

Gloria Rodriguez is an educator, author of a pet book series, and was an award-winning pet talk radio show host.

Thursday Workshops

Clarkdale (Verde Valley Campus)

THINGS THAT GO SWOOSH IN THE NIGHT (V-580-15)
Jan. 29, 9:30-11:30, Room G-107
This will be a combination of two slide programs on bats and owls that have been presented at the Verde Valley Birding and Nature Festival. Come and learn about these fascinating creatures of the night that we have so little opportunity to observe directly.

Anne “Andy” Berry is a lifelong nature lover who has been a volunteer naturalist at Red Rock State Park for 15 years.

SEEING WITH HAIKU EYES (V-581-15)
Jan. 29, 10:00-12:00, Room G-102
Haiku is the world’s most popular poetic form. The way of haiku can be an antidote to our fast-moving, high-tech culture. We will look at examples of haiku from around the globe to help us better appreciate each moment.

Joan Prefontaine enjoys writing haiku and teaching others about it.

PERSONAL GROWTH WITHIN AN EFFECTIVE & ENRICHING RELATIONSHIP, PART 2 (S-130-15)
Jan. 29, 1:00-4:00, Room 28
Points of emphasis in this workshop will include Attachment Theory, Differentiation Theory, developmental stages of the couple, and personality dynamics that are disruptive to the relationship. Affairs and infidelity will also be addressed. Role play and other experiential exercises are included in this program and participation is encouraged. Couples and individuals are invited to attend. The goal is to develop a perspective that is both practical and achievable for enhancement and growth of your relationship.

Stephen Gill is a licensed psychologist and a certified neuropsychologist in private practice in Sedona. His practice includes outpatient treatment with couples using a sophisticated and broadly based developmental model. He also works with individuals who are concerned with challenges in their relationships.

KNOW THYSELF (S-131-15)
Feb. 5, 9:00-12:00, Room 28
This class is an exploration in identity and mindfulness; it’s an exercise in detailing your various belief systems, examining how they do and/or don’t serve you, and practicing mindfulness to know the difference. Bring a pen and lots of paper and be willing to go deep within and write honestly about yourself.

Henry Twombly is a former history teacher, a sometime fiction and nonfiction writer, and a lifetime student of spirituality.
Thursday Workshops
Sedona Center

GIVING WITH PURPOSE: CHARITABLE & PLANNED GIVING (S-132-15)
Feb. 5, 12, 2 weeks, 10:45-12:45, Room 15

Have you thought about charitable giving, but don’t understand the different tax and legal strategies? Do you fear losing control of your assets? You can retain complete control of your assets while living, insure that your family will benefit upon your passing, and still arrange a gift for a charity or loved one. This class will explore the benefits of charitable giving while you are alive and upon your passing, discuss family issues and dynamics, learn how to identify appropriate charities, and explore legal and tax vehicles.

John Farmer is a licensed financial adviser who is passionate about educating investors so they can make wise decisions about life and money.

Friday Workshops
Beaver Creek

MEDICARE 101: EVERYTHING YOU NEED TO KNOW ABOUT MEDICARE (V-591-15)
Feb. 6, 10:45-12:45, BCSD

There will be a discussion with handouts of what Medicare Parts A and B cover and do not cover, what supplements and Advantage plans are and do, and how Part D Prescription Drug Plans work. This workshop is free to OLLI members; for the general public the fee is $15.

Denny Fanter retired from AT&T as a financial planner. He has sold Medicare products since 2005.

LOVE, SEX AND MARRIAGE IN THE MIDDLE AGES (V-592-15)
Jan. 30 & Feb. 6, 10:00-12:00, Room G-103

During the days of knights, troubadours and courtly love, did the concept of romantic love exist in a medieval marriage? In this two-session workshop we will explore the customs and realities of marriage as an institution at all strata of society, from kings and barons to peasants.

Perry Krowne & Carole Penfield-Krowne have a keen interest in Medieval History. They have been facilitators for OLLI for several years.

Thank Your Local Businesses!
We thank the following businesses for generously donating prizes for our open house. Please let’s return the favor and support these businesses when we have the chance:

The Field • The Heartline Cafe • Hog Wild BBQ • Java Love Cafe
Domino’s Pizza • Picazzo’s Pizza • Lynn’s Casual Kitchen
Jerona Cafe • Shallots Cafe • Safeway • Whole Foods
Friday Workshops
Clarkdale (Verde Valley Campus)

FUN WITH WATERCOLOR (V-593-15)
Feb. 6, 10:00-1:00, Room H-103
No prior knowledge of painting in this medium is required. Beginner-level art project. $7 materials fee due at start of workshop and payable to the instructor. Limited to 12 participants.

Pat Murphy started working with watercolor when she moved to Arizona in 2010.

MINERALS ARE THE SPARK PLUGS OF LIFE (V-594-15)
Feb. 13, 1:15-2:45, Room L-215
Understanding advances in nutrition science, a special focus on magnesium, copper, and vitamin D. Making wise choices.

Rick Malter, Ph.D., 1971, University of Illinois, was a licensed psychologist and nutrition counselor until 2001.

INSIDE CREATIVITY (V-595-15)
Feb. 27, 1:00-4:00, Room G-106
This workshop will feature a panel consisting of an area writer, visual artist, composer, and choreographer, each of whom will discuss and demonstrate their creative process. Topics will include inspiration, getting started, developing ideas, housing the idea, refinement, and knowing when the work is done. Participants are encouraged to interact with the guests by asking questions.

Sy Brandon is a composer, brass musician, and retired professor of music.
Ann Metlay is a lifetime writer and educator who devotes time each day to capturing the music of words.

I’VE HEARD THAT SONG BEFORE (V-596-15)
Mar. 6, 9:00-12:00, Room L-216
Have you ever listened to a song that sounds like something you’ve heard before? Many popular songs have their roots in classical music. We will examine songs from the 1940s, ’50s, and ’60s whose melodies came from classical music. We will listen to the pop song and the classical composition it came from and learn something about the performer, songwriter, and composer along the way.

Sy Brandon is a composer, brass musician, and retired professor of music.

Sedona Center

THE BIG BAND ERA (S-133-15)
Jan. 30, 9:00-12:00, Room 23
This workshop will explore the big band music of the 1930s and 40s through recorded examples, video excerpts, and discussion of the ethnic and cultural characteristics of the era.

Sy Brandon is a composer, brass musician, and retired professor of music.

SOUL RECOGNITION (S-134-15)
Jan. 30 & Feb. 6, 2 weeks, 1:00-3:00, Room 8
This is a very practical class to help us move toward inner peace and deeper knowledge of ourselves. In class we will learn and apply practical ways to recognize, access, and enhance that deeper knowledge. The class will include lecture-like lessons and exciting experiential episodes.

Thomas Brennan works in private practice as a reflexologist and in facilitating inner transformation. He has been helping people and teaching for over 30 years. Thomas has a Master of Education degree.

Lynn’s Casual Kitchen – Caterers in Sedona, generously supported OLLI’s Fall Open House. We thank them and ask OLLI members to support Lynn’s Casual Kitchen.

Winter Warning: watch for possible college closure during Winter storms at ycd.edu
THE NEW YOU IN THE NEW YEAR (S-135-15)
Jan. 30, 1:00-4:00, Room 23
Start the New Year on the right track! Get on the road to wellness and decrease “belly fat”, increase energy, and feel great! Find hidden sources of inflammation and balance your body with delicious food, even chocolate! Come join this informative and fun conversation about making small tweaks to your eating and cooking for results that are life changing! Sample some delicious cookies, too.

Karen Russell is a certified health coach and has worked in the health care field for over 20 years. She is an author and expert in the field of nutrition and wellness.

SOLAR ENERGY-YOUR GIFT FROM THE SUN
(S-136-15)
Feb. 6, 9:00-12:00, Room 15
Learn how going solar can lock in reduced electric rates for the next two decades, with no out-of-pocket cost. Discover how solar energy works. Explore purchase vs. leasing options. Discuss recent Arizona Corporation Commission rulings. Understand solar tax credits, design considerations, and more!

Shirley Proulx, a long time OLLI supporter, facilitator, and former Council member offers this solar class to provide education on “going green” and controlling energy costs.

PAGE SPRINGS ROAD TRIP (S-137-15)
Feb. 6, 9:00-4:00, Offsite
Page Springs Road is a short yet intriguing stretch of highway, dotted with interesting places. Join us in spending the day visiting some of these places, the hatchery, wineries, and other surprising things. We will stop for lunch and give you information on places you may like to try. Wear comfortable shoes, layered clothing, and bring water, a snack, and your camera. We will meet at a central location and car pool. You will be contacted with specific directions.

Grace Kirkwood is an avid photographer and loves to explore nature. She will share photographic tips along the way. Grace is also a floral designer, balloon artist, event decorator and Reiki healer.

38 SEDONA ARTISTS (S-150-15)
Feb. 6, 1:15-4:15, Room 23
This course will present the artwork of 38 Sedona artists, active today, showing and reviewing their art. We will review a variety of art fields: painting in oils, acrylics, watercolor, colored pencil (both abstract and representational); sculpture in bronze, stone, and wood, and photography and raku ceramics.

Louise MacDonald has given workshops and courses at OLLI. She is a seasoned art columnist and recently published her book “Sedona’s Best Artists”.

YOU ARE THE RIGHT PERSON (S-138-15)
Feb. 13 & 20, 2 weeks, 1:00-3:00, Room 8
This class will be a journey of self-discovery. Each of us is already that person we should be. The class is about how to uncover that perfect person within. In this class we will include lecture-like lessons and exciting experiential episodes.

Thomas Brennan works in private practice as a reflexologist and in facilitating inner transformation. He has been helping people and teaching for over 30 years. Thomas has a Master of Education degree.
Friday Workshops

Sedona Center

TAOISM & THE 21ST CENTURY (S-139-15)
Feb. 13, 1:00-4:00, Room 34

Taoism is usually considered in terms of philosophy and spirituality. However, the author of the Tao De Ching, Lao Tzu, was not just a philosopher. He was a public administrator. We will focus on specific passages that reveal Taoism and philosophy as a resource for contemporary leadership challenges, with an emphasis on environmental ethics.

Andrea Houchard, along with Matthew Goodwin, founded the Sedona Philosophy Circle in 2014. Andrea also directs Philosophy in the Public Interest at Northern Arizona University (which last year received national recognition from the American Philosophical Association). Andrea's passion is making philosophy relevant to our everyday lives and drawing on it as a resource to address environmental and political challenges.

LIVING IN THE NOW (S-140-15)
Feb. 13, 1:00-4:00, Room 23

How we speak is limiting our experience of living, i.e., "that's life" vs. "this is living." Feel the difference? Resonating with living is easy. Learn how. This class is interactive; questions are welcome!

Sue Condray was born a conscious channel and has studied metaphysics for over 40 years. She is passionate about expanding human consciousness and awareness, and being present.

CEREMONIES: NATIVE AMERICAN MEDICINE WHEEL (S-141-15)
Feb. 13, 1:00-4:30, Room 40

We will focus on the spiritual truth and ways carried down through the years in the Native American culture. Crystal Starr Weaver, a Cherokee grandmother, will share ceremonies, traditions, processes, and tools. You will also experience walking the medicine wheel.

Laurie Hutchinson is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

WHAT IS YOUR “ONE THING?” (S-142-15)
Feb. 20 & 27, 2 weeks, 9:00-12:00, Room 23

We will watch the movie City Slickers to hear actor Jack Palance present his down-home philosophy of “one thing,” then discuss what for each of us is the “one thing” that gets our feet pounding joyfully on our daily paths.

Jerome Thailing is a passionate seeker of wisdom gems wherever they may be. In Montana he discovered his “one thing:” beauty.

MAKING SPIRIT WANDS OR TALKING STICKS (S-143-15)
Feb. 20, 9:00-12:00, Room 40

Wands have been used throughout ancient and current cultures for various reasons. They show family connections, royalty, a position held, Native American connection, angelic attributes, and much more. Bring a favorite piece of wood or stick (1 inch or more in diameter) and any specific material that you feel drawn to make your wand. Other basic supplies will be provided. Supply cost of $20 to be paid the facilitator.

Laurie Hutchinson is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

WHAT IS YOUR DESTINY? (S-144-15)
Feb. 20, 1:00-4:00, Room 23

What is your destiny? We will go over basic astrological signs and planets. Please provide accurate birth information (date, city, time within 5 minutes) to the facilitator one week before the workshop.

Sunny Jonynas has been an astrologer for many years. She is a member of AFA (American Federation of Astrologers) and ISAR (International Society of Astrological Research). She taught astrology at Santa Monica, CA, New Age Center.

Winter Warning: watch for possible college closure during Winter storms at ycd.edu
**Friday Workshops**

Sedona Center

**HEALING WITH FLOWER ESSENCES (S-145-15)**

*Feb. 20, 1:00-4:00, Room 40*

In this class you will learn about the flowers that address your current emotional state, how they work in your healing, and how they cure dis-ease.

**Marti Galione** studied with herbalists and healers in New York and California. She then created her own herb farm and learning center in upstate New York where she began teaching and healing practice. In 2014 she moved to Sedona to continue her work.

**DIALOGUE AS A SPIRITUAL PRACTICE (S-155-15)**

*Feb. 20 & Feb. 27, 1:00-4:00, Room 34*

The physicist David Bohm wrote a book called “On Dialogue,” in which he described how, through dialogue in groups of people, there was the potential to become aware of or to reveal something he called the *Implicate Order*. This grew out of his work on Quantum Physics. We will explore this idea of connecting to a cosmic order through dialogue (as a practice). This workshop will meet twice and can be taken as a standalone workshop or as part of the class “Becoming Aware of the Great Way”.

**Jim Gandee** is retired from corporate management. He has an interest in interactive groups; helping people come together to resolve conflicts; and in forming positive environments for collaborative creations. He is trained in Nonviolent Communications and Restorative Justice. Jim is the current chair of the Sedona OLLI council.

**Robin Weeks** has a Ph.D. in Geophysics and an M.A. in Religious Studies. He has a long-time interest in understanding science from a spiritual or mystical perspective.

**MAKING DREAMCATCHERS (S-146-15)**

*Feb. 27, 9:00-12:00, Room 40*

The legend of a dream catcher in the Native American tradition refers to the sorting of dreams. Lower vibrational dreams get caught up into the webbing and evaporate in the morning sun. Higher vibrational dreams are stored in the feather to be dreamed another day. Supplies include willow rings, miscellaneous feathers, sinew, and a small crystal. Supply cost of $20 to be paid to facilitator.

**Laurie Hutchinson** is a sacred tour guide, author, college instructor, neurolinguist master practitioner, communication coach, and ceremonial leader. Her Native American and artist name is Crystal Starr Weaver.

**COMMUNICATING WITH ANGELS (S-147-15)**

*Feb. 27 & Mar.6, 2 weeks, 1:00-3:00, Room 8*

Many traditions recognize the existence of “Angels.” Communicating with “Angels” can be a path to deeper knowledge of ourselves and a way to gain very practical aid with everyday concerns. We will discuss some theory, have some direct experience, and learn some practical techniques. Participants will have an opportunity to apply this knowledge to personal concerns.

**Thomas Brennan** has been communicating with angels for many years. He works in private practice as a reflexologist and in facilitating inner transformation. He has been helping people and teaching for over 30 years. Thomas has a Master of Education degree.

**EATING GLUTEN FREE THE RIGHT WAY (S-148-15)**

*Feb. 27, 1:00-4:00, Room 40*

Learn to eat gluten free for better health. Learn information and the inside secrets to delicious tasting foods. There is a right way and a wrong way to eat gluten free. Find out the right way! There will be a cooking demonstration.

**Karen Russell** has been a health coach and nutritionist for over 25 years. She has passion for helping others get more energy, lose weight, and have better quality of life.

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Winter Warning: watch for possible college closure during Winter storms at yc.edu
Friday Workshops
Sedona Center

MAG RACING: THE ULTIMATE SCALE MODEL ROAD RACING (S-149-15)
Feb. 27, 1:00-4:00, Room 23
Remember slot cars? Join us to learn about today’s more realistic racing technology. Inexpensive, easy-to-build 1:32 scale cars are independently controlled with capacity to pass, change lanes and move forward/backward. A demo of racing on Ned’s amazing new outdoor course in the VOC will take place after the classroom. Let’s race!

Ned Phillips is a former assistant professor of economics, plant manager, and financial advisor with a strong interest in design and engineering.

Lou Camp is a veteran OLLI facilitator and member of Ned’s pit crew.

AMAZING TRAVEL TIPS (S-152-15)
Mar. 6, 1:00-4:00, Room 23
Find the best cruise, tour, and hotel deals. Find low cost excursions. Get travel agent rebates. Get free or low cost airfare and hotel stays (US and international) using credit card points. Learn which credit cards to get, how to earn large bonuses, and the best way to redeem points. Pay your income and property taxes using credit cards. This class is meant only for people who pay off their credit card balances monthly.

Joel Gilgoff is chairman of the board of the Sedona Chamber of Commerce, and has traveled the world.

ENVIRONMENT AND EXPERIENCE (S-153-15)
Mar. 6, 1:00-4:00, Room 34
This field-based workshop will take us onto Sedona’s trails and give us an opportunity to think about different ways of knowing. This guided experience will be informed by references to texts in phenomenology and environmental ethics.

Andrea Houchard, along with Matthew Goodwin, founded the Sedona Philosophy Circle in 2014. Andrea also directs Philosophy in the Public Interest at Northern Arizona University (which last year received national recognition from the American Philosophical Association). Andrea’s passion is making philosophy relevant to our everyday lives and drawing on it as a resource to address environmental and political challenges.

CONVERSATIONS WITH NON-PHYSICAL CONSCIOUSNESS (S-154-15)
Mar. 6, 1:00-4:00, Room 40
Some call this channeling. You come to experience your perception of living within all of consciousness. What are you doing, thinking, and being that is consistently actualizing in your perception? This is not instruction on channeling.

Sue Condray was born a conscious channel and has studied metaphysics for over 40 years. She is passionate about expanding human consciousness, awareness, and being present.

Thank you!

To the 30 plus members of the OLLI community that help OLLI each term by serving on committees, councils, events teams and other business tasks. Thanks for your generosity in sharing your skills, and support.
Special Interest Groups
Clarkdale (Verde Valley Campus)

OUT TO LUNCH BUNCH BOOK GROUP (V-599-15)
OFFSITE: 2nd & 4th Friday of each month starting
Jan. 23, 11:45-1:15, Jerona Cafe

Join us on the second and fourth Friday of each month for a discussion of popular books, followed by lunch and conversation. The assigned book for the month is discussed on the second Friday meeting, and a general discussion of books each person wants to bring for the group’s attention is done on the fourth Friday meeting. Limited to 12 participants. Meet at Jerona Cafe, 677 E. Mingus Ave., Cottonwood. The book for January is *A Most Wanted Man* by John LeCarre, February is *Empty Mansions* by Bill Dedman, and March is *Under the Wild & Starry Sky* by Nancy Horan.

**Velda Bice** is a lifetime reader of a variety of literature. She has facilitated many learning groups for OLLI in the past.

**Joe Stack** is an avid reader since reading The Wizard of Oz in grade school. He enjoys a wide range of fiction and non-fiction and discussing books with others.

Special Presentations & Events
(Free and Open to the Public)
Clarkdale (Verde Valley Campus)

SILVER IMAGES ON GLASS PLATES: EARLY PHOTOGRAPHY IN ARIZONA, 1850-1920 – An Arizona Humanities Council presentation
Friday, Jan. 30, 1:00-4:30, Room M-137

Photographs have helped shape both historical and contemporary public perception of Arizona and the West. This program presents a chronological history and social development of photography in Territorial Arizona. Included are rare and unique historical images of daily life, public events, personalities, mining, Native Americans, and environment of early Arizona. Accompanying images are high-quality copies of original vintage photographs of many little known regions of the state, and development of the camps, forts, and towns throughout the Territory. Also provided is information about photographic processes and techniques, and reflections of postcard photography, captions and changing societal perception of the West.

In keeping with the theme of this AZ Humanities program, the OLLI Special Programs Committee is pleased to sponsor an exhibit of contemporary photographs taken by OLLI member photographers Judy Manocchia, Isabelle Lacey and Jean Ellen Wilder in the Yavapai College Art Gallery in Clarkdale. Watch for the opening night reception announcement in the OLLI e-news!


The Jerona Cafe generously supported OLLI’s Fall Open House. We thank them and ask OLLI members to support the Jerona Cafe.

Calendar of Events

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<td>Spring proposals due</td>
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<td>Winter Open House – A Taste of OLLI</td>
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<td>1/26</td>
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<td>Term’s first BBBB</td>
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<td>Arizona Humanities Council presentation: Silver Images on Glass Plates</td>
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<td>2/9 to 2/10</td>
<td>OLLI tour to the Tucson Gem &amp; Mineral Show</td>
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<td>2/20</td>
<td>Arizona Humanities Council presentation: Verde Valley Archaeological Center</td>
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<td>Winter session ends</td>
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<tr>
<td>3/9 to 3/13</td>
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<tr>
<td>3/20</td>
<td>Arizona Humanities Council presentation: Food of Arizona</td>
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<tr>
<td>4/13</td>
<td>Spring term starts</td>
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www.yc.edu/ollisv
Special Presentations & Events
(Free and Open to the Public)
Clarkdale (Verde Valley Campus)

DISCOVER AND EXPLORE THE VERDE VALLEY ARCHAEOLOGY CENTER
Feb. 20, 2:00-4:00, Room M-137

The Verde Valley hosts a unique and varied representation of ancient cultural heritage including two National Park Service Monuments, three U.S. Forest Service Heritage Sites, five Protected Sites owned by the Archaeological Conservancy, the Yavapai-Apache Nation and thousands of archaeological sites in the Prescott and Coconino National Forests.

The Verde Valley Archeology Center, located in downtown Camp Verde, oversees the preservation of our archeology heritage, preserves the spiritual connections with descendant communities and provides educational opportunities to the general public including the preservation and display of many artifacts from the above listed sites. To accomplish this, the Center maintains a working relationship with the Verde Valley Chapter of the Arizona Archaeological Society, the U.S. Forest Service, the National Park Service, The Yavapai-Apache Nation and the Hopi Tribe. Explore these relationships and learn about the many exciting happenings around and about the Center located right here in our own backyard! Lucky audience members might take a bit of Verde Valley archology home with them!

Kenneth J. Zoll, MBA, is the Executive Director of the Verde Valley Archeology Center. He is also a site steward with the Arizona State Historic Preservation Office and a volunteer docent at cultural heritage sites in the Coconino National Forest. He has conducted extensive fieldwork in cultural astronomy of the southwest and is a certified instructor in cultural astronomy with the Arizona Archaeological Society. He is the author of several popular books on cultural astronomy and rock art in Central Arizona, as well as cultural astronomy articles in professional publications.

FOOD OF ARIZONA: MANY CULTURES, MANY FLAVORS – An Arizona Humanities Council presentation
Mar. 20, 1:00-4:00, Room M-137

Consider the taco, that favorite treat, a staple of Mexican and Mexican American cooking and an old standby on an Arizona's plate. The corn in the tortilla comes from Mexico, the cheese from the Sahara, the lettuce from Egypt, the onion from Syria, the tomatoes from South America, the chicken from Indochina, and the beef from the steppes of Eurasia. The foods of Arizona speak to the many cultures, native and newcomer, that make up our state. Join McNamee in exploring these many delicious traditions. Join fellow OLLI members and guests for a taste of Arizona's foods and flavors at a light buffet following the presentation.

Gregory McNamee is a writer, editor, photographer, and publisher. He is the author of thirty-six books and of more than four thousand articles and other publications. He is a contribution editor to the Encyclopedia Britannica, a research fellow at the Southwest Center of the University of Arizona, and a lecturer in the Elder School of Management, also at the University of Arizona.

TOURS
Monday–Tuesday

TUCSON GEM & MINERAL SHOW
Feb. 9-10 -- 2 days/1 night

Visit the world’s largest marketplace of its kind, featuring international dealers of gems, minerals, fossils, beads, jewelry and jewelry-making items. Exhibits from retailers as well as private and museum items around the world.

TOUR INCLUDES: Round-trip transportation via deluxe motor coach, lodging for one night at Hampton Inn, breakfast and time at the most famous gem shows. Call for complete itinerary. (928) 649-5550 or (928) 649-5551.

(V-588-15) $189 per person based on double occupancy for OLLI members
(V-589-15) $210 per person based on double occupancy for non-members
(V-558-15) $269 per person based on single occupancy for OLLI members
(V-559-15) $289 per person based on single occupancy for non-members

Full payment with reservation, non-refundable after Jan. 15.

Velda Bice is an experienced tour leader who has offered many OLLI Tours over the past few years.

Winter Warning: watch for possible college closure during Winter storms at yc.edu

928.649.4275 • 928.649.5550
# Osher Lifelong Learning Institute: 2015 Winter Schedule

## LEARNING GROUPS

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<td>Jan 26-Mar 2</td>
<td>9:00-10:30</td>
<td>Verde News &amp; Views</td>
<td>V-500-15</td>
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<td>Jan 26-Mar 2</td>
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<td>What is an &quot;Assisted Living Facility&quot;?</td>
<td>V-502-15</td>
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<td>Jan 26-Mar 2</td>
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<td>Sacred Tools to Explore</td>
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<td>Advanced Grant Writing</td>
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<td>Jan 27-Mar 3</td>
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<td>V-511-15</td>
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<tr>
<td>Jan 27-Mar 3</td>
<td>10:45-12:15</td>
<td>Fun with Arts and Crafts</td>
<td>V-510-15</td>
<td>H-103</td>
<td>Babe Gerstner</td>
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<tr>
<td>Feb 10-Mar 3</td>
<td>1:15-2:45</td>
<td>American Regionalisms</td>
<td>V-513-15</td>
<td>L-215</td>
<td>Joan Prefontaine</td>
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<tr>
<td>Jan 27-Feb 17</td>
<td>3:00-4:30</td>
<td>A Food Oasis: Gardening Here in the &quot;Hot-Dry&quot;</td>
<td>V-541-15</td>
<td>L-215</td>
<td>Rae Ebeling</td>
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<tr>
<td>Jan 27-Mar 3</td>
<td>9:00-10:30</td>
<td>Meditations Using Sacred Geometry</td>
<td>S-906-15</td>
<td>15</td>
<td>James Newland</td>
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<tr>
<td>Feb 3-Feb 26</td>
<td>9:00-10:30</td>
<td>Dante's Inferno (Tues. &amp; Thurs.)</td>
<td>S-915-15</td>
<td>8</td>
<td>Marilee Richards</td>
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<tr>
<td>Jan 27-Mar 3</td>
<td>10:45-12:15</td>
<td>Personal Tools For Shifting into the 5th Dimension</td>
<td>S-908-15</td>
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<td>James Newland</td>
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<tr>
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<td>10:45-12:15</td>
<td>Let's Speak Spanish (Tues. &amp; Thurs.)</td>
<td>S-910-15</td>
<td>8</td>
<td>Art Smith</td>
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<tr>
<td>Jan 27-Mar 3</td>
<td>1:15-2:45</td>
<td>Brain Exercise Through Puzzles</td>
<td>S-912-15</td>
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<td>Tyler Barrett</td>
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<td>Higher 5th Dimensional Chakras 8-12</td>
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<td>3:00-4:30</td>
<td>Puzzles, Puzzles, Puzzles</td>
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<td>Tyler Barrett</td>
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<td>Jan 27-Feb 24</td>
<td>3:00-4:30</td>
<td>Practical Experience of Foot Reflexology</td>
<td>S-914-15</td>
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<td>Elke Schreiber</td>
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<tr>
<th>WEDNESDAY</th>
<th>TIME</th>
<th>LEARNING GROUP</th>
<th>CLASS #</th>
<th>LOCATION</th>
<th>FACILITATOR</th>
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<td>9:00-10:30</td>
<td>Exploring the Verde Valley</td>
<td>V-520-15</td>
<td>L-216</td>
<td>John Erickson</td>
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<td>9:00-10:30</td>
<td>Conquering &quot;Empty Nest Syndrome&quot;</td>
<td>V-521-15</td>
<td>L-216</td>
<td>Cindy Bond</td>
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<tr>
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<td>3:00-4:30</td>
<td>&quot;Carmen&quot; the Opera</td>
<td>V-524-15</td>
<td>G-107</td>
<td>Art Smith</td>
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<tr>
<td>Feb 4-Feb 25</td>
<td>3:00-4:30</td>
<td>TED Talks</td>
<td>V-525-15</td>
<td>G-106</td>
<td>Velda Bice</td>
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# Osher Lifelong Learning Institute: 2015 Winter Schedule

## Learning Groups

### Wednesday

<table>
<thead>
<tr>
<th>Date</th>
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<tr>
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<td>Jan 28-Mar 4</td>
<td>9:00-10:30</td>
<td>The Science Behind Life's Origin in the Stars</td>
<td>S-916-15</td>
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<td>D. Rayner &amp; M. Rayner</td>
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<td>9:00-10:30</td>
<td>Winston Churchill - Last Lion</td>
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<td>Creation vs. Naturalism</td>
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<td>10:45-12:15</td>
<td>Integrative Medicine</td>
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<td>Eugene Steiner</td>
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<td>10:45-12:15</td>
<td>Stories: In Thought and Talk</td>
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<td>Paul Friedman</td>
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<td>12:30-2:15</td>
<td>Lunch &amp; Learn</td>
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<td>2:30-4:00</td>
<td>The Best of TED Talks</td>
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<td>2:30-4:00</td>
<td>Chi-Lel QiGong and Tai Chi</td>
<td>S-921-15</td>
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<td>L.V. Popat &amp; Lois Page</td>
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### Thursday

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<td>Jan 29-Mar 5</td>
<td>9:00-10:30</td>
<td>The Three &quot;E's&quot;: What Lies Ahead</td>
<td>V-530-15</td>
<td>L-216</td>
<td>Lyle Oberg</td>
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<tr>
<td>Jan 29-Mar 5</td>
<td>12:15-1:15</td>
<td>Brown Bag Brain Buzz</td>
<td>FREE</td>
<td>G-104</td>
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<tr>
<td>Jan 29-Mar 5</td>
<td>1:15-2:30</td>
<td>Therapy Dog Training</td>
<td>V-532-15</td>
<td>Offsite</td>
<td>Jan Tomlinson</td>
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<tr>
<td>Jan 29-Mar 5</td>
<td>3:00-4:30</td>
<td>6 Weeks, 6 Reasons to Write</td>
<td>V-533-15</td>
<td>L-216</td>
<td>Ann Metlay</td>
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### Sedona Campus

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<tbody>
<tr>
<td>Jan 29-Mar 5</td>
<td>9:00-10:30</td>
<td>News &amp; Views</td>
<td>S-922-15</td>
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<td>Scott Love</td>
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<td>Feb 3-Feb 26</td>
<td>9:00-10:30</td>
<td>Dante's Inferno (Tues. &amp; Thurs.)</td>
<td>S-915-15</td>
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<td>Marilee Richards</td>
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<td>Feb 12-Mar 5</td>
<td>10:00-12:00</td>
<td>Higher Consciousness Language &amp; Assertive Communications</td>
<td>S-926-15</td>
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<td>Laurie Hutchinson</td>
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<tr>
<td>Jan 29-Mar 5</td>
<td>10:45-12:15</td>
<td>Let's Talk Dogs</td>
<td>S-923-15</td>
<td>Offsite</td>
<td>Jean Hall</td>
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<td>Jan 29-Mar 5</td>
<td>10:45-12:15</td>
<td>Privacy vs The Government’s Right to Know</td>
<td>S-934-15</td>
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<td>Jim Molans</td>
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<td>Let's Speak Spanish (Tues. &amp; Thurs.)</td>
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<td>10:45-12:15</td>
<td>Transforming Fears into Personal Power</td>
<td>S-925-15</td>
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<td>Gretchen Weberling</td>
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<tr>
<td>Feb 5, 12, 19</td>
<td>1:30-3:30</td>
<td>Keep it Simple: An Intro. To Investing</td>
<td>S-927-15</td>
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<td>John Farmer</td>
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<td>Jan 29-Mar 5</td>
<td>3:00-4:30</td>
<td>Reflexology for Health and Longevity</td>
<td>S-928-15</td>
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<td>Thomas Brennan</td>
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<td>Jan 29-Mar 5</td>
<td>3:00-4:30</td>
<td>Financial Workshop: Your Source for Financial Education</td>
<td>S-929-15</td>
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<td>Mary Millar</td>
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### Friday

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<tr>
<td>Feb 6-Feb 20</td>
<td>10:45-12:15</td>
<td>Writing For Self Discovery</td>
<td>V-540-15</td>
<td>L-216</td>
<td>Jean Ford</td>
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### Sedona Center

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<tr>
<td>Jan 30-Feb 27</td>
<td>9:00-11:00</td>
<td>Evolutionary Biology for Dummies</td>
<td>S-930-15</td>
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<td>Sandy Unger</td>
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<tr>
<td>Jan 30-Mar 6</td>
<td>1:00-3:00</td>
<td>Workshop Combo</td>
<td>S-931-15</td>
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<td>Thomas Brennan</td>
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<tr>
<td>Jan 30-Mar 6</td>
<td>3:00-4:30</td>
<td>Real Estate Sales Success</td>
<td>S-932-15</td>
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<td>Denise Grant</td>
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<tr>
<td>Feb 13-Mar 6</td>
<td>1:00-4:00</td>
<td>Becoming Aware of the Great Way</td>
<td>S-935-15</td>
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<td>Houchar/Gandee/Weeks</td>
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**Winter Warning:** watch for possible college closure during Winter storms at yc.edu

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928.649.4275 • 928.649.5550
## Workshops

### Monday

<table>
<thead>
<tr>
<th>Time</th>
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<th>Class #</th>
<th>Location</th>
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<tr>
<td>1:00-3:00</td>
<td>Unlocking Messages From the Soul</td>
<td>V-550-15</td>
<td>L-216</td>
<td>Laina Lloyd</td>
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### Sedona Campus

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<tr>
<th>Date</th>
<th>Time</th>
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<tr>
<td>Feb 2</td>
<td>1:00-3:00</td>
<td>Unlocking Messages From the Soul</td>
<td>S-156-15</td>
<td>39</td>
<td>Laina Lloyd</td>
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<tr>
<td>Feb 16 &amp; Mar 2</td>
<td>1:00-4:00</td>
<td>Brain Education for Successful Aging</td>
<td>S-157-15</td>
<td>39</td>
<td>Haejung Jung</td>
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<td>Feb 23</td>
<td>1:00-4:30</td>
<td>Claiming Your Soul's Essence</td>
<td>S-120-15</td>
<td>23</td>
<td>Laurie Hutchinson</td>
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<tr>
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<tbody>
<tr>
<td>Jan 27</td>
<td>1:00-4:30</td>
<td>Animal Communication</td>
<td>V-563-15</td>
<td>G-107</td>
<td>Nancy Cohen</td>
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<tr>
<td>Feb 10</td>
<td>1:00-3:00</td>
<td>The Illustrated History of Clarkdale</td>
<td>V-564-15</td>
<td>G-107</td>
<td>Paul Handverger</td>
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### Sedona Center

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<tr>
<td>Feb 24</td>
<td>9:00-1:00</td>
<td>Awaken to Your Heart in Sedona, Part 1</td>
<td>S-121-15</td>
<td>Offsite</td>
<td>Laurie Hutchinson</td>
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<tr>
<td>Mar 3</td>
<td>9:00-1:00</td>
<td>Awaken to Your Heart in Sedona, Part 2</td>
<td>S-122-15</td>
<td>Offsite</td>
<td>Laurie Hutchinson</td>
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### Wednesday

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<tr>
<td>Jan 28</td>
<td>2:00-4:30</td>
<td>Beginning Palmistry</td>
<td>V-570-15</td>
<td>G-103</td>
<td>Nancy Cohen</td>
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<tr>
<td>Feb 4</td>
<td>9:00-10:00</td>
<td>Making Sense of Social Security</td>
<td>V-571-15</td>
<td>L-216</td>
<td>Andy Lockridge</td>
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<tr>
<td>Feb 4 &amp; 11</td>
<td>10:00-12:00</td>
<td>Making Sense of Medicare</td>
<td>V-572-15</td>
<td>L-216</td>
<td>Andy Lockridge</td>
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<tr>
<td>Feb 18</td>
<td>10:45-12:15</td>
<td>Standing Guard: Protect What You’ve Worked For</td>
<td>V-561-15</td>
<td>L-216</td>
<td>Amy Brown</td>
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<tr>
<td>Feb 25</td>
<td>10:45-12:15</td>
<td>Preparing Your Estate Plan</td>
<td>V-560-15</td>
<td>L-216</td>
<td>Amy S. Brown</td>
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<td>Feb 25</td>
<td>1:00-3:00</td>
<td>Solar Observing</td>
<td>V-573-15</td>
<td>L-216</td>
<td>JD Maddy</td>
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### Sedona Center

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<tr>
<td>Jan 28</td>
<td>1:00-4:00</td>
<td>Adopt a Rescued Bird</td>
<td>S-123-15</td>
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<td>Gloria Rodriguez</td>
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<td>9:30-12:30</td>
<td>Adopt a Rescued Rabbit</td>
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<td>Gloria Rodriguez</td>
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<td>1:00-4:00</td>
<td>Interactive Art Workshop</td>
<td>S-125-15</td>
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<td>Grace Kirkwood</td>
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<td>Feb 4</td>
<td>1:00-4:00</td>
<td>Pet Dental Health</td>
<td>S-126-15</td>
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<tr>
<td>Feb 4 &amp; Feb 11</td>
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<td>Making Sense of Medicare</td>
<td>S-127-15</td>
<td>28</td>
<td>Andy Lockridge</td>
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<td>Feb 18</td>
<td>1:00-4:00</td>
<td>Smudging and Simple Shamanic Clearing</td>
<td>S-128-15</td>
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<td>Adopt a Rescued Guinea Pig</td>
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### Thursday

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<td>10:00-12:00</td>
<td>Seeing with Haiku Eyes</td>
<td>V-581-15</td>
<td>G-102</td>
<td>Joan Prefontaine</td>
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### Clarkdale Campus

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<tr>
<td>Jan 29</td>
<td>9:30-11:30</td>
<td>Personal Growth Within an Effective &amp; Enriching Relationship, Part 2</td>
<td>S-130-15</td>
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<td>Stephen Gill</td>
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<td>Feb 5</td>
<td>9:00-12:00</td>
<td>Know Thyself</td>
<td>S-131-15</td>
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<td>Henry Twombly</td>
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<td>Feb 5, 12</td>
<td>10:45-12:45</td>
<td>Giving With Purpose: Charitable &amp; Planned Giving</td>
<td>S-132-15</td>
<td>15</td>
<td>John Farmer</td>
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## WORKSHOPS

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<td>Feb 6</td>
<td>10:45-12:45</td>
<td>Medicare 101</td>
<td>V-555-15</td>
<td>BCSD</td>
<td>Denny Fanter</td>
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<td>Jan 30</td>
<td>9:00-12:00</td>
<td>Finding Warmth in Winter</td>
<td>V-590-15</td>
<td>L-216</td>
<td>Ann Metlay</td>
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<tr>
<td>Jan 30</td>
<td>10:45-12:45</td>
<td>Medicare 101</td>
<td>V-591-15</td>
<td>L-215</td>
<td>Denny Fanter</td>
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<tr>
<td>Jan 30 - Feb 6</td>
<td>10:00-12:00</td>
<td>Love, Sex, and Marriage in the Middle Ages</td>
<td>V-592-15</td>
<td>G-103</td>
<td>P. Krowne/ C. Penfield-Krowne</td>
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<tr>
<td>Feb 6</td>
<td>10:00-1:00</td>
<td>Fun With Watercolor</td>
<td>V-593-15</td>
<td>H-103</td>
<td>Pat Murphy</td>
</tr>
<tr>
<td>Feb 13</td>
<td>1:15-2:45</td>
<td>Minerals Are the Spark Plugs of Life</td>
<td>V-594-15</td>
<td>L-215</td>
<td>Rick Malter</td>
</tr>
<tr>
<td>Feb 27</td>
<td>1:00-4:00</td>
<td>Inside Creativity</td>
<td>V-595-15</td>
<td>G-106</td>
<td>Sy Brandon &amp; Ann Metlay</td>
</tr>
<tr>
<td>Mar 6</td>
<td>9:00-12:00</td>
<td>I’ve Heard That Song Before</td>
<td>V-596-15</td>
<td>L-216</td>
<td>Sy Brandon</td>
</tr>
<tr>
<td>Sedona Center</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jan 30</td>
<td>9:00-12:00</td>
<td>The Big Band Era</td>
<td>S-133-15</td>
<td>23</td>
<td>Sy Brandon</td>
</tr>
<tr>
<td>Jan 30 &amp; Feb 6</td>
<td>1:00-3:00</td>
<td>Soul Recognition</td>
<td>S-134-15</td>
<td>8</td>
<td>Thomas Brennan</td>
</tr>
<tr>
<td>Jan 30</td>
<td>1:00-4:00</td>
<td>The New You in the New Year</td>
<td>S-135-15</td>
<td>23</td>
<td>Karen Russell</td>
</tr>
<tr>
<td>Feb 6</td>
<td>9:00-12:00</td>
<td>Solar Energy- Your Gift From the Sun</td>
<td>S-136-15</td>
<td>15</td>
<td>Shirley Proulx</td>
</tr>
<tr>
<td>Feb 6</td>
<td>9:00-4:00</td>
<td>Page Springs Road Trip</td>
<td>S-137-15</td>
<td>Offsite</td>
<td>Grace Kirkwood</td>
</tr>
<tr>
<td>Feb 6</td>
<td>1:15-4:15</td>
<td>38 Sedona Artists</td>
<td>S-150-15</td>
<td>34</td>
<td>Louise MacDonald</td>
</tr>
<tr>
<td>Feb 13 &amp; Feb 20</td>
<td>1:00-3:00</td>
<td>You Are the Right Person</td>
<td>S-138-15</td>
<td>8</td>
<td>Thomas Brennan</td>
</tr>
<tr>
<td>Feb 13</td>
<td>1:00-4:00</td>
<td>Taoism &amp; the 21st Century</td>
<td>S-139-15</td>
<td>34</td>
<td>Andrea Houchard</td>
</tr>
<tr>
<td>Feb 13</td>
<td>1:00-4:00</td>
<td>Living In the Now</td>
<td>S-140-15</td>
<td>23</td>
<td>Sue Condray</td>
</tr>
<tr>
<td>Feb 13</td>
<td>1:00-4:30</td>
<td>Ceremonies-Native American Medicine Wheel</td>
<td>S-141-15</td>
<td>40</td>
<td>Laurie Hutchinson</td>
</tr>
<tr>
<td>Feb 20 &amp; Feb 27</td>
<td>9:00-12:00</td>
<td>What Is Your &quot;One Thing?&quot;</td>
<td>S-142-15</td>
<td>23</td>
<td>Jerome Thailing</td>
</tr>
<tr>
<td>Feb 20</td>
<td>9:00-12:00</td>
<td>Making Spirit Wands or Talking Sticks</td>
<td>S-143-15</td>
<td>40</td>
<td>Laurie Hutchinson</td>
</tr>
<tr>
<td>Feb 20</td>
<td>1:00-4:00</td>
<td>What Is Your Destiny?</td>
<td>S-144-15</td>
<td>23</td>
<td>Sunny Jonynas</td>
</tr>
<tr>
<td>Feb 20</td>
<td>1:00-4:00</td>
<td>Healing With Flower Essences</td>
<td>S-145-15</td>
<td>40</td>
<td>Marti Galione</td>
</tr>
<tr>
<td>Feb 20 &amp; Feb 27</td>
<td>1:00-4:00</td>
<td>Dialogue As A Spiritual Practice</td>
<td>S-155-15</td>
<td>34</td>
<td>Gandee &amp; Weeks</td>
</tr>
<tr>
<td>Feb 27</td>
<td>9:00-12:00</td>
<td>Making Dreamcatchers</td>
<td>S-146-15</td>
<td>40</td>
<td>Laurie Hutchinson</td>
</tr>
<tr>
<td>Feb 27 &amp; Mar 6</td>
<td>1:00-3:00</td>
<td>Communicating With Angels</td>
<td>S-147-15</td>
<td>8</td>
<td>Thomas Brennan</td>
</tr>
<tr>
<td>Feb 27</td>
<td>1:00-4:00</td>
<td>Eating Gluten Free the Right Way</td>
<td>S-148-15</td>
<td>40</td>
<td>Karen Russell</td>
</tr>
<tr>
<td>Feb 27</td>
<td>1:00-4:00</td>
<td>Mag Racing: The Ultimate Scale Model Road Racing</td>
<td>S-149-15</td>
<td>23</td>
<td>Phillips &amp; Camp</td>
</tr>
<tr>
<td>Mar 6</td>
<td>10:00-12:00</td>
<td>Medicare 101: Everything You Need to Know</td>
<td>S-151-15</td>
<td>15</td>
<td>Denny Fanter</td>
</tr>
<tr>
<td>Mar 6</td>
<td>1:00-4:00</td>
<td>Amazing Travel Tips</td>
<td>S-152-15</td>
<td>23</td>
<td>Joel Gilgoff</td>
</tr>
<tr>
<td>Mar 6</td>
<td>1:00-4:00</td>
<td>Environment and Experience</td>
<td>S-153-15</td>
<td>34</td>
<td>Andrea Houchard</td>
</tr>
<tr>
<td>Mar 6</td>
<td>1:00-4:00</td>
<td>Conversations with Non-Physical Consciousness</td>
<td>S-154-15</td>
<td>40</td>
<td>Sue Condray</td>
</tr>
</tbody>
</table>

**Winter Warning:** watch for possible college closure during Winter storms at yc.edu
Osher Lifelong Learning Institute: 2015 Winter Schedule

SPECIAL INTEREST GROUP

<table>
<thead>
<tr>
<th>FRIDAY</th>
<th>TIME</th>
<th>SPECIAL INTEREST GROUP</th>
<th>CLASS #</th>
<th>LOCATION</th>
<th>FACILITATOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cottonwood</td>
<td>Jan 23-Mar 27 11:45-1:15</td>
<td>Out to Lunch Book Group</td>
<td>V-599-15</td>
<td>Jerona Café</td>
<td>Bice &amp; Stack</td>
</tr>
</tbody>
</table>

SPECIAL EVENTS (FREE AND OPEN TO THE PUBLIC)

<table>
<thead>
<tr>
<th>FRIDAY</th>
<th>TIME</th>
<th>EVENT</th>
<th>CLASS #</th>
<th>LOCATION</th>
<th>FACILITATOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cottonwood</td>
<td>Jan 30 1:00-4:30</td>
<td>Silver Images on Glass Plates</td>
<td>FREE</td>
<td>M-137</td>
<td>Jeremy Rowe</td>
</tr>
<tr>
<td></td>
<td>Feb 20 2:00-4:00</td>
<td>Explore the Verde Valley Archaeological Center</td>
<td>FREE</td>
<td>M-137</td>
<td>Ken Zoll</td>
</tr>
<tr>
<td></td>
<td>Mar 20 1:00-4:00</td>
<td>Food of Arizona</td>
<td>FREE</td>
<td>M-137</td>
<td>Greg McNamee</td>
</tr>
</tbody>
</table>

TOURS

<table>
<thead>
<tr>
<th>SATURDAY</th>
<th>TIME</th>
<th>EVENT</th>
<th>CLASS #</th>
<th>ROOM</th>
<th>FACILITATOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clarkdale Campus</td>
<td>Feb 9-10 Overnight</td>
<td>Tucson Gem &amp; Mineral Show</td>
<td>V-588-15</td>
<td>Dbl/Member</td>
<td>Velda Bice</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>V-589-15</td>
<td>Dbl/Non-Member</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>V-558-15</td>
<td>Sgl/Member</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>V-559-15</td>
<td>Sgl/Non-Member</td>
<td></td>
</tr>
</tbody>
</table>

Calendar of Events

1/5 Spring proposals due
1/15 Winter Open House – A Taste of OLLI
1/26 Start of Winter term
1/28 Term’s first Lunch and Learn
1/29 Term’s first BBBB
1/30 Arizona Humanities Council presentation: Silver Images on Glass Plates
2/9 to 2/10 OLLI tour to the Tucson Gem & Mineral Show
2/20 Arizona Humanities Council presentation: Verde Valley Archaeological Center
3/6 Winter session ends
3/9 to 3/13 Spring Break/Campus closed
3/20 Arizona Humanities Council presentation: Food of Arizona
4/13 Spring term starts

Winter Warning: watch for possible college closure during Winter storms at yc.edu
As a member-run program through Yavapai College, OLLI relies on the talents, skills, and time of members to support its activities and to keep membership costs affordable. Participation as a volunteer deepens connections with other members and provides an opportunity to pursue interests and to develop new skills. Everyone has abilities that can be used to keep OLLI the outstanding organization that it is.

Opportunity: Please consider volunteering for one or more of our social and formative groups (see below for opportunities to help). The staff, council members or one of our current volunteers would be happy to answer any questions you have about how you could use your talents to enrich the OLLI experience for yourself and others.

Please complete this form and return it to the office. Someone will contact you soon.

NAME: _______________________________________________________________
PHONE:  ______________________________________________________________
EMAIL:  _______________________________________________________________
ADDRESS: ____________________________________________________________
____________________________________________________________

OPPORTUNITIES TO HELP:

❑ Meet and Greet: a chance to tell others about OLLI
❑ Social Events: help organize events, socialize with potential members, answer questions.
❑ Office Assistant: help with phones, registrations, other tasks
❑ Catalog Development: Helps create each term’s catalog
❑ Data Analysis: Assembles reports to determine the effectiveness of what we do
❑ OLLI Council: the governing body meets once a month
❑ Curriculum Committee: shapes the class offerings
❑ Marketing Committee: determines how to spread OLLI news and where to publicize
❑ Membership Committee: plans events to retain members
❑ Scholarship Committee: plans fundraisers
❑ Finance Committee: puts together annual budget
❑ Strategic Planning Committee: Makes recommendations regarding the future of OLLI

I prefer to assist in:
❑ Verde Valley Campus (Clarkdale)
❑ Sedona Center (West Sedona)
# 2015 Facilitation Proposal Form

**Osher Lifelong Learning Institute**  
**SEDONA & THE VERDE VALLEY**  
4215 Arts Village Drive, Sedona AZ 86336 • (928) 649-4275  
601 Black Hills Drive, Clarkdale AZ 86324 • 928.649.5550

**PLEASE NOTE THE FOLLOWING:**

- **Semester:**  
  - Spring 2015: (4-13 to 5-21)  
  - Summer 2015: (6-22 to 8-13)  
  - Fall 2015: (9-28 to 11-20)  

- **Proposal due:**  
  - Jan 5  
  - Mar 6  
  - May 29

- We will make every effort to assign a classroom for you but please know that on very rare occasion, we may be asked to relocate due to a Yavapai College function. Please be flexible as we use the facility gratis.
- We are happy to help you make copies. Please let us know in advance of your needs.
- Technology training – if you are new or have not used the room assigned before, please come in prior to class to get training.

**KINDLY BE SPECIFIC WITH THE INFORMATION AS THIS HELPS IN PROCESSING THE REQUEST.**

<table>
<thead>
<tr>
<th>Please check or complete the box that applies.</th>
<th>SEMESTER</th>
<th>LOCATION</th>
<th>DAY OF THE WEEK</th>
<th>TIME</th>
<th>DURATION (in weeks)</th>
<th>MAX # in class</th>
</tr>
</thead>
<tbody>
<tr>
<td>S-Spring</td>
<td>S-Sedona</td>
<td>Workshop list dates</td>
<td>9-10:30</td>
<td>2 4 6 8 weeks</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SU-Summer</td>
<td>C-Clarkdale</td>
<td>Workshop list dates</td>
<td>10:45-12:15</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F-Fall</td>
<td>BC-Beaver Creek</td>
<td>Workshop list dates</td>
<td>1:15-2:45</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other-Please list</td>
<td>Other-Please list</td>
<td>Workshop list dates</td>
<td>3:00-4:30</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Name:**  
**Street:**  
**City/State/Zip:**  
**Phone:**  
**Email:**

**SPECIAL EQUIPMENT NEEDED:**
- [ ] Computer Lab
- [ ] Power point/flash drive/dvd
- [ ] Over head projector
- [ ] Other
- [ ] Mats/open room
- [ ] Meditation space
- [ ] Computer lab room

**TITLE:**  
**DATE SUBMITTED:**

**DESCRIPTION OF PRESENTATION IN 50 WORDS OR LESS**  
Description should clearly describe the content of the course without being wordy. If this is a repeated offering; you can indicate that a previous description be re-printed. Also include directions if off site. (Please use back if needed.)

**BRIEF BIO OF FACILITATOR IN 25 WORDS OR LESS**  
Please use back if needed.

**PLEASE RETURN FORM TO:**  
**Sedona:** Joan Griffin  
Yavapai College, Arts Village Drive, Sedona  
Joan.Griffin@yc.edu fax: 928.204.2683  
ph: 928.649.4275

**Verde Valley:** Ginger Lindquist  
Yavapai College, Black Hills Drive, Clarkdale  
Ginger.Lindquist@yc.edu ph: 928.649.5550
Today’s Date: _______________ Date of Birth: _______________  ❑ Please contact me about volunteering

Name: _______________________________________________________________________________________

Address: _____________________________________________________________________________________

City: ______________________________________________________ State: ______ Zip Code: _______________

Phone: ____________________________________________ Email: _____________________________________

Emergency Contact: _________________________________ Emergency Phone: _________________________

How did you hear about us?  ❑ Friend  ❑ Newspaper  ❑ Online  ❑ YC Website  ❑ Other _________________________

MEMBERSHIP, FINANCIAL AID, DONATION:

❑ Workshop only $30: Up to two workshops for a great low price!
❑ Basic $55: One learning group.
❑ Full $80: Up to five learning groups or workshops.
❑ Supporting $120: Unlimited learning groups & workshops.
❑ I am a facilitator this term (to sign up to take classes please call us – we have special deals and rates for you).

❑ I would like to help my neighbor: and donate towards the OLLI of Sedona/Verde Valley financial aid fund
(please make out a separate check to the Yavapai College Foundation).
❑ Facilitator voluntary $25 membership: (from facilitators to help us with our endowment allocation).
❑ I would like to apply for financial assistance.

<table>
<thead>
<tr>
<th>Class ID#</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Class ID#</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

METHOD OF PAYMENT:

❑ Check # ______ payable to: Yavapai COLLEGE
❑ Cash
❑ Mastercard
❑ VISA
❑ Discover
❑ American Express

CC#: ____________________
Expires: ____________

If name or address differs from that shown above, please note:

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

CHECKOUT

<table>
<thead>
<tr>
<th>Membership ($30, $55, $80, $120)</th>
<th>$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial Aid Amount Requested</td>
<td>$</td>
</tr>
</tbody>
</table>

FEES FOR ADDITIONAL CLASSES

Some packages allow adding learning groups for $25 and/or workshops for $10: please call us.

DONATIONS

| Donation to financial aid fund (Please make out separate check to the YCF) | $ |
| Facilitator $25 voluntary membership | $ |

Total $
"A Taste of OLLI" - OLLI’s Winter Open House. FREE.
Thursday, January 15, 2015, 10:30am - 2:30pm, Rm M-137, Verde Valley Campus
Come sample classes, decide on what to sign up for, enjoy good food and drink, meet new and old OLLI members, and talk with facilitators.

Arizona Humanities Presentation. FREE.
Silver Images on Glass Plates: Early Photography in Arizona, 1850-1920
Friday, January 30, 2015, 1:00pm to 4:30pm, Rm M-137, Verde Valley Campus
An engrossing presentation on the chronological history and social development of photography in Territorial Arizona. Included are unique images of daily life, public events, personalities, mining, Native Americans, and more, as well as high-quality copies of vintage photographs of little known regions of the state, and development of camps, forts, and towns. Also provided is information about photographic processes and techniques, and reflections of postcard photography, captions and changing societal perception of the West. Plus special exhibit of contemporary photographs taken by OLLI members.

Jeremy Rowe, Ed.D. has collected, researched, and written about 19th and early 20th century photographs for over thirty years.

OLLI Travels: Tuscon Gem & Mineral Show
February 9-10, 2015, 2 days/1 night
Call (928) 649-5550 for complete itinerary and costs.

Visit the world’s largest marketplace of its kind, featuring international dealers of gems, minerals, fossils, beads, jewelry and jewelry-making items. Exhibits from retailers as well as private and museum items around the world. Tour includes round-trip transportation via deluxe motor coach, lodging for one night at Hampton Inn, breakfast and time at the most famous gem shows.

Velda Bice is an experienced tour leader who has offered many OLLI Tours.